

| CLASS | FALL SEMESTER | | | | SPRING SEMESTER | | | |
|---------------------|---------------|--|------|--------------------------|---|--|------|--------------------------|
| FRESHMAN | HSC 160 | Fundamentals of Human Health ¹ | 3 CR | <input type="checkbox"/> | HSC 200 | Intro to Public Health Profession | 3 CR | <input type="checkbox"/> |
| | HSC 180 | Principles of Public Health ² | 3 CR | <input type="checkbox"/> | ENG 104 | Composing Research ⁴ | 3 CR | <input type="checkbox"/> |
| | ENG 103 | Rhetoric & Writing ⁴ | 3 CR | <input type="checkbox"/> | COMM210 | Fund. of Public Comm ⁴ | 3 CR | <input type="checkbox"/> |
| | MATH 125 | Quantitative Reasoning ⁴ | 3 CR | <input type="checkbox"/> | HIST 150 | The West in the World ⁴ | 3 CR | <input type="checkbox"/> |
| | UCC T1FA | Tier 1 Fine Arts | 3 CR | <input type="checkbox"/> | UCC T1SS | Tier 1 Social Science | 3 CR | <input type="checkbox"/> |
| | FIN 101 | Personal Finance ⁴ | 1 CR | <input type="checkbox"/> | UCC PFW | Physical Fitness & Wellness ⁴ | 2 CR | <input type="checkbox"/> |
| Term CR | | | 16CR | | | | 17CR | |
| | | | | | | | | |
| SOPH | ANAT 201 | Fundamentals of Human Anatomy | 3 CR | <input type="checkbox"/> | HSC 210 | Health Behavior Theories | 3 CR | <input type="checkbox"/> |
| | HSC 220 | Population, Race, Cult Public Health | 3 CR | <input type="checkbox"/> | HSC 310 | Healthcare Systems | 3 CR | <input type="checkbox"/> |
| | UCC T1 HU | Tier 1 Humanities | 3 CR | <input type="checkbox"/> | PHYS 205/ PHYS 215 | Fundamentals of Human Physiology OR Human Physiology (5 cr) | 3 CR | <input type="checkbox"/> |
| | UCC T2 FDH | Tier 2 Fine Arts/Design/Hum | 3 CR | <input type="checkbox"/> | NUTR 275/ NUTR 340 | Personal Nutrition OR Prin of Human Nutrition (CHEM 100, 101, or 111) | 3 CR | <input type="checkbox"/> |
| | | Directed Elective* | 3 CR | <input type="checkbox"/> | | Directed Elective* | 3 CR | <input type="checkbox"/> |
| Term CR | | | 15CR | | 17 CR if take PHYS 215 | | 15CR | |
| | | | | | | | | |
| JUNIOR | HSC 301 | Program Planning in Public Health 1 (HSC 200) | 3 CR | <input type="checkbox"/> | HSC 302 | Program Planning in Public Health 2 (HSC 200, 301) | 3 CR | <input type="checkbox"/> |
| | HSC 344 | Disease Prevention & Management in Public Health (PHYS 205) | 3 CR | <input type="checkbox"/> | HSC 330 | Legislative Policy, Advocacy in Public Health | 3 CR | <input type="checkbox"/> |
| | HSC 382 | Fundamentals of Biostatistics (MATH 108 or 110+) | 3 CR | <input type="checkbox"/> | HSC 383 | Introduction to Epidemiology | 3 CR | <input type="checkbox"/> |
| | HSC 482 | Environmental Health | 3 CR | <input type="checkbox"/> | HSC 388 | Organiz. & Admin in Public Health | 3 CR | <input type="checkbox"/> |
| | | Directed Elective* | 3 CR | <input type="checkbox"/> | | Any Elective | 3 CR | <input type="checkbox"/> |
| | | Any Elective | 3 CR | <input type="checkbox"/> | | | | |
| Term CR | | | 18CR | | | | 15CR | |
| | | | | | | | | |
| SENIOR | HSC 487 | Appl. Research, Writing, Evaluation in Public Health ³ (387 or 382 & 383, Sr. Status) | 3 CR | <input type="checkbox"/> | HSC 479 ³ | Internship: Must have minimum cumul. 2.5 GPA in HSC 200, 210, 301, 302, 310, 344, 387, 388, 487, 494 | 6 CR | <input type="checkbox"/> |
| | HSC 494 | Health Comm. (200, 210, 301, 302) | 3 CR | <input type="checkbox"/> | An internship is a senior capstone course. It should be the last course taken; however, a remaining elective course may be taken that semester. It is undertaken with an approved health agency or educational institution. This professional experience is overseen by a university supervisor and an agency supervisor for a period of time commensurate with academic credit. | | | |
| | HSC 495 | Professional Preparation in Public Health (200,210, 301, 302) | 3 CR | <input type="checkbox"/> | | | | |
| | | Directed* OR Any Elective | 3 CR | <input type="checkbox"/> | | | | |
| | | Any Electives, 2 | 6 CR | <input type="checkbox"/> | | | | |
| Term CR | | | 18CR | | | | 6CR | |
| Grand Total: 120 CR | | | | | | | | |

¹ UCC Tier 1 domain: natural sciences ² UCC Tier 2 domain: natural sciences/social sciences ³ UCC Tier 3 Course/Experience and Writing ⁴ UCC Foundation Reqts, written communications (2 classes), oral communication, mathematics, history, physical fitness and wellness. (UCC: University Core Curriculum) Prerequisites are listed in parenthesis after the course title.

Directed Electives – Take 9 credits from the list below¹

| | | | | | | | |
|----------------------|------------------------------|----------|----------------------------|----------|--------------------------|----------|---------------------------|
| HSC 261 ² | Health, sexuality, fam life | HSC 401 | Public Health Surveillance | EDPS 270 | Human dev lifespan | SOC 320 | Social inequality |
| HSC 285 | Global health | HSC 402 | Reg Model Pub Hlth App | EDPS 351 | Adolescent psychology | BIO 113 | Microbiol health sci, 5cr |
| HSC 283 | Patterns of Health & Disease | HSC 403 | Public Health Informatics | EDPS 355 | Adult psychology | EMHS 350 | Emer mng haz |
| HSC 350 | Elementary school health | NUTR 200 | Mindful eating | COMM 320 | Persuasion | EMHS 351 | Intro em mgmt |
| HSC 365 | Health & aging | NUTR 360 | Cardio met nutrition | COMM 335 | Communic & health | GERO 440 | Women & aging |
| HSC 367 ² | Drug depend & abuse | NUTR 448 | Weight management | PSYS 301 | Health psychology | MKG 375 | Social media |
| HSC 368 | Consumer health issues | PHIL 235 | Bioethics | PSYS 324 | Psychology of women | NUR 228 | Intro to nursing |
| HSC 371 | Death & dying | EXSC 302 | Activity thru lifespan | SOC 328 | Global & social world | NUR 230 | Health appr lifespan, 4cr |
| HSC 372 | Women & health | HOSP 395 | Food and culture | SOC 341 | Sociol, health & illness | WWIN 201 | Worker wellbeing |
| HSC 381 | Stress management | WGS 220 | Internatl women's issues | SOC 434 | Human sexuality | | |

Courses are 3 credits each except where noted.

Effective Fall 2025 v2 072925

STUDENT CHECKSHEET **BS PUBLIC HEALTH**



**BALL STATE
UNIVERSITY**

College of Health

Department of Nutrition and Health Science

STUDENT CHECK SHEET BACHELOR OF SCIENCE: PUBLIC HEALTH

Use this check sheet, along with your DegreeWorks student report and course catalog to help you keep track of “where you are” in the major.

ABOUT THE MAJOR

This program prepares students for entry-level jobs as public health professionals. Public health professionals promote and protect the health of people and the communities where they live, learn, work and play. There is an emphasis on learning about prevention, how to prevent people from getting sick or injured in the first place. Public health professionals also promote wellness by encouraging healthy behaviors.

PUBLIC HEALTH MAJOR 75-77 HOURS*

In addition to the twenty-one courses that all public health majors must take, each student must select 2-3 additional courses in directed electives that will enrich knowledge and/or skills in a particular specialty. A minor is recommended for this program. Minors often selected include workplace wellness, Spanish, interpersonal relations, counseling, communication studies, management, or sociology.

PROGRAM ACCREDITATION

The Bachelor of Science in Public Health is accredited by the Council on Education for Public Health. This program in public health prepares students to become Certified Health Education Specialists (C.H.E.S.).

PROFESSIONAL ORGANIZATIONS FOR PUBLIC HEALTH

National Commission for Health Education Credentialing - www.nchec.org

Society for Public Health Education (SOPHE) - www.sophe.org

American Public Health Association - www.apha.org

Indiana SOPHE - www.insophe.org

Indiana Public Health Association - www.inpha.org

CAREER OPPORTUNITIES FOR PUBLIC HEALTH MAJORS

Successful completion of the program can prepare graduates for jobs in public health. The primary career settings in which most students are placed include government health agencies, health care facilities (e.g., hospitals, clinics, nursing homes), health insurance agencies (e.g., HMO/managed care), nonprofit health organizations and business/industry worksites.

CONTACT US

Office of Admissions

Ball State University
800-482-4BSU
765-285-8300
TDD: 765-285-2205

[https://www.bsu.edu/
admissions](https://www.bsu.edu/admissions)

Public Health Program Director:

Tya Arthur, PhD, MPH
765-285-8351
tarthur@bsu.edu

Upper Division Advisor

Ciara Boyes
765-285-8686
Carichardso2@bsu.edu

Department:

Nutrition and Health Science

Ball State University
1615 W. Riverside Ave HB 530
Muncie, IN 47306
Ph: 765-285-5961
Fx: 765-285-3210

