About the Program
Understand the importance of employee wellness and the value of human capital with our minor in Workplace Wellness. In the workplace, diverse groups collaborate to develop a vital and productive workplace culture. Workplaces are a key partner in efforts to improve the health and well-being of your nation. The minor requires core workplace wellness courses.

What You Will Learn
- how to assess the impact of workplace culture, safety, occupational health policies, personal health-related decisions, and other related practices on worker well-being
- how to use a logic-model driven planning approach
- how to administer workplace wellness programs

Curriculum Requirements
16 credits

Required 13 credits
WWIN 201 Improving Worker Wellbeing: A Multidisciplinary Approach (3)
WWIN 305 Intro. to Workplace Wellness Planning (3)
WWIN 310 Workplace Wellness Administration (3)
WWIN 405 Workplace Wellness Coaching (3)
WWIN 498 Senior Seminar in Workplace Wellness (1)

Experience Learning – choose 3 credits
WELN 325 Community Collaboration & Service Learning in Wellness Management (3)
WWIN 396 Civic Engagement: Workplace Wellness Program (3)
WWIN 397 Civic Engagement: Workplace Wellness Project (3)

Connect With Us
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