

Kendra L. Zenisek

Instructor of Kinesiology (2004-Present)

Physical Fitness and Wellness (PFW) Program Coordinator (2015-Present)

CURRENT COURSES INSTRUCTED

PFW Lecture

PFW 101: Physical Fitness and Wellness Activity

PFW 102: Physical Fitness and Wellness Lecture

PFW 105: Adapted Physical Fitness and Wellness

PFW 160: Physical Fitness and Wellness (online)

PFW 161: Physical Fitness and Wellness Activity (online)

PROFESSIONAL EXPERIENCE

McGraw-Hill Higher Education

Digital Faculty Consultant (2016-Present)

Alexandria School of Scientific Therapeutics, Inc.

Commission on Massage Therapy Accreditation (COMTA) Preparation Consultant (2012-2013)

Musculoskeletal Anatomy Instructor (2005-2013)

Ball State University

Athletic Study Tables Monitor/Office Assistant, Student Athlete Support Services (2002-2003)

Graduate Assistant, School of Physical Education, Sport, and Exercise Science (2001-2003)

Good Samaritan Outpatient Rehabilitation

Physical Therapy Technician (2002)

Union Memorial Sports Medicine

Intern, Physical Therapy Assistant/Athletic Training (2001)

Pittsburgh Pirates

Intern, Athletic Training (2000)

Delmarva Shorebirds – Baltimore Orioles Low A Affiliate

Intern, Athletic Training (2000)

Delmarva Rockfish – MLB Developmental Fall League

Intern, Athletic Training (1999)

PROFESSIONAL CERTIFICATIONS

NATA Certified Athletic Trainer

Professional Rescuer: Adult, Child, and Infant CPR and AED

Indiana Licensed Massage Therapist

ACADEMIC FOUNDATION

Alexandria School of Scientific Therapeutics, Inc. (2004)

Basic Swedish Massage Therapy

Ball State University (2003)

Masters of Science, Physical Education, Sport Psychology Track

Salisbury State University (2001)

Bachelor of Science, Physical Education, Athletic Training Track

Minor in Psychology