Youfa Wang, MD, PhD, MS, FTOS, the John and Janice Fisher Endowed Chair of Wellness, Associate Director of the Fisher Institute of Health and Well-Being, and Professor of Nutrition and Health Science in the College of Health, Ball State University served as an instructor of two global health workshops organized by The Center of Global Health of the Chinese Center for Disease Control and Prevention held in Beijing and Zhuhai City in China in mid-September, 2018. Prof. Wang discussed about the United Nations’ efforts and calls for countries to act timely to fight the noncommunicable chronic diseases.