



**BALL STATE
UNIVERSITY**

Minor in Coaching

College of Health · School of Kinesiology

About the Program

Quality, trained sport coaches benefit youth sports programs and communities in immeasurable ways. Sport coaches assist in developing the full potential of athletes on and off the field by analyzing their performances, instructing relevant skills, providing encouragement, and fueling motivation.

The Coaching Minor consists of 18-credit hours with no more than three credits counting from your major requirements. The goal of the program is to develop you into a trained and knowledgeable young coach who has the appropriate skills and certifications to earn an entry-level coaching position. A strong emphasis in the minor is for students to participate in observation of sport practices and competitive experiences with all levels of sport.

The program has high expectations for our students and expect them to be engaged in a major degree program while becoming a qualified sport coach on their desired sport level.



Career Opportunities

The Bureau of Labor statistics projects 6% employment growth for sport coaches between 2014 and 2024, which will add 14,800 new positions to a profession of 250,600. The prospects look particularly good for coaches with advanced training and experience.

According to the U.S. Department of Labor, the driving forces for growth in the coaching field are:

- The need to replace many high school coaches who will retire or transfer will provide the most coaching opportunities. The best prospects are for those who are state-certified to teach academic subjects.
- The increased need, especially at the college level, for coaches in women's athletics.
- The demand for private sports instruction is expected to grow as parents encourage their children to pursue fitness and their full potential.
- The increasing number of retirees who will need instruction as they participate in lifetime activities such as golf and tennis.

Admission Requirements

- Attain a minimum overall GPA of 2.5 at time of application.
- Completion of KINE 231: Foundations of Coaching with a “C” or better.
- Completion of the Coaching Minor Application.

Curriculum Requirements

COACHING ESSENTIALS (complete 18 credits)

KINE 231 Foundations of Coaching (3)
KINE 240 Athletic Safety & Injury Prevention (3)
KINE 409 Psychological/Social Issues in Sport (3)
KINE 433 Coaching Internship (3)
SPTA 190 Introduction to Sport Administration (3)

COACHING ELECTIVES (choose 3 credits)

AQUA 315 Water Safety Instructor (WSI) (3)
EXSC 292 Anatomy (3)
NUTR 275 Personal Nutrition (3)
NUTR 340 Principles of Human Nutrition (3)
PEP 227 Introduction to Adapted P.E./Activity (3)
PEP 291 Motor Dev. & Learning Across Lifespan (3)

Program Requirements

A Minor in Coaching is awarded to students who meet the following requirements. Students must:

- Maintain overall GPA 2.5 & Coaching Minor GPA of 2.75.
- Complete 18 credits of course work prescribed above.
- Students may only use three credits from their major for completion of their Coaching Minor.
- Provide proof of current CPR, First Aid, and AED certification. The completion of PEP 250 may satisfy this requirement.
- Obtain a National Federation of State High School Associations (NFHS) or an American Sport Education Program (ASEP) sport certification in one of the following: baseball, basketball, football, golf, lacrosse, soccer, softball, swimming and diving, tennis, track and field, volleyball, or wrestling.

Research Professional Opportunities

- YMCA.NET
- MAXPREPS.COM
- IHSAA.ORG
- HIGHEREDJOBS.COM
- NCAAMARKET.NCAA.ORG/JOBS

Connect With Us

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