Lisa J. Beck
Ball State University

EDUCATION

2009 **Wellness Coach**, Wellcoaches, Wellesley, MA
2000 **Master of Education**, Curriculum, Instruction, and Assessment, Regent University, Virginia Beach, VA
1997 **Bachelor of Science**, Secondary Health Education, Ball State University, Muncie, IN

CERTIFICATIONS and LICENSES

2014-PRESENT **Certified Health Education Specialist** (#23525), National Commission for Health Education Credentialing
2014-PRESENT **Collaborative Institutional Training Initiative**, Social and Behavioral Refresher, and RCR for Social, Behavioral, and Educational Researchers
2012-PRESENT **Basic CPR and First Aid**, American Red Cross
2004-PRESENT **Basic Life Support Instructor**, American Heart Association
2004-PRESENT **SafeSitter® Instructor,** SafeSitter, Inc
1997-2006 **Virginia Teaching License**: Grades 5-12 Health Education; K-12 Physical Education; expired
1997-2002 **Indiana Teaching License**: Grades 5-12 Health Education and Physical Education; renewable

PROFESSIONAL EXPERIENCES

2012-PRESENT **Associate Lecturer**, Dept. of Nutrition and Health Science, Ball State University, Muncie, IN
Create and facilitate rigorous, creative, and pedagolocially sound lessons for a variety of Health Science online, hybrid, and on campus courses to undergraduate students. Develop technologically innovative courses on Blackboard. Mentor and advise students to develop exceptional study habits and to identify career and coursework plans. Support university strategic plan and department goals. Conduct original and collaborative research. Serve on department and university committees.

2012- PRESENT **President** and **CEO**, Vanguard Wellness, Inc., Bluffton, IN
Founded this corporate wellness consulting company because of my passion for health education. Oversee complete operation. Establish and maintain relationships with regional employers and clients. Utilize best practices to develop, conduct, and evaluate a wide variety of medically accurate and innovative health education programs and screenings. Consult with companies on initiatives and policy changes. Present to community groups.

2017-2018 **Curriculum Coordinator**, McMillen Health, Fort Wayne, IN
Authored a comprehensive smoking curriculum for Indiana State Department of Health including: 15 activity based lessons for preschool children, 12 lessons for parents with handouts, and 6 educational videos.

2004-2012 **Community Outreach Coordinator**, Bluffton Regional Medical Center, Bluffton, IN
Developed, coordinated, conducted, and evaluated over 200 community/worksite programs annually. Established relationships with community entities. Liaison between community groups and the hospital. Initiated and oversaw all operations of 2 on-site employee health clinics. Worked with TPAs to customize wellness initiatives. Chaired large community initiatives including Girls' Night Out and the Healthcare aspect of the United Way Campaign.

1997-2004 **Family Life Educator**, Hampton City Schools, Hampton, VA
Taught student-centered engaging family life education lessons in accordance with division and state guidelines to students in grades 6-8 and 11-12. Revised division's K-12 family life curriculum and aligned 8 other divisions' curricula with state standards and national health education standards. Authored instructional materials. Coached high school swimming 1997-2002.

2001-2004 **Trainer**, Virginia Department of Education, Richmond, VA
Conducted professional development sessions in divisions across Virginia to prepare them to teach effective and appropriate family life lessons in accordance with their division and state regulations.

1990-2004 **Water Safety Instructor**, various aquatic facilities, Decatur, IN and Hampton, VA
Supervised multi-person, multi-shift staff and daily operations of aquatic facilities. Coordinated lesson schedule and authored instructional materials still being used to this day. Evaluated swimming and fitness skills. Coached age-group, middle school, and high school swimming and diving teams. Performed essential lifeguard functions including aquatic rescues, first aid, and CPR.

FELLOWSHIPS

Northeast Indiana Area Health Education Center (NEIN-AHEC), Ball State University, Spring 2014

CLASSROOM TEACHING EXPERIENCE

Hampton City Schools, Hampton, VA

Middle School (grades 6-8):

Family Life Education; 3 week unit delivered to classes of approximately 30 students; Sprately MS, Lindsay MS, and Eaton MS

High School (grades 11-12):

2-day family life education workshop presented to groups of approximately 150 students; Hampton HS and Phoebus HS

Special Education (lessons adapted accommodate student IEPs):

Self-Contained EMR students; 2 week family life unit delivered to class of 15 students; Lindsay MS

Self-Contained TMR students; 1 week family life unit delivered to class of 8 students; Eaton MS

Department of Nutrition and Health Science, Ball State University, Muncie, IN

Internship Supervision:

Health Science 479	Health Science Internship

On-campus courses:

Health Science 462	Health Promotion in the Worksite
Health Science 363	Coordinated School Health Programs in Secondary Education
Health Science 350	Coordinated School Health Programs in Elementary Education
Health Science 180	Principles of Community Health
Health Science 160	Fundamentals of Human Health (140-170 students; lecture hall)

Hybrid/Blended courses:

Health Science 350	Coordinated School Health Programs in Elementary Education

Online courses:

Health Science 261	Health, Sexuality, and Family Life
Health Science 180	Principles of Community Health
Health Science 160	Fundamentals of Human Health

Course Development & Design:

Health Science 350 Hybrid	Coordinated School Health Programs in Elementary Education
Health Science 350 Immersive Learning	Coordinated School Health Programs in Elementary Education
Health Science 350 Interactive Learning	Coordinated School Health Programs in Elementary Education
Health Science 180 Online	Principles of Community Health
Health Science 160 Online	Fundamentals of Human Health

ANCILLARY TEXTBOOK MATERIAL DEVELOPMENT

Beck, L. (2014). Learning Catalytic Questions. Pearson. Mastering Health.

Seabury, H., Beck, L., McMillen Health, & ISDH (2018). The Breathe Easy curriculum for preschool children and families [Kit}. Fort Wayne, IN: McMillen Health.

TEXTBOOK REVIEW

Pearson Intro Health Book “My Health” – reviewed 3 chapters (mental health, sleep, stress) providing editing suggestions for upcoming next edition.

SCHOLARY RESEARCH

Conference presentations

Edmonds, E. & Beck, L. (2016) Physical Activity Levels as a Result of Social Presence within Two Different Course Delivery Methods. 67th Society for Public Health Education Annual Conference, Charlotte, NC.

Seabert, D., Khubchandani, J., & **Beck, L.** (2014). Analysis of state laws on education for adolescent dating violence prevention. 65th American School Health Association Annual Conference, Portland, OR.

PROFESSIONAL PRESENTATIONS

"Stop the Stress", First Bank of Berne Company Meeting (2018), Bluffton, IN

"21st Centruy Public Health Problems" (2017), Discovery Group, Ball State University, Muncie, IN

"Current Issues in School Health", Health Science 180 (2017, 2016, 2015, 2014, 2013, 2012), Ball State University, Muncie, IN

"Professionalize Yourself: CHES", Health Science 300 (2018, 2017, 2016, 2015), Ball State University, Muncie, IN

"Blending the Learning Environment to Maximize Student Engagement and Performance", Technologies for Innovations iLearn Conference (2014), Ball State University, Muncie, IN.

"Wellness and the Affordable Care Act", Adams-Wells Human Resource Group (2014), Bluffton, IN.

"Beyond HRAs", Adams-Wells Human Resource Group (2013), Bluffton, IN.

"Why Wellness Works", Adams-Wells Human Resource Group (2012), Bluffton, IN.

MEMBERSHIPS & LEADERSHIP

2015-PRESENTNational Commission for Health Education Credentialing, **Ambassador**

2014-PRESENTSociety for Public Health Education; **member**

2014-PRESENTIndiana Society for Public Health Education; **member**

Co-President Elect (2015)

Co-President (2016)

Co-President (2017)

2015-2017 American Public Health Association; **member**

2013-2017 Association for Supervision and Curriculum Development; **member**

2012-2016 American School Health Association; **member**

2012-Present Wells County Health Advisory Panel; **member**

PROFESSIONAL DEVELOPMENT

State and National Conferences

2018 **Participant**, Teaching Professor Conference, Atlanta, GA

2016 **Coordinator**, Indiana Public Health Week Conference, Indianapolis, IN

2016 **Participant**, Indiana Society of Public Health Education Fall Conference, Indianapolis, IN

2016 **Presenter**, Society for Public Health Association Annual Conference, Charlotte, NC

2016 **Participant**, US Healthiest HealthLeads Forum at CDC, Atlanta, GA

2015 **Participant**, Society for Public Health Association Annual Conference, Portland, OR

2015 **Coordinator,** Indiana Society of Public Health Education Fall Conference, Muncie, IN
2015 **Participant**, American Public Health Association Annual Conference, Chicago, IL
2014 **Participant**, Association for Supervision and Curriculum Development Teaching Excellence Conference, Grapevine, TX
2014 **Participant**, Association for Supervision and Curriculum Development Annual Conference, Los Angeles, CA (attended via Livestream)
2012 **Participant**, Indiana Society for Public Health Education, Annual Fall Conference, Muncie, IN
2012 **Participant**, American School Health Association Annual Conference, San Antonio, TX
2003 **Presenter**, **Participant**, Health2You Annual Meeting, Longwood College, Farmville, VA

Professional Meetings
NCHEC Advisory Summit (2016), Charlotte, NC
InSOPHE Annual Strategic Planning Retreat (2015-2018), Muncie, IN
InSOPHE Annual Business Meeting (2012, 2015-2018), Muncie, IN
InSOPHE Board Meetings (monthly 2015-2017), Muncie, IN

Courses and Seminars
"Interactive Learning Space Seminar" (2017), Ball State University, Muncie, IN
"Diversity Seminar" (2015), Ball State University, Muncie, IN
"Inclusive Pedagogy" (2015), Ball State University, Muncie, IN
"Essentials to Online Teaching" (2015), Ball State University, Muncie, IN
"Teaching Online Certification Course" (2015), Ball State University, Muncie, IN
"Blackboard Certification Course" (2015), Ball State University, Muncie, IN
"Scholarship of Teaching and Learning: Intro" (2014), Ball State University, Muncie, IN
"Applying the QM Rubric" (2014), Online
"Formative Evaluation to Assess First Year Students" (2012), Ball State University, Muncie, IN

Webinars and Workshops
"Interactive Learning Space Technology Training" (2017), Ball State University, Muncie, IN
"Teachers Role in Preventing HPV" (2017), ASHA, webinar
"Supporting Grieving Students" (2017), ASHA, webinar
"Transitioning into Active" (2017), ASHA, webinar
"Building an Authentic Learning Environment for your Students" (2017), CaseSteele, webinar
"INsights & INnovations: Community Reporting" (2017), ISDH, webinar
"Walking the Walk" (2017), Walk America, webinar
"INsights & INnovations: Creating Opportunities to Achieve Optimal Health" (2017), ISDH, webinar
"Walk with a Doc" (2017), Walk America, webinar
"SuperFit School Challenge" (2017), Action for Healthy Kids, webinar
"Comprehensive Physical Activity" (2017), Action for Healthy Kids, webinar
"INsights & INnovations: Improving Population Health, Wellbeing, & Equity" (2016), ISDH, webinar
"INsights & INnovations: Strengthening Integrity of Health Services and Systems part 3" (2016), ISDH, webinar
"INsights & INnovations: Strengthening Integrity of Health Services and Systems part 2" (2016), ISDH, webinar

"INsights & INnovations: Strengthening Integrity of Health Services and Systems part 1" (2016), ISDH, webinar
"INsights & INnovations: Creating Healthier, More Equitable Communities Part 2" (2016), ISDH, webinar
"INsights & INnovations: Creating Healthier, More Equitable Communities Part 1" (2016), ISDH, webinar
"INsights & INnovations: Fostering a Cross Section Collaboration to Improve Wellbeing Part 2" (2016), ISDH, webinar
"INsights & INnovations: Fostering a Cross Section Collaboration to Improve Wellbeing Part 1" (2016), ISDH, webinar
"INsights & INnovations: Culture of Health Action Framework" (2016), ISDH, webinar
"INsights & INnovations: Domain 12: Maintaining Capacity to Engage Public Health Governing Entity" (2016), ISDH, webinar
"INsights & INnovations: Public Health Legislative Wrap UP" (2016), ISDH, webinar
"INsights & INnovations: Domain 11: Maintaining Administrative and Management Capacity" (2016), ISDH, webinar
"INsights & INnovations: Public Health Legislative Update" (2016), ISDH, webinar
"INsights & INnovations: Domain 10: Contributing to and Applying the Evaluation Base of Public Helath" (2016), ISDH, webinar
"Box.com" (2016), Ball State University, Muncie, IN
"Digital Measures Training" (2016), Ball State University, Muncie, IN
"Head Lice: Heading Off an Ancient Adversary" (2015), ASHA, webinar
"Bullying Prevention and Suicide Prevention for Schools" (2015), ASHA, webinar
"INsights & INnovations: Public Health Law" (2015), ISDH, webinar
"INsights & INnovations: Engage with the Community to Inform & Educate about Public Health Issues" (2015), ISDH, webinar
"INsights & INnovations: Health Problems, an Environmental Health Hazard" (2015), ISDH, webinar
"INsights & INnovation: Community Health Needs Assessment" (2015), ISDH, webinar
"Eliminate Campus Sexual Violence" (2015), Ball State University, Muncie, IN
"Blackboard Basics", Ball State University, Muncie IN
    "Early Warning System in Blackboard" (2012)
    "Blackboard Collaborate" (2012)
    "Using EZ Tests with Blackboard" (2012)
    "Blackboard at BSU" (2012)
    "Submitting Grades to Registrar using Blackboard" (2012)
"Beyond Blackboard Basics", Ball State University, Muncie, IN
    "Enhancing Engagement" (2015)
    "New Tools in Bb" (2015)
    "Instant Messaging for Office Hours" (2013)
    "Submitting Mid-Term Grades" (2013)
    "Using Rubrics in Bb" (2013)
    "Grading Center Tips" (2013)
    "Inline Grading" (2013)
    "Submitting Final Grades" (2013)
"Managing Media with MyMediasite" (2013-2014), Ball State University, Muncie, IN

“Collaborating with Google Docs” (2014), Ball State University, Muncie, IN
“Using iClickers” series (2012-2014), Ball State University, Muncie, IN
“Digital Learning 3 part series” (2014), ASCD, webinars
“Flipped Classroom 2 part series” (2013-2014), ASCD, webinars
“Hanging in with Challenging Students” (2014), ASCD, webinar
“Engaging Minds in the Classroom” (2014), ASCD, webinar
“Training Tools for Healthy Schools” (2014), ASHA, webinar
“Making a Case for Healthy Schools” (2014), Action for Healthy Kids, webinar
“Preparing for the CHES exam” (2014), SOPHE, webinar5
“Using Google Apps” (2013), Ball State University, Muncie, IN
“Prezi Collaboration Tool” (2013), Ball State University, Muncie, IN
“iLearn Mini Conference: Learning Technologies for Innovation” (2013), Ball State University, Muncie, IN
“Let’s Level the Playing Field: Differentiating Activities to Engage all Students” (2013), unknown, webinar
“School Health Assessments: A Roadmap to Improving Your School’s Health Policies & Practices” (2013), CDC, webinar
“Sensible Steps to Healthier School Environments Webinar Series” (2013), AFHG, webinar
“Coordinated School Health: Start Your Engine with a Healthy School Report Card”(2013), ASHA, webinar
“Quality Counts: Involving Students in School Climate” (2013), ASHA, webinar
“Orientation to Online Course Design & Delivery” (2013), Ball State University, Muncie, IN
“Creating an Effective Online Syllabus” (2013), Ball State University, Muncie, IN
“Quality Matters at Ball State University” (2013), Ball State University, Muncie, IN
“Adopting a Blended Learning Strategy” (2013), ASCD, webinar
“Multimedia Alternatives for Online courses: An Instructional Design Approach” (2013) Ball State University, Muncie, IN
“iClicker 2: Special Features” (2013), Ball State University, Muncie, IN
“Next Steps with Pearson’s My Health Lab” (2012), Pearson, webinar
“Mediasite Introduction” (2012), Ball State University, Muncie, IN
“Communication Styles & The Platinum Rule” (2012), Learning & Development, Ball State University, Muncie, IN
“Professionalism” (2012), Learning & Development, Ball State University, Muncie, IN
“Midterm Feedback Service Introduction” (2012), Ball State University, Muncie, IN
“Who’s Leading the Leading Health Indicators” (2012), CDC, webinar
“Alpha Brown Bag-6 part series” (2012-2013), Ball State University, Muncie, IN
“My Health Lab Set Up & Troubleshooting” (2012), Pearson, Muncie, IN
“Introduction to My Health Lab” (2012), Pearson, Muncie, IN
“iClicker: Uploading Roster & Syncing with Blackboard” (2012) Ball State University, Muncie, IN
“iClicker Set Up & Practical Applications” (2012) Ball State University, Muncie, IN
“Introduction to Lydia.com” (2012), Ball State University, Muncie, IN
“Introduction to iClicker” (2012), Ball State University, Muncie, IN

Other Training

Annual Safety Training (2015, 2016, 2017, 2018), Ball State University Recreation, Muncie, IN

"General Orientation" (2012), Ball State University, Muncie, IN
"Preparing to Teach at Ball State" (2012), Ball State University, Muncie, IN

SERVICE TO THE ACADEMIC COMMUNITY

Department of Health Science, Ball State University:

2017-Present	**Member**, Department Chair Search Committee
2017	**Team Captain**, Working Well Walking Challenge
2016-Present	**Member** , Contract Faculty Merit Salary Policy Creation Workgroup
2015-2016	New Faculty Mentor (Emmanual Ottiam)
2012-2016	Wellness/Celebrations Committee
	2012-2016 **Member**
	2014-2015 **Chair**
2016	**Member**, Steering Committee for Department Retreat
2014	**Juror**, **Reviewer**, Assessment Committee
2012-2014	**Member**, Wellness Committee
2012-2015	**Member**, Policies and Procedures Committee
2012-2016	**Member**, McGovern Committee

OTHER

Web Skills: Instructional design with QM Standards • Web Conferencing (gotomeeting, skype, WebEx) • Qualtrics • Twitter • Blackboard • Canvas •MyMediasite • McGraw-Hill Connect • Pearson MyHealth Mastering • Vocaroo • Google Drive

Languages: American Sign Language (fluent) • Spanish & French (some experience)

Volunteer: Bluffton Parks and Recreation Department (lead 16 week walk-to-run program; starter for children's & adults' tri-athlons) • Wells County Health Fair (patient education)

Honors: Excellent in Teaching Award Nominee (2017) • Gold Level Passport to Health Recipient 2015 • NE IN Runner of the Month 5/12 • Associate of the Month 12/10 (Bluffton Regional Medical Center) • Associate of the Year Nominee 2011 (Bluffton Regional Medical Center)• Teacher of the Year 2003 (Middle School Family Life Educator)