TAKE FLIGHT WITH
Summer Bridge Programs
2018

BALL STATE UNIVERSITY
Office of Student Life
We empower our students to fly! So, get a head start on college and set yourself up for success. Our summer programs for incoming freshmen will provide you with the opportunities to meet other students, gain leadership skills, and familiarize yourself with Ball State University—all before your first day of classes. Challenge yourself, make friends, and have fun as you prepare for your first year on campus.

To register or get more information about our programs, visit bsu.edu/summerprograms or contact Ball State’s Office of Student Life at summerprog@bsu.edu or 765-285-2621. Register today!

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Cardinal Leadership and Service Seminar (C.L.A.S.S.)
Move in to campus a few days early and gain valuable leadership skills. During this three-day program, you will reflect on your expectations of college, meet fellow freshmen, and learn about the campus and the resources it has to offer. Your upper class mentors will point you in the right direction as you sharpen your leadership style and get connected to involvement opportunities on campus.
Sponsored by the Office of Student Life, C.L.A.S.S. is a Ball State tradition that has helped thousands of new students ease into college life. Past participants have gone on to serve in a wide variety of prominent campus leadership roles.
Program registrations are limited so register early.
Program Fee: $135 (includes meals, lodging, and event activities)
Program Dates: August 12-14

Itinerary
August 12
Morning—Check-in, move in to your residence hall
Afternoon—Welcome! Meet your small cluster group and mentors, Leadership Challenge Course
Evening—Leadership speaker, group movie and fun
August 13
Morning—Exploring Purpose and Passion, small cluster group time
Afternoon—Seek and Find interactive team challenge, small cluster group time
Evening—Dinner at the Presidents House, leadership speaker
August 14
Morning—Service in the Muncie Community
Afternoon—Leadership keynote
Evening—Cookout, social and recreational activities
White Water Rafting Expedition
Join Outdoor Pursuits on this West Virginia outdoor adventure, designed for beginners with an adventurous spirit. Spend three nights camping, making lifelong friends, and preparing meals around a campfire. Activities include a mud obstacle course, day hiking (no previous hiking experience needed), swimming, sliding, and jumping at the spring-fed mountain lake water park. The lake offers something for every adventure level including 40-foot waterslides, water trampolines, and a zipline. You’ll also enjoy a full day rafting on the Lower New River through the 1,000-foot deep gorge lined with jaw dropping views of the West Virginia mountains (intermediate rafting skills). Don’t miss out!

Program Fee: $350 (includes travel, activities, meals on site, and camping)
Program Dates: July 9–12

Career Connections: A Helpful Foundation
Explore your interests, define your path, meet employers and successful alumni, and most important, gain a competitive edge. Studies have shown that students coming into college with a defined plan for their majors, internships, and career opportunities are more likely to graduate in four years than their peers. During the Career Connections three-day program, career professionals and student leaders will help you create an action plan for success that will carry you through graduation and into the world of work. You will also meet fellow freshmen, learn about campus resources and opportunities, and meet with industry leaders and professionals.

Program Fee: $135 (includes meals, lodging, and activities)
Program Dates: August 12–14

Itinerary
**July 9**
Morning—Travel to ACE Adventure Center
Afternoon—Set up campsite
Evening—Introduction to trip and activities

**July 10**
Morning—Hiking
Afternoon—Mud obstacle course
Evening—Campfire and activities

**July 12**
Travel back to Ball State

**July 11**
All-Day—Lower New River rafting
Evening—Campfire and activities

**August 12**
Morning—Move in to your residence hall
Afternoon—Welcome Session—Getting to Know Each Other
Evening—Exploring Yourself to Find a Career Fit, evening activities

**August 13**
Morning—Day 1 debrief and Exploring Yourself activity
Afternoon—Etiquette Lunch
Evening—Your Professional Social Network, evening activities

**August 14**
Morning—Visit the Career Center
Afternoon—Employer site visit in Indianapolis
Evening—Return to campus, cookout at Bracken House, evening activities
EXCEL Summer Mentor Program

Geared toward first-year students of color and first-generation college students, EXCEL features workshops to expose students to common aspects of college life. You will learn techniques to help you focus on academic and social development and make new friends. Participants will be paired with a mentor who will guide mentees through the social and academic aspects of Ball State.

Program Fee: $100 (includes meals, lodging, and activities)
Program Dates: August 12–14

Smoky Mountains National Park and Rafting

Your adventure will begin with a meet and greet at the Outdoor Pursuits climbing wall. You will enjoy climbing, group activities, and a pizza party. You will also have the opportunity to stay in a Ball State residence hall to get the full college experience. The following morning, you will head to North Carolina and spend three nights camping in the Smoky Mountains, preparing meals around a campfire, and exploring the natural wonders of the Great Smoky Mountains National Park and its surrounding areas. You will have the option to either day hike a short portion of the Appalachian Trail to Charlie’s Bunion, where you will experience panoramic views of the North Carolina Smokies, or visit Clingmans Dome, the highest point in the Great Smoky Mountains National Park. The week will conclude with an introductory white water rafting trip down one of America’s most popular white water runs on the Nantahala River.

Program Fee: $275 (includes travel, activities, meals on site, and lodging)
Program Dates: July 23–27

Itinerary

**August 12**
Morning and Afternoon—Move in to your residence hall
Evening—Welcome and social activities

**August 13**
Morning and Afternoon—Opening sessions and college transition workshops
Evening—Social activities

**August 14**
Morning—Community service project
Afternoon—College transition workshops
Evening—Social activities and closing reception

Itinerary

**July 23**
Afternoon—Pizza and trip orientation on campus
Evening—Climbing wall social and games at the Jo Ann Gora Student Recreation and Wellness Center

**July 24**
Morning—Travel to Nantahala Outdoor Center, North Carolina
Afternoon—Stop for lunch, arrive and set up campsite
Evening—Campfire and activities

**July 25**
Morning—Group hike in Great Smoky Mountains National Park
Afternoon—Explore the park
Evening—Campfire and activities

**July 26**
Morning—Local hike on the Appalachian Trail
Afternoon—Nantahala white water rafting
Evening—Campfire and activities

**July 27**
Travel back to Ball State
EARLY START

Experience a college course with Early Start, the only Summer Bridge program that offers academic credit. With no more than 20 students per class, these three-day, one credit hour courses are designed to enable you to make friends and interact with some of Ball State’s favorite professors as you explore various topics. Choose from the seminar options listed below.

Program Dates: August 12–15
Program Fee: $135 (includes meals, lodging, and activities)

Early Start Seminars

**Becoming a Master Student:**
Topics include: time management skills, dealing with stress, becoming an “active” reader, living a healthy lifestyle, writing and note-taking skills, dealing with test anxiety, and developing critical thinking strategies.

**Clueless? A Workshop for Students Looking for a Major:** This interactive workshop will lead students through a variety of assessments and strategies to begin the academic major decision making process and support success in other areas of academic life.

**College Prep 101: How to Plan and Prepare for the First Year:** Let an expert address your college myths, answer all of your questions, and welcome you to the world of Ball State University.

**Criminal Justice in the News:** Every day our news feeds are filled with tales of crime and justice. In this workshop, students will examine and discuss current hot topics in the field of criminal justice.

**Elemental: A Sexual Assault Protection Program:** Learn how to recognize sexual threats early, give and get consent, communicate with partners about sex, and use a variety of self-protection techniques.

**How to Be a Better Ally and Advocate:** This workshop will cover the historical and current issues surrounding many marginalized communities and explore how individuals can make a difference in their campus, local communities, and in the world at large. Through the investigation of previous activist efforts and an understanding of the complexity of oppression, students will gain insight into the power of empathy and action.

**Journalism Jumpstart:** This exploratory workshop will introduce the components and processes involved in a working, student-run, print/digital newsroom and strategic communication agency. You will work as part of a team to produce a special section of The Daily News or a product for one our agencies’ largest clients.

**POWER into Math:** This is designed for students whose placement test scores are close to the cutoff for a particular math course or who just want to develop college-level math skills. Adaptive technology will be used to allow students to work individually to fill in the gaps in their math skill set. Instructors will provide guidance with study skill techniques.

**Start Strong:** Through this interactive workshop, students will have the opportunity to tour campus and hear from representatives in the Learning Center, Counseling Center, Jo Ann Gora Student Recreation and Wellness Center, Dining Services, Ball State Police, and Student Rights and Community Standards. Students will brainstorm and set personal goals for their first semester. Topics will include self-care, time management, recreation, organization, nutrition, and grades.

**Teach Me How To College:** This workshop will discuss transitioning from high school to college using success strategies such as time management, test-taking, and professional communication through collaborative group activities. Students will also learn about different resources on campus and become familiar with the layout of campus.

**Adobe Photoshop, Illustrator, and InDesign: Creating Fun and Innovative Designs:** In this fun, hands-on workshop, students will have the opportunity to create designs using Adobe Photoshop, Illustrator, and InDesign. Students will learn the intricacies of this software and also get to work with related technologies such as digital cameras.

**Television News:** Get a glimpse of the business of television news from a TV news veteran. Students will have the opportunity to visit a working professional TV newsroom, create a news story, and develop a mini-newscast.

**The United States of Spanish:** Explore how the U.S. has become one of the largest Spanish-speaking countries in the world. Learn to critically evaluate and contribute to the discussion of Latinx in the media, and develop investigative and analytical skills through our exploration of news articles, census data, interviews, and television shows.

**What Do You See? An Introduction to the Elements of Visual Design:** Explore the basic elements of visual design in advertising, entertainment, and architecture, and how design can influence our thoughts and feelings towards a certain topic.

Itinerary

**August 12**
Morning—Check in to Early Start and move in to your residence hall
Afternoon—Welcome session
Evening—Social activities and game night

**August 13 and 14**
Morning—Class sessions, workshops
Afternoon—Tours and activities
Evening—Social activities and recreation

**August 15**
Morning—Class sessions, workshops
Afternoon—Tours and activities
Frequently Asked Questions

How can I learn more about these programs?
During your two day summer orientation, there is a presentation focused specifically on these experiences. We will provide more in-depth information about general outcomes of participation and specifics about each of the programs. You can also go to bsu.edu/summerprograms.

When do I need to register for a program?
Registration closes on July 27, 2018, for most programs. The Whitewater Expedition closes on June 8, 2018. The Smoky Mountains National Park and Rafting closes on June 15, 2018. All of the programs have a limited capacity and many will fill up far before the deadline, so register early in order to secure your spot.

Do any of these provide academic credit?
The Early Start seminars each offer one unit of academic credit. Early Start is the only Summer Bridge program that offers academic credit.

Can I participate in more than one program?
Yes, you can! The two Outdoor Pursuit programs occur prior to C.L.A.S.S., Career Connections, Early Start, and EXCEL. We encourage you to look at dates in this brochure to ensure that you are signing up for programs that do not overlap.

Where will I stay during the program?
If you are attending any program other than one of the Outdoor Pursuit programs, you will be able to move into your permanent, first year residence hall. If you are a commuter student, you will commute from home just as you will during the school year.

How do I register for one of these programs?
To sign up, simply complete the registration form at bsu.edu/summerprograms and either pay online or contact the Office of Student Life (765-285-2621) about other payment options. You will receive additional information once your registration and payment have been received.

How much does it cost?
The cost ranges from $100–$350. The cost includes lodging, meals, and activities.
bsu.edu/summerprograms

Join us on social media!

Ask questions about Orientation, Move-In and Welcome Week, or connect with new classmates and show off your Cardinal pride. Our community is your community! Find us at Facebook.com/ballstatebound.

bsu.edu/summerprograms