

Michele (Sheli) Plummer
mrplummer@bsu.edu

Academic Preparation

M.A. Physical Education Teacher Education Ball State University School of Physical Education, Sport, and Exercise Science	3.93 GPA
Health Education Licensure (K-12) Ball State University	3.83 GPA
B.S. Physical Education Florida International University <u>Degrees Earned:</u> Physical Education: Grades K – 8 Physical Education: Grades 6 – 12	3.95 GPA
B.S. General Studies Ball State University <u>Degree Earned:</u> General Studies <u>Triple Minor:</u> Aquatics: Teaching and Coaching Swimming and Diving Aquatics: Administration of Aquatics Aquatics: SCUBA Instruction	3.35 GPA

Professional Teaching Experience

Ball State University: Instructor of Kinesiology (See Courses Taught)
2013-Current

Ball State University: Graduate Assistant and PFW Fitness Walking Instructor
2012-2013

Lakeland Middle School: 6-8 Grade Physical Education, Health, and Lifetime Fitness Teacher;
Cheerleading, Volleyball, Gymnastics Coach
2005-2012

Catholic Diocese of Fort Wayne - South Bend: K-8 Physical Education/Health Teacher
2004-2005

Related Experience

Outdoor Pursuits/Tom Leaird's Underwater Service: Scuba Instructor Trainer (2004 – Current)

Cole Center YMCA: Lifeguarding, Scuba, Swim, Fitness Instructor
East Noble High School: Head Girls Gymnastics Coach

Maley Swim School: Facility Manager

YMCA of Metro Jackson: Clinton & Southwest Branches: Aquatics/Sports Director

YMCA of Greater Miami: Aquatics/Teens Director and Sports/Teens Director

Amy Slate's Amoray Dive Resort/Atlantis Dive Center: Scuba Instructor/Divemaster

Key Largo School: K-2 Teachers' Aide

Certifications

Title	Organization	Issue Date
Pool Operator on Location	YMCA	Dec. 1996
Ice Diver	YMCA	Feb. 1997
SCUBA Equipment Service	YMCA	Feb. 1997
Youth & Adult Swim Instructor	YMCA	May 1997
Preschool Swim Instructor	YMCA	May 1997
Lifeguard Instructor	YMCA	May 1997
Silver SCUBA Instructor	YMCA	May 1997
Nitrox Diver	YMCA	June 1997
First Aid & CPR Instructor	ASHI	Dec. 1999
Teen Program Director	YMCA	Nov. 2000
Water Fitness Instructor	YMCA	Mar. 2001
Working with Divers with Disabilities	Open waters	Nov. 2001
Lifeguard Instructor (CPR, 1 st Aid, AED, O2)	ARC	Aug. 2003
PE/Health K-12 Teacher Certification	State of Indiana	Dec. 2005
Scuba Instructor	SEI	Oct. 2008
Scuba Instructor Trainer	SEI	May 2009
Ice Diving Instructor	SEI	Feb. 2010

Academic Achievements

Distinction	Institution	Date
National Honor Society	East Noble High School	Oct. 1992
Alpha Lambda Delta Honor Society	Ball State University	Dec. 1994
Dean's List	Ball State University	1994, 1995, 1997
Graduated Summa Cum Laude	Florida International Univ.	May 2001

Research and Publications

M.A. Creative Project: *Step Up for Health: Elementary Fitness Program* **Ball State University**
Elizabeth Wanless, Lawrence W. Judge, Shannon T. Dieringer, David Bellar, James Johnson, and Sheli Plummer. "Pedometers and Aerobic Capacity: Evaluating an Elementary After-School Running Program," *The Scientific World Journal*, vol. 2014, Article ID 370759, 6 pages, 2014. doi:10.1155/2014/370759.

Collegiate Courses Taught at Ball State University

PFW 103 – Walking (F12, S13, F13, S14, F14, S15, S16, F16, S17, F17)
PFW 100 – Physical Conditioning (F13)
PFW 117 – Water Aerobics (F15, S16, F16)
PFW 148 – Aerobics (F13, S-4, F14, S15, F15, S16, F16, F17)
PEP 158 – Teaching Dance and Gymnastics (F14, F15, F16, F17)
PEP 194 – Observational Analysis of Motor Skills (F13)
PEP 222 – Teaching Field and Court Invasion Games (S14, S15, S16, S17)
PEP 242 – Teaching Outdoor Education and Lifelong Activities (F13)
PEP 252 – Teaching Physical Fitness and Fitness Activities (S14, F14, F15, F16, F17)
PEP 291 – Motor Development and Learning (F15, F17)
PEP 400 – Introduction to Curriculum in Physical Education (F14, S16, S17)