

CLASS	FALL SEMESTER				SPRING SEMESTER			
FRESHMAN	HSC 160	Fundamentals of Human Health ¹	3 CR	<input type="checkbox"/>	HSC 200	Intro to Public Health Profession	3 CR	<input type="checkbox"/>
	HSC 180	Principles of Public Health ²	3 CR	<input type="checkbox"/>	HSC 208/ ENG 208	Research-Based Writing for Health Sciences and the Healthcare Professions ⁵ OR Composing Research (ENG 103) ⁵	3 CR	<input type="checkbox"/>
	ENG 103	Rhetoric and Writing ³	3 CR	<input type="checkbox"/>	COMM 210	Fundamentals of Public Comm ⁶	3 CR	<input type="checkbox"/>
	MATH 125	Quantitative Reasoning ⁴	3 CR	<input type="checkbox"/>	UCC WOK	UCC Ways of Knowing: Humanistic and Artistic/Design ⁷	3 CR	<input type="checkbox"/>
	COH 101	Launchpad: Career Exploration	2 CR	<input type="checkbox"/>	UCC BEN	UCC Beneficence Theme ⁸	3 CR	<input type="checkbox"/>
Term CR			14 CR				15 CR	
SOPHOMORE	ANAT 201	Fundamentals of Human Anatomy	3 CR	<input type="checkbox"/>	HSC 210	Health Behavior Theories	3 CR	<input type="checkbox"/>
	HSC 220	Population, Race, Cult in Public Health	3 CR	<input type="checkbox"/>	HSC 310	Healthcare Systems	3 CR	<input type="checkbox"/>
	NUTR 275/ NUTR 340	Personal Nutrition ¹ OR Prin of Human Nutrition (CHEM 100, 101, or 111)	3 CR	<input type="checkbox"/>	PHYS 205/ PHYS 215	Fundamentals of Human Physiology OR Human Physiology (5 CR)	3 CR	<input type="checkbox"/>
	UCC BEN	UCC Beneficence Theme ⁸	3 CR	<input type="checkbox"/>	UCC BEN	UCC Beneficence Theme ⁸	3 CR	<input type="checkbox"/>
	XXX	Directed Elective*	3 CR	<input type="checkbox"/>	XXX	Directed Elective*	3 CR	<input type="checkbox"/>
	XXX	Any Elective	3 CR	<input type="checkbox"/>	COH 201	Altitude Check: Career Readiness	1 CR	<input type="checkbox"/>
Term CR			18 CR			18 CR if take PHYS 215	16 CR	
JUNIOR	HSC 301	Program Planning in Public Health 1 1st 7-week course (HSC 200)	3 CR	<input type="checkbox"/>	HSC 330	Legislative Policy, Advocacy, and Intervention Strategies in Public Health	3 CR	<input type="checkbox"/>
	HSC 302	Program Planning in Public Health 2 2nd 7-week course (HSC 200, 301)	3 CR	<input type="checkbox"/>	HSC 383	Introduction to Epidemiology	3 CR	<input type="checkbox"/>
	HSC 344	Disease Prevention and Management in Public Health (PHYS 205)	3 CR	<input type="checkbox"/>	HSC 388	Organization and Administration in Public Health	3 CR	<input type="checkbox"/>
	HSC 382	Fundamentals of Biostatistics (MATH 108 or 110+)	3 CR	<input type="checkbox"/>	HSC 482	Environmental Health	3 CR	<input type="checkbox"/>
	XXX	Any Elective	3 CR	<input type="checkbox"/>	XXX	Directed Elective*	3 CR	<input type="checkbox"/>
					XXX	Any Elective	3 CR	<input type="checkbox"/>
Term CR			15 CR				18 CR	
SENIOR	HSC 487	Appl. Research, Writing, Evaluation in Public Health (HSC 382, 383, Sr. Status)	3 CR	<input type="checkbox"/>	HSC 479	Internship: Must obtain a grade of C- or higher in HSC 200, 210, 220, 301, 302, 310, 330, 344, 382, 383, 388, 482, 487, 494, and 495	6 CR	<input type="checkbox"/>
	HSC 494	Health Comm. (HSC 200, 210, 301, 302)	3 CR	<input type="checkbox"/>		Any Elective	3 CR	<input type="checkbox"/>
	HSC 495	Professional Preparation in Public Health (HSC 200, 210, 301, 302)	3 CR	<input type="checkbox"/>	An internship is a senior capstone course. This professional experience is overseen by a university supervisor and an agency supervisor for a period commensurate with academic credit. An elective course (online or in-person) may be taken with approval from the agency supervisor.			
	XXX	Any Elective	3 CR	<input type="checkbox"/>				
	XXX	Any Elective	3 CR	<input type="checkbox"/>				
Term CR			15 CR				9 CR	
Grand Total: 120 CR								

¹ UCC Ways of Knowing: Scientific ² UCC Ways of Knowing: Social and Behavioral ³ UCC Foundational Intellectual Skills: Written Communication ⁴ UCC Foundational Intellectual Skills: Quantitative Reasoning Foundation ⁵ UCC Research-Based Writing ⁶ UCC Foundational Intellectual Skills: Speaking and Listening ⁷ UCC Ways of Knowing: Humanistic and Artistic/Design ⁸ UCC Beneficence Themes.
UCC = University Core Curriculum. Prerequisites are listed in parenthesis after the course title.

Directed Electives* – Take 9 credits from the list below							
HSC 261	Health, Sexuality, Fam Life	HSC 401	Public Health Surveillance	EDPS 270	Human Dev Lifespan	SOC 320	Social Inequality
HSC 283	Patterns of Health and Disease	HSC 402	Reg Model Pub Hlth App	EDPS 351	Adolescent Psychology	BIO 113	Microbiol Health Sci, 5cr
HSC 285	Global Health	HSC 403	Public Health Informatics	EDPS 355	Adult Psychology	EMHS 350	Haz Mat Health and Safety
HSC 350	Elementary School Health	NUTR 200	Mindful Eating	COMM 320	Persuasion	EMHS 351	Intro Em Mgmt
HSC 365	Health and Aging	NUTR 360	Cardio Met Nutrition	COMM 335	Communic and Health	GERO 440	Women and Aging
HSC 367	Drug Depend and Abuse	NUTR 448	Weight Management	PSYS 301	Health Psychology	MKG 375	Social Media
HSC 368	Consumer Health Issues	PHIL 235	Bioethics	PSYS 324	Psychology of Women	NUR 228	Intro to Nursing
HSC 371	Death and Dying	EXSC 302	Activity Thru Lifespan	SOC 328	Global and Social World	NUR 230	Health Appr Lifespan, 4cr
HSC 372	Women and Health	HOSP 395	Food and Culture	SOC 341	Social, Health and Illness	WWIN 201	Worker Wellbeing
HSC 381	Stress Management	WGS 220	Internatl Women's Issues	SOC 434	Human Sexuality	MGT 300	Managing Behav in Organiz

Courses are 3 credits each except where noted.

Effective Fall 2026 v1 020326

STUDENT CHECKSHEET BS PUBLIC HEALTH



**BALL STATE
UNIVERSITY**

College of Health

Department of Nutrition and Health Science

STUDENT CHECK SHEET

BACHELOR OF SCIENCE: PUBLIC HEALTH

Use this check sheet, along with your DegreeWorks student report and course catalog to help you keep track of “where you are” in the major.

ABOUT THE MAJOR

This program prepares students for entry-level jobs as public health professionals. Public health professionals promote and protect the health of people and the communities where they live, learn, work and play. There is an emphasis on learning about prevention, how to prevent people from getting sick or injured in the first place. Public health professionals also promote wellness by encouraging healthy behaviors.

PUBLIC HEALTH MAJOR 78-80 HOURS*

In addition to the twenty-three courses that all public health majors must take, each student must select 2-3 additional courses in directed electives that will enrich knowledge and/or skills in a particular specialty. A minor is recommended for this program. Minors often selected include workplace wellness, Spanish, interpersonal relations, nutrition, counseling, communication studies, or management.

PROGRAM ACCREDITATION

The Bachelor of Science in Public Health is accredited by the Council on Education for Public Health. This program in public health prepares students to become Certified Health Education Specialists (C.H.E.S.).

PROFESSIONAL ORGANIZATIONS FOR PUBLIC HEALTH

[National Commission for Health Education Credentialing](http://www.nchec.org) - www.nchec.org

[Society for Public Health Education \(SOPHE\)](http://www.sophe.org) - www.sophe.org

[American Public Health Association](http://www.apha.org) - www.apha.org

[Indiana SOPHE](http://www.insophe.org) - www.insophe.org

[Indiana Public Health Association](http://www.inpha.org) - www.inpha.org

CAREER OPPORTUNITIES FOR PUBLIC HEALTH MAJORS

Successful completion of the program can prepare graduates for jobs in public health. The primary career settings in which most students are placed include government health agencies, health care facilities (e.g., hospitals, clinics, nursing homes), health insurance agencies (e.g., HMO/managed care), nonprofit health organizations and business/industry worksites.

CONTACT US

Office of Admissions

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765-285-8300 TDD:
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<https://www.bsu.edu/admissions>

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