



Teaching Major in Physical Education and Health

College of Health · School of Kinesiology

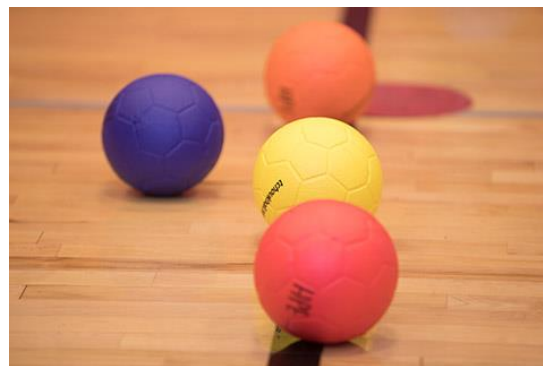
**BALL STATE
UNIVERSITY**

About the Program

Our program prepares students to obtain a dual license in both physical education and health in a K-12 setting. The program has a strong emphasis on methodology with specific emphasis on motor development, assessment, scientific inquiry, curriculum design, differentiation, supervision and diversity. All semesters include practical teaching experiences with public school children. As the health of children and adolescents becomes an increasingly important topic, our students will become experts in the factors that influence their motor performance, knowledge, dispositions, and abilities related to physical activity participation and health. If you are passionate about helping children achieve an active lifestyle, this program is for you.

Points of Distinction

- Earned National Recognition (CAEP) for both the Health and Physical Education Teaching Programs.
- Upon completion of the Physical Education and Health Teacher Education undergraduate degree, all students will possess the qualifications to apply for their PK-12 Physical Education and 6-12 Health Education Teacher License in the state of Indiana.
- Variety of opportunities to work with pioneering equipment and technology (projection system, iPads, accelerometers, activity monitors, heart rate monitors and pedometers) to assess and enhance their physical education lessons.
- Practicum and experiential learning experiences with PK-12 students in both public and private school settings available every semester.
- Immersive learning experiences led by our undergraduate students that provide community outreach for youth living in our community. Specifically, we have a partnership with Muncie community schools that is unique to Ball State University and will offer innovative and engaging opportunities unique to our program.
- Ball State University works closely with the InSHAPE state association for Health and Physical Education. Our students have opportunities to present at the yearly state conference, serve on committees for professional growth and network with top professionals from the state and Midwest.



Curriculum Requirements

GENERAL EDUCATION CURRICULUM

REQUIREMENTS

- EDMU 205 Intro to Multicultural Education (3)
- EDPS 250 Human Growth and Development (3)
- EDPS 390 Learning & Assessment in Secondary Ed. (3)
- EDFO 420 Social, Historical, & Foundations of Ed. (3)
- EDJH 385 Principles of Teaching in the Middle School (3)

STUDENT TEACHING

- EDSE 465 Secondary, Junior High/Middle, or All-Grade (5)
- EDAL 470 All-Grade (7)

OTHER REQUIREMENTS

Students must demonstrate basic swimming competencies and provide documentation of current and ongoing CPR and First Aid certification prior to graduation.

MAJOR CURRICULUM REQUIREMENTS

- EXSC 292 Anatomy (3)
- EXSC 293 Foundations of Physiology and Exercise (3)
- HSC 160 Fundamentals of Human Health (3)
- HSC 261 Health, Sexuality, and Family Life (3)
- HSC 367 Drug Dependency & Abuse (3)
- NUTR 240 Nutrition for Educators (3)
- PEP 158 Teaching Dance & Gymnastics (2)
- PEP 161 Foundations & Principles of Health & P.E. (3)
- PEP 209 Introduction to Teaching Physical Education (3)
- PEP 222 Teaching Field & Court Invasion Games (2)
- PEP 227 Introduction to Adapted P.E./Activity (3)
- PEP 232 Teaching Net and Wall Games (2)
- PEP 252 Teaching Physical & Fitness Activities (3)
- PEP 291 Motor Development & Learning (3)
- PEP 296 Reading, Tech. & Instruct. Strategies in P.E. (3)
- PEP 310 Assessment in Health, P.E., & Physical Activity (3)
- PEP 394 Teaching P.E. in the Elementary School (3)
- PEP 399 Teaching P.E. in the High School (3)
- PEP 400 Introduction to Curriculum Design in P.E. (2)
- PEP 444 Developing Health & P.E. Class Environment (3)

ELECTIVE CHOICES (choose 3)

- AQUA 301 Instructor of CPR and First Aid (2)
- AQUA 315 Water Safety Instructor (WSI) (3)
- EXSC 147 Resistance Training Leadership (3)
- EXSC 303 Group Fitness Instructor (3)
- SPTA 190 Intro. to Sport Administration (3)
- WWIN 305 Intro. to Workplace Wellness Planning (3)

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Facilities

Ball State University has excellent physical education facilities in the Health and Physical Activity building. Along with several gymnasiums and teaching areas, there are dance studios, a gymnastic area, racquetball courts, weight rooms, and other resources for classes and personal recreation. The Teacher Education Laboratory and Resource Center is housed in the Health and Physical Activity building. The laboratory and resource center contain more than 30 computers and other technologies necessary to create and implement lessons that engage students in 21st century learning concepts to enhance their pedagogy.

Majors Clubs

BSU SHAPE is a student association that meets twice a month during the fall and spring semesters. It is modeled after the State and National Society for Health and Physical Education associations. BSU SHAPE offers opportunities for professional growth, networking, scholarship and social engagement. Eta Sigma Gamma is a national health education honorary. Both organizations provide leadership and service opportunities for students as well as social and educational experiences. A faculty member serves as a sponsor for each of these groups.

Connect With Us

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The information presented here, correct at the time of publication, is subject to change. Ball State University practices equal opportunity in education and employment and is strongly and actively committed to diversity within its community. 555900-17 mc