Study Schedule Planner

Creating a clear and realistic study schedule is one of the best ways to stay organized and manage your time effectively. This worksheet will help you plan your study sessions around your classes, assignments, and personal commitments so you can prepare confidently and avoid last-minute cramming. Use it to set goals, track your progress, and build consistent study habits that work for you.

Study Goal:	Write down the class and format of the exam.
What class is this for?	History 150 - Chapters 1-5 Multiple choice with 3 short answer

1 **GET FOCUSED**	Identify your strengths with this material and topics that need more attention.
	I feel confident about the material in Chapters 1 and 2—especially the key ideas around the Renaissance and Reformation. Chapters 3-5 need more work. Need to review the impact of colonialism and how global trade networks shifted during this period. Next session: timelines, major turning points, and reviewing key terms
2 **GET OPTIONS**	Identify the strategy you will use for practicing and engaging with the material.
	I'll make a timeline for Chapters 3-5 and focus on cause-and-effect. I'll use flashcards for key terms, quiz myself on Enlightenment ideas, and try explaining the Atlantic revolutions aloud. If needed, I'll visit the Learning Center for extra help.
3 **GET REAL**	Decide how often and long you will study. Consider a power hour or 5 Day Study Plan.
	I'll study for 45 minutes each evening from 6:30-7:15 p.m. leading up to the test. I'll focus on one chapter per day and leave the last day for review and practice questions.
4 **GET DEADLINES**	Confirm when the exam is and lay out when you will study.
	The test is next Monday, so I'll finish all chapter reviews by Friday. I'll do a full review and practice quiz over the weekend and make sure my notes and flashcards are ready by Thursday night.
ADDITIONAL NOTES:	What else could you do to practice or study for this exam?
	If I get stuck on any big concepts, I'll email my prof or ask in class on Thursday. I'll also review the Canvas slides for Chapters 4 and 5—they helped last time. Don't forget to bring flashcards to the library on Friday for group review with Maya.

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Use the chart below to create your own Study Schedule Planner

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RESOURCES TO USE:

Learning Center - NQ 350
Writing Center - RB 295
Bracken Library Quiet Floors - 3rd and 4th
Student Success Coaching - NQ 339

BALL STATE UNIVERSITY
Office of Student Success Coaching

bsu.edu/universitycollege