

Spring 2026

## **COURSE SYLLABUS**

**BALL STATE UNIVERSITY**

**Spring 2026**

**COURSE NUMBER: NUR 610 800**

**TITLE:** Nursing Concepts in Health Promotion/Disease and Injury Prevention in Populations

**CREDIT HOURS:** 3 semester hours-- 1 credit hour, Web-based Discussion. Clinical requires 45 hours for Administrator, Educator, and Clinical, and Nurse Practitioner tracks (1:3 Clinical Ratio) Per Semester

**INSTRUCTOR:** Juanita Brand EdD, RN, MSN, Perinatal CNS, WHNP-BC

**Contact Information:** [jmbrand@bsu.edu](mailto:jmbrand@bsu.edu)

**Virtual Office Hours: (Eastern Standard Time) - Tuesday 10:00am-3:00pm and as Arranged via Distance. [Open phone office hours will also be announced throughout the semester for additional opportunities to talk with faculty virtually or by phone appointment.]**

**PREREQUISITES:** Required for all tracks. Prerequisite or parallel: NUR 605. Open only to graduate nursing students.

**CO-REQUISITES:** None

**COURSE DESCRIPTION:** Analyses selected nursing concepts of health policy, health promotion/disease and injury prevention and impact on target population aggregates. Clinical experiences focus on applying research-based client assessment of knowledge deficits, understanding and planning of policy-driven health promotion/disease and injury prevention activities for populations in various stages of the life cycle.

**COURSE RATIONALE:** Health promotion/ disease and injury prevention is the focus for 'Nursing Concepts in Health Promotion/Disease and Injury Prevention in Populations'. This focus is vital for the advanced practice nursing role in all areas of healthcare. The advanced practice nursing student will research, clinical evidence-based recommendations, nursing theory and validated health policy to identify, design and initiate clinical interviews with a target population of clients. Content from these clinical interviews provide a basis for the 'Clinical synthesis paper' which is completed by the student. Health promotion, disease and injury prevention and social, cultural issues are emphasized to prepare graduates to work with human diversity in relation to wellness promotion & injury prevention.

**COURSE OUTCOMES:**

1. Demonstrates advanced clinical competence through application of the nursing process in a selected clinical area.
2. Applies conceptual frameworks or theoretical models in nursing to a client population with a focus on health promotion/disease and injury prevention.
3. Evaluates therapeutic nursing interventions within a client population in a selected clinical setting, based on research.
4. Applies the teaching/learning process to advanced nursing practice, based on research.
5. Examines own philosophical values and beliefs about nursing practice in relation to advanced clinical nursing, conceptual frameworks and/or theoretical models.
6. Explores the impact of human diversity on health care and nursing practice.

**MASTER'S PROGRAM OUTCOMES**

1. Demonstrate role competency and leadership in a selected advanced nursing role based on professional standards.
2. Integrate nursing and related sciences and theories in delivery of advanced nursing practice.
3. Analyze research to support evidence-based practice.
4. Function as a member of inter/intra-professional collaborative team for improving patient and population health outcome.
5. Utilize information systems/technology in professional practice.
6. Analyze quality improvement and safety initiatives to improve health outcomes.
7. Analyze for health policy development and implementation.
8. Integrate clinical prevention and population health concepts for improving health.
9. Advocate for policies that improve the health of the public and the profession of nursing.

**AMERICAN ASSOCIATION OF COLLEGES OF NURSING –ESSENTIALS** introduce the 10 domains representing the essence of professional nursing.

1. Knowledge for Nursing Practice
2. Person-Centered Care
3. Population Health
4. Scholarship for the Nursing Discipline
5. Quality and Safety
6. Interprofessional Partnerships
7. Systems-Based Practice
8. Informatics and Healthcare Technologies
9. Professionalism
10. Personal, Professional, and Leadership Development

**NLN CORE EDUCATOR COMPETENCIES:**

Competency I. Facilitate Learning

Competency II. Facilitate Learner Development and Socialization

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Competency III. Use Assessment and Evaluation Strategies

Competency IV. Participate in Curriculum Design and Evaluation of Program Outcomes

Competency V. Function as a Change Agent and Leader

Competency VI. Pursue Continuous Quality Improvements in the Nurse Educator Role

Competency VII. Engage in Scholarship

Competency VIII. Function Within the Education Environment

### **TEXTS:**

Friberg, B. and Creasia, J. (2024). Conceptual Foundations: The Bridge to Professional Nursing Practice (8th ed.). St. Louis: Mosby Year Book.

Robinson, M., Coehlo, D.P., and Smith, P.S. (2022). Family Health Care Nursing: Theory, Practice, and Research (7<sup>th</sup> ed ). Philadelphia: F.A. Davis Company.

Cupp Curley, A., Niedz B. and Erikson, A.. (2025). Population-Based Nursing: Concepts and Policies for Advanced Practice (4<sup>th</sup> ed.). New York: Springer Publishing Company.

**[Additional Resources/websites/information- to access will be available with various topics in the modules throughout the semester as they become available.]**

### **TOPICAL OUTLINE BY UNITS:**

1. Health Promotion & Family Health Promotion
2. Challenges in Teaching and Learning
3. Determinants of Health in populations (aggregates)
4. Social and Cultural Dimensions of Health and Health Care
5. Quality of Life & Caring
6. Environmental Issues/Environmental Awareness for Nurses
7. Health Policy, Research and the Health Practice Environment

### **TEACHING STRATEGIES:**

- Web-Based Discussions regarding theoretical concept/application of theoretical concepts
- Clinical reflections and clinical journaling
- Guided Clinical Interview Experiences
- Development of an 'Individual Clinical Synthesis' paper.

**EVALUATION METHODS:**

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There are **480 possible points in NUR 610.**

- Each Web-based Module Group Discussion = 25 points (Details of policies of Web discussion appear in ‘Week 1’ information.- plus on blackboard)
- Module 5 individual paper = 60 points [See paper Rubric for breakdown of points]
- Clinical Journal x 2 = 35 pts each = 70 pts total)
- Clinical Course Synthesis Paper = 200 points [See paper Rubric for breakdown of points.]
  1. Modules: 1-4 & 6-7 = 25 points each Total = 150 points
  2. Journal Submission x 2 @ 35 pts ea. = 70 points
  3. ( *Module 5* ) - Individual paper = 60 points
  4. Individual Clinical Synthesis Paper = 200 points

**Extensive information regarding each of these assignments and where to submit assignments are included in 'Learning/ Clinical Modules' area.**

**COURSE POLICIES:**

A 93 – 100	B- 80 – 82.9
A- 90 – 92.9	C+ 78 – 79.9
B+ 86 – 89.9	C 75 – 77.9
B 83 – 85.9 (minimum passing grade for NUR courses *)	F 74 and <

**GRADING POLICIES:**

Grades are private and available only on Canvas. Communication with the instructor of a confidential nature is to be conducted via your BSU email.

- **Incomplete Grades:** An Incomplete grade (I) will be given for extenuating circumstances only. The reason is usually related to an illness.

- **Late Assignments:** All assignments are due by the date identified in the syllabus. If you have extraordinary *circumstances*, please notify the instructor before the due date.
- Extension on due dates are rare. Assignments will be received and counted as "*late*" for 5 days after the due date for discussion board postings. *This late due date does not count for major assignments such as the 'Quality of Life' paper or 'Clinical synthesis paper'* Ten points will be deducted from the student's earned score for late assignments. After the '5 day' period- zero points will be earned for the assignment.

Illness or Absence: For this Web-based class, the illness/absence policy is evaluated by participation in discussions of fulfillment of the requirements on time.

Examination Policies: There are no exams for this course.

**Health Clearance Compliance Policy:**

Students must submit all health clearance compliance items to American Data Bank by the required dates. All Students receive 20 points for being in complete compliance by the beginning of the semester. Students will lose 4 points from the 20 points for every week that they are not in compliance with required health clearance items in American Data Bank. If students are not in compliance after semester week 5, they will lose all 20 points and may need to withdraw from the course.

Additional information: Teaching and learning occur through interactions among faculty and students. Teachers could be thought of as facilitators and mentors for learning. Your faculty designed and developed this course to guide the learning experience. Faculty will be monitoring this course throughout the semester and providing feedback in a variety of ways.

- Academic Assessment: Students are required to participate in assessment activities. Sample papers will be collected from students as part of program assessment.:
- **Attendance:** Students should promptly communicate with the course and clinical faculty if they will need extended time off from class and/or clinical.
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Academic Ethics Policy: Students of the university must conduct themselves in accordance with the highest standards of academic honesty and integrity. Fraternalization with clients is professionally unethical. **Students of the university must conduct themselves in accordance with the highest standards of academic honesty and integrity as noted in the Graduate student handbook.**

Participation and Timeliness:

Your regular participation and timeliness are important to your academic success. In online courses this takes the form of participation in discussion via forums, chat, and other electronic

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means provided.

As this is an online course, it is up to every student to stay on track and not fall behind. You must be self-motivated and disciplined to meet all due dates. Developing a routine is essential. All assignments are expected to be submitted by a specific time and date.

Communication:

Questions of a personal nature, such as questions about your grade or anything personal intended for the instructor, please use your BSU email. The instructor will typically respond to communication within 48 business hours of receiving them.

Academic Integrity: Students are expected to adhere to University guidelines as presented in the Code of Student Rights and Responsibilities as outlined in the student handbook.

The Disability Services Office:

*If you need course adaptations or accommodations because of a disability, please contact me as soon as possible. Ball State's Disability Services office coordinates services for students with disabilities; documentation of a disability needs to be on file in that office before any accommodations can be provided. Disability Services can be contacted at 765-285-5293 or [dsd@bsu.edu](mailto:dsd@bsu.edu).*

Respect & Civil Discourse:

We are committed to ensuring that all members of the community are welcome, through valuing the various experiences and worldviews represented at Ball State and among those we serve. We promote a culture of respect and civil discourse.

**TECHNICAL INFORMATION:**

Become familiar with the class interface before the semester begins and seek help if necessary. BSU provides resources to help you. Please note: It will be important to become familiar with CANVAS prior to the start of class to help facilitate your work completion.

Technical Equipment:

In order for you to be successful in this type of course (e.g. online delivery, distance education), you will need the technology listed in the “Technology for Online and Distance Education Students.”

Technical Assistance:

If you have technical questions, you can contact Ball State's Help Desk. In addition, Nursing Technology Resource Center is available Monday through Friday 8am-5pm. ([nursingsite@bsu.edu](mailto:nursingsite@bsu.edu) or 765-285-5584). The Ball State University-wide Help Desk staff has put together many how-to video clips in its Tech Clips section that can guide you through many of the most common questions. The helpdesk can be contacted at: 765-285-1517 or email at [helpdesk@bsu.edu](mailto:helpdesk@bsu.edu).

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Learning Center:

The Learning Center offers free tutoring for many courses on campus, including science and humanities, modern languages, math and business, help with any writing task, and study strategies such as time management, test taking, note taking, and effective textbook reading. The [Learning Center](#) hours are located on the Learning Center webpage. To make an appointment, call 765-285-3780 or Live Chat online at [www.bsu.edu/learningcenter](http://www.bsu.edu/learningcenter).

Academic Integrity Students are expected to adhere to University guidelines titled Student Academic Ethics Policy as presented on the Office of the Vice Provost for Academic Affairs Website, <https://www.bsu.edu/about/administrativeoffices/vice-provost/student-services/academic-integrity>, and the Master's Students Program Handbook.

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***Reviewed and updated by Juanita Brand 1/4/26.***