



BALL STATE UNIVERSITY

College of Health
Department of Nutrition
and Health Science

BACHELOR OF SCIENCE HEALTH EDUCATION AND PROMOTION

ABOUT THE DEPARTMENT

The Department of Nutrition and Health Science teaches human life sciences and their use in promoting health and preventing disease. Our department offers a number of courses to meet the University's core requirements for UCC-21. These are as follows:

TIER 1	TIER 2	TIER 3
HSC 160	HSC 180	HSC 479
	HSC 261	
	HSC 471	

HEALTH EDUCATION AND PROMOTION

The primary focus of this program is to prepare students for entry-level jobs as community health educators. It promotes the application of scientific health principles to human life, primarily through health education in community health agencies, health-care facilities, and worksites.

CAREER OPPORTUNITIES FOR HEALTH EDUCATION MAJORS

Successful completion of the health education and promotion program can prepare graduates for jobs in community health education. Health educators teach people about behaviors that promote wellness and encourage people to make healthy decisions. The primary career settings in which most students are placed include health agencies, health care facilities (e.g., hospitals, clinics, nursing homes), health insurance agencies (e.g., HMO/managed care), and business/industry worksites.

PROGRAM ACCREDITATION

A degree in health education and promotion will prepare students to become Certified Health Education Specialists (C.H.E.S.). The program also meets accreditation requirements of the Society of Public Health Education/American Association for Health Education (SOPHE/AAHE) and Council on Education for Public Health (CEPH).

ABOUT THE MAJOR

MAJOR IN HEALTH EDUCATION AND PROMOTION, 69 HRS*

In addition to the basic twelve courses that all majors must take, each student must select four additional courses that will help him or her prepare for a specific career setting. A minor is recommended for this program. Minors often selected include, gerontology, interpersonal relations, marketing, professional selling, business administration and environmental or emergency management.

*An internship with an approved health agency or educational institution is required for major. This professional experience takes place under the supervision of a university supervisor and the agency administrator for a period of time commensurate with academic credit.

MINOR IN PUBLIC HEALTH, 18 HRS*

This program includes courses in public health, health science, and political science. The minor combines well with majors in nursing, natural resources, biology, and family & consumer sciences.

*Minor is not available to students pursuing a major in Health Education and Promotion

HEALTH EDUCATION ONLINE

National Commission for Health Education Credentialing – www.nche.org

Society for Public Health Education (SOPHE) – www.sophe.org

American Public Health Association – www.apha.org

Indiana SOPHE - www.insophe.org

Indiana Public Health Association - www.inpha.org

www.bsu.edu/nutritionandhealth

CONTACT US

Office of Admissions
Ball State University
800-482-4BSU
765-285-8300
TDD: 765-285-2205

Nutrition & Health Science
Ball State University
Muncie, IN 47306
Ph:765-285-5961
Fx: 765-285-3210

Jay Kandiah, Ph.D., R.D., C.D.
Interim Chairperson

Rebecca Brey, Ph.D.
Associate Chairperson

Sarah Gremer, MEd
Primary Dept. Advisor
sagremer@bsu.edu



BALL STATE UNIVERSITY

College of Health
Department of Nutrition
and Health Science

STUDENT CHECK SHEET HEALTH EDUCATION AND PROMOTION

Please use this check sheet, along with your DegreeWorks student report and course catalog, to help you keep track of "where you are" in your major.

BACCALAUREATE DEGREES

Students will be guided by the outline of baccalaureate degrees, the University Core Curriculum & the health education and promotion major outlined below. To graduate in 4 academic years (8 semesters), students must average over 16 credits per semester & complete the internship (HSC 479) during the spring semester of senior year. Students should assume no other classes can be taken to complete the degree. The recommended course of study is to complete the following 8 semesters below.

MINOR 18 HOURS: Required courses solid underline, electives dotted underline.

PAY ATTENTION TO PREREQUISITES!
If you register for a course but have not successfully completed its prerequisite, you will be dropped from the class.

RECOMMENDED PROGRAM OF STUDY: HEALTH EDUCATION & PROMOTION

(Prerequisites)	FALL SEMESTER				SPRING SEMESTER			
FRESHMAN YEAR	Begin University Core Curriculum requirements including HSC 160, begin electives* and second major or minor(s).							
	HSC 160	Fund Hlth	3 CR	<input type="checkbox"/>	<u>HSC 180</u>	Princ Hlth	3 CR	<input type="checkbox"/>
SOPHOMORE YEAR	Continue coursework for University Core Curriculum, electives* and second major or minor(s).							
	<u>HSC 200</u>	Intro to Health Ed (Mjrs/ Minors only)	3 CR	<input type="checkbox"/>	HSC 210	Hlth Behav Theory (180 & 200)	3 CR	<input type="checkbox"/>
	ANAT 201	Fund Human Anat	3 CR	<input type="checkbox"/>	HSC 220	Pop Race Culture (180 & 200)	3 CR	<input type="checkbox"/>
					PHYS 205	Fund Phys	3 CR	<input type="checkbox"/>
JUNIOR YEAR	Continue coursework for minor(s), electives*							
	HSC 301	Pro plan HP I (210 & 220 Mjrs/Minors only)	3 CR	<input type="checkbox"/>	HSC 302	Pro plan HP II (301)	3 CR	<input type="checkbox"/>
	<u>HSC 344</u>	Dis Mgt Hlp (160, 210 & PHYS 205)	3 CR	<input type="checkbox"/>	<u>HSC 310</u>	Hlthcr syst (180, 200 & Jr. status)	3 CR	<input type="checkbox"/>
	<u>HSC 387</u>	Quant Mthd Epi (180, Math 108+ & Jr. Status)	3 CR	<input type="checkbox"/>	HSC 388	Org & Admin (301)	3 CR	<input type="checkbox"/>
	<u>HSC 482</u>	Envir Hlth (180)	3 CR	<input type="checkbox"/>				
SENIOR YEAR	Continue coursework for minor(s), electives*							
	HSC 487	Resrch writ eval (387 & Sr. status)	3 CR	<input type="checkbox"/>	HSC 479	Internship **	6 CR	<input type="checkbox"/>
	HSC 494	Hlth comm (220 & 301)	3 CR	<input type="checkbox"/>	**Must have earned a minimum cumulative GPA of 2.5 in HSC 200, 210, 301, 302, 310, 344, 387, 388, 487 and 494. As a senior capstone, this course should be the last course taken and students should not plan to take other courses.			
	HSC 495	Prof prep HP (302)	3 CR	<input type="checkbox"/>				

* **Electives, (12 Credits)** – Choose one course from EACH of the following four areas:

Population Health and Policy		3 CR	Diversity Studies in Health		3 CR	Biomechanical and Clinical Sciences		3 CR	Applied Public Health		3 CR
CPSY 230	MKG 310		ANTH 311	PSYS 424		BIO 313	NUTR 340		CPSY 400	FCFC 484	
EDPS 430	NREM 309		ANTH 427	SOC 320		CPSY 360	<u>HSC 261</u>		CPSY 420	NREM 347	
GERO 440	POLS 342		CPSY 470	SOC 328		EDPS 350	<u>HSC 464</u>		ECON 348	SOC 341	
<u>HSC 462</u>	POLS 347		EDMU 206	SOC 421		EDPS 351	HSC 467		EMHS 350	SOC 433	
<u>HSC 468</u>	PSYS 324		FCFC 202	WGS 220		EDPS 355	<u>HSC 471</u>		EMHS 351	TDPT 301	
<u>HSC 469</u>	SOC 424		NREM 357			FCFN 240	<u>HSC 481</u>		FCFC 450	TDPT 360	
<u>HSC 472</u>	SOC 431					FCFN 275	PSYS 277				

Students are responsible for prerequisites.