

CURRICULUM VITAE

Brandon M. Kistler, PhD, RD

EDUCATION:

Doctor of Philosophy: Kinesiology (Exercise Physiology) December 2015
University of Illinois at Urbana-Champaign Urbana-Champaign, Illinois

Dissertation: Acute effects of intradialytic nutrition supplementation on hemodynamics, treatment efficiency, and gastrointestinal symptoms during maintenance hemodialysis

Dietetic Internship August 2010
Ball State University Muncie, Indiana

Master of Science: Exercise and Health Studies (Exercise Science) August, 2009
Miami University Oxford, Ohio

Bachelor of Science: Health and Sports Studies (Dietetics) December, 2007
Miami University Oxford, Ohio

EXPERIENCE:

Assistant Professor, Department of Nutrition and Health Science
Ball State University-Muncie, IN July 2016-Present

Assistant Professor, Department of Family and Consumer Sciences
Ball State University-Muncie, IN January 2016-June 2016

American Heart Association Predoctoral Fellow
University of Illinois-Urbana-Champaign, IL January 2014-December 2015

Teaching Assistant, Department of Kinesiology and Community Health
University of Illinois-Urbana-Champaign, IL January 2013-December 2013

Research Assistant, Renal and Cardiovascular Disease Research Laboratory
University of Illinois-Urbana-Champaign, IL August 2010-December 2013

Visiting Faculty, Department of Kinesiology and Health
Miami University-Oxford, OH August 2009-December 2009

Graduate Assistant, Department of Kinesiology and Health
Miami University-Oxford, OH May 2008-August 2009

GRANTS FUNDED AND PENDING:

2020. American Society of Parenteral and Enteral Nutrition. “The influence of in-center nutrition practices on hemodialysis treatment complications in patients at increased risk of intradialytic hypotension.” Role: Principal Investigator. **Submitted \$19,336.**

2020. National Institute of Health. “A posteriori methods to identify dietary patterns associated with chronic kidney disease progression and outcomes.” Role: Co-Principal Investigator. **Submitted \$74,998.89.**

2019-2020. Department of Nutrition and Health Science. “A pilot study on the effects of beverage temperature on postprandial hemodynamics in patients with advanced chronic kidney disease.” Role: Principal Investigator. **Funded \$500**

2016-2017. College of Applied Science and Technology. “The acute effects of intradialytic nutrition supplementation on markers of intestinal damage during hemodialysis treatment.” Role: Principal Investigator. **Funded: \$2,000**

2014-2015. American Heart Association Predoctoral Fellowship. “Acute effects of intradialytic feeding and exercise on hemodynamics, treatment efficiency, and gastrointestinal symptoms during hemodialysis treatment.” Role: Principal Investigator. **Funded: \$54,000.**
Priority Score: 1.31. Percentile: 2.38%.

2012-2014. Division of Nutritional Sciences 20/20 Vision Grant. “Acute effects of intradialytic protein and exercise on hemodialysis efficiency and hemodynamic response.” Role: Co-Investigator. **Funded: \$20,000.**

2011. American College of Sports Medicine – Doctoral Student KAATSU Research Grant. “KAATSU resistance training, strength, and mobility disability in Multiple Sclerosis.” Role: Principal Investigator. **Funded: \$5,000.**

PUBLICATIONS:

Martin, Z., Shannon, C., **Kistler, BM.**, Nagelkirk, P., Del Pozzi, A. Effect of sex and menstrual cycle on sensory nerve contribution to the initial response of skin blood flow to local heating. *International Journal of Exercise Science*. In press.

Kistler, BM., Khubchandani, J., Wiblishauser, M., Wilund, K., Sosnoff, J. Epidemiology of falls and fall-related injuries in middle-aged patients with kidney disease. *International Urology and Nephrology*. In press.

Biruete, A., Allen, J., **Kistler, BM.**, Jeong, JH., Fitschen, P., Swanson, K., Wilund, K. Gut microbiota and cardiometabolic risk factors in maintenance hemodialysis patients. *Topics in Clinical Nutrition*. 2019 Apr; 34(2); 153-160.

Choi, MS., **Kistler, BM.**, Wiese, G., Stremke, E., Wright, A., Moorthi, R., Moe, S., Hill Gallant, K. Pilot study on the effects of high-protein meals during hemodialysis on hypotensive events in maintenance hemodialysis. *Journal of Renal Nutrition*. 2019 Mar; 29(2); 102-111.

Kistler, BM., Biruete, A., Chapman-Novakofski, K., Wilund, K. The relationship between intradialytic nutrition and gastrointestinal symptoms using a modified version of the gastrointestinal symptom rating scale. *Journal of Renal Nutrition*. 2018 Mar; 28(2); 129-134.

Kistler, BM., Khubchandani, J., Jakubowicz, G., Wilund, K., Sosnoff, J. Falls and fall-related injuries among United States adults aged 65 and older with chronic kidney disease. *Preventing Chronic Disease*. 2018 June; 15, E82.

Kistler, BM., Benner, D., Burrowes, J., Campbell, KL., Fouque, D., Garibotto, G., Kopple, J., Kovesdy, C., Rhee, CM., Steiber, A., Stenvinkel, P., ter Wee, P., Teta, D., Wang, AYM., Kalantar-Zadeh, K. Eating during hemodialysis treatment: A consensus from the International Society of Renal Nutrition and Metabolism. *Journal of Renal Nutrition*. 2018 Jan; 28(1); 4-12.

Benner, DA., Burgess, M., Stasios, MM., Wilund, K., **Kistler, BM.** In-center nutrition practices of clinics within a large hemodialysis provider in the United States. *Clinical Journal of the American Society of Nephrology*. 2016 May; 11(5); 770-775.

Kistler, BM., Wilund, K. Eating during treatment can be a cost-effective way to improve outcomes: A letter to the editor. *Contemporary Nurse*. 2016; 51(2-3); 301-303.

Jeong, JH., Wu, PZ., **Kistler, BM.**, Fitschen, PJ., Biruete, A., Ali, M., Fernhall, B., Wilund, KR. The presence and impact of diastolic dysfunction on physical function and body composition in hemodialysis patients. *Journal of Nephrology*. 2015 Dec; 28(6); 739-747.

Wu, PT, Fitschen, PJ, **Kistler, BM**, Jeong, JH, Chung, HR, Aviram, M, Phillips, S, Fernhall, B, & Wilund, KR. Effect of pomegranate extract supplementation on cardiovascular risk factors and physical function in hemodialysis patients. *Journal of Medicinal Food*. 2015 Sept; 18(9): 941-949.

Tomayko, EJ., **Kistler, BM.**, Fitschen, PJ., Wilund, KR. Intradialytic protein supplementation reduces inflammation and co-morbid disease risk in hemodialysis patients. *Journal of Renal Nutrition*. 2015 May; 25(3): 276-283.

Kistler, BM., Fitschen, PJ., Ikizler TA, Wilund, KR. Rethinking the restriction on nutrition during hemodialysis treatment. *Journal of Renal Nutrition*. 2015 March; 25(2):81-87.

Kistler, BM., Benner, DA., Burgess, M., Stasios, MM., Kalantar-Zadeh, K., Wilund, KR. To eat or not to eat - International experiences with eating during hemodialysis treatment. *Journal of Renal Nutrition*. 2014 Nov; 24(6):349-52.

Kistler BM., Fitschen, PJ, Ranadive, S., Fernhall, B., Wilund, KR. Case study: Natural bodybuilding contest preparation. *International Journal of Sports Nutrition and Exercise Metabolism*. 2014 Dec; 24(6):694-700.

Fitschen, PJ, **Kistler, BM**, Jeong, JH., Chung, HR, WU, PT., Walsh, MJ., Wilund, KR. Perceptual effects and efficacy of intermittent and continuous blood flow restriction training. *Clinical Physiology and Functional Imaging*. 2014 Sep; 34(5):356-63.

Shin, S, Chung, HR, Fitschen, PJ, **Kistler, BM**, Sosnoff, JJ, & Wilund KR. Postural control in hemodialysis patients. *Gait and Posture*. 2014 Feb; 39(2):723-7.

Shin, S, Chung, HR, **Kistler, BM**, Fitschen, PJ, Sosnoff, JJ, & Wilund KR. Effect of muscle strength on gait in hemodialysis patients with and without diabetes. *International Journal of Rehabilitation Research*. 2014 Mar; 37(1):29-33.

Lane, A, Wu, PT, **Kistler, BM**, Fitschen, PJ, Tomayko, EJ, Jeong, JH, Chung, HR, Yan, H, Ranadive, S, Phillips, SM, Fernhall, B & Wilund KR. Arterial stiffness and walk time in patients with end-stage renal disease. *Kidney and Blood Pressure*. 2013; 37(2-3):142-50.

Shin, S, Chung, HR, **Kistler, BM**, Fitschen, PJ, Sosnoff, JJ, & Wilund KR. Walking and talking in maintenance hemodialysis patients. *Archives of Physical Medicine and Rehabilitation*. 2013 Jan; 94(1):127-31.

Woods, JA; Wilund, KR; Martin SA; **Kistler, BM**. Exercise, inflammation, and aging. *Aging and Disease*. 2012 Feb; 3(1):130-40.

Kistler, BM; Walsh, MS; Horn TS; Cox RH. Acute effects of static stretching on sprint performance in the 60 and 100 meter dash. *Journal of Strength and Conditioning Research*. 2010 Sep; 24(9):2280-4.

PUBLISHED ABSTRACTS:

Horton, B., Zhang, M., Khubchandani, J., **Kistler, BM**. (2019). Diabetes management behaviors are associated with reduced fall risk in patients with kidney disease. *J Ren Nutr*. In press.

Williams, M., Silva, E., Carlini, N., **Kistler, BM**, Fleenor, B., Harber, M. (2019) Ambulatory Central Blood Pressure Over 24 Hours Following Intermittent Vs. Continuous Moderate Intensity Exercise. *Med Sci Sports and Exerc*. In press.

Shoukri, M., Burke, T., **Kistler, BM.**, Fleenor, B., Harber, M. (2019). Influence of acute aerobic exercise on 24-hour ambulatory central blood pressure. *Med Sci Sports and Exerc*. In press.

Kistler, BM. Khubchandani, J., Bennett, P., Wilund, K., Sosnoff, J. (2018). Depressive disorders are a risk factor for falls among patients with kidney disease. *J Am Soc Nephrol*. In press.

Jeong, JH., Wu, PT., Biruete, A., **Kistler, BM.**, Fitsehn, P., Chung, HR., Tomayko, E., Fernhall, B., Wilund, KR. (2018) The effect of intradialytic exercise training on cardiac and arterial health in patients undergoing hemodialysis. *Med Sci Sports and Exerc*. 50(5S), 479-480.

Carlini, NA., Steinbeck, AH., Smith, B., **Kistler, BM.**, Fleenor, B., Harber, MP. Acute influence of caffeine on arterial stiffness and central blood pressures following aerobic exercise. (2018) *Med Sci Sports and Exerc*. 50(5S), 145.

Kistler, BM., Khubchandani, J., Jakubowicz, G., Wilund, K., Sosnoff, J. Falls and fall-related injuries in older americans with chronic kidney disease. *J Am Soc Nephrol*. In press.

Biruete, A., **Kistler, BM.**, Allen, J., Bauer, L., Fahey, G., Swanson, K., Wilund, K. Effects of inulin supplementation on mineral metabolism and short-chain fatty acid excretion in hemodialysis patients. *Nephrol, Dial, Transpl*. In Press.

Friesen, C., Yen, A., **Kistler, BM.**, Murr, R., Vukovich, R. Health and nutrition-related characteristics of faculty and staff who received services at the Nutrition Assessment Laboratory: Part of Ball State University's Working Well worksite wellness program. *J Acad Nutr Diet*. In Press.

Kistler, BM., Biruete, A., Chapman-Novakofski, KM., Wilund K. (2017). Dietary intake of hemodialysis patients during treatment at a clinic that allows patients to eat. *Blood Purification*. 43: 254.

Biruete, A., **Kistler, BM.**, Wiens, K., Fitschen, P., Wilund, K. (2017). The relationship between dietary sodium, source, and cardiovascular risk factors in maintenance hemodialysis patients. *Blood Purification*. 43: 258.

Kistler, BM., Biruete, A., Jeong, JH., Fitschen, P., Heffernan, K., Chapman-Novakofski, K., Ikizler, TA., Wilund, K. (2016). Acute Effects of Nutritional Supplementation During Hemodialysis on Hemodynamics and Symptoms. *J Am Soc Nephrol*. 27:267A.

Jeong, J., Wu, P., Biruete, A., **Kistler, BM.**, Fernhall, B., Wilund, K. (2016). Interplay between Arterial Functional and Structural Alterations and Their Contribution to Cardiac Abnormalities in Hemodialysis Patients. *J Am Soc Nephrol*. 27:330A.

Biruete, A., Allen, J., **Kistler, BM.**, Jeong, JH., Fitschen, P., Swanson, K., Wilund, K. (2016). Gut microbiome and clinical risk factors in maintenance hemodialysis patients. *Nephrol, Dial, Transpl*. 31(S1) 205.

Biruete, A., **Kistler, BM.**, Highton, P., Wiens, K., Fitschen, P., Smith, A., Wilund, K. (2015). Differences in eating patterns between maintenance hemodialysis patients in the US and UK. *J Am Soc Nephrol*. 26 (Supp):1019A.

Kistler, BM., Jeong, JH., Wu, PT., Fitschen, PJ., Biruete, A., Fernhall, B., Wilund, KR. Sex differences in the relationship between arterial stiffness and physical fitness in maintenance hemodialysis patients. (2015). *Med Sci Sports and Exerc*. 46(5S), S1:324.

Chung, H., Wu, PT., Fitschen, P., **Kistler, BM.**, Park, H., Jeong, J., Wilund, K., Woods, J., Boppart, M. (2015). The impact of physical activity on statin associated myopathy. *Med Sci Sports and Exerc*. 46(5S), S1:253.

Platta, M., Pilutti, L., **Kistler, BM.**, Stratton, M., Wilund, K., Motl, RW. (2015). Physical fitness is associated with better arterial function in persons with multiple sclerosis. *Med Sci Sports and Exerc*. 46(5S), S1:285.

Fitschen, PJ., **Kistler, BM.**, Jeong, J., Biruete, A., Fernhall, B., Wilund, K. (2015). Association between physical activity levels and co-morbid conditions in hemodialysis patients. *Med Sci Sports and Exerc*. 46(5S), S1:322.

Jeong, J., Fitschen, P., **Kistler, BM.**, Biruete, A., Wu, PT., Chung, H., Fernhall, B., Wilund K. (2015). Relationship between physical function and psychosocial variables in renal failure patients on maintenance hemodialysis treatment. *Med Sci Sports and Exerc*. 46(5S), S1:584.

Kistler, BM., Chapman-Novakofski, KM., Wilund, KR. A scale to measure gastrointestinal symptoms associated with a single hemodialysis treatment: validation and association with dietary intake during treatment. *J Ren Nutr* 25(2): 142.

Kistler, BM., Benner, DA., Burgess, M., Stasios, MM., Kalantar-Zadeh, K., Wilund, KR. (2014). To eat or not to eat - International experiences with eating during hemodialysis treatment. *J Am Soc Nephrol* 25: 684A.

Wilund, KR., Sosnoff, JJ., Park, H., **Kistler, BM.**, Fitschen, PJ. (2014). Objective quantification of fall risk in hemodialysis patients. *J Am Soc Nephrol* 25: 337A.

Jeong, JH., Wu, P., Fitschen, PJ., **Kistler, BM.**, Biruete, A., Park, HW., Ali, MM, Fernhall, B., Wilund, KR. (2014). Arterial and cardiac alterations and their relationships to exercise intolerance in maintenance hemodialysis patients. *J Am Soc Nephrol* 25: 602A.

Kistler, BM., Learmonth, Y., Fitschen, PJ., Ensari, I., Biruete, A., Sandroff, BM., Jeong, JH., Motl, RW., Wilund, KR. (2014). Blood flow restriction training does not increase muscular gains in persons with Multiple Sclerosis. *Med Sci Sports and Exerc.* 46(5S), S1:425.

Jeong, JH, Wu, PT, Fitschen, PJ, **Kistler, BM**, Jeanes, E, Garg, P, Ali, MM, Chung, HR, Fernhall, B, & Wilund, KR. (2013). Impact of diastolic dysfunction on physical function and body composition in hemodialysis patients. *J Am Soc Nephrol* 24: 734A.

Kistler, BM, Fitschen, PJ, Ranadive, S, Fernhall, B, & Wilund, KR. (2013). Physiological changes in natural male bodybuilder during contest preparation: a case study. *Med Sci Sports and Exerc.* 45(5S), S1:550.

Fitschen, PJ, **Kistler, BM**, Jeong, JH, Wu, PT, Walsh, MJ, & Wilund, KR. (2013). Efficacy of intermittent vs. continuous blood flow restriction resistance training. *Med Sci Sports and Exerc.* 45(5S), S1:592.

Wu, PT, Fitschen, PJ, Jeong, JH, **Kistler, BM**, Jeanes, E, Garg, P, Ali, MM, Chung, HR, Fernhall, B, & Wilund, KR. (2013). Effects of pomegranate supplementation on cardiovascular risk and physical function in chronic kidney disease patients. *Med Sci Sports and Exerc.* 45(5S), S1: 500.

Chung, HR, Wu, PT, Fitschen, PJ, **Kistler, BM**, Park, H, Boppart, M, Woods, J, & Wilund, KR. (2013). The impact of hypercholesterolemia and physical activity on statin-associated skeletal muscle myopathy. *Med Sci Sports and Exerc.* 45(5S), S1:654.

Park, H, Shin, S, Chung, HR, **Kistler, BM**, Fitschen, PJ, Fernhall, B, Sonsoff, JJ, & Wilund KR. (2013). Gait in hemodialysis patients: Effect of lower limb strength and diabetes. *Med Sci Sports and Exerc.* 45(5S), S1:188.

Fitschen, PJ, **Kistler BM**, Wu PT, Chung HR, Jeong JH, Phillips S, & Wilund KR. (2012). Effects of intradialytic whey protein supplementation on body composition in non-malnourished hemodialysis patients. *J Am Soc Nephrol* 23: SA-PO543.

Wilund, KR, Shin, S, Chung, HR, **Kistler, BM**, Fitschen, PJ, & Sonsoff, JJ. Contribution of cognitive interference to decrements in walking performance in hemodialysis patients. *Kidn Res Clin Pract.* 31(2), A84.

Kistler, BM, Tomayko, EJ, Wu, PT, Fitschen, PJ, Chung, HR, Jeong, JH, Yudell, B, Jeanes, E, Phillips, SA, Fernhall, B, & Wilund, KR. (2012). Intradialytic protein supplementation reduces inflammation and improves physical function. *Med Sci Sports and Exerc.* S2: 341-2.

Jeong, JH, Wu, PT, Tomayko, EJ, Chung, HR, **Kistler, BM**, Fitschen, PJ, Fernhall, B, & Wilund, KR. (2012). Body composition is associated with arterial stiffness and physical function in chronic kidney disease patients. *Med Sci Sports and Exerc.* S2: 341.

Wu, PT, Tomayko, EJ, Chung, HR, **Kistler, BM**, Jeong, JH, Fitschen, PJ, Fernhall, B, & Wilund, KR. (2012). Arterial stiffness in patients with chronic kidney disease: correlations at different levels of physical function. *Med Sci Sports and Exerc.* S2: 340.

Wilund, K, Fernhall, B, Phillips, S, McAuley, E, Tomayko, E, Yudell, B, Fitschen, PJ, Chung, HR, Jeong, JH, **Kistler, B**, & Jeanes, E. (2012). The intra-hemodialytic protein and exercise (IHOPE) study: rationale and study design. *Med Sci Sports and Exerc.* S2: 892.

Tomayko, E, Yudell, B, Jeanes, E, **Kistler, B**, Fitschen, PJ, Jeong, JH, Wu, PT, Chung, HR, Evans, E & Wilund, K. (2012). Intradialytic protein supplementation improves co-morbid disease risk in hemodialysis patients. *FASEB J.* 26: 387.4.

Tomayko, E, Wu, PT, Chung, HR, Fitschen, PJ, **Kistler, B**, Yudell, B, Phillips, S, & Wilund, K. (2011). Intradialytic protein supplementation attenuates dialysis-associated inflammation and reduces co-morbid disease risk. *J Am Soc Nephrol* 22: SA-OR401.

PEER REVIEWED POSTER PRESENTATIONS:

Kistler, BM, Biruete, A., Fitschen, P.F., Jeong, JH, Chapman-Novakofski, K. & Wilund, KR. (2014). Intradialytic protein supplementation does not reduce blood pressure, treatment efficiency, or increase gastrointestinal symptoms in maintenance hemodialysis patients. *International Society of Renal Nutrition and Metabolism.* Wurzburg, Germany.

Biruete, A., **Kistler, BM.**, Fitschen, PJ., Wiens, K., Wilund, KR. (2014). Foods consumed away from the home are associated with increased arterial wave reflection. *International Society of Renal Nutrition and Metabolism.* Wurzburg, Germany.

Barnes, J., **Kistler, BM**, Wu, PT., Fitschen, PJ., Aviram, M., Wilund, KR. Dietary Vitamin C is associated with antioxidant enzyme activity in maintenance hemodialysis patients. *International Society of Renal Nutrition and Metabolism.* Wurzburg, Germany

Wilund, KR., Wu, PT., **Kistler, BM.**, Fitschen, PJ., Jeong, JH., Aviram, M. Six months of pomegranate extract supplementation does not improve cardiovascular disease risk in maintenance hemodialysis patients. *International Society of Renal Nutrition and Metabolism.* Wurzburg, Germany

ORAL PRESENTATIONS AND INVITED LECTURES:

Kistler, BM. Impact of liquid and dry intradialytic oral supplementation on dialysis patient safety. Symposium on Renal Nutrition. Mexico City, Mexico. June 21, 2019.

Kistler, BM. Nutritional management of CKD-MBD. Educational Symposium at International Society of Nephrology World Congress on Nephrology. Melbourne, Australia. April 14, 2019.

Kistler, BM. Should patients eat during hemodialysis? International Society of Nephrology World Congress on Nephrology. Melbourne, Australia. April 12, 2019.

Kistler, BM. Intradialytic Nutrition: Current Practices. Latin-American Federation of Nutritional Therapy, Clinical Nutrition and Metabolism Congress. Guadalajara, Mexico. September 24, 2018.

Kistler, BM. Controversies in Renal Nutrition: Intradialytic Nutrition. University of Illinois at Urbana-Champaign Seminar Series. February 21, 2018.

Kistler, BM. A consensus on eating during hemodialysis treatment. Miami University Research Seminar. November 17, 2017.

Kistler BM. Controversies in renal nutrition: should hemodialysis patients be allowed to eat during treatment? Indiana Council on Renal Nutrition. April 7, 2017.

Kistler, BM. Dietary intake of hemodialysis patients during treatment at a clinic that allows patients to bring food. International Conference on Dialysis. Las Vegas, NV. February 2, 2017.

Kistler, BM. Measurement of arterial structure and function. Lectured to graduate students in Kinesiology 594 class at The University of Illinois at Urbana-Champaign. September 30, 2013.

Kistler, BM. Cardiovascular adaptations to acute and chronic exercise. Lectured to senior undergraduate students in Kinesiology 352. University of Illinois at Urbana-Champaign. September 30, 2013.

Kistler, BM. Cardiovascular adaptations to acute and chronic exercise. Lectured to senior undergraduate students in Kinesiology 352. University of Illinois at Urbana-Champaign. April 29, 2013.

Kistler, BM. Physiological changes in natural male bodybuilder during contest preparation: a case study. Midwest Chapter of the American College of Sports Medicine. Maumee, Ohio November 3, 2012.

Kistler, BM. KAATSU resistance training, strength, and mobility disability in multiple sclerosis. ACSM National Conference. Denver, Colorado June 1, 2011.

Kistler, BM. The cardiopulmonary diet and the hospital patient. Northwest Indiana Foodservice Directors Meeting, Columbia City, Indiana. April 14, 2010.

BOOK CHAPTERS:

Birute, A. & Kistler, BM. Hypertension. In: L.D. Byham-Gray et al. (eds.), *Nutrition in Kidney Disease, Third Edition*, Nutrition and Health, DOI 10.1007/978-1-62703-685-6_11, © Springer Science+Business Media New York 2020

CHAIR, GRADUATE STUDENT THESIS:

In-Progress

Bradley Horton

Completed

Mickala Ritter (2019)

Kaitlin Wiley (2019)

Gina Jakuowicz (2017)

COMMITTEE MEMBER, GRADUATE STUDENT THESIS:

Completed

Nicholas Carlini (2019)

Emily Rabalais (2019)

Elizabeth Martin (2019)

Zachary Martin (2018)

Thomas Burke (2018)

Erika Ivey (2018)

Mike Melton (2017)

Allison Steinbeck (2017)

Rebekah Vukovich (2017)

SERVICE:

Editorial Board:

Journal of Renal Nutrition

Ad-hoc Peer Reviewer:

Journal of Cachexia, Sarcopenia, and Muscle; Journal of Renal Nutrition; BMC; International Journal of Sports Physiology and Performance; International Journal of Sports Medicine; Sports; Research in Sports Medicine; Journal of Medicinal Food; Nutrients; Applied Physiology, Nutrition, and Metabolism; Revista de Investigación Clínica, Renal Nutrition Forum

Chair-elect, Dietitians Council, International Society of Renal Nutrition and Metabolism

Publication Review Committee, Abstract Review Committee

August 2017 – 2018

American Society of Parenteral and Enteral Nutrition (ASPEN)

Co-editor, Renal Nutrition Forum

June 2017-Present

Academy of Nutrition and Dietetics

Dietetic Internship Steering Committee Ball State University	January 2016-Present
Education Policy Committee University of Illinois at Urbana-Champaign Department of Kinesiology and Community Health	August 2011-August 2012
Mentor, Research Apprenticeship Program University of Illinois-Urbana-Champaign, IL	June 2011-August 2013
Mentor, James Scholar Program University of Illinois-Urbana-Champaign, IL	August 2013-December 2013
Representative, Graduate Student Association Miami University, Oxford, OH	August 2008-August 2009

HONORS AND AWARDS:

Indiana Academy of Nutrition and Dietetics – Outstanding Educator (2019)

Department of Nutrition and Health Science Outstanding Tenure-Line Faculty (2019)

Abstract of Distinction – International Conference on Dialysis (2017)

- Abstract chosen as one of the top three at conference

Laura Huester Award – University of Illinois (2015)

- Awarded annually by the College of Applied Health Sciences at the University of Illinois to a graduate student for outstanding scholarship

American Heart Association Predoctoral Fellowship (2014-2015)

- Awarded to students based on grant application to fund student and project for two years.
Priority Score 1.31. Percentile Rank 2.38%.

Midwest American College of Sports Medicine Graduate Student Scholar of the Year (2013)

- Awarded annually based on scholarship to the most outstanding graduate student member

University of Illinois teacher ranked as “Excellent” (2013)

- Awarded to teachers based on student reviews of teaching

Benjamin H. Massey Memorial Award - University of Illinois (2013)

- Awarded annually by the College of Applied Health Sciences at the University of Illinois to a graduate student who demonstrates outstanding scholarship

T. K. Cureton Physical Fitness Research Award – University of Illinois (2012)

- Awarded annually by the College of Applied Health Sciences at the University of Illinois to a student who demonstrates outstanding research in physical activity or performance.

Phi Kappa Phi National Honor Society

- **University of Illinois (2010)**
- **Miami University (2009)**
- Membership can be gained by students with a GPA in the top 5%

PROFESSIONAL MEMBERSHIPS:

Academy of Nutrition and Dietetics

Indiana Academy of Nutrition and Dietetics

Dietetic Practice Group Renal Dietitians

National Kidney Foundation

International Society of Renal Nutrition and Metabolism

American Society of Parenteral and Enteral Nutrition