CPSY 746: Integrated Scientist-Practitioner Practicum 1 in Counseling Psychology
Fall 2026

Table 1. CPSY 746

Instructor: Kristin M. Perrone, PhD, HSPP Dept of Counseling Psychology, Social Psychology, and Counseling College of Health, Ball State University, Muncie, IN	
Phone: 765-285-8040	**Class Time and Day:** Wednesdays 2:00pm – 5:00pm
Office Hours: By appointment, HB Rm 452	

Course Information

Prerequisites. Enrolled in doctoral program in counseling psychology at Ball State University.

Catalog Description. Advanced scientist-practitioner training in counseling research and practice, combining a counseling research seminar with a counseling practicum. The seminar covers counseling outcome research. The practicum involves intensive group and individual supervision of students' counseling experiences.

Course Objectives. The purpose of this course is to provide supervised counseling experiences with a variety of clients. The primary goal of the course is to teach advanced doctoral students how to become practitioners of evidence-based counseling and psychotherapy. The major objectives of the course are the following:

1. Improve one's ability to provide psychological services by incorporating the psychotherapy research literature into clinical practice.
2. Read, comprehend and understand the literature on psychotherapy effectiveness and related issues.
3. Read, comprehend and understand the literature on empirically-based, psychotherapeutic interventions.
4. Read, comprehend and understand the literature on evidence-based practice in psychology.
5. Learn how to present a well-developed, evidence-based case presentation.
6. Learn how to incorporate outcome assessment into your clinical practice.
7. Be conversant with the major issues and controversies in psychotherapy research and practice.

Course Modality/Structure/Methods of Instruction.
This is an in-person class with unique topics (units) covered each week of the semester. Methods of instruction will include lecture, class discussion, interactive and small group activities/projects, independent learning/self-instruction, and problem-solving. This course is a combination of seminar discussion of relevant readings and implementing these readings in the provision of counseling services in our community-oriented, outpatient counseling center. In addition, students will be doing a case presentation, writing a paper, responding to weekly assessment questions, and leading in-class seminar discussions.

Communication & Feedback.
Assignment details, including instructions, relevant readings, due dates, and grading criteria are posted and updated on Canvas.
Questions of a personal nature or about your grade or anything personal intended for the instructor please use your BSU email. Kindly ensure you have configured your Canvas settings to receive an email notification on your BSU email when a message is sent through Canvas. Please log into the Canvas site for the course 3 to 4 times a week to stay informed and on track in the course.

Course Requirements and Assignments

Required Texts:

1. Consoli, A. J., Beutler, L. E., & Bongar, B. (Eds). (2017). *Comprehensive textbook of psychotherapy: Theory and practice* (2nd ed.). New York: Oxford.

2. Evans, C., & Carlyle, J. (2021). *Outcome measures and evaluation*. Los Angeles: Sage.

PART I –PASS/FAIL REQUIREMENTS

Clinic Procedures: All students are required to know and follow the Practicum Clinic procedures.

Supervision: *Individual* - You will receive one-hour of weekly supervision with an assigned CPSY faculty member. Scheduling of the weekly supervision time is to be done with the assigned faculty member. *Group* - You will participate in weekly group supervision with Dr. Perrone, during practicum class time.

Live observation or video sessions: typically 2-3 times per semester

Direct Service: minimum of 25 hours per semester

Interprofessional Case Conference: The purpose of the Interprofessional Case Presentation project is to allow students serving in the ICCs the opportunity to present a patient/client case to a small interprofessional group of clinicians. The intent is to not only practice summarizing and presenting cases but to also receive meaningful feedback from clinicians with different professional backgrounds and to practice providing thoughtful insights based on their experiences and clinical training.

CPC Outreach: Students are required to complete a minimum of 2 hours of CPC outreach activities. Activities counting toward these CPC outreach hours include:

- Supervising and/or facilitating/co-facilitating process counseling groups, psychoeducational groups/presentations/webinars (e.g., Working Well, Grace Horizon, YMCA)
- Outreach events offered/approved and supervised through the CPC (e.g., tabling events at health fairs, mental health screening events. Outreach events that are offered through other ICCs do NOT count toward the required 2 hours participation in CPC outreach events, unless approved by clinic director.

PART II SCORED/EVALUATED REQUIREMENTS

Ethics Exam (5%)
All students are required to have completed the Department's APA ethics exam prior to seeing clients. The code may be found at https://www.apa.org/ethics/code. Details will be provided in class.

CITI Social & Behavioral Research Course (5%)
Each student will complete the Social & Behavioral Research Course through the Collaborative Institutional Training Institute (CITI). These modules **must be completed by start of the Week 4 class.** The link for the CITI modules is available through Ball State University's Office of Research Integrity: https://www.bsu.edu/about/administrativeoffices/researchintegrity/proposaldetermination/information-about-citi-training/citiinstructions

- To get started, click on the above link. Once the page opens, click "Review our **detailed instructions for CITI Training**."
- Follow the instructions to access and register with CITI.

- Under Question 1, you will select "Social and Behavioral Research Investigators."
- Question 2 (animals), 3 (NSF funding), and 5 (Biosafety/Biosecurity) are not applicable. Answer No to Question 2 and Not at this time to Questions 3 and 5.
- Once you have passed all of the modules, upload a PDF of the Completion Certificate to Canvas.

Attendance and class participation (15%)
Students' participation grades will be based primarily on 1) attendance of class sessions, 2) graduate-level preparedness and participation in class discussions and experiential activities, and 3) evidence of thoughtful engagement with assigned readings. Class attendance and participation is expected. Excessive tardiness, or leaving exceptionally early, will result in a loss of attendance points. Students are expected to notify me if you will be absent for any reason (e.g., funeral. religious holiday, military duty) or as soon as possible after the absence begins (e.g., unexpected injury or illness).

Leading Seminar Discussions (15%): twice per student (7.5% each)
Students will be assigned various readings to prepare for in-class discussions. Each student will be responsible for the in-class discussion process. Creative ways to encourage active, involved engagement with the reading concepts is strongly encouraged.

Literature Assessment Questions (20%): four sets (5% each)
Most reading assignments are focused around an understanding of a few key questions. To assess the accurate acquisition of understanding of the literature, literature assessment questions will be answered and submitted through Canvas 4 times during the semester as marked on the syllabus.

Clinical Case Presentation (20%)
Students in CPSY 746 will make one "formal" case presentation, using Powerpoint, following the case presentation outline provided. The presentation will be given during class time and you will upload your presentation to Canvas prior to class. *Will be scheduled for the last 4 weeks of the semester*

Psychotherapy Outcome Work Sample (20%)
Each student will be required to complete a paper illustrating their work with one Practicum Clinic client. This work sample is to demonstrate a) the ability to incorporate outcome assessment into your clinical work, and b) an understanding of evidence-based practice. The Work Sample should be approximately 10-12 pages, excluding title page and references. This paper will be due at the end of the semester and will be submitted through Canvas. **Due Wednesday, December 2 by 2pm**

Table 2 Grading Scale

GRADE	%	GRADE	%
A	94-100	C	73-76
A-	90-93	C-	70-72
B+	87-89	D+	67-69
B	83-86	D	63-66
B-	80-82	D+	60-62
C+	77-79	F	≤ 59

WEEKLY COURSE SCHEDULE

Weekly Course Schedule

Week	Date	Topics	Readings	Assignments
1	8/26	Course/syllabus overview		
2	9/2	Overview of psychotherapy change and outcome measuring	Consoli: Ch. 1 Evans: Ch. 1–4	
3	9/9	Applying outcome measures in practice	Evans: Ch. 6–9	
4	9/16	Patient focused research	Duncan & Reese (2015) Lambert (2015) Miller et al. (2015)	**CITI Training Due**
5	9/23	Psychotherapy research methodology, design, and evaluation Efficacy of psychotherapy	Consoli: Ch. 29 Eysenck (1952) Howard et al. (1986) Smith & Glass (1977)	**Literature Assessment 1 Due**
6	9/30	Comparative outcome studies; Efficacy vs. effectiveness	Hunsley et al. (2014) Stiles et al. (1986)	
7	10/7	Ingredients of therapeutic efficacy, pt. I	Consoli: Ch. 2 Tatum & Vera (2020)	**Literature Assessment 2 Due**
8	10/14	Ingredients of therapeutic efficacy, pt. II	Chow et al. (2015)	
9	10/21	Telehealth therapies	Consoli: Ch. 17 Fernandez et al. (2021)	
10	10/28	Negative effects of psychotherapy	Dimidjian & Hollon (2010) Lilienfeld (2007)	**Literature Assessment 3 Due**
11	11/4	Evidence-Based Practice and Responsiveness	APA (2006) Norcross & Wampold (2019) Pachankis (2018)	
12	11/11	Psychotherapy with specific populations, pt. I	Consoli: Ch. 20, 21 Spencer et al. (2021)	**Literature Assessment 4 Due**
13	11/18	Psychotherapy with specific populations, pt. II	Consoli: Ch. 22 Craig et al. (2013)	
14	11/25	THANKSGIVING BREAK	No Class	
15	12/2	Psychotherapy with specific populations, pt III	Consoli: Ch. 23 Owen et al. (2018)	**Psychotherapy Outcome Work Sample Due**
16	12/9	Finals Week		

*This course schedule is **tentative**, as some topics may take up more or less time than the currently scheduled allotment.

Policies & Statements

University Statement: We are committed to ensuring that all members of the community are welcome, through valuing the various experiences and worldviews represented at Ball State and among those we serve. We promote a culture of respect and civil discourse.

Disability Statement: If you need course adaptations or accommodations because of a disability, please contact the instructor of record as soon as possible. Ball State's Disability Services Office coordinates services for students with disabilities; documentation of a disability needs to be on file in that office before any accommodations can be provided. Disability Services can be contacted at 765-285-5293 or dsd@bsu.edu.

Attendance Policy: Class attendance and participation is expected. Excessive tardiness, or leaving exceptionally early, will result in a loss of attendance points. Students are expected to notify me if you will be absent for any reason (e.g., funeral. religious holiday, military duty) or as soon as possible after the absence begins (e.g., unexpected injury or illness). Ball State University respects the religious beliefs and practices of all students, and as such, upon request to the instructor, an accommodation for such observances will be made when a reasonable accommodation is available. The student may need to provide documentation of their absence to the instructor if requested. In this class, we follow university attendance policies: https://www.bsu.edu/about/administrativeoffices/vice-provost/student-services/attendance-policies

Freedom of Expression: In this course, we are committed to fostering a learning environment that values intellectual diversity, encourages free expression, and promotes open inquiry. As members of the Ball State Community, we treat each person in the Ball State community with civility, courtesy, compassion, and dignity and respect and learn from differences in people, ideas, and opinions. Please review Ball State University's Statement on Freedom of Expression, the resources on Ball State's Freedom of Expression webpage, and Ball State's Beneficence Pledge.

Student Academic Ethics Policy:

The campus subscribes to Turnitin, a plagiarism prevention service, through Canvas. You may need to submit written assignments to Turnitin. Student work will be used for plagiarism detection and for no other purpose. The student may indicate in writing to the instructor that he/she refuses to participate in the plagiarism detection process, in which case the instructor can use other electronic means to verify the originality of their work. Plagiarism is partially defined by the Ball State University catalog as "…submitting an assignment purporting to be the student's original work that has been wholly or partly created by another person, or presenting as one's own work, ideas, representations, or words of another person without customary and proper acknowledgement of sources…" Most you know that it is plagiarism if you deliberately use someone else's work and try to pass it off as your own without giving credit to the true author. However, many instances of plagiarism are unintentional. Plagiarism can involve as little as copying a key phrase or sentence without acknowledging the source. Use quotation marks to indicate direct quotes from other people. If you are presenting an idea or an argument that you read someplace else, give credit to the person who first developed the idea. **Remember, when in doubt, cite the source**. Honesty, trust, and personal responsibility are fundamental attributes of the university community. Academic dishonesty and other forms of academic misconduct threaten the foundation of an institution dedicated to the pursuit of knowledge and will not be tolerated. To maintain its credibility and reputation, and to equitably assign evaluations of scholastic and creative performance, Ball State

University is committed to maintaining a climate that upholds and values the highest standards of academic integrity. Visit the VPAA's academic integrity website (Students tab) for resources on understanding academic integrity, citing sources properly, and avoiding inadvertent academic dishonesty. To learn about BSU's academic integrity expectations and students' rights, please read the University Student Academic Ethics Policy. Academic integrity violations include giving or receiving an unfair academic advantage (cheating), presenting someone else's ideas or work as your own (plagiarism), and falsifying academic records. Unless otherwise indicated, you must work independently by yourself. Check with me if you are unsure whether something constitutes academic dishonesty. Examples of academic integrity violations include but are not limited to:

- Using resources not authorized by the faculty member (including devices, AI tools, hidden notes, and open books)
- Using a generative AI system or a person to complete academic assignments such as response papers, discussion posts, essays, or any other assignment when such use is not explicitly permitted by the assignment instructions or the instructor.
- Utilizing another person or a generative AI system to take a quiz, examination, or similar evaluation in place of oneself.
- Using a generative AI system for research, creative work, theses/dissertations, grant proposals, IRB-regulated work, or publication-bound work in violation of university AI policies, funder/publisher rules, IRB requirements, or discipline-specific standards.
- Presenting as one's own work the ideas, representations or words of another person or of a GenAI system without customary and proper acknowledgment of sources or of the AI tool(s) used.
- Using generative AI systems to analyze data, conduct research, or generate content that is included in an assignment (images, graphs, charts, tables, etc.) without proper documentation, citation, and attribution of this AI use. @
- Using commercial study websites to find answers to graded assignments (Chegg, Course Hero, StudyPool, OneClass, etc.).
- Without the instructor's written permission, giving away, buying, or selling graded assignments class notes, exams, study guides, or other course materials to other students or to third-party vendors (Course Hero, Chegg, 24HourAnswers, etc.).
- Working with another person on any assignment other than authorized group projects.
- Sharing or allowing others to access your files, whether done with permission or not.
- Reusing your own work from another semester, course, or section.
- Sharing answers with others during exams (passing notes, texting, whispering, gesturing)
- Discussing exam questions and answers with students who have not taken the exam.
- Soliciting others to complete work for you.

Any forms of academic dishonesty will not be tolerated in this class in any fashion, and those who choose to violate the above-mentioned policy will be handled according to procedures outlined in the Student Academic Ethics Policy: https://www.bsu.edu/about/administrativeoffices/vice-provost/student-services/academic-integrity.

Generative AI Statement: For this class, you may use ChatGPT or other generative AI applications to ONLY ASSIST as an ANCILLARY SOURCE with formulating and writing your papers. This means that you must rely on primary sources and your own thinking, problem-solving, and writing skills when formulating and writing your papers. Any use outside of this permission constitutes a violation of Ball State University's Student Academic Ethics Policy. In other words, using an AI tool to generate content without proper attribution constitutes a violation of Ball State's Student Academic Ethics Policy.

University Grade Appeal Policy: If you believe you received a final course grade that does not reflect your performance due to fairness or a procedural issue, you have the right to file an appeal within 5 school days after final grades are posted by the Office of the Registrar. Review the University Grade Appeal Policy and Process.

Title IX Policy: Ball State University is committed to maintaining an educational environment free from sex discrimination, including sexual harassment, sexual misconduct, dating and domestic violence, and stalking. Students who experience or witness conduct that may violate University policy are encouraged to seek support and assistance. The Title IX Office can provide information about reporting options, supportive measures, and available resources. Contact the Title IX Office at 765-285-1545 or titleix@bsu.edu. Please Note: As your instructor, I am a mandatory reporter. If you disclose information to me about conduct that may constitute sex discrimination or sexual misconduct, I am required to notify the Title IX Coordinator. The Title IX Office will reach out to discuss available resources, supportive measures, and reporting options. If you wish to speak with someone confidentially, you may contact the Counseling Center or the Center for Survivor Support.

Pregnancy and Related Conditions: Ball State University provides reasonable modifications for students affected by pregnancy, childbirth, or related medical conditions. Students seeking academic, housing, or other modifications are encouraged to contact the Title IX Office as early as possible to discuss available options and support. For assistance, contact the Title IX Office at 765-285-1545 or titleix@bsu.edu.

University Resources

General Life/School/Emotional Concerns. Everyone gets stressed out sometimes and many people find that they could use some support to get through tough times. At BSU you are entitled to free, confidential counseling services through the university's Counseling and Psychological Services Center, located in room 320 of Lucina Hall (765) 285-1736. The center offers both individual and group counseling, psychiatric consultation, and a number of workshops on various topics related to your life. Their website is http://www.bsu.edu/you/cpsc/. For after-hours crisis/emergency services, call 911 or University Police at (765) 285-1111 to get immediate assistance. Click here for additional resources.

The Basic Needs Hub. If you are having difficulty affording enough food, do not have a safe and reliable place to sleep, and/or experiencing an emergency or crisis, help is available through the Basic Needs Hub. The Basic Needs Hub has information, resources, and provides individualized support to students. To talk with a supportive staff member about your experience, receive one on one assistance, or learn more about resources, you can submit a Basic Needs Assistance Form.

Speaking Center. The Speaking Center is a free resource available to all members of the BSU community wanting to improve their public speaking abilities. We offer personalized coaching designed to help you become a more confident and effective speaker. Our trained coaches provide constructive feedback and support throughout the entire speech preparation process, whether you are in the early stages of brainstorming ideas and organizing your thoughts, or you need to practice your delivery and refine your message. The Speaking Center is in the David Letterman Communication and Media Building, room 302. To schedule an appointment, please access us through our website. Appointments are available both in

person and on Zoom. Appointments are available in person, on Zoom, and in virtual reality (VR) for those interested in practicing in an immersive speaking environment.

Writing Center. The Writing Center at Ball State offers free one-to-one writing feedback to all students in all classes. For a face-to-face or online appointment, students should sign up on the Writing Center website. On the website, students can also chat with a tutor, find writing resources, and discover information about other services offered by the Writing Center.

Learning Center. The Learning Center offers free Tutoring and Academic Coaching for many courses at Ball State. Students can make appointments for online (Zoom) or in-person (NQ 350). To make an appointment, visit myballstate.bsu.edu and click on "Navigate" in the Academic Tools section, or just go directly to bsu.navigate.eab.com. Testing accommodations for students with disabilities are available for students who have received the appropriate documentation from Disability Services. Tests may be administered in the Learning Center. Supplemental Instruction is available in select courses. If you have an SI leader for your course, that person will provide students with information the first week of school regarding weekly study sessions. For more information about Learning Center programming, visit bsu.edu/learningcenter or call 765-285-1006.

Note. This syllabus is subject to change in the event of extenuating circumstances.