

Kimberli Pike, MS, RDN, CSSD

klpike@bsu.edu

PROFESSIONAL CREDENTIALS

Registered Dietitian, Commission on Dietetic Registration
1998 to present

CERTIFICATIONS

Board Certified Specialist in Sports Dietetics, Commission on Dietetic Registration
2008 to present (last certification July 2017)

Train-the-Trainer (T3) Faculty Development Program, The National Center for Interprofessional Practice and Education (IPE) and University of Missouri
September 2016

EDUCATION

Rutgers University, Newark, New Jersey

Degree: Doctorate of Clinical Nutrition (In Progress)

Ball State University, Muncie, Indiana (2000)

Degree: Master of Science in Dietetics

Thesis: Nutrition practices, beliefs, and information sources of elite ice hockey players

Ball State University, Muncie, Indiana (1995)

Degree: Bachelor of Science, Dietetics

AWARDS

Loyal E. Horton Memorial Scholarship, 2019

E. Neige Todhunter Doctoral Fellowship, 2018

Commission on Dietetic Registration Doctoral Fellowship, 2017

Outstanding Educator of the Year, Department of Nutrition and Health Science, Ball State University, 2017

Outstanding Nutrition Educator of the Year, Indiana Academy of Nutrition and Dietetics, 2015.

Outstanding Teacher of the Year, Department of Family and Consumer Sciences, Ball State University, 2007, 2010, and 2014

TEACHING EXPERIENCE

Director, Didactic Program in Dietetics, 2005 to Present

Senior Clinical Lecturer, August 2004 to Present

Nutrition and Health Science Department, Ball State University

- Interim Director, Dietetic Internship, 2012 and 2014
- DPD Accreditation Reviews: 2005, 2011 (site visit), 2016

UNIVERSITY SERVICE

College of Health Interprofessional Education Advisory Board (2019)

College of Health Simulations Advisory Board (2019)

College of Health Curriculum Advisory Board (2019)

College of Health Interprofessional Education and Practice Committee (2015-2019)
 College of Health IPE&P Director Search Committee (2018)
 College of Health Architectural Planning Committee (2015-2017), Dietetics Representative
 College of Health Organizational Planning Committees (Simulations and Clinics), Dietetics Representative
 Nutrition and Dietetics Program Realignment, Chairperson
 Department Chairperson Search Committee (2013, 2017, 2018, Current)
 Tenure Line Faculty Search Committee (2010, 2011, 2013, 2015, 2016, 2017, 2018, Current)
 Contract Faculty Search Committee (as required by program demands)
 Department of Nutrition and Health Science Undergraduate Curriculum Committee (2018)
 Department of Nutrition and Health Science Contract Faculty Salary Committee (2017, 2018)
 Department of Family and Consumer Science Contract Faculty Salary Committee (2005-2009, 2010-2014)
 Dietetic Internship Steering Committee (DISC) 2005-Present
 Nutrition and Dietetics Curriculum Retreat (2005, 2010, 2015), Host
 Nutrition and Dietetics Area Committee, Chair (2009-2014), Current Member

EXTERNAL SERVICE

Board of Trustees, Yorktown Public Library, Yorktown, Indiana (2018 to present)
 Yorktown Historical Alliance, Yorktown, Indiana (2018 to present)

RELATED EXPERIENCE

Consultant, Sports Dietitian	Dec 1997 – Present
Ball State University Athletics (NCAA Division I)	
Various Elite Ice Hockey Organizations including: Philadelphia Flyers (National Hockey League), Columbus Blue Jackets (National Hockey League), Cincinnati Mighty Ducks (formerly of the American Hockey League), Fort Wayne Komets (formerly of the International Hockey League), Indianapolis Ice (formerly of the International Hockey League), and various independent athletes of the National Hockey League (NHL) and its affiliates.	
Sports Dietitian, Next Level Sports Performance Ice Hockey Training Center	May 2012 to Present
Washego, Ontario, Canada	
Sports Dietitian, Next Level Training Ice Hockey Development Camp	2012 to Present
Stratford, Prince Edward Island, Canada and London, Ontario	
Sports Dietitian, Philadelphia Flyers Organization	Dec 2006 – June 2010
Philadelphia Flyers and Philadelphia Phantoms	
Medical and Training Team	
Voorhees, New Jersey	
Consultant, Wellness Dietitian, Cherry Hill Fire Department	July 2008 – Aug 2009
125 Firefighters plus EMTs	
Cherry Hill, New Jersey	
Coordinator, Madison County Women, Infants, and Children Program	Feb 1998 – Aug 2004
Anderson, Indiana	
Clinical Dietitian, Anderson Family Practice	May 1999 – Dec 2000
Anderson, Indiana	

PROFESSIONAL PUBLICATIONS

Judge LW, Kumley RF, Bellar D, **Pike KL**, Pierson EE, Weidner T, Pearson D, Friesen CA. Hydration and fluid replacement knowledge, attitudes, barriers, and behaviors of NCAA Division 1 American football players, *Journal of Strength and Conditioning Research*. 2016;30(11):2972-2978.

Kandiah J, Vincent D, Amend V, **Pike K**. Preliminary assessment of diabetic youth's acceptance of cinnamon in treating diabetes. *Journal of Human Sciences and Extension*. 2013;1(2):63-72.

Hornstrom GR, Friesen CA, Ellery JE, **Pike KL**. Nutrition knowledge, practices, attitudes, and information sources of Mid-American Conference college softball players. *Food and Nutrition Sciences*. 2011;2(2):109-117.

REFEREED ABSTRACTS

Maxwell C, **Pike KL**, Friesen CA. Sports nutrition knowledge, perceptions, resources, and advice given by certified CrossFit trainers. *J Acad Nutr Diet*. 2017; 117(9):S95.

REFEREED POSTER PRESENTATIONS

Stoermann T, **Pike KL**, Friesen CF. Assessment of Sports Nutrition Knowledge, Sources and Recommendations of Coaches and Athletic Trainers at a Division I University and The Perceived Impact of a CSSD to an Athletic Team. Academy of Nutrition and Dietetics Food Nutrition Conference and Exposition, Philadelphia, PA. October 28, 2019.

Kimmel K, **Pike KL**, Friesen CF. Sports nutrition knowledge, primary sources of nutrition information, perception of nutrition for athletic performance and advice desired from a CSSD: A survey of student-athletes at a DI Institution. Academy of Nutrition and Dietetics Food Nutrition Conference and Exposition, Philadelphia, PA. October 29, 2019.

Kirby J, Sweigart LI, Freeman PC, Landis K, Ellcessor GE, Gray J, **Pike KL**, Osborne K, Williams-Hawkins M, Tschopp MK, Kandiah J, Walker SE. Implementing interprofessional educational experiences into a new College of Health. Athletic Trainers Educators Conference, Dallas, TX. February 2019.

Melton M, Kandiah J, Del Pozzi A, Kistler B, **Pike K**, and Khubchandani J. Preliminary research on the effects of dietary supplementation from beetroot juice on sprint performance in Army ROTC Cadets. Academy of Nutrition and Dietetics Food Nutrition Conference and Exposition, Washington, D.C., October 22, 2018.

Maxwell C, Friesen CA, and **Pike KL** (2017) Sports nutrition knowledge, perceptions, resources, and advice given by certified CrossFit Trainers. Academy of Nutrition and Dietetics Food Nutrition Conference and Exposition, Chicago, IL. October 24, 2017.

Shapiro K, Friesen CA, **Pike KL**, Lee K. Application of the Theory of Anticipatory Guidance to identify the anticipated use of a Registered Sports Dietitian by collegiate student-athletes at a Division I University. SCAN (Sports, Cardiovascular, and Wellness Nutrition) Symposium, Portland, Oregon, April 8, 2016.

Shapiro K, **Pike KL**, Lee K, Friesen CA. Sports nutrition knowledge and the Theory of Anticipatory Guidance to identify anticipated uses of Registered Dietitians by student-athletes at a Mid-Major Division I University. SCAN (Sports, Cardiovascular, and Wellness Nutrition) Symposium, SCAN, Portland, Oregon, April 11, 2016.

Zimmerman C, Kandiah J, and **Pike KL**. Effect of geographical residency on structured physical activity patterns and body mass index of Chinese university students. Academy of Nutrition and Dietetics Food Nutrition Conference and Exposition, Atlanta, GA, October 17, 2014.

Kumley RF, Friesen CA, Judge LW, Pierson EE, **Pike KL**. Hydration and fluid replacement knowledge, attitudes, barriers, and behaviors of NCAA Division I football players at a Midwestern University. National Strength and Conditioning Association, Las Vegas, NV, July 9, 2011.

Kumley RF, **Pike KL**, Judge LW, Pierson EE, Friesen CA. Hydration and fluid replacement knowledge, attitudes, barriers, and behaviors of NCAA Division I football players at a Midwestern University. Indiana Dietetic Association, Indianapolis, IN, April 14, 2011.

Martin LM, **Pike KL**, Blom LC, Pucciarelli DL, Friesen CA. Application of the Theory of Anticipatory Guidance to understand the nutritional habits and needs of underclass collegiate athletes. Indiana Dietetic Association. Indianapolis, IN, April 14, 2011.

Kumley R, Friesen C, Judge L, Pierson E, and **Pike K**. Hydration and fluid replacement, knowledge, attitudes, barriers, and behaviors of NCAA Division I football players at a Midwestern university. Sports, Cardiovascular and Wellness Nutrition (SCAN) Annual Conference, Chicago, Illinois, March 21, 2011.

Martin L, Friesen C, Blom L, Pucciarelli D, and **Pike K**. Application of the Theory of Anticipatory Guidance to understand the nutritional habits and needs of underclass collegiate athletes. Sports, Cardiovascular and Wellness Nutrition (SCAN) Annual Conference, Chicago, Illinois, March 21, 2011.

Hornstrom G, Friesen CA, **Pike K**, Ellery J. Nutrition knowledge, practices, attitudes, and information sources of Mid-American Conference college softball players. Sports, Cardiovascular and Wellness Nutrition (SCAN) Annual Conference, Boston, MA, April 9, 2008.

INVITED PROFESSIONAL PRESENTATIONS

Prevention of Malnutrition for the Dysphagic Patient

February 2017

Indiana Speech-Language-Hearing Association Winter Conference
Muncie, IN

Fluid and Electrolyte Monitoring in Professional Sports

April 2012

Indiana Dietetic Association (IDA)
Indianapolis, IN

Nutrition for Sports Injury Recovery

March 2012

Great Lakes Athletic Training Association (GLATA)
Chicago, IL

The Professional Value of the Board Certification in Sports Dietetics

March 2009

Expert Panelist, National Nutrition Month Promotion

Indiana University

Bloomington, IN

Fluid and Electrolyte Balance for Active People

March 2009

Central Indiana Dietetic Association

Indianapolis, IN

GRANTS SUBMITTED AND FUNDED

One Meal at a Time (Combating Food Insecurity in Muncie, IN)

Agency: Efrogmson Family Fund

Amount: \$20,000

Status: Funded

Dates: 2019-2020 Academic Year

Provost Contract Faculty Travel Award

Office of the Provost, Ball State University

Amount: \$500

Status: Funded

Dates: October 2018

Rewriting of Dietetics Programs Assessment Plans for 2017 ACEND Accreditation Standards

Agency: Office of Academic Assessment and Institutional Effectiveness, Ball State University

Amount: \$2,000

Status: Funded

Dates: Summer 2017

Co-principal investigator(s): Ballenger, Lydia, Pike, Kimberli L.

Reconditioning Football Lineman: Preparing NCAA Division I Student-Athletes for a Sustainable Healthy Life after Football

Agency: National Collegiate Athletic Association

Amount: \$25,000

Date submitted: December 2016

Status: Not Funded

Principal investigator: Judge, Lawrence W.

Co-principal investigator(s): Popp, Jennifer, Pike, Kimberli, Roberson, Jason, Judge, Lani

Analysis of Fluid Viscosities Used to Treat Human Dysphagia

Agency: Ball State University Provost Immersive Learning Initiative Grant

Amount: \$31,000

Status: Funded

Dates: Spring 2015 Semester and 2015-2016 Academic Year

Principal: Mary Ewing

Co-principal investigator(s): Pike, Kimberli, Wijesinghe Ranjith

Dietetics Programs Summer Assessment

Agency: Office of Academic Assessment and Institutional Effectiveness, Ball State University

Amount: \$2,000

Status: Funded

Dates: Summer 2016

Co-principal investigator(s): Ballenger, Lydia, Pike, Kimberli L.

Nutrition and Dietetics Graduate Program Recruitment Grant

Agency: BSU Graduate School

Amount: \$24,550

Status: Funded

Dates: Academic Years 2015-2018

Principal: Carol Friesen

Co-PI: Pike, Kimberli, Ballenger, Lydia

Nutrition and Dietetics Graduate Program Recruitment Grant

Agency: BSU Graduate School

Amount: \$12,608

Status: Funded

Dates: Academic Years 2012-2018

Principal: Carol Friesen

Co-PI: Kimberli Pike, Lydia Ballenger

Re-Developing Dietetic Program Assessment Plan to Meet Commission on Accreditation for Dietetics Education (CADE) Requirements and Department/University Assessment Needs

Agency: Office of Academic Assessment and Institutional Research, Ball State University

Amount: \$2,000

Status: Funded

Dates: Summer 2009

Co-principal investigator(s): Harden, Amy J., Pike, Kimberli L.

SERVICE

Yorktown Public Library, Board of Trustees

2018 to Present

Yorktown, Indiana

Indiana Dietetic Association, Scholarship Selection Committee

2009, 2010

PROFESSIONAL MEMBERSHIP & PRACTICE GROUPS:

Academy of Nutrition and Dietetics

Indiana Academy of Nutrition and Dietetics

Sports, Cardiovascular and Wellness Nutrition (SCAN)

Nutrition and Dietetics Educators and Practitioners (NDEP)

Nutrition Educators of Health Professionals (NEHP)

Research Dietetics Practice Group