

Kristin (Friedmeyer) Trainor Ph.D., LCSW

ketrainor@bsu.edu

EDUCATION:

GRADUATE

Indiana University, Indianapolis, Indiana	PhD	January 2019
Indiana University, South Bend, Indiana	MSW	May 2009

UNDERGRADUATE

Butler University, Indianapolis, Indiana	BA – Sociology	May 2006
Universidad de Salamanca, Salamanca, Spain	Foreign Language Certificate	May 2004

LICENSURE:

License in Clinical Social Work (LCSW)	Fall 2016
License in Social Work (LSW)	Fall 2009

Membership:

National Association of Perinatal Social Work	Fall 2019
National Rural Social Work Caucusus	Fall 2019

ACADEMIC APPOINTMENTS:

Healthy Lifestyle Clinic	Faculty Liaison	1/2020- present
Ball State University	Assistant Faculty	8/2019- present
Ball State University	Adjunct Faculty	1/2019-5/2019

COMMITTEE APPOINTMENTS:

MSW Admission Committee	Member	8/2019-present
MSW Curriculum Committee	Member	8/2019 - present
Title IV- E Committee	Member	8/2019- present

PROFESSIONAL EXPERIENCE:

PRIVATE PRACTICE, TRAINING, AND EDUCATION 1/2015- 5/2019

Contracted by Indiana Community Action Agency to provide trainings.

Completed regular education workshops and trainings for 25+ participants per class. Trainings include, but not limited to, cultural competency, self-care, criminal justice, and practice skills.

Private practice for children, adults, and families.

Contracted by MiniMinds for therapeutic services and adult education

ASCENSION HEALTH AT ST. VINCENT

PEYTON MANNING CHILDREN'S HOSPITAL	Social Worker	6/2013-5/2017
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Indianapolis, Indiana

Medical social worker in Pediatric and NICU departments

Performed grief counseling, crisis intervention, psychosocial assessments, and resource assistance.

Provided regular supervision for MSW students

Provide staff training and development, across disciplines.

St. Vincent House Committee member, promoted and fundraised

for the development of the St. Vincent House
St. Louise de Marillac Award Nominee
March of Dimes grant recipient

PROFESSIONAL SERVICE:

PHD PATHWAYS MENTOR PROGRAM Provide support and mentorships for underrepresented undergraduate students.	2019-present
USE WHAT YOU'VE GOT PRISON MINISTRY Intern Program Development Created a pilot program for the Indiana Department of Corrections: Rebuilding for Reentry, in collaboration with Dr. Roger Jarjoura.	2012-2014
CAMP KESEM Camp therapist for children who have a family member with cancer.	Volunteer Therapist 6/2010

PUBLICATIONS:

Trainor, K.E. (2019, Submitted). Prenatal Substance Misuse and Healthcare Provider Stigma. *The Social Science Journal*.

Trainor, K.E. (2019, Submitted). Prenatal substance misuse: A look at healthcare provider stigma and bias. *Social Work in Health Care*.

Bloomquist, K., **Trainor, K.E.** (2019, Submitted). Workforce Well-being Among Social Service Providers: Adverse Child Experiences (ACEs), Self-care, and Professional Quality of Life. *American Psychologist*.

Trainor, K. (2019). "Prenatal substance misuse: Exploring healthcare providers' attitudes and perceptions," (doctoral dissertation). Indianapolis, IN: Scholar Works.
<http://hdl.handle.net/1805/18484>

Bloomquist, K.R., **Friedmeyer-Trainor, K.**, Wood, L., & Kim, H.W. (Fall, 2015). Self-care and Professional Quality of Life: Predictive Factors among MSW Practitioners. *Advances in Social Work*. (16) 2, 292-311.

Friedmeyer-Trainor, K., Vernon, R., & Lynch, D. (2012). Accessibility and agency website design: Stumbling Backwards? A follow up study. *Journal of Technology and Human Service*. (50) 2, 59-71.

PRESENTATIONS:

Trainor, K.E. (2020, Submitted). *Prenatal Substance Misuse: Structural Stigma, Belief of Causation, and Policy Improvement*. Presentation at the 44th Annual NAPSW Conference, Chicago, IL.

Slater, G., **Trainor, K.E.**, & Voors, J. (2020, Submitted). *Longitudinal Study of Power, Teaching Effectiveness, and Conflict Resolution in the Classroom*. Presentation at the 66th Annual Program Meeting for the Council on Social Work Education, Denver, Colorado.

Slater, G., **Trainor, K.E.** & Renbarger, K. (2020, Submitted). *Innovations in Residential Opioid Treatment for Pregnant and Parenting Mothers*. Presentation at the Society of Social Work and Research 25th Annual Conference, San Francisco, CA.

Trainor, K.E., & Bloomquist, K.R. (2019, Submitted). *Attending to the professional well-being and ACEs of service providers*. Presentation at the Society of Social Work and Research 24th Annual Conference, Washington, D.C.

Trainor, K.E.(2019, October). *Prenatal substance misuse Exploring healthcare providers' attitudes and perceptions*. Presentation at the 65th Annual Program Meeting for the Council on Social Work Education, Denver, Colorado.

Trainor, K.E. (2019, April). *Prenatal Substance: Understanding stigma and attitudes among medical staff*. Opioid Data to Action, Indianapolis, Indiana.

Trainor, K.E. (2017, November). *Communication skills: Tools for Human Service Professionals*. Presentation at the Annual Indiana Community Action Association Meeting, French Link, IN.

Trainor, K.E. (2017, November). *Working with Difficult Clients: Strategies for the Front-Line Worker*. Presentation at the Annual Indiana Community Action Association Meeting, French Link, IN.

Trainor, K.E. (2017, September). *Setting Boundaries: Tools and Practice*. Presentation at the Indiana Community Action Association, Indianapolis, IN.

Trainor, K.E. (2015, April). *Prison Re-entry*. Presentation at the Indiana Community Action Association, Indianapolis, IN.

Trainor, K.E. (2015, April). *Cultural Competency*. Presentation at the Indiana Community Action Association, Indianapolis, IN.

Friedmeyer-Trainor, K.E., Vernon, R., & Lynch, D. (2013, November). *Accessibility and Agency Website Design: Implications for Practice and Education*. Presentation at the Annual Baccalaureate Program Directors Meeting on Social Work Education, Dallas, TX.

Trainor, K.E., Bloomquist, K.R., & Kim, H.W. (2012, November). *Social Worker Self-Care: A Tool for Professional Well-being and Effective Practice*. Presentation at the 58th Annual Program Meeting for the Council on Social Work Education, Washington, D.C.

Bloomquist, K.R., **Friedmeyer-Trainor, K.**, & Wood, L. (2012, July). *Social Worker Self-care and Rural Practice*. Presentation at the 37th Annual National Rural Social Work Conference, Nashville, Indiana.

Bloomquist, K.R., **Trainor, K.**, & Wood, L. (2012, April). *Social Worker Self-care and Professional Well-being*. Poster Session at the Indiana University School of Social Work Annual PhD Symposium, Indianapolis, Indiana.

RESEARCH:

Social Worker Self-Care and the Impact of COVID-19	2020-present
Social Service Agencies, Technology, and COVID-19	2020-present
Maternal Fetal Health and Substance Misuse Programming	2020-present
Attending to the professional well-being and ACEs of service providers Collaboration with Dr. Kori Blomquist, Winthrop University	2019-present
Prenatal Substance Misuse: Exploring Health Care Providers' Attitudes and Perceptions	2017-2019
Criminal Justice and Evidenced Based Practice in Reentry Programming	2011-2014
Family, Inmates, and Reentry: Program Development Collaboration with Dr. Roger Jarjoura and Use What You've Got Prison Ministry	2012-2013
Masters Social Work Direct Accreditation Evaluation Collaboration with Dr. Robert Vernon	2012- 2012
Social Worker Self-Care and Job Satisfaction Collaboration with Kori Bloomquist, MSW, Leila Wood, MSW and Dr. Hea-Won Kim	2011-2012
Technology and Social Service Agencies Collaboration with Dr. Robert Vernon	2010-2011

GRANTS:

- (2020) Co-PI: Spencer Foundation. Small Education Grants - Pending Review
- (2020) Co-PI: Family and Social Services Administration/Division of Mental Health and Addiction, Bureau of Substance Abuse Prevention and Mental Health Promotion—Funded
- (2020) Co-PI President's Strategic Imperative Fund. University-Community Partnership and Clinic to Address Substance Use Disorder(SUD) in East Central, Indiana- Pre-proposal Submitted
- (2019) PI: Ball State University Aspire Junior Faculty Research Grant – Submitted
- (2019) Co-PI: Indiana State Department of Health. Neonatal Abstinence Syndrome (NAS) Fresh Start Pilot Expansion Project- Funded
- (2019) Co-PI: Trustees of Indiana University. BSW and MSW Education through the Indiana Child Welfare Education and Training Partnership- Funded