How to Form a Study Group

Studying with others can make learning more effective and more fun. A good study group helps you stay motivated, share knowledge, and tackle tough material together. This worksheet will guide you through the steps of building a group that works for everyone, from choosing members and setting goals to planning meetings that actually help you succeed.

How do I create a study group?

- **Choose the right people**
  - Look for classmates who are reliable, interested in learning, and committed to showing up. The right mix of people makes the group more focused and productive. It may be best to form a group with students all from the same class and section.
- **Agree on a consistent schedule**
  - Pick a regular day, time, and place that everyone can stick to. Consistency helps build momentum and keeps the group from fizzling out.
- **Set clear goals for each meeting**
  - Decide ahead of time what you'll accomplish. It could be reviewing lecture notes, tackling practice problems, or preparing for an exam. Goals keep the group on track.
- **Assign roles and share responsibility**
  - Rotate tasks like timekeeper, note taker, or question generator. Shared responsibility ensures everyone contributes and no one feels overloaded.
- **Communicate outside of meetings**
  - Use a group chat, email thread, or shared document to stay connected. Good communication helps with reminders, sharing resources, and keeping everyone accountable.

Use the table below to record the key details of your study group. Fill in information about your members, meeting times, goals, and how you'll stay in touch. This will serve as your group's "blueprint" and help keep everyone accountable.

MY STUDY GROUP	
GROUP MEMBERS	
MEETING DAY/TIME	
MEETING LOCATION	
PERSONAL GOALS	
GROUP GOALS	
COMMUNICATION METHOD	
1ST MEETING AGENDA	

TIP

A successful study group isn't about having the smartest people. It's about having committed members who show up, stay focused, and help each other learn. Quality of effort matters more than quantity of people.