

August 2019

VITAE

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## VITAE

### PERSONAL INFORMATION

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### EDUCATION

HSD Doctor of Health and Safety in School and College Health Education, Indiana University, Bloomington, IN, July 1993.

MS Master of Science in Health Education, Indiana University, Bloomington, IN, July 1986.

MS Master of Science in Physical Education, Indiana University, Bloomington, IN, July 1985.

BS Bachelor of Science in Secondary Education, Physical and Health Education, University of Wisconsin–River Falls, River Falls, WI, May 1983.

### CERTIFICATIONS

Certified Health Education Specialist, National Commission for Health Education Credentialing, Inc., April 1989.

Stop Smoking Clinic Facilitator, American Lung Association, September 1993.

Health/Fitness Instructor, American College of Sports Medicine, October 1988.

Cardiopulmonary Resuscitation and First Aid Instructor, American Red Cross, July 1985.

## PROFESSIONAL EXPERIENCE

- 2016–present **Professor of Health Science**, Department of Nutrition and Health Science, College of Health, Ball State University, Muncie, Indiana.  
My role is to teach undergraduate and graduate classes for students majoring in community and public health education. My role further includes making significant contributions in research and scholarship in my areas of expertise while serving my department, the university, and the health education profession.
- 2003–2016 **Professor of Health Science**, Department of Physiology and Health Science, College of Sciences and Humanities, Ball State University, Muncie, Indiana.  
My role is to teach undergraduate and graduate classes for students majoring in community and public health education. My role further includes making significant contributions in research and scholarship in my areas of expertise while serving my department, the university, and the health education profession.
- 1999–2003 **Associate Professor**, Department of Physiology and Health Science, College of Sciences and Humanities, Ball State University, Muncie, Indiana.
- 1995–1999 **Assistant Professor**, Department of Physiology and Health Science, College of Sciences and Humanities, Ball State University, Muncie, Indiana.
- 1993–1995 **Assistant Professor**, Division of Health Education, College of Education, The University of Northern Iowa, Cedar Falls, Iowa.  
This tenure-track position was to teach undergraduate and graduate courses for students majoring in health education. Accompanying responsibilities included conducting scholarly research and participating in division and university committee service.
- 1991–1993 **Lecturer**, Department of Applied Health Science, School of Health, Physical Education, and Recreation, Indiana University, Bloomington, Indiana.  
This full-time adjunct faculty position was to teach undergraduate courses in the health education curriculum.
- 1987–1990 **Assistant Director**, Center for Health Promotion, Division of Student Affairs, Indiana State University, Terre Haute, Indiana.  
This administrative position was to plan and develop a new campus-wide health promotion and fitness program. Supervised the planning and implementation of three University Lifestyle Enhancement Centers and a Health Assessment Clinic. Responsible for programming and management of the centers and clinic.
- 1986–1987 **Manager/Head Personal Trainer**, Winning Results Inc., Los Angeles, CA.  
This position was to design and administer individualized exercise prescriptions for clients in the entertainment business. Responsible for supervising and running daily business operations.

1984 - 1986 **Associate Instructor**, Department of Applied Health Science and Department of Physical Education, School of Health, Physical Education, and Recreation, Indiana University, Bloomington, Indiana.  
This graduate assistantship was to teach first aid and fitness conditioning classes.

## PUBLICATIONS AND SCHOLARSHIP

### A. Scholarship of Integration – Textbook Authorship

**Kotecki, J.E.** (2018). *Physical Activity and Health: An Interactive Approach*, 5<sup>th</sup> edition, Jones & Bartlett Learning, Inc., Boston, MA, p. 666.

Lynch, A., Vail-Smith., & **Kotecki, J.E.** (2018). *Choosing Health*, 3<sup>rd</sup> edition, Pearson Education, San Francisco, CA, p. 415.

Lynch, A., Elmore, B.M., & **Kotecki, J.E.** (2015). *Choosing Health*, 2<sup>nd</sup> edition, Pearson Education, San Francisco, CA, p. 415.

**Kotecki, J.E.** (2014). *Physical Activity and Health: An Interactive Approach*, 4<sup>th</sup> edition, Jones & Bartlett Learning, Inc., Boston, MA, p. 424.

**Kotecki, J.E.** (2014). *Activities and Assessment Manual for Physical Activity and Health: An Interactive Approach*, 4th edition, Jones & Bartlett Learning, Inc., Boston, MA, p 256.

Lynch, A., Elmore, B.M., & **Kotecki, J.E.** (2014). *Health: Making Choices for Life*, 1st edition, Pearson Education, San Francisco, CA, p. 673.

McKenzie, J.F., Pinger, R.R. & **Kotecki, J.E.** (2012). *An Introduction to Community Health*, 7th edition, Jones and Bartlett Learning, Inc., Boston, MA, p. 600.

**Kotecki, J.E.** (2011). *Physical Activity and Health: An Interactive Approach*, 3rd edition, Jones & Bartlett Learning, Inc., Boston, MA, p. 400.

**Kotecki, J.E.** (2011). *Activities and Assessment Manual for Physical Activity and Health: An Interactive Approach*, 3rd edition, Jones & Bartlett Learning, Inc., Boston, MA, p 230.

McKenzie, J.F., Pinger, R.R. & **Kotecki, J.E.** (2008). *An Introduction to Community Health*, 6th edition, Jones and Bartlett Learning, Inc., Boston, MA, p. 646.

Thomas, D.Q. & **Kotecki, J.E.** (2007). *Physical Activity and Health: An Interactive Approach*, 2nd edition, Jones & Bartlett Learning, Inc., Boston, MA, p. 435.

**Kotecki, J.E.** & D.Q. Thomas (2007). *Activities and Assessment Manual for Physical Activity and Health: An Interactive Approach*, 2nd edition, Jones & Bartlett Learning, Inc., Boston, MA, p. 227.

McKenzie, J. F., Pinger, R. R., & **Kotecki, J. E.** (2005). *An Introduction to Community Health*, 5<sup>th</sup> edition, Jones and Bartlett Publishers, Boston, MA, p. 662.

McCormack-Brown, K., Thomas, D. Q., & **Kotecki, J. E.** (2002). *Physical Activity and Health: An Interactive Approach*, 1<sup>st</sup> edition, Jones and Bartlett Publishers, Boston, MA, p. 544.

McKenzie, J. F., Pinger, R. R., & **Kotecki, J. E.** (2002). *An Introduction to Community Health*, 4<sup>th</sup> edition, Jones and Bartlett Publishers, Boston, MA, p. 736.

McKenzie, J. F., Pinger, R. R., & **Kotecki, J. E.** (1999). *An Introduction to Community Health*, 3<sup>rd</sup> edition, Jones and Bartlett Publishers, Boston, MA, p. 692.

B. Scholarship of Integration – Teaching/Instructional Publications

**Kotecki, J.E.** (2014). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) for Physical Activity and Health: An Interactive Approach*, 4th edition, Jones & Bartlett Learning, Inc., Boston, MA.

**Kotecki, J.E.** (2011). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) for Physical Activity and Health: An Interactive Approach*, 3rd edition, Jones & Bartlett Learning, Inc., Boston, MA.

Thomas, D.Q., & **Kotecki, J.E.** (2007). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) for Physical Activity and Health: An Interactive Approach*, 2nd edition, Jones & Bartlett Learning, Inc., Boston, MA.

**Kotecki, J.E.** (2000). *Critical thinking and interactive web exercises for Wellness: Concepts and Applications*, 4<sup>th</sup> edition, WCB/McGraw-Hill, New York, NY.

**Kotecki, J.E.** (2000). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) and interactive web exercises for Focus on Health*, 5<sup>th</sup> edition, McGraw-Hill, New York, NY.

**Kotecki, J.E.** (1999). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) and interactive web exercises for Understanding Your Health*, 6<sup>th</sup> edition, McGraw-Hill, New York, NY.

**Kotecki, J.E.** (1998). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) and interactive web exercises for Focus on Health*, 4<sup>th</sup> edition, McGraw-Hill, New York, NY.

**Kotecki, J.E.** (1997). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) and interactive web exercises for Understanding Your Health*, 5<sup>th</sup> edition, McGraw-Hill, New York, NY.

**Kotecki, J.E.** (1997). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) and interactive web exercises for Drug Issues for Today*, 3<sup>rd</sup> edition, McGraw-Hill, New York, NY.

**Kotecki, J.E.** (1997). *PowerPoint lectures for Physical Fitness and Wellness*, 2nd edition, Allyn and Bacon, Boston, MA.

**Kotecki, J.E.** (1997). *Instructor's Tool Kit (instructor's manual, PowerPoint lectures and test bank) and interactive web exercises for An Introduction to Community Health*, 2nd edition, Jones and Bartlett Publishing, Boston, MA.

### C. Refereed Journal Articles

Khuchandani, J., Kandiah, J., **Kotecki, J.E.**, & Greene, M. (2019). Psychological Distress is Associated with Unhealthy Dietary Behaviors in Young Adults. *Current Developments in Nutrition*, 3 (Supplement 1), 19. Abstract.

Kandiah, J., **Kotecki, J.E.**, Greene, M., & Khubchandani, J. (2019). Weight Misperception in Young Adults: Race and Gender Based Disparities. *Current Developments in Nutrition*, 3 (Supplement 1), 19. Abstract.

Khubchandani, J., Brey, R., **Kotecki, J.E.**, Kleinfelder, J., & Anderson, J. (2016). The Psychometric Properties of PHQ-4 Depression and Anxiety Screening Scale Among College Students. *Archives of Psychiatric Nursing*, 30(4), 457-462.

**Kotecki, J.E.**, Khubchandani, J., Simmons, R., & Sharma, M. (2016). Mind-Body Interventions: Applications and Potential Opportunities for Health Education Practice. *Health Promotion Practice*, 16: 157-161.

Davis, R., **Kotecki, J. E.**, Harvey, M., & Oliver, A. (2007). Paraeducators in physical education: Roles, responsibilities, and training needs. *Journal of Adapted Physical Activity*, 24(1), 70-83.

**Kotecki, J. E.**, McKenzie, J.F., Banter, A.E., Bird, J.C., Reece, J.S., & Brown, S.C. (2004). Indiana family physicians: Beliefs and practices regarding health promotion, *The Health Educator*, 36(1), 13-22.

**Kotecki, J. E.**, & Clayton, B.D. (2003). Educating pharmacy students about nutrition and physical activity counseling, *American Journal of Health Education*, 34(1), 28-34.

**Kotecki, J. E.** (2003). Sale of alcohol in pharmacies: Results and implications of an empirical study, *Journal of Community Health*, 28(1), 65-77.

**Kotecki, J. E., & Hillery, D.L.** (2002). A survey of pharmacists' opinions and practices related to the sale of cigarettes in pharmacies – revisited, *Journal of Community Health*, 27(5), 321-333.

**Kotecki, J. E.** (2002). Factors related to pharmacists' over-the-counter recommendations, *Journal of Community Health*, 27(4), 291-306.

**Kotecki, J. E., Elanjian, S. I., & Torabi, M. R.** (2000). Health promotion beliefs and practices among pharmacists, *Journal of the American Pharmaceutical Association*, 40(6), 773-779.

**Kotecki, J. E., Fowler, J. B., & Stephenson, S. L.** (2000). Kentucky pharmacists' opinions, and practices related to the sale of cigarettes and alcohol in pharmacies, *Journal of Community Health*, 25(4), 343-355.

Clark, J. K., Sauter, M., & **Kotecki, J. E.** (2000). Adolescent females' knowledge of and attitudes toward breast self-examination: Evaluating an outreach education program, *Journal of Cancer Education*, 15:221-224.

**Kotecki, J. E., & Chamness, B. E.** (1999). A valid tool for evaluating health-related world wide web sites, *Journal of Health Education*, 30(1), 26-29.

McKenzie, J. F., Wood, M. L., **Kotecki, J. E.**, Clark, J. K., & Brey, R. A. (1999). Establishing content validity: using qualitative and quantitative steps, *American Journal of Health Behavior*, 23(4), 311-318.

Clark, J. K., Wood, M. L., Sauter, M., & **Kotecki, J. E.** (1999). Growth and program evaluation in community health centers, *Journal of Health Education*, 30(4), 229-234.

**Kotecki, J. E., & Siegel, D. E.** (1998). Creating a high quality web site: A step by step approach, *The Health Educator, Journal of Eta Sigma Gamma*, 30(1), 39-44.

**Kotecki, J. E., Elanjian, S. I., Torabi, M. R., & Clark, J. K.** (1998). Pharmacists' concerns and suggestions related to the sale of cigarettes and alcohol in pharmacies, *Journal of Community Health*, 23(5), 359-370.

**Kotecki, J. E., Siegel, D. E., & Javed, N. H.** (1998). Outsourcing your web presence: Questions and considerations for the community health professional, *Journal of Health Education*, 29(3), 195-197.

**Kotecki, J. E., & Siegel, D. E.** (1998). Use of a critical thinking/questioning approach to evaluate world wide web information, *American Journal of Health Behavior*, 22(1), 76-77.

Kagee, A., & **Kotecki, J. E.** (1998). Psychological sequelae of community violence in urban youth, *The Health Educator, Journal of Eta Sigma Gamma*, 29(2), 17-22.

**Kotecki, J. E.,** Torabi, M. R., & Elanjian, S. I. (1997). Pharmacists' opinions and practices related to the sale of cigarettes and alcohol: a follow-up study, *Journal of Community Health*, 22(6), 469-479.

**Kotecki, J. E.,** & Siegel, D. E. (1997). Finding health information via the world wide web: An essential resource for the community health practitioner, *Journal of Health Education*, 28(2), 117-120.

**Kotecki, J. E.** (1997). Increased prevalence of overweight U.S. adults: An urgent need for understanding its etiology, prevention and treatment, *Journal of the International Council for Health, Physical Education, Recreation, Sport, and Dance*, 33(2), 9-13.

**Kotecki, J. E.,** & Torabi, M. R. (1997). Knowledge and attitudes associated with self-directed and interpersonal violent behaviors among adolescents, *Journal of the International Council for Health, Physical Education, Recreation, Sport, and Dance*, 33(2), 32-38.

**Kotecki, J. E.** (1996). Interpersonal violence among youth: A priority issue for public health, *The Health Education Monograph Series, Journal of Eta Sigma Gamma*, 14(3), 21-25.

**Kotecki, J. E.** (1995). Understanding the health risks of tanning: What health educators should know, *Journal of Iowa Association for Health, Physical Education, Recreation, and Dance*, 27(2), 28-30.

**Kotecki, J. E.** (1994). Anabolic steroids: Effects as an ergogenic aid for athletes, *Journal of the International Council for Health, Physical Education, Recreation, Sport, and Dance*, 31(1), 10-18.

Torabi, M. R., McAllister, L., & **Kotecki, J. E.** (1994). Public opinion in Indiana on tobacco use, its taxes, and public policy, *Indiana Medicine*, 87(2), 134-138.

**Kotecki, J. E.,** and Koerner, K. S. (1992). Le Club: An unequalled student health opportunity. *Indiana Journal for Health, Physical Education, and Recreation*, 21(1), 13-16.

#### D. Professional Presentations

##### National Refereed Presentations

**Kotecki, J.E.,** Kandiah, J., Greene, M., & Khubchandani, J. "Self-Efficacy and Dietary Behaviors among Young Adults with Perceived Stress." 2019 Food & Nutrition Conference & Expo, Philadelphia, PA. October 29, 2019. Poster presentation.

Khuchandani, J., Kandiah, J., **Kotecki, J.E.**, & Greene, M. “Psychological Distress is Associated with Unhealthy Dietary Behaviors in Young Adults.” Nutrition 2019 – American Society for Nutrition Conference, Baltimore, MD, June 11, 2019. Poster presentation.

Kandiah, J., **Kotecki, J.E.**, Greene, M., & Khubchandani, J. “Weight Misperception in Young Adults: Race and Gender Based Disparities.” Nutrition 2019 – American Society for Nutrition, Baltimore Conference, MD, June 10, 2019. Poster presentation.

**Kotecki, J.E.**, Greene, M., Zhang, M., Khubchandani, J., & Goldsby, B. “Assessing Students’ Modifiable Risk Factors for Type 2 Diabetes at a Midwestern Public University.” American Association for Behavioral and Social Sciences Conference, Las Vegas, NV, February 26, 2019. Poster presentation.

**Kotecki, J.E.**, Greene, M., Greene, C., Kandiah, J., & Kent, A. “Psychometric Validation of the Behavioral Rapid Dietary Assessment (B-RDA) Screening Tool for Chronic Disease Prevention.” American Association for Behavioral and Social Sciences Conference, Las Vegas, NV, February 25, 2019. Poster presentation.

**Kotecki, J.E.**, “Validation of a Physical Activity & Exercise Pyramid for Adults.” American Association for Behavioral and Social Sciences Conference, Las Vegas, NV, February 26, 2018. Poster presentation.

**Kotecki, J.E.**, Khuchandani, J., & Roubal, A. “Neighborhood Social Cohesion and Cardiovascular Risk Factors in African-Americans.” National Society for Public Health Education Conference, Portland, OR, April 23, 2015. Poster presentation.

Kleinfelder, J., **Kotecki, J.E.**, Khuchandani, J., Brey, R. Ham, A., Reed., M., Anton, A., & Autry, D. “Electronic Cigarette Use Among College Students, National Society for Public Health Education Conference, Portland, OR, April 23, 2015. Poster presentation.

Khubchandani, J., Anderson, J., **Kotecki, J.E.**, Autry, D.M., Brey, R.A. “Assessing the Reliability and Validity of a 4-Item Depression/Anxiety Diagnosis Scale in College Students.” National Society for Public Health Education Annual Conference, Baltimore, MD, March 21, 2014. Poster presentation.

Fernandes, N.V., Khubchandani, J., **Kotecki, J.E.**, & Friesen, C., Autry, D. A. “Efficacy of mobile health technologies in Diet Counseling for Weight Management: A Meta Analytic Review.” National Society for Public Health Education Annual Conference, Baltimore, MD, March 21, 2014. Poster presentation.

Bojrab, M., Spangler, A., Fernandes, N., & **Kotecki, J.E.** “Identification of types and frequency of nutrition education provided to Title-II-C recipients of congregate and home delivered meals in region V: Indiana, Michigan, Ohio, Illinois, Wisconsin, and Minnesota.” American Association of Family & Consumer Sciences Annual Conference, Houston, TX, June 28, 2013. Poster presentation.

**Kotecki, J.E.** “Developing a Valid Physical Activity and Exercise Pyramid.” American Alliance of Health, Physical Education, Recreation and Dance, Charlotte, NC, April 24, 2013. Poster presentation.

Gruver, J., **Kotecki, J.**, Largent, D., Young, J., Nickoli, A., Smith, T., Pickerill, B., Pavlechko, G., & Jacobi-Karna, K. Enhancing student engagement through the use of pre-lecture video content capture and i>clicker. National Clickers Conference, Chicago, IL, November 14, 2012. Oral presentation.

Fernandes, N., Khubchandani, J., Friesen, C., & **Kotecki, J.E.** “Diet and Physical Activity Counseling: Physicians’ Practices and Perceptions.” Society for Public Health Education Annual Meeting, San Francisco, CA, October 26, 2012. Poster presentation.

Foster, A.E., **Kotecki, J.E.**, Afghani, A., Lamba, M.A., & Tilmans, A.S. “Factors associated with urinary symptoms following prostate brachytherapy.” Annual Meeting of the Radiological Society of North America, Chicago, IL, December 03, 2008. Oral presentation.

Slaven, E., **Kotecki, J.E.**, Dugean, E.L., and Walker, S. “A national survey of physical therapists to determine outpatient rehabilitation practices following total hip arthroplasty,” American Physical Therapy Association, Nashville, TN, February 8, 2008. Oral presentation.

**Kotecki, J. E.** “Assessing Dietary and Exercise Stage of Change to Optimize Healthy Weight Management in College Students utilizing MyPyramid.” American Alliance of Health, Physical Education, Recreation and Dance, Baltimore, MD, March 15, 2007. Poster Presentation.

**Kotecki, J. E.** and Pleska, V.M. “College students beliefs and practices regarding weight management.” American Alliance of Health, Physical Education, Recreation and Dance, Salt Lake City, UT, April 26, 2006. Poster Presentation.

**Kotecki, J. E.** “Developing metacognitive behaviors in a core curriculum health science course to expand decision-making capacity,” Annual Conference of the International Society for the Scholarship of Teaching and Learning, Vancouver, Canada, October 15, 2005.

**Kotecki, J.E.**, Clayton, B.D., & Peak, A.S. “Pharmacists’ personal and professional perceptions and practices regarding nonvitamin, nonmineral dietary supplements.” American Alliance of Health, Physical Education, Recreation and Dance, Chicago, IL, April 14, 2005. Poster Presentation.

**Kotecki, J. E.** “Sale of alcohol in pharmacies: Results and implications of an empirical study.” American Alliance of Health, Physical Education, Recreation and Dance, Philadelphia, PA, April 14, 2003. Poster Presentation.

**Kotecki, J. E., & Hillery, D. L.** “A survey of pharmacists’ opinions and practices related to the sale of cigarettes in pharmacies – revisited.” 2002 National Conference on Tobacco or Health, San Francisco, CA, November 21, 2002. Poster Presentation.

McKenzie, J. F., **Kotecki, J. E.**, Banter, A. E., Powell, T., Heckley, & Pittman, S. “Indiana family physicians’ preparation and practice of providing patient education,” North American Primary Research Group National Meeting, New Orleans, LA, November 19, 2002. Poster Presentation.

**Kotecki, J. E.** “Factors related to pharmacists’ over-the-counter recommendations.” American Association for Health Education Annual Meeting in partnership with AAHPERD National Convention and Exposition, San Diego, CA, April 10, 2002. Poster Presentation.

**Kotecki, J. E.,** McKenzie, J. F., Bird, J., & Banter, A. “Family physicians’ beliefs and practices related to health promotion activities.” Annual National Convention of the Association for Health, Physical Education, Recreation, and Dance, Cincinnati, OH, March 30, 2001.

**Kotecki, J. E.,** Stephenson, S. L., Javed, N. J., & Fowler, J. B. “Kentucky pharmacists’ opinions, and practices related to the sale of cigarettes and alcohol in pharmacies,” Annual National Convention of the Association for Health, Physical Education, Recreation, and Dance, Orlando, FL, March 24, 2000.

**Kotecki, J. E.** “Connecting with Technology,” Annual National Convention of the Association for Health, Physical Education, Recreation, and Dance, Orlando, FL, March 24, 2000.

**Kotecki, J. E.,** Elanjian, S. I., Torabi, M. R., & Clark, J. K. "Pharmacists’ concerns and suggestions related to the sale of cigarettes and alcohol in pharmacies," Annual National Convention of the Association for Health, Physical Education, Recreation, and Dance, Boston, MA, April 24, 1999.

Chamness, B. E., **Kotecki, J. E.,** McKenzie, J. F., & Clark, J. K. “A valid tool to evaluate health-related www sites,” Annual National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance, Boston, MA, April 23, 1999.

**Kotecki, J. E.,** Elanjian, S. I., & Torabi, M. R. “Pharmacists’ beliefs and practices related to health promotion activities,” Annual Meeting of the American Pharmaceutical Association, San Antonio, TX, March 7, 1999.

Sauter, M., Clark, J. K., & **Kotecki, J. E.** “Female adolescent breast self-exam behavior,” Annual National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance, Reno, NV, April 9, 1998.

Clark, J. K., **Kotecki, J. E.**, & Sauter, M. "Male adolescent testicular self-exam behavior," Annual National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance, Reno, NV, April 6, 1998.

**Kotecki, J. E.**, Torabi, M. R., & Elanjian, S. I. "Pharmacists' opinions and practices related to the sale of cigarettes and alcohol – a follow-up study," Annual Convention of the American Public Health Association, Indianapolis, IN, November 10, 1997.

**Kotecki, J. E.**, & Siegel, D. E. "Creating a quality world wide web site: The alpha chapter home page project," National Convention, American Alliance for Health, Physical Education, Recreation, and Dance, St. Louis, MO, March 22, 1997.

**Kotecki, J. E.** "Family physicians' opinions and practices related to screening techniques for colorectal cancer," Annual National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance, Portland, OR, April 1, 1995.

**Kotecki, J. E.**, & O'Rourke, T. "From clinic to community: A high-quality stop-smoking intervention using the transdermal nicotine patch and behavior support program," Annual Convention of the American Public Health Association, Washington, D.C., November 3, 1994.

#### Regional Refereed Presentations

Friesen, C.A, Garant, A.R. & **Kotecki, J.E.** Impact of Early Child Life Events on the BMI of Obese Children Enrolled in the Pediatric Over Weight Education and Research (POWER) Program, Association of State and Territorial Public Health Nutrition Directors, ASTPHND, Traverse City, MI, June 10, 2012. Poster presentation.

**Kotecki, J. E.**, McKenzie, J. F., Clark, J. K., & Chamness, B. E. "Use of a critical thinking/questioning approach to evaluate www information," Annual Convention of the Midwest District Association for Health, Physical Education, Recreation, and Dance, Fort Wayne, IN, February 14, 1998.

**Kotecki, J. E.** "Effective use of computer software programs to stimulate student learning of health statistics," 9<sup>th</sup> Annual Hyper Media Conference, Integrating Technologies into Teaching and Learning, Muncie, IN, October 29, 1997.

**Kotecki, J. E.** "Evaluation of the use of the transdermal nicotine system as an adjunct to smoking cessation clinics sponsored through a mid-western county health department," Region VII Cardiovascular Disease Risk Reduction Conference, Kansas City, MO, May 5, 1994.

**Kotecki, J. E.**, & Blozis, K. L. "Becoming a personal trainer: In the gym and beyond," Region IV Conference, Association for Fitness in Business, Minneapolis, MN, April 26, 1991.

**Kotecki, J. E.** "From head to heart: How to develop an optimal personalized exercise

program," Mid-West Regional Health and Safety Conference, Kansas City, MO, September 12, 1990.

**Kotecki, J. E., & Miltenberger, J. L.** "Le Club partnership: A reformation in residence hall programming," National Association of Student Personnel Administrators, Regional IV, Chicago, IL, February 6, 1990.

#### State Refereed Presentations

Pickerill, B., Pavlechko, G., **Kotecki, J.**, Young, J., Nickoli, A., & Largent, D. Effect of Pre-Lecture Video and Student Response Systems on Learning Outcomes and Course Success. Indiana Association for Institutional Research Conference, West Lafayette, IN, March 23, 2012. Oral presentation.

Garant, A.R., Friesen, C.A., **Kotecki, J.E.**, Chezem, J.C., & Gupta, S. Maternal and Infant Factors Associated with Body Mass Index among Children in a Pediatric Overweight Education Program, Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 19, 2012. Poster presentation.

Marsee, J. & Kotecki, J.E., "Tapping into this generation's technology," IAHPERD State Conference and Exposition, Indianapolis, IN, November 13, 2008.

Marsee, J. & Kotecki, J.E., "Health education to a facebook generation," IAHPERD State Conference and Exposition, Indianapolis, IN, November 14, 2008.

Davis, R. **Kotecki, J. E.**, Harvey, M., & Oliver, A. "Responsibilities and training needs of paraeducators in physical education." Indiana Association of the Association for Health, Physical Education, Recreation, and Dance, Indianapolis, IN, November 2, 2006.

Ranieri, P., & **Kotecki, J.E.** "Sustaining learning in core curriculum and early major courses," Lumina Foundation President's Fund Conference, IUPUI, Indianapolis, IN, April 8, 2005.

**Kotecki, J. E.** "Solving the Wellness Puzzle," College of Pharmacy and Health Sciences, Butler University, Indianapolis, IN, September 21, 2002.

**Kotecki, J. E.** "Psychological principles of behavior change," American College of Sports Medicine's Health & National Institute for Fitness and Sport, Indianapolis, IN, October 16, 2002.

**Kotecki, J. E.** "Prevent all the disease you can, then treat the rest: Pharmacists as promoters of public health," College of Pharmacy and Health Sciences, Butler University, Indianapolis, IN, September 3, 2002.

Powell, T.L., Pittman, S. R., Banter, A. E., McKenzie, J. F., & **Kotecki, J. E.** "Indiana family physicians' practices of and preparation for providing patient education," Indiana Academy of Family Physicians Research Day, Indianapolis, IN, March 2, 2000.

**Kotecki, J. E.**, Torabi, M. R., & Elanjian, S. I. "Pharmacists' opinions and practices related to the sale of cigarettes and alcohol: a follow-up study," Annual meeting of the Indiana Public Health Association, Indianapolis, IN, April 21, 1997.

**Kotecki, J. E.** "A partnership in health education between a university and a local community health department," Annual meeting of the Indiana Public Health Association, Muncie, IN, April 18, 1996.

**Kotecki, J. E.** "Why school health education is a priority for Iowa's cancer control and prevention public health initiatives," Statewide Educational Conference, Des Moines, IA, September 8, 1994.

**Kotecki, J. E.** "American Cancer Society's role in comprehensive school health education in Iowa," Eighth annual Lakeshore Wellness Conference, Storm Lake, IA, June 20, 1994.

**Kotecki, J. E.** "Behavior adherence: Solving a 'sticky' problem: the university setting," Indiana State Conference, Association for Fitness in Business, Indianapolis, IN, June 1991.

**Kotecki, J. E.** "Fitness alternatives for college students," Indiana Recreational Sports Association Conference, Terre Haute, IN, November 6, 1990.

**Kotecki, J. E.** & Miltenberger, J. L. "Promoting health through the Le Club partnership," Indiana College Personnel Association Conference, Indianapolis, IN, October 23, 1989.

#### Invited Presentations

**Kotecki, J. E.**, "Psychological principles of behavior change." American College of Sports Medicine's Health Fitness Instructor's Certification Workshop, National Institute for Fitness and Sport, Indianapolis, IN, July 28, 2011.

**Kotecki, J. E.**, "Updating the evidence that physical activity is good for health: An epidemiological review." College of Pharmacy and Health Sciences, Butler University, Indianapolis, IN, May 12, 2010.

Lucas, E., **Kotecki, J. E.**, & Clark-Upchurch, M. "Dealing with the whole student: How to work with students when emotional problems interfere with learning," Office of Teaching and Learning Advancement, Fall Semester Faculty Workshops, Ball State University, September 11, 2008.

**Kotecki, J. E.**, "Lifestyle: The culprit and the cure," Muncie Young Professionals Group, Muncie, IN, January 25, 2008.

#### E. Grant Sponsored Research

**Kotecki, J. E.** “Pharmacists’ perceptions of herbals and nutraceuticals,” funded by the College of Pharmacy and Health Sciences, Butler University, Indianapolis, IN. Applied September 2002 and awarded November 2002. Grant amount \$250.

**Kotecki, J. E.** & Clayton, B. D. “Pharmacists’ perceptions of complementary and alternative medical therapies,” funded by the University Research Programs, Butler University, Indianapolis, IN. Applied July 2002 and awarded August 2002. Grant amount \$500.

**Kotecki, J. E.** “Pharmacists’ perceptions of complementary and alternative medical therapies,” funded by the Office of Academic Research and Sponsored Programs, Ball State University, Muncie, IN. Applied November 2001 and awarded February 2002. Grant amount \$1,807.

**Kotecki, J. E.** “Factors related to pharmacists’ over-the-counter recommendations,” funded by the Office of Academic Research and Sponsored Programs, Ball State University, Muncie, IN. Applied November 2000 and awarded March 2001. Grant amount \$10,086.

Stiles, J., & **Kotecki, J. E.** “Fitness in the 21<sup>st</sup> century: A program for students and teachers at the Brooklin school,” Awarded \$3,555 by the Maine Department of Education, Augusta, ME. January 2000.

**Kotecki, J. E.,** & Gold, R. “DON’T Smoke.com: A school based web site to reduce tobacco use in children,” requesting \$775,160 from the National Cancer Institute, Tobacco Control Research Branch, State and Community Tobacco Control Interventions, Washington, D.C. January 2000. Not funded.

**Kotecki, J. E.** “Kentucky pharmacists’ opinions and practices related to the sale of tobacco products by pharmacies,” Awarded \$1000 by the Kentucky Department for Public Health, Frankfort, KY. May 1999.

**Kotecki, J. E.,** and McKenzie, J. F. “Health promotion beliefs and practices among family physicians,” Awarded \$1,000 by the Ball Memorial Hospital Family Practice Residency Program, Muncie, IN. November 1998.

**Kotecki, J. E.** “Pharmacists’ beliefs, attitudes, and practices related to health promotion activities,” Awarded \$1,000 by the American Pharmaceutical Association National Research Grant Program, Washington D.C. February 1998.

**Kotecki, J. E.** “Pharmacists’ beliefs, attitudes, and practices related to health promotion activities,” Awarded \$1,389 by the Office of Academic Research and Sponsored Programs, Ball State University, Muncie, IN, February 1998.

McKenzie, J. F., Departmental Director. **Kotecki, J. E.**, Clark, J. K., & Wood, M. L., Consultants, on Indiana's "American Stop Smoking Intervention Study" for Cancer Prevention, Awarded subcontracts from \$3,200,000 by Indiana State Board of Health, Indianapolis, IN, October 1996 to September 1999.

**Kotecki, J. E.** "A survey of pharmacists' opinions and practices related to the sale of cigarettes and alcohol: a follow-up study," Awarded \$1,372 by the Office of Academic Research and Sponsored Programs, Ball State University, Muncie, IN, April 1996.

**Kotecki, J. E.**, & Jones, K. J. "Evaluation of an university health promotion program." Awarded \$500.00 by the Student Health Center, Student Affairs, Indiana State University, January 1996.

**Kotecki, J. E.**, & Cunningham, J. "A survey of family physicians' opinions and practices related to screening techniques for colorectal cancer," Awarded \$1,200 by the Iowa Division of American Cancer Society, January 1994.

**Kotecki, J. E.** "Evaluation of the use of the transdermal nicotine system as an adjunct to stop smoking cessation clinics," Awarded \$500 by the Black Hawk Health Department, Waterloo, IA, October 1993.

## TEACHING AND ADVISEMENT

### A. University Teaching Experience: Courses Taught

#### Ball State University 1995 to present

HSC687 Application of Quantitative Methods in Health Science  
HSC683 Epidemiology  
HSC4/581 Stress Management  
HSC444 Disease Management  
HSC394 Health Education Communication  
HSC200 Introduction to Health Education  
HSC180 Principles of Community Health  
HSC160 Fundamentals of Human Health

#### The University of Northern Iowa 1993 to 1995

410:160 Community/Public Health  
410:156G Dynamics and Methods of Health Behavior Change  
410:159G The Nature of Cancer  
410:255G Health Promotion/Risk Reduction  
410:133G Violence Prevention  
410:133G Cancer Education, Prevention, and Detection  
440:010 Personal Wellness

Indiana University 1991 to 1993

H320 The Nature of Cancer

H363 Personal Health

Indiana State University 1987 to 1989

S101 First Aid and Emergency Care

H110 Personal Health

Indiana University 1984 to 1986

S160 First Aid

P100 Conditioning and Weight Training

P110 Racquetball

P110 Golf

B. Graduate Faculty Appointment

Group I Status, Ball State University, September 1995 to present.

C. Doctoral Dissertation Committees:

*Health Cognate Representative for Arij Mousi, Doctorate of Education in Science. The cognized apprehensions regarding drinking water among educated Americans and Arabs living in Middletown. June 2013.*

*Member for Nazar Seyala, Counseling Psychology. Older adults' intentions to utilize mental health services: The effects of cohort membership. December 2011.*

*Member for Jeff Marsee, Health Education. Enhancing college student compliance in physical fitness through a competency based health related fitness course. November 2009.*

*Chair for Alvis Foster, Health Science. Factors associated with urinary symptoms following prostate brachytherapy. September 2007.*

*Health Science Cognate Representative for Nancy Thomas, Counseling Psychology. The physician-patient relationship: Empathy, trust, & intentions to adhere to medical recommendations. June 2004.*

*Member-at-Large for Steve Ransom, Elementary Education. The impact of ubiquitous computing on a teacher's practice: factors and conditions affecting the operationalizing of a constructivist teaching philosophy. June 2003.*

*Health Science Cognate Representative for Marci Barton, Family environment, time since diagnosis, and gender as predictors of psychosocial adaptation in oncology patients. December 2001.*

*Health Science Cognate Representative for Patricia Borman, Counseling Psychology. The relationship between quality of life and spirituality in oncology patients. May 1999*

*Member-at-Large for Scot Hill, School Psychology. A canonical analysis of maternal perinatal events/risk factors and sensory-motor functioning in normal children. May 1998*

*Member-at-Large for Doris Nevin, Counseling Psychology. Multimodal treatment of women with mitral valve prolapse syndrome. June 1997.*

#### D. Master's Thesis Committees

*Member for Michelle Borjrab, Dietetics. Identification of the type and amount of nutrition education provided to title III-C recipients of congregate and home delivered meals in region V: Indiana, Michigan, Ohio, Illinois, Wisconsin, and Minnesota. December 2012.*

*Member for Rachel Schoor, Psychological Science. Psychosocial factors and antiretroviral medication adherence among people living with HIV in support groups. November 2012.*

*Member for Amanda Robinson, Dietetics. Maternal and Infant Factors Associated with Body Mass Index among Children in a Pediatric Overweight Education Program February 2012.*

*Member for Heather Reich, Wellness and Gerontology. Medication management among Medicare eligible Ball State University retirees. July 2008.*

*Member for Wonwoo Byun, Health Science. The physical activity levels of international college students. July 2007.*

*Member for Mona Wenger, Health Science. Status of bloodborne pathogen education for injection drug users in Indiana hospital emergency departments. July 2007.*

*Member for Kristin Bogue, Health Science. Resident hall assistances beliefs and knowledge related to contraceptive training. July 2007.*

*Member for Sarah Ellenberger, Dietetics. Relationship between maternal birth weight to infant birth weight: A stratified matched study using birth certificates. May 2006.*

*Member for Joe Turner, Health Science. Police officers' personal use of alcohol and the relationship to arrest decisions in impaired driving cases. October 2005.*

*Chair for Vickie Pleska, Physical Education. College students' use of weight loss supplements.*

May 2005.

*Member for* Laura Thatcher, Exercise Science. Influence of BMI on the relationship between heart rate reserve and V02 reserve. June 2005.

*Member for* Jeff Frame, Biomechanics. Kinematic and kinetic effects of altering cleat placement in cycling. June 2005.

*Member for* Cara Kobza, Community Health. Perceived severity of the consequences of physical inactivity across the stages of change in college students. November 2001.

*Chair for* DeAnna Hillery, Community Health. Thesis title: The sale of cigarettes and alcohol by Indiana pharmacies and their familiarity with public health resources: A descriptive study. June 2001.

*Chair for* Meredith Contos-McCord, Community Health. Thesis title: Health care professionals' opinions and practices concerning foodborne illness and food safety education during prenatal care. June 2001.

*Member for* Eric Nehl, Community Health. Thesis title: A comparison of selected variables of Indiana state legislators and their voting records. November 2000.

*Chair for* Stefanie Stephenson, Community Health. Pharmacists' opinions and practices related to the sale of cigarettes and alcohol in pharmacies. January 2000.

*Chair for* Brenda Chamness, Community Health. Thesis title: Establishing criteria to evaluate health-related world wide web sites. July 1998.

*Member for* Jennifer Walker, Community Health. Thesis title: Knowledge and attitudes regarding organ donation among health education, nursing, and social work students. November 2000.

*Member for* Jennifer Sredl, Community Health. Thesis title: Establishment of a valid and reliable tool for the American Red Cross "Health Pregnancy, Healthy Baby" course. June 2000.

*Member for* Stephanie LeRoy, Community Health. Thesis title: College students' knowledge of blood donation. November 1998.

*Chair for* Kimberly Jones, Community Health. Thesis title: Members' self-reported opinions regarding a university wellness program. May 1997.

*Member for* Maia Schempp, Community Health. Thesis title: The relationship between physical self-efficacy and frequency, intensity, type and duration of physical exercise. May 1997.

*Chair for* Jill Knox Health Education. Thesis title: Awareness and use of a school-based health center by high school students. August 1995.

*Member for* Melinda Everman, Community Health. Thesis title: Self-regulation, outcome expectancy value, and exercise role identity as predictors of exercise. December 1997.

*Member for* Anna Stacer, Community Health. Thesis title: Creation of a diabetes knowledge test. July 1997.

*Member for* Dawn Gay Parmley-Hudnutt, Physical Education. Thesis title: Predicted versus actual VO<sub>2</sub> max in children. August 1995.

*Member for* Jacquelyn Powell, Health Education. Thesis title: Characteristics of batterers convicted of domestic abuse in the batterers' education program. July 1995.

#### E. Graduate Students Research Papers

Ehsanul Matin, Community Health. Characteristics of drug addicts in treatment. December 1998.

Ursule Smith, Community Health. HIV/AIDS prevention, intervention, and education techniques among the American Indian population. July 1996.

#### Special Studies in Health Science for Graduate Students

Tim Taylor. Business plans for community hospitals. May 1997.

Melinda Everman. Correlates of physical activity. December 1996.

#### Special Studies in Health Science for Undergraduate Students

Jessica Gooselaw. April 2005

Katie Brazeau. August 2005

Nicole Roehrborn. December 1999.

Laura Morgan. December 1998.

Scot Lawson. July 1998.

Steven Dodds. May 1998.

#### Professional Student Advising

Faculty advisor, Alpha Chapter of Eta Sigma Gamma, Ball State University, 1995 to 2005.

Academic advisor for 25 to 30 undergraduate health science majors annually 1995 to present.

#### G. Fellowships

Lumina Fellow, College of Sciences and Humanities, Ball State University, Muncie, IN, 2004-2005. Office for Information Technology.

Technology Fellow, College of Sciences and Humanities, Ball State University, Muncie, IN, 2000-2001 and 1999-2000. Office for Information Technology.

American Lung Association Fellow, Department of Applied Health Science, Indiana University, Bloomington, IN, 1991-1992.

#### H. Selected Consultancies

Consultant, for Teacher's College Project "Bringing Teacher Education Reform to Digital Life: Preparing tomorrow's teachers to use technology project (PT3)," Project Directors: Drs. Laurie Mullen and Matthew Stuve, Teachers College, Ball State University. Summers 2000, 2001 and 2002.

Consultant, to the Indiana State Board of Health for Indiana's "American Stop Smoking Intervention Study" (ASSIST) for Cancer Prevention, Indianapolis, IN, 1996 to 1999.

Consultant, to Jane Fonda for her exercise video "Workout with Weights," Los Angeles, CA, Fall 1986.

#### PROFESSIONAL SERVICE

##### A. Reviewer & editor for the following Publications and Associations

Editorial board member, *Pedagogy in Health Promotion: The Scholarship of Teaching and Learning*, 2014 to present.

Reviewer, *Health Behavior and Policy Review Journal*, 2013 to present.

Reviewer, *American Journal of Health Education*, 1998 to present.

Reviewer, *Health Promotion Practice*, 2003 to present.

Reviewer, *American Journal of Health Behavior*, 1999 to present.

Reviewer, *The Health Educator, Journal of Eta Sigma Gamma*, 1996 to present.

Abstracts Reviewer, American Association of Health, Physical Education, Recreation and Dance, National Convention, for Research Consortium program, 1995 to 2013.

Abstracts Reviewer, Society of Public Health Education, National Convention, for Research Consortium program, 2013 to present.

Reviewer, U. S. Department of Health and Human Services, Secretary of Health's National Award to the Federal Association of Schools for Health Professionals, for community health promotion program proposals, 1995 and 1996.

Member, Constitutional Bylaws Committee, American School Health Association, 1993 to 1996.

#### B. State and Local Service

Board Member, Health by Design, Indianapolis, IN, 2005 to 2012.

Health by Design is a coalition of diverse partners working to ensure that Indianapolis and communities around the state have neighborhoods, public spaces and transportation infrastructure that promote physical activity and healthy living.

Member, Mayor's Advisory Committee on Health Education, Muncie, IN, 1996 to 2002.

Member, American Cancer Society Indiana Division, School Health Education Team, 1995 to 2000.

Member, Board of Directors, American Cancer Society, Delaware County Unit, Muncie, IN, 1995 to 2003.

Member, Board of Directors, Iowa Division of the American Cancer Society, Des Moines, IA, 1993 to 1995.

Member, Board of Directors, American Cancer Society, Black Hawk County, Cedar Falls, IA, 1993 to 1995.

Research Chair, Iowa Association for Health, Physical Education, and Recreation, 1994-95.

Member, Board of Directors, American Heart Association, Wabash County, Terre Haute, IN, 1987 to 1990.

Member, Colorectal Cancer Task Force, Indiana State Board of Health, Indianapolis, IN, 1992.

#### C. University Service

2014-2015

##### Department

Chair, Promotion and Tenure Committee

Member, Graduate Faculty Selection Committee

Member, Long-Range Planning Committee

Member, Community Health Education Tenure-Track Faculty Search Committee

College

Secretary, Promotion and Tenure Committee

University

Member, President's Travel Fund Committee

2013-2014

Department

Chair, Promotion and Tenure Committee

Member, Merit Salary Committee for Tenure-Track Faculty

Member, Merit Salary Committee for Contract Faculty

Member, Graduate Faculty Selection Committee

Chair, Core Curriculum Working Committee

Member, Long-Range Planning Committee

Member, Community Health Education Tenure-Track Faculty Search Committee

College

Secretary, Promotion and Tenure Committee

University

Member, President's Travel Fund Committee

2012-2013

Department

Chair, Promotion and Tenure Committee

Member, Merit Salary Committee for Tenure-Track Faculty

Member, Merit Salary Committee for Contract Faculty

Member, Policies and Procedures Committee

Member, Community Health Education Tenure-Track Faculty Search Committee

College

Member, Promotion and Tenure Committee

Member, Appeals committee

Member, Advisory Group for the Office of Educational Excellence

University

Member, President's Travel Fund Committee

2011-2012

Department

Chair, Long-range Planning (Transition) Committee

Chair, Community Health Advisory Committee

Member, Promotion and Tenure Committee

Member, External Relationships Committee

2010-2011

Department

Chair, Merit Salary Committee

Chair, Community Health Advisory Committee

Chair, Long-range Planning Committee

Member, Ad-Hoc Committee, to develop Online Graduate Public Health Certificate Program

Member, Courses and Curriculum Committee.

Member, Promotion and Tenure Committee

Member, Contract-Faculty Merit Salary Committee

College

Advisory Group Member, Innovation in Teaching, Assessment, and Scholarship, Academic Affairs and Information Technology.

Member, Advisory Group for the Office of Educational Excellence

2009-2010

Department

Chair, Merit Salary Committee

Chair, Search Committee for Community Health Education Faculty Position

Chair, Computer Facilities Committee

Member, Promotion and Tenure Committee

Member, Search Committee for Contract Faculty Positions.

Faculty Representative, Department Chairperson's re-appointment.

Member, Courses and Curriculum Committee.

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

Advisory Group Member, Innovation in Teaching, Assessment, and Scholarship, Academic Affairs and Information Technology.

Member, Advisory Group for the Office of Educational Excellence

2008-2009

Department

Chair, Courses and Curriculum Committee

Chair, University Core Curriculum Assessment Committee

Member, Promotion and Tenure Committee

Member, Library Committee

Member, Community Health Advisory Committee.

College

Advisory Group Member, Innovation in Teaching, Assessment, and Scholarship, Academic Affairs and Information Technology.

Member, Advisory Group for the Office of Educational Excellence

University

Member, Conference Planning Committee for 2<sup>nd</sup> Annual Enhancing Online Learning Conference, Ball State University.

2007-2008

Department

Chair, Graduate Faculty Committee

Member, Promotion and Tenure Committee

Member, Graduate Assistant Committee

Member, Computer Facilities Committee

Member, Professional Health Science Day Planning Committee

Member, Contract Faculty Search Committee

Member, Minority Student Affairs Committee

Member, Library Committee

Member, Community Health Advisory Committee.

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

University

Member, New Faculty Orientation Committee

Member, Conference Planning Committee for 1<sup>st</sup> Annual Enhancing Online Learning Conference, Ball State University.

2006-2007

Department

Chair, Graduate Assistant Committee

Chair, Graduate Faculty Committee

Member, Baccalaureate Health Education Program Approval Committee

Member, Promotion and Tenure Committee

Member, Computer Facilities Committee

Member, Library Committee

Member, Community Health Advisory Committee.

2005-2006

Department

Chair, Merit Salary Committee

Chair, Contract Faculty Merit Committee

Chair, Computer Facilities Committee

Chair, Graduate Faculty Committee  
Member, Promotion and Tenure Committee  
Member, Library Committee  
Member, Community Health Advisory Committee.

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

2004-2005

Department

Chair, Computer Facilities Committee  
Member, Promotion and Tenure Committee  
Member, Graduate Faculty Committee  
Member, Library Committee  
Member, Merit Salary Committee  
Member, Health Science Day Planning Committee

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

Judge, East Central Indiana Regional Science Fair Committee

2003-2004

Department

Member, Computer Facilities Committee  
Member, Promotion and Tenure Committee  
Member, Graduate Faculty Committee  
Member, Library Committee

2002-2003

Department

Chair, Computer Facilities Committee  
Member, Promotion and Tenure Committee  
Member, Graduate Faculty Committee  
Member, Library Committee  
Member, Merit Salary Committee  
Member, Health Science Day Planning Committee

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

Judge, East Central Indiana Regional Science Fair Committee

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

Judge, East Central Indiana Regional Science Fair Committee

1999-2000

Department

Member, Computer Facilities Committee

Member, Promotion and Tenure Committee

Member, Graduate Faculty Committee

Member, Library Committee

Member, Merit Salary Committee

College

Member, Curriculum Committee

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

1998-1999

Department

Chair, McGovern Lecture Series Committee

Member, Computer Facilities Committee

Member, Promotion and Tenure Committee

Member, Graduate Faculty Committee

Member, Library Committee

Member, Merit Salary Committee

College

Member, Curriculum Committee

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

1997-1998

Department

Member, Baccalaureate Health Education Program Approval Committee

Member, Computer Facilities Committee

Member, Promotion and Tenure Committee

Member, Graduate Faculty Committee

Member, Library Committee

Member, Merit Salary Committee

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

1996-1997

Department

Chair, Promotion and Tenure Committee  
Member, Computer Facilities Committee  
Member, Graduate Faculty Committee  
Member, Library Committee  
Member, Total Lifestyle Center Advisory Committee

College

Reviewer, grant proposals, General Faculty Grants Committee, Office of Academic Research and Sponsored Programs.

1995-1996

Department

Member, Promotion and Tenure Committee  
Member, Search Committee for Community Health Education Faculty Position  
Member, Graduate Faculty Committee  
Member, Library Committee  
Member, Merit Salary Committee  
Member, Total Lifestyle Center Advisory Committee

College

Faculty Advisor, Teleplex Advisory Committee

1994-1995

Department

Member, Technology Facilities Committee.  
Member, Wellness Program Facility Design  
Member, School Governance Structure Committee  
Member, Search and Screen Committee, Community Health Faculty Position

1993-1994

Department

Member, Technology Facilities Committee.  
Member, Wellness Program Facility Design  
Member, School Governance Structure Committee

1992-1993

Department

Member, Search and Screen Committee, Chairperson for Applied Health Science  
Member, Environmental Health and Safety Committee

1988-1990

Department

Member, University Speakers Committee, 1988 to 1990.

Member, Vice-Presidents' Committee on Sexism and Racism, 1988 to 1990.  
Member, Search and Screen Committee, Alcohol and Drug Education Position, 1987.

#### G. Service Grants Funded

McKenzie, J. F., **Kotecki, J. E.**, and Brey, R. A. "Connecting health science and health and safety majors to the department of physiology and health science - follow-up," Awarded \$800 by the Lilly Grant Advisory Committee at Ball State University, Muncie, IN. October 1998.

McKenzie, J. F., **Kotecki, J. E.**, and Brey, R. A. "Connecting health science and health and safety majors to the department of physiology and health science," Awarded \$3,000 by the Lilly Grant Advisory Committee at Ball State University, Muncie, IN. January 1998.

Gulick, K., and **Kotecki, J. E.** "Fitness center program for wellness education program," Awarded \$30,000, Office of Student Services, University of Northern Iowa, Cedar Falls, IA. May 1995.

#### H. Membership in Professional Organizations

American Association for Health Education, 1984 to present.  
American Public Health Association, 1993 to 1999.  
Eta Sigma Gamma, National Health Education Honorary 1985 to present.  
Indiana Association for Public Health, 1995 to 2005.  
American School Health Association, 1991 to 1997.

#### I. Workshop Participation

Participant, Changing Minds: Leadership and Scholarly Disciplines Workshop by Dr. Howard Gardner, Butler University, August 21, 2002.

Participant, Lighten Up: A Workshop in Sustainable Living. Professional Development Workshop offered by the Department of Natural Resources and Environmental Management, Summer I 2002.

Invited University Representative, of the Department of Military Science, College of Technology and Applied Sciences, attended National ROTC Advanced Camp, Ft. Lewis, WA. July 17-July 21, 1999.

Invited University Representative, of the Department of Military Science, College of Technology and Applied Sciences, attended Camp Challenge Leadership Symposium, U.S. Army Cadet Command, Ft. Knox, KY, June 29-July 2, 1998.

Participant, Multimedia Faculty Development Workshop, Office of Information Technology, Ball State University, Summer I 1998.

RECOGNITIONS

Featured in teaching article, "Health communication class using emerging technology," Campus Update, Official Newspaper for Employees of Ball State University, Muncie, IN. April 1999.

Nominee, Outstanding Junior Faculty Award, Ball State University, Muncie, IN. January 1999.

Faculty Marshal, Spring Commencement Ceremony, Ball State University, May 9, 1998. Invited by the Dean's Office to be a Reader of graduates' names for the College of Science and Humanities.

Teaching Recognition, Institutional Research Program, University of Northern Iowa, Cedar Falls, IA. September 1994, 1995, and 1996.

Acknowledged by students in a spring graduation survey as an "Instructor who has had a positive influence on your development as a student at UNI."

J.K. Rash Dissertation Research Award, Department of Applied Health Science, Indiana University, Bloomington, IN. April 1993.

Distinguished Service Honor Award, American Heart Association, Vigo County Unit, Terre Haute, IN. May 1990.

Featured in article "Pressing for excellence: Trainer leaves stars behind to help students shine," Focus on Health and Fitness section of the *Tribune-Star* newspaper, Terre Haute, IN. February 11, 1990.

This article highlighted my distinctive health promotion program at Indiana State University.

Associate Instructor Outstanding Teaching Award, Department of Physical Education, Indiana University, 1984-85.