

LINDSAY M. BENNETT

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EDUCATION

PhD Indiana University School of Social Work August 2024
Doctoral Minor: Public Health

MSW Indiana University School of Social Work May 2016
Concentration: Mental Health and Addictions
Fellowship: Health Resources and Services Administration-
Transitional Aged Youth

BSW Indiana University School of Social Work May 2015
Additional Certification: Case Management

HONORS AND AWARDS

Extra Mile Service Award May 2021
Granted by the Indiana University School of Social Work for
Facilitation, coordination, and planning of Doctoral Scholars
Speaker Series Program.

ESCIP
Emerging Scholars College Instruction Program, semester 1 & 2
Development of teaching philosophy, peer-reviewed teaching
methods, engagement with pedagogical best-practices Jan 2021- May 2022

HRSA-TAY Fellowship 2016
Completion of additional training programs, seminars, and
practicum hours within medical healthcare setting

RESEARCH EXPERIENCE

IU School of Social Work, Indianapolis April 2023- May 2024
Co-Investigator, Psychometric Development:

Last Updated January 2025

Bennett Expansion to the International
Trauma Questionnaire for CPTSD (#18835)

- Scale development
- Data collection
- Recruitment
- Mixed-methods
- Thematic analysis
- Exploratory Factor Analysis

IU School of Social Work, Indianapolis
Co-Investigator, Holistic Wellness Behaviors
in College Students: Analysis of Attitudes, Barriers
and Frequencies of Use (#13872)

Jan 2022- May 2022

- Instrument creation
- Recruitment
- Data Collection
- Data Analysis

IU School of Social Work, Indianapolis
Co-Investigator, Healing Trauma: A Look at the
Relationship Between Complex Interpersonal Trauma
and Yoga (#2012982070)

Jan 2021- May 2021

- Conduct in-depth interviews
- Data collection and transcription
- Data analysis

IU School of Liberal Arts, Indianapolis
Research Assistant, Dr. Andrea Jain

May 2021- Aug 2021

- Data collection
- Research organization
- Data analysis

IU School of Social Work Indianapolis
Research Assistant, Dr. Joan Carlson

Aug 2020 to May 2022

- Data analysis

TEACHING EXPERIENCE

Ball State University, Muncie
Assistant Clinical Professor

Aug 2024- Present

Courses taught:

- Fall '24: SOCW 200 Social Work Practice I with Field Experience
- Fall '24: SOCW 610 Advanced Standing Seminar
- Fall '24: SOCW 613 Advanced Generalist Rural Practice I

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- Fall '24, Spring '25: SOCW 440 Research in Social Work II
- Spring '25: SOCW 310 Social Work Practice II
- Spring '25: 663 Social Work Field Practicum II
- Spring '25: 651 Social Work Practice in Mental Health and Addictions

IU School of Social Work, Indianapolis

Aug 2022 to Present

Adjunct Faculty

Courses taught:

- Fall '22, Fall '23: SWK 442 Integrated Practice/Policy Seminar for Mental Health
- Fall '22, Summer '23, Fall '23, Spring '24: D685 Mental Health Practice with Individuals and Families
- Spring '23, Spring '24: SWK 371 Introduction to Social Work Research
- Summer '24: 618 Social Policy and Services Mental Health and Addictions
- Fall '24, Spring '25: 718/728 Advanced Statistical Reasoning Lab Facilitator

IU School of Social Work, Indianapolis

Aug 2020 to Present

Teaching Assistant

- Assistant for two sections of SWK685 Mental Health and Addictions Practice: Individuals and Families regarding interventions for clinical practice, coordination of online modules, grading completion of student work

University of Osijek, Croatia

May 6th, 2021

Guest Lecture, School of Social Work

- Guest lecture provided on Screening, Brief Intervention, and Referral to Treatment (SBIRT) and Trauma Informed Social Work.

INVITED PRESENTATIONS

Bennett, L. M.

Improving advocacy for C-PTSD in social work education

Indiana Association of Social Work Educators

In-person presentation

Sep 2024

Bennett, L. M.

Increasing awareness of complex trauma prevalence in therapeutic practice

International Cultic Studies Association

In-person presentation

July 2024

Bennett, L. M. & Malliar Bellian, P.

Spiritual healing within the helping professions: Discussion of the Bio-psycho-social-spiritual model in practice

International Cultic Studies Association

In-person presentation

July 2024

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**Bennett, L.M, Commodore Mensah, M., Johnson, N.,
Malliar Bellian, P., Swafford T.**

Social work education through pedagogical application of
qualitative research techniques

International Congress of Qualitative Inquiry

Virtual presentation

May 2024

**Bennett, L.M, Commodore Mensah, M., Johnson, N.,
Malliar Bellian, P., Swafford, T.**

Teaching with each student in mind

Indiana University School of Social Work

Conference for Teaching and Learning, panel discussion

April 2024

Bennett, L.M, Johnson, N., Malliar Bellian, P.

Use of holistic wellness resources of college
students: Impact of age, race, attitudes, and barriers

Indiana University School of Social Work

Annual PhD Symposium, poster presentation

May 2022

Bennett, L. M.

The experience of yoga for persons with complex
interpersonal trauma: A phenomenological approach

Indiana University School of Social Work

Annual PhD Symposium

May 2021

Bennett, L. M.

The experience of yoga for persons with complex
interpersonal trauma: A phenomenological approach

Indiana University School of Social Work

Doctoral Scholars Speaker Series

October 2021

PEER REVIEWED PUBLICATIONS

Bennett, L. M., Starnino, V. R. (2022). The experience of yoga for persons with complex interpersonal trauma: A phenomenological approach. *Complementary Therapies in Clinical Practice*, 49. <https://doi.org/10.1016/j.ctcp.2022.101674>

SERVICE

Ball State University
MSW Admissions Committee

August 2024- present

Pendleton Artists Society
Docent

October 2024- present

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Brain Injury Association of Indianapolis Volunteer	June 2021- present
Indiana University School of Social Work, Indianapolis Doctoral Scholars Speaker Series coordinator Interim PhD committee representative	May 2021- May 2023

PROFESSIONAL AFFILIATIONS

Ball State University Assistant Clinical Professor of Social Work	Aug 2024- Present
Pendleton Counseling Services, LLC LCSW	Dec 2021- Present
Indiana University School of Social Work Adjunct Faculty	Aug 2020- May 2025
BetterHelp LCSW, telehealth therapy services	Nov 2018- Mar 2022
Cummins Behavioral Health Masters Level Therapist, Home-based services	Aug 2017- Oct 2018
Community Health Network Masters Level Therapist, School-based services	Jun 2016- Aug 2017

PROFESSIONAL DEVELOPMENT

Annual Program Meeting Council for Social Work Education	October 2023
Religion and Sexual Abuse Project Conference University of California Riverside	March 2022
LGBTQ Health Care Conference IU School of Medicine	March 2021

LANGUAGES

English: Native Language

Spanish: Intermediate Listener, Novice Speaker, Novice Reading, and Writing

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OTHER

Certified Yoga Teacher- 200 hr Cityoga School of Yoga and Health	Aug 2017
Licensed Clinical Social Worker- Indiana	Nov 2018