
Carol Friesen, PhD, RDN

Professor of Nutrition and Dietetics and Graduate Program Director
Department of Nutrition and Health Science
Ball State University
HPB 552
cfriesen@bsu.edu
(765) 285-5925

PROFESSIONAL CREDENTIALS:

Registered Dietitian Nutritionist, Academy of Nutrition and Dietetics,
1980 to present.
Certified Dietitian, State of Indiana, 1994 to present.

EDUCATION:

Michigan State University, East Lansing, MI, 1986-1990.
Degree: Ph.D. Human Nutrition
Domains: Community Nutrition and Epidemiology
G.P.A.: 3.8 (115 credits)

The University of Wisconsin-Stout, Menomonie, WI, 1978-1980.
Degree: M.S. Food Science and Human Nutrition
G.P.A.: 3.9 (45 credits)

The College of St. Catherine, St. Paul, MN, 1974-1978.
Degrees: B.A. Nutrition Science (special major)
B.A. Elementary Education (certified MN 1-6)
G.P.A.: 3.8 (138 credits)

WORK EXPERIENCE:

Tenured Professor, Ball State University, Muncie, IN, August 1996 to present.

- Department of Family and Consumer Sciences, 1996-July 1, 2016
 - Director Graduate Studies, August 2012-August 2016.
 - Assistant Department Chair, August 2014-July 2016.
- Department of Nutrition and Health Science, July 1, 2016-present.
 - Director Graduate Studies, August 2012-present.

Epidemiologist (E-6), Indiana State Department of Health, Indianapolis, November 7, 1994 to August 1996 (Full time); work part time through grant to BSU from August 1996 to June 2005.

Coordinator of Nutrition Services, Marion County Health Department, Indianapolis, IN, June 11, 1990 to May 20, 1994.

Research/Teaching Assistant, Department of Food Science and Human Nutrition, Michigan State University, East Lansing, MI, 1986-1990.

Instructor, Division of Home Economics, Northeast Missouri State University, Kirksville, MO, 1980-1986.

PROFESSIONAL PUBLICATIONS – PUBLISHED]:

- Friesen, C. (2019). 5 Minute Sugar Activities. *Journal of Nutrition Education and Behavior*. In press.
- Green*, H., Mbogori, T., Stroud, J. & Friesen, C.A.. (2019). Attitudes, Perceived Benefits and Barriers, and Prevalence of Scheduling Recess before Lunch: A Survey of Indiana Elementary School Principals. *Journal of Child Nutrition & Management*, 43(1),1-15.
- Ellery, J.E., Ellery, P.J., MacKenzie, A., Friesen, C.A. (2017). Placemaking: An Engaged Approach to Community Well-being. *Journal of Family and Consumer Sciences*, 109(2), 7-13.
- Friesen, C.A. (2017). Seniors Eating Well: A Sourcebook of Lesson Plans and Activities for Educating Older Adults About Nutrition and Health. *Journal of Nutrition Education and Behavior*, 49(9), 796. dx.doi.org/10.1016/j.jneb.2017.06.011
- Friesen C.A. (2017). Advances in Food and Nutrition Research [New Resources for Nutrition Educators]. *Journal of Nutrition Education and Behavior*, 49:362. DOI: 10.1016/j.jneb.2017.01.006
- Maxwell*, C., Ruth, K., Friesen, C. A. (2017). Sports Nutrition Knowledge, Perceptions, Resources, and Advice Given by Certified CrossFit Trainers. *Sports/MDPI.COM*, 5(21), 1-9.
www.mdpi.com/2075-4663/5/2/21/pdf
- Metzler*, B.L., Yen, C.L., Haroldson, A.R., Friesen, C.A. (2017). An Evaluation of Five Lessons from Discover MyPlate: An Inquiry-Based Nutrition Education Curriculum for Kindergarten Students. *The Journal of Nutritional Health and Food Science*, 5(1), 1-5.
- Friesen, C.A. (2016). The Dietary Guidelines for Americans. *Journal of Nutrition Education and Behavior*, 46(6), 432.
- Judge, L.W, Kumley*, R.F, Bellar, D.M., Pike, K.K., Pierson, E.E., Weidner, T., and Friesen, CA. (2016). Hydration and Fluid Replacement Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players. *Journal of Strength and Conditioning Research*, 30(11), 2972-2978. DOI: 10.1519/JSC.0000000000001397
- Driver* S.C. and Friesen, C.A. (2015). Impact of a Pilot Intervention to Improve Nutrition Knowledge and Cooking Confidence among Low-Income Individuals. *Journal of Food Research*, 51(1), 88-96. www.ccsenet.org/journal/index.php/jfr/article/view/53929.
- Friesen, C.A., Hormuth, L.J., Petersen, D., Babbitt, T. (2015). Using videoconferencing technology to provide breastfeeding support to low-income women: Connecting hospital-based lactation consultants with clients receiving care at a community health center. *Journal of Human Lactation*, 31(4), 595-599. doi: 10.1177/0890334415601088. Epub 2015 Aug 21.
- Friesen, C.A., Hormuth, L.J., Cardarelli, T.L. (2015). Community-based participatory initiatives to increase breastfeeding rates in Indiana. *Journal of Human Lactation*. 31(4), 600-606. doi: 10.1177/0890334415599974 Epub 2015 Aug 20.
- Friesen, C.A., Hormuth, L., Curtis, T.J. (2015). The Bosom Buddy Project: A Breastfeeding Support Group Sponsored by the Indiana Black Breastfeeding Coalition for Black and Minority Women in Indiana. *Journal of Human Lactation*, 2015 Apr 20. pii: 0890334415581617. [Epub ahead of print].

- Cattalona, G., Friesen, C.A., Hormuth, L. (2015). The Impact of a Volunteer Postpartum Doula Program on Breastfeeding Success: A Case Study. *Journal of Human Lactation*. 2015 Mar 27. DOI: 10.1177/089033441558330 [Epub ahead of print].
- Lenell, A., Friesen, C. A., Hormuth, L. (2015). Breastfeeding Support in a Community Pharmacy: Improving Access through the Well Babies at Walgreens Program. *Journal of Human Lactation*, 2015 Mar 31. pii: 0890334415579418. [Epub ahead of print].
- Leahy, A., Friesen, C.A., Thompson, N. (2014). Key concepts of environmental sustainability: Knowledge and confidence levels of FCS teachers. *Journal of Family and Consumer Sciences*, 106(3):28-35.
- Friesen, C.A. (2014). Tobe Fit -- Ace food detective cracking the case. *Journal of Nutrition Education and Behavior*, 46(2), 153.e7.
- Pucciarelli, D., Weiss*, T. and Friesen, C.A. (2013). The relationship between nutrition knowledge and school cafeteria purchases of seventh grade students in a rural Indiana school district. *The Journal of Child Nutrition & Management*. 37(2), online only.
<http://www.schoolnutrition.org/Content.aspx?id=19457>.
- Friesen, C.A. (2012). Eat Smart! MyPlate & 2010 Dietary Guidelines, *Journal of Nutrition Education and Behavior*, 44(6): 663.e3.
- Hornstrom*, G.R., Friesen, C.A., Ellery, J.E. and Pike, K.L. (2011). Nutrition knowledge, practices, attitudes, and information sources of Mid-American Conference college softball players. *Food and Nutrition Sciences*, 2(2), 109-117.
- Friesen, C.A. (2011). How to grow a school garden: A complete guide for parents and teachers, *Journal of Nutrition Education and Behavior*, 43(2), 140.e3.
- Friesen, C.A. (December 2010). Operation Wellness: A university/community collaboration to enhance adult wellness. *Family & Consumer Sciences Research Journal*, 39(2), 152–160.
- Friesen, C.A., Spangler, A.A. & Altman, L.A. (January 2009). Merging food availability and client food preferences to create chef-inspired meals at a Midwest soup kitchen. *Journal of Family and Consumer Science*, 101(1), 18-24.
- Friesen, C.A., Spangler, A.A. & McFadden, J.R. (2008). Nutrition, food, and wellness: Current benchmarks, trends, and challenges in an ever changing environment. *Journal of Family and Consumer Sciences Education*. 26(National Teacher Standards 2), 14-32. Available at <http://www.natefac.org/JFCSE/v26Standards2/v26Standards2Std4Friesen.pdf>
- Friesen, C.A. (2005) Operation Wellness: A university-community collaboration to improve health in Wells County, Indiana (Faculty Spotlight), *BSU Alumnus*, 63 (1), 12-14. Accessible at <http://www.bsu.edu/alumni/july05/facultyspot/>.
- Friesen, C.A., Whitaker, S.H., and Piotrowicz*, K. (2004). Service learning in an FCS core curriculum: A community-campus collaboration. *Journal of Family and Consumer Sciences*. 96(3), 12-15.
- Vann, J., Ahmadi, R., and Friesen, C.A. (2004). Energy conservation tips for individuals and families. *The Forum for Family and Consumer Issues*. 9(2):ISSN 1540 5273, http://www.ces.ncsu.edu/depts/fcs/pub/9_2/encon.html.

- Chezem, J.C., Friesen, C.A., and Parker*, C.G. (2004). Effect of professional postpartum support on infant feeding patterns among breastfeeding participants in the WIC Program, *Family and Consumer Sciences Research Journal*, 32(4), 349-360.
- Chezem, JC, Boettcher*, J and Friesen, CA. (2003). Breastfeeding knowledge, breastfeeding confidence, and infant feeding plans: Effects on actual feeding practices. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 32(1), 713-720.
- Friesen, CA, Altman, L, and Kain, D. (2002). Nutrition knowledge, attitudes, and practices of certified Executive chefs. *Journal of Family and Consumer Sciences*, 94(4), 17-24.
- Friesen, CA, Chezem, JC, and Beals, K. (2001). Using the electronic superhighway to 'drive' your foods and nutrition curriculum: Recommended websites for foods and nutrition educators. *Journal of Family and Consumer Science Education*, 19(2), 19-25.
- Chezem, JC, Friesen, CA and Clark*, H. (2001). Sources of infant feeding information used by pregnant women. *Journal of Perinatal Education*, 10(3), 20-26.
- Chezem, JC and Friesen, CA. (1999). Attendance at breast-feeding support meetings: Relationship to demographic characteristics and duration of lactation in women planning postpartum employment, *Journal of the American Dietetic Association*, 99(1), 83-85.
- Chezem, JC, Friesen, CA, Montgomery, P, Fortman*, T, and Clark, H. (1998). Lactation duration: Influences of human milk replacements and formula samples on women planning postpartum employment, *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 27(6), 646-651.
- Friesen, CA and Hoerr, SL. (1990). Nutrition education strategies for worksite wellness: Evaluation of a graduate course targeted to worksite wellness majors, *Journal of the American Dietetic Association*, 90(6), 854-6.

BOOKS:

- Reilly, R and Friesen, CA. (2012). Test Bank for Nutrition: An Applied Approach, Third Edition. Pearson Publishing Company, San Francisco, CA.
- Friesen, CA. (2012). Part 5: MyDietAnalysis teaching Tips and Activities, pp. 261-267, in Nutrition and You Instructor Resources and Support Manual, 2nd Edition, Pearson Benjamin Cummings Publishing Co, San Francisco, CA.
- Friesen, CA. (2010). Diverticular Disease. In: 2010 Indiana Diet Manual, Indiana Dietetic Association, Indianapolis, IN.
- Friesen, CA. (2008). Part 4: MyDietAnalysis teaching Tips and Activities, pp. 129-134, in Nutrition and You Instructor Manual, Pearson Benjamin Cummings Publishing Co, San Francisco, CA.
- Friesen, CA. (2006). Diverticular Disease. In: 2006 Indiana Diet Manual, Indiana Dietetic Association, Indianapolis, IN.
- Friesen, CA, Ferguson, DE and Wray, PS. (1994). 5 A Day-For Better Health: K-2nd Grade Nutrition Education Curriculum, Burford Printing Company, Columbus, IN.

Friesen, CA, Ferguson, DE and Wray, PS. (1994). 5 A Day-For Better Health: 3-4 Grade Nutrition Education Curriculum, Burford Printing Company, Columbus, IN.

Friesen, CA, Ferguson, DE and Wray, PS. (1994). 5 A Day-For Better Health: 5-6 Grade Nutrition Education Curriculum, Burford Printing Company, Columbus, IN.

Friesen, CA and Wilson, AK. (1980). Programmed Chemistry Principles as they Relate to Foods, 230p. University of Wisconsin-Stout Publications Office, Menomonie, WI, copy-righted text.

SELECT REFEREED POSTER SESSIONS:

*Stoermann, T. L., *Kimmel, K. E., Pike, K. L., Lee, K., Friesen, C. A., "Assessment of Sports Nutrition Knowledge, Sources and Recommendations of Coaches and Athletic Trainers at a Division I University and The Perceived Impact of a CSSD to an Athletic Team", Food and Nutrition Expo (FNCE), Academy of Nutrition and Dietetics, Philadelphia, PA, International. (October 26, 2019).

*Kimmel, K. E., *Stoermann, T. L., Pike, K. L., Lee, K., Friesen, C. A., "Sports Nutrition Knowledge, Primary Sources of Nutrition Information, Perception of Nutrition for Athletic Performance and Advice Desired from a CSSD: A Survey of Student-Athletes at a DI Institution", Food and Nutrition Expo (FNCE), Academy of Nutrition and Dietetics, Philadelphia, PA, International. (October 26, 2019).

Friesen, C. A., Fetterman, M., Barclay, J., Burns, J., "Impact of the Early Care and Education Learning Collaborative Project (ECELC) on the Adoption of Nutrition and Physical Activity "Best Practices" in Child Care Centers in Indiana", 10th Biennial Childhood Obesity Conference -- Beyond Obesity: Tackling Root Causes, Anaheim, CA. (July 15, 2019).

Friesen, C. A., Fetterman, M., Barclay, J., Burns, J., "Increasing Nutrition and Physical Activity "Best Practices" In the Child Care Setting in Indiana: A Five-Year Evaluation of the ECELC Training", Association of State Public Health Nutritionists (ASPHN) Annual Meeting, ASPHN, Scottsdale, AZ, National. (June 9, 2019).

*Sanchez, M., Mbogori, T., Place, J. M. S., Friesen, C. A., "Infant Feeding Practices and Subsequent Childhood Obesity Among Hispanic and Non-Hispanic Infants and Children Served by the Special Supplemental Nutrition Program for Women, Infants and Children in Indiana be 2", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Indianapolis, IN, State. (April 11, 2019).

*Stoermann, T., Pucciarelli, D. L., Friesen, C. A., "Using environmental stewardship to increase fruit consumption in school-aged youth: An age cohort comparison", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Indianapolis, IN, State. (April 11, 2019).

Friesen, C. A., "Nutrition Grows on You! A Nutrition Demonstration Project for Fourth Grade Students in Muncie Public Schools", Association of State Public Health Nutritionists (ASPHN) Annual Meeting, ASPHN, San Antonio, TX, National. (June 10, 2018).

- *Green, H. C., Mbogori, T., Stroud, J. C., Friesen, C. A., "Attitudes, Perceived Benefits and Barriers, and Prevalence of Scheduling Recess before Lunch: A Survey of Indiana Elementary School Principals", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Indianapolis, IN, State. (April 12, 2018).
- *Kittle, S. R., Friesen, C. A., "The History of Food Guidance Over Time", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Indianapolis, IN, State. (April 12, 2018).
- Friesen, C. A., Fetterman, M., Barclay, J., Burns, J., "An Evaluation of the Early Care and Education Learning Collaborative Project: Taking Steps to Healthy Success", Indiana Clinical and Translational Sciences Institute (CTSI), Clinical and Translational Sciences Institute (CTSI), Indianapolis, IN, State. (December 9, 2017).
- Friesen, C. A., *Vukovich, R., Yen, C.-L., Kistler, B. M., Wilson, R., "Nutrition and Wellness in the Workplace", Food and Nutrition Expo of the Academy of Nutrition and Dietetics, Academy of Nutrition and Dietetics, Chicago, IL, International. (October 24, 2017).
- Friesen, C. A., Maxwell*, C., "Sports Nutrition Knowledge, Perceptions, Resources, and Advice Given by Certified CrossFit Trainers", Food and Nutrition Expo (FNCE), Academy of Nutrition and Dietetics Annual Meeting, Chicago, IL, International. (October 23, 2017).
- Friesen, C. A., Fetterman, M., Barclay, J., Burns, J., "Taking Steps to Healthy Success: What level of Training and Technical Assistance is Associated with the Greatest Adoption of Health-Related "Best Practices" in the Child Care Setting?", Food and Nutrition Expo (FNCE), Academy of Nutrition and Dietetics, Chicago, IL, International. (October 23, 2017).
- Friesen, C. A. and Vukovich*, R. "Health and Nutrition-Related Characteristics of Faculty and Staff Who Received Services at the Nutrition Assessment Laboratory: Part of Ball State University's "Working Well" Worksite Wellness Program," Food and Nutrition Expo (FNCE), Academy of Nutrition and Dietetics Annual Meeting, Chicago, IL, International. (October 24, 2017).
- Friesen, C. A., "Improving the Health of Senior Citizens through Nutrition Education: An Immersive Learning Experience for Students in a Community Nutrition Course at Ball State University", Association of State Public Health Nutritionists Annual Meeting, Minneapolis, MN. National. (June 12, 2017).
- Vukovich*, R., Yen, C.-L., Kistler, B. M., Wilson, R., Friesen, C. A., "Nutrition and Wellness in the Workplace", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Fishers, Indiana, State. (April 13, 2017).
- Friesen, C. A., Metzler*, B., Haroldson, A. R., Yen, C.-L., "An Evaluation of Five Lessons from Discover MyPlate: An Inquiry-Based Nutrition Education Curriculum for Kindergarten Students," Association of State Public Health Nutritionists Annual Meeting, ASPHN, Little Rock, Arkansas, National. (June 10, 2016).
- Brown*, E. E., Friesen, C. A., "Influencing Preschool Children's Food Acceptance through Parent Education, Hands-On Activities, and Food Exposure at a University-Based Child Study Center", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Indianapolis, IN, Local. (April 16, 2016).

- Stanton*, K. M., Pucciarelli, D. L., Haroldson, A. R., Whaley, C. D., Friesen, C. A., "The Effect of Vermicomposting on Student Fruit Consumption in the Elementary School Lunchroom: A Pilot Study", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Indianapolis, IN, Local. (April 16, 2016).
- Shapiro*, K., Pike, K. L., Lee, K., Friesen, C. A., "Sport Nutrition Knowledge and the Theory of Anticipatory Guidance to Identify Anticipated Uses of Registered Dietitians by Student-Athletes at a Mid-Major Division I University", SCAN (Sports, Cardiovascular, and Wellness Nutrition) Symposium, SCAN, Portland, Oregon, SCAN, International. (April 11, 2016).
- Shapiro*, K., Friesen, C. A., Pike, K. L., Lee, K. "Application of the Theory of Anticipatory Guidance to Identify the Anticipated Use of A Registered Sports Dietitian by Collegiate Student-Athletes at a Division I University." SCAN (Sports, Cardiovascular, and Wellness Nutrition) Symposium, SCAN, Portland, Oregon, International. (April 8, 2016).
- Metzler*, B. E., Haroldson, A. R., Yen, C.-L., Friesen, C. A., "An Evaluation of Five Lessons from Discover MyPlate: An Inquiry-Based Nutrition Education Curriculum for Kindergarten Students", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indiana Academy of Nutrition and Dietetics, Indianapolis, IN, Local. (April 1, 2016).
- Ellcessor*, B., *Harris*, M. M., Friesen, C. A., "An Evaluation of the Academy of Nutrition and Dietetics Foundation's MyPlate: How Do I Rate Toolkit for Parents of Preschool and Elementary Children", Food and Nutrition Conference Expo (FNCE), Academy of Nutrition and Dietetics, Nashville, TN, International. (October 6, 2015).
- Friesen, C. A., Brankle*, L. E. "Working Well at Ball State: How a Nutrition Assessment Laboratory Is Helping University Employees and their Families Attain a Healthier Lifestyle", Association of State Public Health Nutrition Directors annual meeting, St. Louis, MO, National. (June 14-16, 2015).
- Sartin*, K., Friesen, C. A., Khubchandani, J., "Health Risk Behaviors and Fruit/Vegetable Consumption: What Can Be Learned from BRFSS Data?", Indiana Academy of Nutrition and Dietetics Annual Meeting, Indianapolis, IN, State. (April 16, 2015).
- Friesen, CA and McCreary*, T. (2014). "Effectiveness of a Virtual Grocery Store Tour on the Confidence and Ability of Parents to Understand and Use the Nutrition Facts Panel." Food & Nutrition Conference & Expo (FNCE), Atlanta, GA, October 20, 2014.
- Friesen, CA and Criswell*, A. (2014). Evaluation of a Nutrition Labeling Initiative on the Food Choices of Adult High School Students. Association of State Public Health Nutritionists (ASPHN) Annual Meeting, Minneapolis, MN, June 6-8, 2014.
- Friesen, C.A., Driver*, S.C., Fernandes, N.V., Ellery, J. (2014). Healthy Meals, Healthy Families: A Pilot Intervention to Improve Nutrition Knowledge and Confidence to Prepare Healthy Meals among Low-Income Individuals, Experimental Biology (EB) Annual Meeting, San Diego, CA, April 2014.
- Fernandes, N.V., Khubchandani, J., Friesen, C.A., Kotecki, J.E., Autry, D. (2014). Efficacy of mobile health technologies in Diet Counseling for Weight Management: A Meta Analytic Review, Society for Public Health Education's (SOPHE) 65th Annual Meeting, Baltimore, MD, March 19, 2014.

- Criswell*, A., Friesen, C.A. (2013). Impact of a Nutrition Labeling Initiative on the Food Choices of High School Students 18 Years of Age and Older: A Pilot Study. Indiana Association of Family and Consumer Sciences Annual Meeting, Indianapolis, IN, September 27, 2013.
- Friesen, C. A., Harter*, M. (2013). Evaluation of the SHAPEDOWN Weight Loss Program Conducted through a Hospital in North Central Indiana: A Family-Centered Approach, Experimental Biology Annual Meeting, American Institute of Nutrition, Boston, MA, April 22, 2013.
- Driver*, S.C., McCreary*, T., Friesen, C.A. (2013). Food Insecurity in Indiana, Annual Indiana Dietetic Association, Indianapolis, April 18, 2013.
- Fernandes, NV, Khubchandani, J., Friesen, CA, Kotecki, JE. (2012). Diet and Physical Activity Counseling: Physicians' Practices and Perceptions." Mining Golden Opportunities: Health Education Policy, Research & Practices, Society for Public Health Education (SOPHE), San Francisco, CA, October 12, 2012.
- Friesen, CA, Garant*, AR. (2012). Impact of Early Child Life Events on the BMI of Obese Children Enrolled in the Pediatric Over Weight Education and Research (POWER) Program, Association of State and Territorial Public Health Nutrition Directors, ASTPHND, Traverse City, MI, June 10, 2012.
- Pucciarelli, DL, Schroeder, AL, Friesen, CA. (2012). New Culinary Uses for Pork Testicles from Immunologically Castrated Male Pigs. *EB* (vol. 26, pp. 636.6). *The FASEB Journal*. www.fasebj.org/cgi/content/meeting_abstract/26/1_MeetingAbstracts/636.6, San Diego, CA, April 23, 2012.
- Pucciarelli, DL, Friesen, CA, Burt, T, Sorg*, A. (2012). The Effect of Living Arrangement on Dietary Intake of Athletes who Participated in Special Olympics living in Delaware County, Annual Indiana Dietetic Association, Indianapolis, April 19, 2012.
- Driver*, S.L, Friesen, C.A. (2012). An Evaluation of Feeding American's Backpack Program at Second Harvest Food Bank of East Central Indiana from the Perspective of Site Coordinators and Parents, Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 19, 2012.
- Garant*, AR, Friesen, CA, Chezem, JC, Kotecki, J, Gupta, S. (2012). Maternal and Infant Factors Associated with Body Mass Index among Children in a Pediatric Overweight Education Program, Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 19, 2012.
- Durham*, MR, Friesen, CA. (2012). Impact of an Educational Strategy to Change Knowledge, Attitudes, and Consumption of Fruits and Vegetables among High School Students in a Rural Indiana Community, Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2011.
- Kumley*, RF, Friesen, CA, Judge, LW, Pierson, EE, Pike, KL. (2011). Hydration and Fluid Replacement Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players at a Midwestern University, National Strength and Conditioning Association, Las Vegas, NV, July 9, 2011.
- Friesen, CA, Driver*, SL. (2011). An Evaluation of the Nutrient Content of the BackPack for Kids Program at Second Harvest Food Bank of East Central Indiana, Association of State and Territorial Public Health Nutrition Directors, Salt Lake City, Utah, June 12, 2011.

- Driver*, SC, Friesen, CA. (2011). Feeding America's Backpack Program at Second Harvest Food Bank of East Central Indiana, Indiana Dietetic Association, Indianapolis, IN, April 14, 2011.
- Kumley*, RF, Pike, KL, Judge, LW, Pierson, EE, Friesen, CA. (2011). Hydration and Fluid Replacement Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players at a Midwestern, Indiana Dietetic Association, Indianapolis, IN, April 14, 2011.
- Martin*, LM, Pike, KL, Blom, LC, Pucciarelli, DL, Friesen, CA. (2011). Application of the Theory of Anticipatory Guidance to Understand the Nutritional, Indiana Dietetic Association, Indianapolis, IN, April 14, 2011.
- Kumley*, RF, Friesen, CA, Judge, LW, Pierson, EE, Pike, KL. (2011). Hydration and Fluid Replacement Knowledge, Attitudes, Barriers, and Behaviors of NCAA Division I Football Players at a Midwestern University, 27th Annual SCAN Symposium, SCAN, Chicago, IL, March 21, 2011.
- Martin, L.* M, Friesen, CA, Pike, KL, Blom, LC, Pucciarelli, DL. (2011). Application of the Theory of Anticipatory Guidance to Understand the Nutritional Habits and Needs of Underclass Collegiate Athletes, 2011 SCAN Symposium, Sports Cardiovascular and Wellness Nutrition, Chicago, IL, March 11, 2011.
- Friesen, CA, Ferguson, DE. (2010). Implementation of the Supermarket Smarts Pilot Program. Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2010.
- Trumbo*, KC, Friesen, CA, Pucciarelli, D. (2010). The Effect of Sports-Focused Nutrition Education among Men and Women Collegiate Athletes. Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2010.
- Friesen, CA and Harmeson*, AM. (2010). Determination of the Validity and Reliability of the Special Olympics Healthy Athletes Health Promotion Dietary Intake Questions, Association of State and Territorial Public Health Nutrition Directors, Baltimore, MD, June 13-15, 2010.
- Kruckenber* , MA, Kaminsky, LA, Hargens, TA & Friesen, CA. (June 2010). The relationships between current and past physical activity participation and bone status in a mixed menopausal population. *Medicine and Science in Sports and Exercise*, 42(5 Suppl): S180.
- Harmeson*, AM, Kandiah, J, Jones, J, Leahy, A, Friesen, CA. (2010). An Evaluation of the Validity and Reliability of the Healthy Athletes® Health Promotion Questionnaire Used to Assess the Dietary Intake of Delaware County Special Olympics Athletes. Indiana Dietetics Association, April 21, 2010.
- Trumbo*, KC, Friesen, CA, Pucciarelli, D. (2010). The Effect of Nutrition Education Intervention on Men and Women Collegiate Athletes Indiana Dietetics Association, Indianapolis, IN, April 21, 2010.
- Friesen, CA, Chezem, JC. (2009). Validation Study of the BioMeasure Adult Measuring System. American Association of Family and Consumer Sciences, Knoxville, TN, June 25-27. 2009.
- Friesen, CA, Dudoit*, J. (2009). Analysis of Health Promotion Data Obtained during the 2008 Indiana Special Olympics games: A Comparison of Indiana and National Data. Association of State and Territorial Public Health Nutrition Directors, Santa Fe, NM, June 14-16, 2009.

- Weiss*, T, Friesen, CA, Thompson, NE, Altman, L, Spangler A. (2009). Does a Students' Nutrition Knowledge Correlate with their Purchase of "Better Choice" Foods in a Middle School Cafeteria Setting? Indiana Dietetic Association, Indianapolis, IN, April 23, 2009.
- Friesen, CA. (2009). Operation Wellness, A University-Community Collaboration to Improve Health in Wells County, Indiana: Lessons Learned. Building a Healthier Community: Eat Well, Live Well regional meeting, Chicago, IL, January 23, 2009.
- Weiss*, T, Friesen, CA, Thompson, N, Altman, L, Spangler, A. (2008). The Relationship between Nutrition Knowledge and Dietary Behavior among Adolescents. Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 26, 2008.
- Friesen, CA, Thompson, NE, Spangler, AA, Whitaker, S. (2008). Impact of a University Family and Consumer Sciences Curriculum on Students' Confidence and Competence in their Ability to Use Technology. American Association of Family and Consumer Sciences, Milwaukee, WI, June 18, 2008.
- Friesen, CA, Hormuth*, L. (2008). Body Mass Index, Food Choices and Nutrition Knowledge and Attitudes of Fourth Grade Students in Wells County, IN: 2003-04 through 2006-07, Association of State and Territorial Public Health Nutrition Directors, Madison, WI, June 7, 2008.
- Friesen, CA, Hornstrom, GR, Perkins, AJ. (2008). Validation Study of the BioMeasure Adult Fitness Measuring System. Indiana Public Health Association, W. Lafayette, IN, May 12, 2008.
- Hornstrom*, G., Friesen, C.A., Pike, K., & Ellery, J. (2008). Nutrition Knowledge, Practices, Attitudes, and Information Sources of Mid-American Conference College Softball Players, SCAN (Sports, Cardiovascular and Wellness Nutrition Association, Boston, MA, April 9, 2008.
- Friesen, C.A. & Hornstrom*, G.R. (2007). Impact of Participation in a Pilot Coordinated School Health Program on the Physical Activity Patterns and Nutrition Habits of Students in Wells County, IN. Association of State and Territorial Public Health Nutrition Directors (ASTPHND) Annual Meeting, Portland, ME, June 10-12, 2007.
- Friesen, C.A. & Hornstrom*, G.R. (2007). Physical Activity Patterns and Nutrition Habits of Fourth and Sixth Grade Students in Wells County, Indiana: A Comparison over Time. American Association of Family and Consumer Sciences, Knoxville, TN, June 20-23, 2007.
- Friesen, C.A., Altman, L.A., & Spangler, A.A. (2007). Food Preferences of Adults Who Obtain Meals at Harvest Soup Kitchen in Muncie, Indiana. American Association of Family and Consumer Sciences, Knoxville, TN, June 20-23, 2007.
- Friesen, CA. (2006). Operation Wellness: A University/Community Collaboration to Improve Health in Wells County, Indiana, INShape Indiana Governor's 2006 Health Conference, Indianapolis, IN, November 28, 2006.
- Altman, L., Friesen, C, & Spangler, A. (2006). Menu Descriptors are Perceived by Consumers as Associated with "Appealing" and "Healthy" Entrées: Choose Your Words Carefully, Indiana Association of Family and Consumer Sciences, Marten House, Indianapolis, IN, November 15, 2006.
- Friesen, CA. (2006). Operation Wellness: A University-Community Collaboration to Improve the Health of Individuals in Wells County, Indiana. Association of State and Territorial Public Health Nutrition Directors (ASTPHND), Seattle, WA, June 11-13, 2006.

- Friesen, C, Delagrangé*, S, & Hornstrom*, G. (2006). Nutrition and Physical Activity Habits of School-Aged Children in a Rural Indiana Community, Indiana Public Health Association, West Lafayette, IN. May 11, 2006.
- Friesen, CA, Spangler, A, Shah*, K. and Altman, L. (2006). Identification of “Appealing” and “Healthy” Menu Entrée Descriptors and Determination of Factors Influencing Customer’s Food Selection and Frequency of Eating Out, Indiana Dietetics Association, Indianapolis, IN, April 6, 2006.
- Hornstrom*, G and Friesen, CA. (2006). Evaluation of the Nutrition Habits and Physical Activity Patterns of Fourth and Sixth Grade Students in Wells County, Indiana: A Comparison over Time, Indiana Dietetics Association spring meeting, Indianapolis, IN. April 6, 2006.
- Friesen, CA. (2005). Operation Wellness: A Community Program to Improve Health, American Association of Family and Consumer Sciences, Minneapolis, MN, June 14, 2005.
- Friesen, CA, Knox*, F, and Purcell*, J. (2004). Operation Wellness: An Overview, Indiana Dietetic Association, Indianapolis, IN, March 25, 2004.
- Friesen, CA, Knox*, F, and Purcell*, J. “Operation Wellness: A Community-Based Wellness Program in Wells County, IN”, Priester Health Education Conference, St. Louis, MO, April 15, 2004.
- Friesen, CA and Knox*, FA. “Operation Wellness: An Overview”, Indiana Association of Family and Consumer Sciences, Muncie, IN, November 3, 2004.
- Knox*, FA and Friesen, CA. “TPAN: A Look into Teachers’ Attitudes Toward Physical Activity and Nutrition: Are Schools Prepared to Fight the Obesity Epidemic?” Indiana Association of Family and Consumer Sciences, November 3, 2004.
- Altman, L and Friesen, CA. (2003). If the Chefs Prepare It, Will the Consumer Eat It?, Indiana Association of Family and Consumer Sciences. November 6, 2003.
- Chezem, JC and Friesen, CA. (2002). Breastfeeding Attitudes of Women Planning Exclusive and Partial Breastfeeding, American Dietetic Association Annual Meeting, Philadelphia, PA, October 22, 2002.
- DeGraaf*, RL, Chezem, JC, and Friesen, CA. (2002). Breastfeeding Confidence of Mothers who Choose to Exclusively Breastfeed and Combination Feed their Infants, American Dietetic Association Annual Meeting, Philadelphia, PA, October 22, 2002.
- Friesen, CA and Chezem, JC. (2002). Variety in the Diet of College Students: Will Completion of a Personal Nutrition Course Have an Impact on the Type of Foods Consumed? Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 3, 2002.
- Friesen, CA and Chezem, JC. (2001). Impact of a Personal Nutrition Course on Self-Reported Variety in a College Student’s Diet, American Dietetic Association Annual Meeting, St. Louis, MO, October 22, 2001.
- Friesen, CA. (2000). Relationship Between Maternal Birth Weight and Infant Birth Weight: A Stratified, Matched Study Using Birth Certificates, American Dietetic Association Annual Meeting, Denver, CO, October 19, 2000.

- Chezem, JC, Friesen, CA, Beals, K, and Stemnock, L. (2000). Status of Fruit and Vegetable Intake Practices in Indiana: Results of the 1998 Indiana Behavior Risk Factor Surveillance System (BRFSS), Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 19, 2000.
- Beals, K, Friesen, CA, Chezem, JC, and Stemnock, L. (2000). Status of Obesity and Weight Loss Practices in Indiana: Results of the 1998 Indiana Behavior Risk Factor Surveillance System (BRFSS), Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 19, 2000.
- Friesen, CA, and Eigenbrod, JA. (2000). Evaluating the Quality of Nutrition Education in Indiana's Elementary Schools: Does Taking a College Course in Nutrition Make A Difference? Indiana Dietetic Association Annual Meeting, Indianapolis, IN, April 12, 2000.
- Friesen, CA. (1998). Use of BRFSS Data to Determine Effectiveness of Outreach Strategies in the Indiana Breast and Cervical Cancer Early Detection Program, American Public Health Association Annual Meeting, Washington, DC, November 17, 1998.
- Friesen, CA and Moorman, JE. (1997). Fruit and Vegetable Consumption Among Adults in Indiana: How Do We Compare with the Nation? Indiana Public Health Association Annual Meeting, Indianapolis, IN, April 3, 1997.
- Friesen, CA. (1995). Evaluation of A K-6 Grade Nutrition Education Curriculum Entitled '5 a Day - For Better Health', Indiana Public Health Association Annual Meeting, Indianapolis, IN, March 1994.

SELECT REFEREED ORAL PRESENTATIONS:

- Friesen, C. A., Fetterman, M., "An Evaluation of the Early Care and Education Learning Collaborative Project: Identification of the Level of Support Needed to Optimize Implementation of Nutrition and Physical Activity "Best Practices" in the Child Care Setting", Indiana Association for the Education of Young Children, Indiana Association for the Education of Young Children, Indianapolis, IN (Convention Center), April 7, 2017.
- Friesen, C.A., and Cotton*, B. "Implementation of a Nutrition Assessment Laboratory as a Component of a University Worksite Wellness Program: A Model Immersive Learning Experience for Master's Candidates in Nutrition and Dietetics." Food and Nutrition Conference & Expo (FNCE), Atlanta, GA, October 20, 2014.
- Friesen, C.A. "Anthropometric Indices, Dietary Intake Patterns, and Health Behaviors of Indiana and Non-Indiana Special Olympics Athletes." Indiana Public Health Association, Indianapolis, IN, April 6, 2010.
- Friesen, C.A. "Operation Wellness: Results and Lessons Learned." Indiana Public Health Association, W. Lafayette, IN, May 12, 2008.
- Friesen, C.A. "Operation Wellness: Operation Wellness: A University-Community Collaboration to Increase Physical Activity and Improve Eating Behaviors in a Rural Indiana County." Indiana Dietetics Association annual meeting, Indianapolis, IN, April 16, 2008.
- Friesen, C.A. "Special Olympics Healthy Athletes® Health Promotion." Indiana Special Olympics Winter Professional Update, Indianapolis, IN, February 7, 2008.

Altman, L.A., and Friesen, C.A. "Choose Your Words Carefully." ACF (American Culinary Federation), Nashville, TN. April 29, 2007.

Friesen, C.A. "Operation Wellness: Development, Implementation, and Evaluation." Indiana Cancer Coalition, Indianapolis, IN, April 25, 2007.

Lopaki, S, Friesen, CA, and Willaert, AM. "C-C Partnerships: The View from the Funder's Balcony", Community-Campus Partnerships for Health's 10th anniversary conference Mobilizing Partnerships for Social Change, April 13, 2007, Toronto, ON Canada!.(90 minute; joint presentation with Robert Wood Johnson, Ball State University, and Mankato State University).

Friesen, C.A. "What's New in Nutrition? What you Need to Know!" Midwest GMA/FPA, Indianapolis, IN, March 13, 2007.

Friesen, C.A. "Operation Wellness." Robert Wood Johnson Local Initiative Funding Partners Annual Meeting, Scottsdale, AZ, October 12, 2006.

Friesen, C.A. "Operation Wellness: Development, Implementation and Mid-Term Evaluation." Indiana FACS Teachers' Statewide Conference, Indianapolis, IN, April 18, 2006.

Altman, L, Foster, D, and Friesen, C. "Fundraising Activities for Student Organizations", Great Lakes Hospitality and Tourism Educators Conference, E. Lansing, MI, December 3, 2005.

Friesen, CA. "Operation Wellness: Development, Implementation and Mid-Term Evaluation", Indiana Public Health Association annual meeting, Bloomington, IN, May 19 2005.

Friesen, CA and Knox, FA. "Elementary Teachers' Perceptions, Practices, and Curriculum Needs Related to Nutrition Education and Physical Activity in Wells County, IN", 2005 Priestler National Extension Health Education Conference, Lexington, KY, April 13, 2005.

Friesen, CA and Whitaker, S. "Integrating the FCS Body of Knowledge into a Freshman Introductory Course", American Association of Family and Consumer Sciences Annual Meeting, San Diego, CA, June 29, 2004.

Whitaker, SH, Friesen, CA, and Piotrowicz. "Inclusion of a Service-Learning Component into a University FCS Core Curriculum," Indiana Association of Family and Consumer Sciences. November 6, 2003.

Friesen, CA and Gardner, JG. "Use of GIS to Target Outreach Activities and to Evaluate Screening Success in the Indiana Breast and Cervical Cancer Early Detection Program", CDC's 15th National Conference on Chronic Disease Prevention and Control, Washington, DC, November 30, 2000.

Gardner, JG and Friesen, CA. "Application of GIS in the Indiana Breast and Cervical Cancer Early Detection Program", NBCCEDP Data Manager's Conference, Denver, CO, May 25, 2000.

Friesen, CA, Ferguson, DE, and Wray, PS. "Evaluation of a K-6 Grade Nutrition Education Curriculum with 'Kid-Appeal': 5 a Day - For Better Health". American Public Health Association Annual Meeting, Washington, DC, October 1994.

Friesen, CA, Ferguson, DE, and Wray, PS. "Five a Day - For Better Health: A Curriculum with Kid-Appeal". Society for Nutrition Education Annual Meeting, Portland, OR, July 1994.

SELECT INVITED ORAL PRESENTATIONS:

Friesen, C.A. "Increasing Nutrition and Physical Activity "Best Practices" In the Child Care Setting in Indiana: A Five-Year Evaluation of the ECELC Training." Jump IN for Healthy Kids, United Way of Indiana, Indianapolis, IN. (June 5, 2019).

Friesen, C. A., "Nutrition and School Performance", Learning Connection Summit, American Dairy Association Indiana, J.W. Marriott, Indianapolis, American Dairy Association Indiana, State. (June 29, 2016).

Friesen, C.A. (2015). "Nutrition and Learning: What's the Connection?", Indiana Learning Connection. Indianapolis, IN, November 12, 2015. (State).

Friesen, C.A. (2015). "Tricks....and Treats! Successful Graduate Student Recruitment Strategies", Ball State University Graduate School, Muncie, IN, October 31, 2015. (Local).

Friesen, C.A. and McCreary,* T. "Tips for Eating Healthy!" Indiana Special Olympics Annual Meeting, Indianapolis, IN. 1/25/2013.

Friesen, C.A. "Partnering to Build Healthy and Sustainable Families." Joint meeting: Family and Consumer Sciences Professional Development Conference and Indiana Association of Family and Consumer Sciences Annual meeting, Indianapolis, IN, April 10, 2014.

Friesen, C. A., "A Roadmap to Healthy Living, Indiana Association of Family and Consumer Sciences, Indianapolis, IN, September 30, 2011.

Friesen, CA. "Nutrition Guidelines for Wellness and Obesity Prevention: New Challenges, New Solutions." Indiana Association of Family and Consumer Sciences Annual meeting, Indianapolis, IN, September 24, 2010.

Friesen, CA. "Operation Wellness," Robert Wood Johnson Local Initiative Funding Partners Annual Meeting, Scottsdale, AZ, October 12, 2006.

Friesen, CA. "Operation Wellness: Development, Implementation and Mid-Term Evaluation", Indiana FACS Teachers' Statewide Conference, Indianapolis, IN, April 18, 2006.

Friesen, CA. "Operation Wellness: Overview," BSU Panel Presentation (One of four presentations) Delegation from the Netherlands, Middletown Project, Muncie, IN, November 11, 2004.

Friesen, CA. "Helping Lead a Horse to Water...And Hoping they Drink!" Presentation to Dr. David Haber, Fisher Institute for Wellness and Gerontology's Changing Health Behaviors graduate class at Ball State University, November 8, 2004.

Friesen, CA. "Childhood Obesity: What Can I Do?" Indiana Association of Health, Physical Education, Recreation and Dance (IAHPERD), Indianapolis, IN, November 5, 2004.

Friesen, CA. "Community Action for Active and Healthy Kids. Taking Action for Children's Health Conference." Sponsored by Action for Healthy Kids/Clarian Health/Dairy and Nutrition Council/Indiana Department of Education, Indianapolis, IN, November 4, 2004.

- Knox, F. and Friesen, C. "Operation Wellness: The Process of Building a Community-Based Wellness Program." Indiana Association of Family Consumer Science Conference, July 26, 2004, Muncie, IN.
- Friesen, CA. "Improving Your Presentation Skills: Practical Ideas for the Real World", Indiana Public Health Association (IPHA), Lafayette, IN. May 10, 2004.
- Friesen, CA. "Obesity in America: Overview of Statistics, Resources, and Programs with an Emphasis on Operation Wellness." Eastern Indiana District Dietetic Association, Muncie, IN, October 14, 2003.
- Friesen, CA. "Operation Wellness: How Can a FCS Professional Impact the Epidemic of Obesity?" Keynote Address: Shaping Lives of Families and Professionals, Multi-State AFCS Conference, Indianapolis, IN, July 29, 2003.
- Friesen, CA. "Operation Wellness: Connecting the FACS Curriculum to Community Initiatives that Increase Wellness and Enhance Health of Individuals and Families". Indiana Family and Consumer Sciences Teachers Professional Development Conference, Indianapolis, IN, April 28, 2003.
- Friesen, CA. "Stress and Nutrition: Fight Back with Phytochemicals", Indiana State Family and Consumer Science Educator's Conference, Indianapolis, IN, May 2, 2002.
- Friesen, CA. "Nutrition and Chronic Disease: Making the Pieces Fit", Indiana Family and Consumer Sciences Teachers Professional Development Conference, Adams Mark, Indianapolis, IN, May 1, 2001.
- Friesen, CA. "Incorporating Technology into the High School Classroom: Nutrition and Health Areas", Two-hour presentation to high school Health/Family Consumer Science teachers and coaches. Switzerland County High School, Vevay, IN, January 22, 1999.
- Friesen, CA. "Use of Technology (e.g., software and Internet) to Teach Nutrition at the Elementary Education Level", Legacy 21 Professional Development Series (broadcast live via local TV, IHETS, and tape-delayed), Ball State University, Ball Communications Building, Room 129, October 16, 1997.
- Friesen, CA. "The '5 A Day - For Better Health' Program". Indiana Dietetic Association Annual Spring Meeting, Indianapolis, IN, April, 1994.

CHAIR, GRADUATE STUDENT THESIS (Completed):

- (1) Madison Hayes, January 2019-June 12, 2019.
- (2) Monica Sanchez, March 2017-November 8, 2018.
- (3) Hannah Green, April 2017-March 2018
- (4) Rebekah Vukovich, August 2016 – February 27, 2017.
- (5) Beth Ellcessor Metzler, August 2014-November 4, 2015
- (6) Kelsey Shapiro, November 2014-May 7, 2015
- (7) Sarah Reich (ID), August 2013 – March 26, 2014.
- (8) Stacey Driver, January 24, 2013 – October 16, 2013
- (9) Tarrah McCreary, August 2012 – June 24, 2013.
- (10) Amanda Garant, Fall 2011 - January 10, 2012.

- (11) Lindsay Martin, Fall 2010 - October 21, 2011.
- (12) Monica Durham, Spring 2010 - June 10, 2011.
- (13) Amy Perkins, Summer 2008 - April 8, 2011.
- (14) Roberta (Bobbi) Kumley, January 2010 - November 2010.
- (15) Alisha Harmeson, January 2009-November 2009
- (16) Josette Dudoit, September 2008-April 2009.
- (17) Theresa Weiss, January 2008-August 2008.
- (18) Laura Hormuth, April 2006-November 2007.
- (19) Tonya Chapman, January 2006-November 2007.
- (20) Grete Hornstrom, January 2005-April 2007.
- (21) Susan Delagrange, September 2002-April 2006.
- (22) James Allain, October 2004-November 2005.
- (23) Francois Knox, December 2004-April 2005.
- (24) Darci Cook, Spring 2000 – April 2005.
- (25) Jennifer Purcell, January 2004-June 2004.
- (26) Kristine Slavin-Smith, May 2002-June 2004.
- (27) Komal Shah, March 2003 – November 2003.
- (28) Jody Miller, June 2003-November 2003.
- (29) Emily Bone, November 2001-December 2002.

CHAIR, GRADUATE STUDENT THESIS (In Process):

- (1) Kimmel, Kilee, March 2019 – present
- (2) Stoermann, Toni, March 2019-present.

CHAIR, GRADUATE STUDENT RESEARCH PAPER (Completed):

- (1) Alicia Snyder Criswell, Fall 2012 – June 18, 2013.
- (2) Mary Tippman Harter, May 2012-November 20, 2012.
- (3) Britney Merchant, Spring 2012 - April 4, 2012.
- (4) Jessica Johnson, Spring 2011 - January 12, 2012.
- (5) Salman Aljaziri, Fall 2011 - November 20, 2011.
- (6) Grete Hornstrom, January 2006-July 7, 2007.

COMMITTEE MEMBER, GRADUATE STUDENT THESIS (Completed):

- (1) Hannah Killion, Fall 2015-September 2016.
- (2) Samantha Tickle, Spring 2012-March 27, 2013.
- (3) Alison Sorg, Summer 2011 – May 2012.
- (4) Bollinger, Laura, Spring 2011 - January 7, 2012.
- (5) Cook, Megan, Fall 2010 - September 14, 2011.
- (6) Ashley Magistrelli, August 2009-May 2010.
- (7) Andrew Wheat, May 2009-May 2010.
- (8) Micaela Krukenberg, May 2008-April 2009.
- (9) Anthea Janele Bayless, August 2004-June 2006.
- (10) Emily Suiter, November 2001-November 2002.
- (11) Renee DeGraaf, October 29, 2001 - May 2002.

CHAIR, UNDERGRADUATE HONORS THESIS:

- (1) Cassie Maxwell, January 2016-May 2016.
- (2) Erin Brown, August 2015-December 2015.
- (3) Megan Harris, January 2015-May 2015.
- (4) Lindsey Trexler, May 2014-August 2014.
- (5) Stacy Driver, January 2012- April 2012.
- (6) Katrina Boisvert, January 2005 - May 2005.

(7) Jennifer Lounsberry, August 2004 - December 2004.

GRANTS FUNDED:

Title: Yes! I Can!: A Community-Based Program to Improve Physical Activity and Nutrition Habits of African American Female Middle-School Students
Agency: Indiana Minority Health Coalition
Amount: \$38,087.00
Dates: September 2019 – May 2020
PI: Stephanie Powers
Co-PI: Jean-Charles Lebeau and Carol Friesen

Title: Combating food insecurity in Muncie one meal at a time
Agency: Efroymsen Family Fund
Amount: \$20,000
Date: August 1, 2019-June 30, 2019
PI: Dr. Carol Friesen

Title: Nutrition Grows on You! A Nutrition Demonstration Project for 4th Grader Students in Muncie Public Schools
Agency: BSU Provost's Epi Immersion Grant
Amount: \$2,997
Date: January 1, 2018-June 30, 2018
PI: Dr. Carol Friesen

Title: Development of a Plan to Create and Assess Student Learning Outcomes for the Students in the MA/MS Nutrition and Dietetics at Ball State University
Agency: Office of Institution Effectiveness
Amount: \$1,000
Dates: May-July 2017
PI: Carol Friesen

Title: Renewal: Cardinal Outreach Recruitment Efforts (C.O.R.E.) Proposal: An Expansion of Outreach Efforts at Ball State University to Increase the Number of Family and Consumer Science Teacher Educators in Indiana supporting file
Agency: Indiana State Department of Education
Amount: \$287,684
Dates: October 1, 2016 – June 30, 2018
PI : Hji-Avgoustis, Sotiris
Co-PI Carol A. Friesen and Scott S. Hall

Title: Responses to the Graduate Student Exit Survey from Individuals Graduating from the Department of Family and Consumer Sciences: Fall Semester 2010 through Summer Semester 2016
Agency: Office of Institution Effectiveness
Amount: \$1,000
Dates: May-July 2016
PI: Carol Friesen

Title: Evaluation of the Marion County Health Department Supplemental Commodity Foods Program Nutrition Education and Monitoring Plan
Agency: Marion County Health Department/SUDA
Amount: \$500.00
Dates: November 2015-June 2016
Status: Funded Grant Account Number: CFDA#:10.565
PI: Friesen, Carol A.

Title: An Evaluation of the Early Care & Education Learning Collaborative Project: Identification of the Level of Support needed to Optimize Implementation of Nutrition & Physical Activity... supporting file
Agency: Indiana Clinical & Translational Sciences Institute (CHEP)
Amount: \$18,500.00
Dates: November 2015-June 2016
PI: Carol Friesen

Title: Ball State University's Residential Property Management SkillUP Indiana! Project Proposal supporting file
Agency: Indiana Department of Workforce Development
Amount: \$158,881
Date: February 2016-June 2017
PI: Hji-Avgoustis, Sotiris
Co-PI: Friesen, Carol A., Earhart, Carla M., Kleefisch, Erin Judith, Parrillo, Robert Louis

Title: Cardinal Outreach Recruitment Efforts (C.O.R.E.) Proposal: An Expansion of Outreach Efforts at Ball State University to Increase the Number of Family and Consumer Science Teacher Educators in Indiana supporting file
Agency: Indiana State Department of Education
Amount: \$115,726
Dates: July 1, 2015 – June 30, 2016
PI : Hji-Avgoustis, Sotiris
Co-PI Carol A. Friesen and Scott S. Hall

Title: Kids Eat Right: Rate MyPlate!
Agency: Academy of Nutrition and Dietetics Foundation
Amount: \$200
Dates: September 2014-December 2014
PI: Carol Friesen

Title: Selma Moves!
Agency: Sub-Grant from Liberty-Perry Community Schools (2014-15 United States Department of Education Carol White Grant).
Amount: \$6,000
Dates: June 2014-July 2015
PI: Carol Friesen

Title: Development of an Evaluation Strategy to Measure the Effectiveness of the
Mandatory Research Component in FCS Using BlackBoard
Agency: Office of Institution Effectiveness
Amount: \$1,000
Dates: May-December 2012
PI: Carol Friesen

Title: Nutrition Education: Enhancing the Nutrition of Low-Income
Agency: BSU Honors College
Amount: \$2,476
Dates: August 2011 – May 2012
PI: Friesen, Carol A.

Title: The “BackPack for Kids” Program: Enhancing the Nutrition of Low-Income
Children in Delaware County, One Bite at a Time
Agency: BSU Honors College
Amount: \$1,800
Date: August 2010-May 2011
Co-PI’s: Dr. Carol A. Friesen and Stacey C. Driver, Honors Student in Dietetics

Title: Athens or Bust!
Agency: Indiana Special Olympics International
Amount: \$1,500
Status: Funded
Date: August 2009-May 2010
Co-PI’s: Dr. Carol A. Friesen, Andrea Singer and Lauren Steinmetz
Submitted: June 2009

Title: The Sounds of Health: Using Emerging Media for Health Education and Practice
Agency: BSU Provost’s Immersive Learning Initiative
Amount: \$18,641
Date: July 2009-May 2010
Co-PI’s: Drs. Carol A. Friesen and Jane Ellery, Stan Sollars, and Patty Hollingsworth

Title: BioMeasure Adult Measuring Instrument Validation Study
Agency: Glenview Health Systems
Amount: \$3,025
Date: July 2008-May 2009
Co-PI’s: Drs. Carol A. Friesen and Jo Carol Chezem

Title: Implementation of a Nutrition Assessment Lab
Agency: BSU Provost’s Epi Immersion Grant
Amount: \$5,500
Date: July 1, 2006-June 30, 2007
Co-PI’s: Dr. Carol Friesen and Kimberli Pike

Title: Building Intellectual Capital in the Sciences, Lilly V Proposal:
Development of a Nutrition Assessment Lab
Agency: BSU Lilly V Grant
Amount: \$60,042
Date: July 1, 2006-June 30, 2007
Co-PI’s: Drs. Carol Friesen, Jo Carol Chezem and Jayanthi Kandiah

Title: Student Learning Outcomes in Family and Consumer Sciences: Comparison of Pre-Test (FCS 103) and Post (FCS 403) Test Assessment Tools Related to Core Competencies, Technology, and Professional Development.

Agency: BSU Summer Assessment Grant

Amount: \$1,000

Date: Summer 2006

PI: Dr. Carol Friesen

Title: FCS Graduate Student Evaluation Survey.

Agency: BSU Summer Assessment Grant

Amount: \$3,000

Date: Summer 2005

Principal: Drs. Carol Friesen, Sue Whitaker, and Scott Hall

Title: Diabetes Prevention and Control Grant (Sub-Contract to BSU)

Agency: Indiana State Department of Health.

Amount: \$29,692

Dates: March 30, 2004-March 31, 2005

Principal: Carol Friesen

Title: Center for Workplace Wellness

Agency: BSU Provost Initiative

Amount: \$50,000

Dates: July 1, 2004-June 30, 2005

Principal: Jane Ellery, Fishers Institute of Wellness

Co-PI: Carol Friesen, FCS, Nancy Dillard, Nursing, Sam Cotton, IT

Title: Assessment of FCS Program Effectiveness

Agency: BSU Summer Assessment Grant

Amount: \$2,400

Date: Summer 2005

Principal: Drs. Joan McFadden and Carol Friesen.

Title: Epidemiologic Consultation IN-BCCP.

Agency: Indiana State Department of Health.

Amount: \$25,298

Dates: July 1, 2004-June 30, 2005

Principal: Carol Friesen

Title: Inclusion of a Service-Learning Component into the FCS Major: Discovering the Heart and Soul of the Profession.

Agency: Indiana Campus Compact 2003-2004 Scholarship of Engagement

Amount: \$3,000

Dates: May 2003-May 2004

Principal: Drs. Sue Whitaker and Carol Friesen

Title: Evaluation of Computer Competency of FCS Faculty and Students.

Agency: BSU Summer Assessment Grant

Amount: \$1,200

Date: Summer 2003

Principal: Dr. Carol Friesen

Title: Analysis of Cholesterol Levels of Wells County Fourth Grade Students, 2001-03.
Agency: Caylor-Nickel Foundation
Amount: \$8,505
Dates: August 2003-May 2004
Principal: Carol Friesen

Title: Epidemiologic Consultation IN-BCCP.
Agency: Indiana State Department of Health.
Amount: \$30,598
Dates: July 1, 2003-June 30, 2004
Principal: Carol Friesen

Title: Bridging the Gap between FCS 103 and FCS 403.
Agency: Lilly II Department Retention Grant
Amount: \$17,300
Dates: May 2003 – May 2004
Principal: Drs. Sue Whitaker and Carol Friesen

Title: Operation Wellness
Agency: Robert Wood Johnson Foundation; Local Initiative Funding Partners (LIFP)
Amount: \$900,000
Dates: July 1, 2003-June 30, 2007
Principal: Carol Friesen

Title: Assessment of the Physical Activity Patterns and Nutrition Knowledge and Beliefs among Teachers in Grades K-12 and Students in 4th, 6th, and 8th Grade in Wells County
Agency: Caylor-Nickel Foundation
Amount: \$15,000
Dates: August 2002-May 2003
Principal: Carol Friesen

Title: Helping Students Build a Commitment to the Major and Profession through Understanding the Heart and Soul of Family and Consumer Sciences.
Agency: Lilly II Grant through BSU
Amount: \$2,500
Dates: May 2002-May 2003
Principal: Drs. Carol Friesen and Sue Whitaker

Title: Epidemiologic Consultation to the Indiana Breast and Cervical Cancer Early Detection Program (IN-BCCP).
Agency: Indiana State Department of Health.
Amount: \$53,700-\$75,000
Dates: September 1996 through 2003
Principal: Friesen, CA

Title: Evaluating the Quantity of Nutrition Education in Indiana's Elementary Schools
Agency: OARSP, Ball State University
Amount: Summer Graduate Student (\$947) plus a \$292 SEET award.
Dates: July 1, 1999-July 24, 1999
Principal: Friesen, CA

Title: Development, Implementation, and Evaluation of a Nutrition Education Curriculum for Children in Grades K-6
Agency: MCH Block Grant from the ISDH
Amount: \$10,000
Dates: July 1991
Principal: Friesen, CA, Marion County Health Department

PROFESSIONAL MEMBERSHIPS:

- Academy of Nutrition and Dietetics, 1980-present.
- Indiana Dietetic Association, 1990-present.
- Central Indiana Dietetic Association, 1990-present.
- American Institute of Nutrition (AIN), 2007-present.
- Society for Nutrition Education and Behavior, 1980-present.
- Association of Public Health Nutritionists (ASPHN; formerly ASTPHND), 1996 to present.
- American Public Health Association, 1988-present.
- Indiana Public Health Association, 1990-present.
- Indiana Nutrition Council, 1991-present.
- American Association of Family and Consumer Sciences, 1998+.
- Indiana AAFCS, 1998-present.

PROFESSIONAL HONORS:

- Excellence in Association Work, Association of State Public Health Nutritionists, June 11, 2018.
- Indiana Honored Dietitian, Indiana Academy of Nutrition and Dietetics, April 13, 2017.
- Ball State University Diversity Research Award, April 21, 2016
- Inaugural Outstanding Graduate Recruitment Award, Ball State University, March 31, 2015.
- Outstanding Teacher of the Year, Department of FCS, Ball State University, 2013-14, 2009-10, 2006-07, 2003-04 and 2000-2001.
- Tony and Mary Hulman Health Achievement Award for Exceptional Contribution to Preventive Medicine and Public Health, October 14, 2008.
- Mortar Board Faculty Appreciation Award, Clavia Chapter, Ball State, University, November 2007
- BSU Council on the Environment (COTE) Green Initiative Award, April 2007.
- Outstanding Future Leader, American Home Economics Association, 1990.
- Michigan Outstanding Young Professional, Michigan Home Economics Association, 1990.
- Outstanding Graduate Student, College of Human Ecology, Michigan State University, 1989-90.

UNIVERSITY AND PROFESSIONAL SERVICE:

Department

- Director of Graduate Studies (Graduate Program Director), August 2012 to present
- Graduate Committee
 - Chair, August 2004 to present
 - Secretary, August 1997-August 2004
 - Member, 1996 – present
- Promotion and Tenure Committee
 - Chair, 2019-20
 - Chair, 2018-19
 - Chair, 2017-18
 - Chair, 2016-17
 - Chair, 2013-14
 - Secretary, 2010-11

- Salary Committee
 - Chair, 2012-13
 - Member, 2019-20
- Undergraduate Curriculum Committee
 - Secretary, 2008 – 10
- Graduate Curriculum Committee
 - Chair, August 2014 to present.
- Food and Nutrition Area Committee
 - Chair, 1997-2003; 2010-13
- Nutrition Search Committees
 - Chairperson, 2010-11, 2017-17
 - Secretary, 2012-13; 2014-15
- Department of Nutrition and Health Science Chair Search Committee
 - Chairperson, 2019-20
 - Member, 2017-18
 - Member 2018-19
- Dietetic Internship Steering Committee, October 2012-present
- Departmental Representative to United Way. 2011-present
- Faculty Coordinator/Supervisor, Nutrition Assessment Laboratory, 2007 to present

College (College of Applied Science and Technology and College of Health

- CAST/COH Promotion and Tenure Committee
 - FCS Representative, 2013-14.
 - Nutrition and Health Science Representative, 2016-17, 2017-18
 - Secretary 2016-17, 2017-18, 2018-19
- Search Committee, Endowed Chair, Fisher Institute for Wellness and Gerontology
 - Secretary, March 2014 - May 2014.
- CAST Salary Committee
 - FCS Representative, August 2012-August 2013.

University

- Working Well/BSU Health Enhancement Steering Committee, February 2006 to present
- Council on the Environment (COTE), College of Health Representative, August 2017 to present.
- Judicial Committee, 2012 - 14
- Service-Learning Advisory Board, March 2011-September 2013.
- Search Committee, Working Well Director, June-August 2011.
- Teacher Evaluation Committee
 - Secretary, August 2004 to May 2011
- Associate Provost's Online Evaluation Task Force, July 2010 - December 2010
- Graduate Education Committee
 - Vice-Chairman, August 2008-May 2009
 - CAST Representative, August 2006 to May 2010
- University Library Committee
 - Secretary, August 2006-May 2008
- Academic Assessment and Institutional Review Committee, May 2005-June 2007
- University Research Committee
 - Chair, May 2001 to Spring 2002
 - Secretary, October 1999 to May 2001
 - Ad Hoc Reviewing Committee, August 2002 to May 2004
 - Member, August 1999 to May 2004
- Academic Assessment and Institutional Research Committee,
 - Member, May 2005 to May 2007

Professional Service Outside the University

Local (Regional)

- Jump IN for Healthy Kids, Indianapolis, August 2014-present.
 - Co-Chair, Nutrition Committee
 - Member, Early Childhood Education Committee
 - Member, Leadership Team Steering Committee
- Liberty-Perry School Corporation School Wellness Committee, Selma, IN, 2014-15.
- Mayor's Front Porch Alliance to End Hunger, Indianapolis, IN, January 2010 – August 2012.
- Greenfield Central Community School Corporation's Coordinated School Health Council, Community at-large representative (nutrition), August 2006 – May 2009.
- St. Michael's Catholic School-Greenfield, Coordinated School Health Council, Nutrition representative, August 2006 – May 2009.
- Indianapolis Quality of Life (QOOL) Task Force, Marion County Health Department, Consultant, April-September 2007.
- Ball Brother's Foundation School Wellness Initiative, Consultant, June 2006-July 2009.
- The 2000 Community Health Assessment Committee, Marion County Health Department, Health and Hospital Corporation, Indianapolis, IN, member Summer 1999 – August 2003
- Member, Visiting Nurse Association Clinical Sub-Committee, 1991 to August 2003.
- Member, Central Indiana Council on Aging Nutrition Advisory Board, 1991 to August 2003.

State/Regional

- Advisory Board Member, Indiana Clinical and Translational Science Institute (ICTSI) Indiana Clinical and Translational Science Institute (ICTSI) Community Health Engagement Program (CHEP). (May 10, 2017 - Present).
- Nutrition Curriculum Framework Standards Review Committee, Work-Based Learning, Indiana Department of Education, Professional, Family and Consumer Sciences, May 12, 2015 - Present
- Learning Connection, American Dairy Association of Indiana, May 2014 to present.
- Healthy Weight Initiative (IHWI) Taskforce, State Obesity Prevention Taskforce, (May 2008 – present).
 - Chair, Worksite Wellness Sub-Committee (September 2007-December 2008)
 - Worksite Wellness Committee Member, 2007-present
 - IHWI Evaluation Advisory Group, member, 2007-present
 - Taskforce member, 2007-present
- Special Olympics International-Indiana, January 2008-August 2012.
 - Clinical Director, Healthy Athlete's® Health Promotion Program
- Indiana State Department of Health (ISDH) Epidemiology Taskforce, 9/2009-11/2011
- Public Health Workforce Executive Steering Committee, Indiana State Department of Health (ISDH)
 - Appointed by State Health Commissioner, Dr. Judith Monroe
 - Member, August 2007 - November 2009,
- Advisory Task Force on Meeting Public Health Performance Standards and Preparing ISDH for National Accreditation, Indiana State Department of Health.
 - Appointed by State Health Commissioner, Dr. Judith Monroe
 - Member, August-October 2007
- Archdiocese of Indianapolis School Wellness Committee
 - Chair, Nutrition Wellness Policies (Policies adopted by a70 Archdiocese schools
 - February-May 2006
- School Health Leadership Institute Steering Committee, Joint effort of Indiana and Michigan, October 2004-June 2006.

- Indiana State Health Plan Steering Committee, Indiana State Department of Health
 - Appointed by State Health Commissioner, Dr. Greg Monroe
 - Member, October 2003-November 2004
- Indiana State Comprehensive School Health Task Force
 - Appointed by State Superintendent, Dr. Suellen Reed
 - October 2002-June 2006.
- Indiana Action for Healthy Schools Team, Member, September 2002 to present, Executive Steering Committee, September 2002-August 2006.
- Indiana Cancer Coalition, Member, Data/Evaluation Advisory Committee, August 2002 to 2011.

National/International

- Association of State Public Health Nutritionists, National.
 - Chair, Awards Committee, 2013-present.
 - Membership and Outreach Committee (former Communications Committee), 2011-present.
 - Policy Committee, 2012-present.
 - Annual Planning Committee, 2012, 2014, 2017
 - Training Needs Assessment Evaluation Committee, 2011-12
 - Obesity Prevention Nutrition Council Steering Committee, 2011-present
- GenYOUTH Learning Connection
 - Panel Member, Indiana Learning Connection Town Hall meeting, Indianapolis, May 5, 2014.
- Indiana Representative to the 2014 Nutrition and Physical Activity Learning Connection Summit, Dallas, TX, July 15-17, 2014.
- Saturday Evening Post, National, Editorial board member.
 - Analyze recipes for the Saturday Evening Post, November 14, 2014 - Present.
- Journal of Hunger and Environmental Nutrition, International, Editorial board member. (January 1, 2014 - Present).
- Society for Nutrition Education
 - Reviewer, 1996 to present.
 - Newsletter Editor, Public Health Section, 1996-2002.
 - Chair, Public Health Section, 1995-1996.
 - Chair-elect, Public Health Section, 1994-95.
 - Committee on Partnership, 1992-1995.
- National Breast and Cervical Cancer Early Detection Program
- Planning Committee for Annual Data Manager's Meeting, August 1999 to May 2001.
- National Cervical Cancer Policy Workgroup, 1998-1999.
- Science and Epidemiology Committee, Dec.1997-August 2004.

Professional Certifications/Licenses

- RDN (Registered Dietitian Nutritionist), Active. (November 1980 to present).⁷
- CD (Certified Dietitian-Indiana), Active. (June 1990 to July 1, 2019).
- LD (Licensed Dietitian-Indiana), Active. (July 1, 2019 to present).