

# LINDSAY M. BENNETT

## CURRICULUM VITAE

### EDUCATION

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**PhD** Indiana University School of Social Work August 2024  
Doctoral Minor: Public Health

**MSW** Indiana University School of Social Work May 2016  
Concentration: Mental Health and Addictions  
Fellowship: Health Resources and Services Administration-  
Transitional Aged Youth

**BSW** Indiana University School of Social Work May 2015  
Additional Certification: Case Management

### HONORS AND AWARDS

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**Extra Mile Service Award** May 2021  
Granted by the Indiana University School of Social Work for  
Facilitation, coordination, and planning of Doctoral Scholars  
Speaker Series Program.

**ESCIP**  
Emerging Scholars College Instruction Program, semester 1 & 2  
Development of teaching philosophy, peer-reviewed teaching  
methods, engagement with pedagogical best-practices Jan 2021- May 2022

**HRSA-TAY Fellowship** 2016  
Completion of additional training programs, seminars, and  
practicum hours within medical healthcare setting

### RESEARCH EXPERIENCE

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**IU School of Social Work, Indianapolis** April 2023- May 2024  
**Co-Investigator**, Psychometric Development:  
Bennett Expansion to the International  
Trauma Questionnaire for CPTSD (#18835)

- Scale development

- Data collection
- Recruitment
- Mixed-methods
- Thematic analysis
- Exploratory Factor Analysis

**IU School of Social Work, Indianapolis**  
**Co-Investigator**, Holistic Wellness Behaviors  
 in College Students: Analysis of Attitudes, Barriers  
 and Frequencies of Use (#13872)

Jan 2022- May 2022

- Instrument creation
- Recruitment
- Data Collection
- Data Analysis

**IU School of Social Work, Indianapolis**  
**Co-Investigator**, Healing Trauma: A Look at the  
 Relationship Between Complex Interpersonal Trauma  
 and Yoga (#2012982070)

Jan 2021- May 2021

- Conduct in-depth interviews
- Data collection and transcription
- Data analysis

**IU School of Liberal Arts, Indianapolis**  
**Research Assistant**, Dr. Andrea Jain

May 2021- Aug 2021

- Data collection
- Research organization
- Data analysis

**IU School of Social Work Indianapolis**  
**Research Assistant**, Dr. Joan Carlson

Aug 2020 to May 2022

- Data analysis

## TEACHING EXPERIENCE

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**Ball State University, Muncie**  
**Assistant Clinical Professor**

Aug 2024- Present

Courses taught:

- Fall '24: SOCW 200 Social Work Practice I with Field Experience
- Fall '24: SOCW 610 Advanced Standing Seminar
- Fall '24: SOCW 613 Advanced Generalist Rural Practice I
- Fall '24, Spring '25: SOCW 440 Research in Social Work II
- Spring '25: SOCW 310 Social Work Practice II
- Spring '25: 663 Social Work Field Practicum II

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- Spring '25: 651 Social Work Practice in Mental Health and Addictions

**IU School of Social Work, Indianapolis**

Aug 2022 to Present

**Adjunct Faculty**

Courses taught:

- Fall '22, Fall '23: SWK 442 Integrated Practice/Policy Seminar for Mental Health
- Fall '22, Summer '23, Fall '23, Spring '24: D685 Mental Health Practice with Individuals and Families
- Spring '23, Spring '24: SWK 371 Introduction to Social Work Research
- Summer '24: 618 Social Policy and Services Mental Health and Addictions
- Fall '24, Spring '25: 718/728 Advanced Statistical Reasoning Lab Facilitator

**IU School of Social Work, Indianapolis**

Aug 2020 to Present

**Teaching Assistant**

- Assistant for two sections of SWK685 Mental Health and Addictions Practice: Individuals and Families regarding interventions for clinical practice, coordination of online modules, grading completion of student work

**University of Osijek, Croatia**

May 6<sup>th</sup>, 2021

**Guest Lecture, School of Social Work**

- Guest lecture provided on Screening, Brief Intervention, and Referral to Treatment (SBIRT) and Trauma Informed Social Work.

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**INVITED PRESENTATIONS**

**Bennett, L. M.**

Improving advocacy for C-PTSD in social work education

**Indiana Association of Social Work Educators**

*In-person presentation*

Sep 2024

**Bennett, L. M.**

Increasing awareness of complex trauma prevalence in therapeutic practice

**International Cultic Studies Association**

*In-person presentation*

July 2024

**Bennett, L. M. & Malliar Bellian, P.**

Spiritual healing within the helping professions: Discussion of the Bio-psycho-social-spiritual model in practice

**International Cultic Studies Association**

*In-person presentation*

July 2024

**Bennett, L.M, Commodore Mensah, M., Johnson, N., Malliar Bellian, P., Swafford T.**

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Social work education through pedagogical application of  
qualitative research techniques

**International Congress of Qualitative Inquiry**

*Virtual presentation*

May 2024

**Bennett, L.M, Commodore Mensah, M., Johnson, N.,  
Malliar Bellian, P., Swafford, T.**

Teaching with each student in mind

**Indiana University School of Social Work**

*Conference for Teaching and Learning, panel discussion*

April 2024

**Bennett, L.M, Johnson, N., Malliar Bellian, P.**

Use of holistic wellness resources of college  
students: Impact of age, race, attitudes, and barriers

**Indiana University School of Social Work**

*Annual PhD Symposium, poster presentation*

May 2022

**Bennett, L. M.**

The experience of yoga for persons with complex  
interpersonal trauma: A phenomenological approach

**Indiana University School of Social Work**

*Annual PhD Symposium*

May 2021

**Bennett, L. M.**

The experience of yoga for persons with complex  
interpersonal trauma: A phenomenological approach

**Indiana University School of Social Work**

*Doctoral Scholars Speaker Series*

October 2021

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**PEER REVIEWED PUBLICATIONS**

**Bennett, L. M.,** Starnino, V. R. (2022). The experience of yoga for persons with complex interpersonal trauma: A phenomenological approach. *Complementary Therapies in Clinical Practice*, 49. <https://doi.org/10.1016/j.ctcp.2022.101674>

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**SERVICE**

**Ball State University**

MSW Admissions Committee

August 2024- present

**Pendleton Artists Society**

Docent

October 2024- present

**Brain Injury Association of Indianapolis**

Volunteer

June 2021- present

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**Indiana University School of Social Work**, Indianapolis  
Doctoral Scholars Speaker Series coordinator  
Interim PhD committee representative

May 2021- May 2023

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**PROFESSIONAL AFFILIATIONS**

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<b>Ball State University</b> Assistant Clinical Professor of Social Work	Aug 2024- Present
<b>Pendleton Counseling Services, LLC</b> LCSW	Dec 2021- Present
<b>Indiana University School of Social Work</b> Adjunct Faculty	Aug 2020- May 2025
<b>BetterHelp</b> LCSW, telehealth therapy services	Nov 2018- Mar 2022
<b>Cummins Behavioral Health</b> Masters Level Therapist, Home-based services	Aug 2017- Oct 2018
<b>Community Health Network</b> Masters Level Therapist, School-based services	Jun 2016- Aug 2017

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**PROFESSIONAL DEVELOPMENT**

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<b>Annual Program Meeting</b> Council for Social Work Education	October 2023
<b>Religion and Sexual Abuse Project Conference</b> University of California Riverside	March 2022
<b>LGBTQ Health Care Conference</b> IU School of Medicine	March 2021

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**LANGUAGES**

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**English:** Native Language

**Spanish:** Intermediate Listener, Novice Speaker, Novice Reading, and Writing

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**LICENSURES AND CERTIFICATIONS**

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**Certified Yoga Teacher**- 200 hr  
Cityoga School of Yoga and Health

Aug 2017

**Licensed Clinical Social Worker**- Indiana

Nov 2018