

LINDSEY C. BLOM, Ed.D.

HIGHER ED ADMINISTRATOR

Ball State University

PROFESSIONAL SUMMARY

Higher Ed Administrator with 18 years of progressive leadership and research experience at Ball State University. A multi-faceted tenured Distinguished Professor and Associate Dean with deep expertise in sport psychology, specializing in positive youth development through sport and leveraging sport for community and international peace, with over \$1 million in external grants and 90 publications. Nearly 20 years of consulting experience as a Certified Mental Performance Consultant (CMPC) in sport psychology, working with athletes, coaches, and organizations globally.

ACCOMPLISHMENTS

- Fellow- Mid-American Conference Academic Leadership Development Program, Ball State University, Aug 2023 — May 2025
- Keynote speaker- “Power of an Invitation”, Ball State University Spring College of Health & Teachers College Commencement. (May 2024).
- Keynote speaker- “Mental Wellness in Youth Sport”, Vanderbilt Youth Sports & Health Safety Conference, Vanderbilt Youth Sports Center. (July 2023).
- Keynote speaker- “A Seat at the Table: Mental Health and Coach Development”, U.S. Center for Coaching Excellence Summit, (June 2023).
- Keynote speaker- “Creating a Culture of Mental Wellness in High School Sports & Activities”, National Federation for High School Associations (NFHS) Summer Meeting, (June 2023).
- Keynote speaker- “Mental Health for High School Coaches”, National Federation for High School Associations (NFHS) Executive Directors' Meeting, (January 2023).
- Outstanding Faculty Member for Student Success, Mid-American Conference (MAC), May 2021
- Fellow, Association for Applied Sport Psychology, Inducted, October 2019
- Distinguished Contributions to Public Interest Award, Society for Sport, Exercise, and Performance Psychology, American Psychological Association, April 2018
- Fellow, The Executive Journey Fellowship for Indiana Leaders in Youth Development, Aug 2016 - June 2017
- Top 40 Under 40, Inaugural Class, Georgia Southern University, June 2014
- Athletics Hall of Fame, Georgia Southern University, Inducted October 2014

BOARD/ADVISORY ACTIVITIES

- Director, Board of Directors, Indiana Soccer Association, December 2025- current
- Member, Fellows Review Committee, Association for Applied Sport Psychology, October 2025- current
- Member, Advisory Board, Center for Peace and Conflict Studies, Ball State University August 2011 - Present
- Member, Sports Medicine Advisory Committee National High School Federation (NFHS), June 2022- June 2025
- Director, Board of Directors, Dream Sports Africa, January 2016 - May 2024
- Member, Advisory Board, Cardinal Varsity Club, Ball State Athletics, 2017 - 2023

PROFESSIONAL EXPERIENCE

- 7/2026 to current **Associate Dean, Research and Faculty Development,
John & Janice Fisher Distinguished Professor of Wellness
Ball State University, Muncie IN – Muncie, IN**
As Associate Dean, I advance the College of Health's research enterprise by driving strategic development, overseeing external and internal research funds and partnerships, and liaising with Sponsored Projects Administration on grant proposals and regulatory compliance. I lead faculty development and mentoring initiatives while supporting student research engagement, directing staff and committee operations, and overseeing administrative research processes.
- 10/2023 to 7/2026 **Senior Kinesiology Advisor to the Dean
Ball State University, Muncie IN – Muncie, IN**
As a key contributor to strategic and administrative development, I am responsible for identifying and building strategic relationships between the College of Health faculty and Athletics to maximize faculty expertise, student learning opportunities, and science-to-practice collaborations. Additionally, I serve on the College's Leadership Team, provide strategic advising and planning, represent the College at University-wide events, support the Dean's fundraising efforts, assist with College leadership development and P&T committees, and served on the search committee for an Associate Dean.
- 10/2023 to 7/2026 **Senior Associate Athletics Director for Championship Performance
Ball State University, Muncie, IN – Muncie, IN**
Serving on the Athletic Director's Executive Leadership Team, I provide vision, strategic planning, and leadership for the Championship Performance health and wellness area encompassing Sports Medicine, Strength and Conditioning, Nutrition, and Mental Wellness for 430 Division I student-athletes. More specifically, my responsibilities include managing the medical relationship with the local hospital and team physicians, guiding risk management, quality initiatives, developing integrated high-performance teams for each sport, complying with Conference and NCAA guidelines, serving as the NCAA Health Care Administrator, and leading the Department's mental health and wellness committee. I also am the Athletics liaison on

the construction project for the new \$8 million Eric Foss Championship Performance Center, assist with the hiring of coaching staff and administrators, including serving on two Athletic Director, one Senior Associate AD, and eight head coaching searches (including football and men's basketball), and serve as a supervisor and evaluator for 10 direct reports (i.e., five head coaches, Director of Sports Medicine) and over 45 total staff/students. Furthermore, I support the Athletic Director and Foundation in donor and alumni collaboration and served as the Athletics liaison for academic services.

08/2008 to Current Professor of Sport & Exercise Psychology

Ball State University, Muncie, IN – Muncie, IN

Professor, August 2019- present; Associate, August 2012 – 2019; Assistant, August 2008 –2012

My tenure at Ball State has been marked by broad collaborative leadership across multiple roles, including, New Faculty Academy Facilitator, Acting Director of the Center for Peace and Conflict Studies, Faculty Athletics Representative, School P&T Chair, and Graduate Program Coordinator. As the Graduate Program Coordinator for 13 years, I successfully expanded the Sport and Exercise Psychology master's program annual cohort from 6 to 15 students and increased annual applications from 20 to over 80, added an undergraduate minor, a new online graduate certificate, an option for a dual degree in Clinical Mental Health Counseling, and a doctoral cognate, supported a 100% pass rate on the certification exam, and created over 25 new field placements. As a scholar, I investigate positive youth development in and through sport and using sport to promote peace at the individual, community, and international levels. Additionally, I have mentored over 85 student research projects at the master's and doctoral levels, chairing half of them, and supporting publications and presentations.

05/2022 to 10/2023 Chairperson, School of Kinesiology

Ball State University, Muncie, IN – Muncie, IN

As School Chairperson, I played a pivotal role in operational and strategic improvements for the School, including facilitating the development of program video marketing materials and coordinating major website updates. A major focus was on enhancing the internal culture and faculty support, with over 30 hours of discussion that resulted in major revisions to P&T and NTL salary/promotion policy and procedure and new faculty marketing and on-boarding practices. I collaborated on solutions for advising challenges and student success, created a more welcoming environment and transition for students, identified and removed curriculum barriers., developed revisions and reporting for the School's Priorities for Action (strategic plan), and managed merit reviews for 30+ faculty. Furthermore, I increased One Ball State Day annual fundraising initiatives and developed a focused plan for professional development in inclusive excellence.

10/2020 to 10/2023 President

Association for Applied Sport Psychology

In my role as president of the Association for Applied Sport Psychology (AASP), a 3000+ member international organization, I served a three-year term on the Executive Board, involving a president-elect, president, and immediate past-president role. As the face of the organization, I worked to serve both the membership and our external constituents, while leading an executive team of 13 Division Heads, managing a \$1.5 million budget, facilitating organizational branding and marketing, growing the membership, initiating strategic external partnerships, developing a stronger association culture of inclusion and diversity, managing member conflict, leading the development of a new strategic plan, and supporting a new graduate program accreditation process.

08/2005 to 05/2008 **Assistant Professor**

University of Southern Mississippi, Hattiesburg, MS – Hattiesburg, MS

From August 2006 to July 2008, I held significant roles in program leadership, serving concurrently as the Sport Coaching Education Undergraduate Program Coordinator and the Sport Coaching Education Graduate Program Coordinator. My teaching contributions spanned both levels, encompassing undergraduate courses such as Sport Psychology, Exercise Psychology, Senior Capstone, and Competitive Youth Sports, as well as graduate instruction in Sport Psychology and Advanced Sport Coaching Methodology. I also mentored student research projects and conducted applied consulting with athletics teams.

EDUCATION

Ed.D.: Sport and Exercise Psychology

West Virginia University - Morgantown

M.A.: Counseling Education

West Virginia University - Morgantown

M.S.: Kinesiology

Georgia Southern University - Statesboro

B.S.: Psychology

Georgia Southern University - Statesboro

SELECT PUBLICATIONS

As a scholar, I investigate positive youth development in and through sport and using sport to promote peace at the individual, community, and international levels. My most recent projects include exploring key developmental characteristics, peace indicators, and purpose in Liberian youth involved in a sport for development program.

Additionally, I have researched the effectiveness of sport for social change programs in Nigeria, India, Jordan, and Tajikistan, developed a values-based curriculum that can be infused into recreational sport leagues, and worked with local youth soccer clubs to develop a more holistic approach to training youth athletes. My applied scholarship involves a community-based participatory research approach, working to collaboratively solve practical issues.

- Bronk, N., **Blom, L.C.**, Fryatt, S., Maiwo, F.M., Appleton, Y. (2025). A Model of Positive Liberian Youth Development. *Applied Developmental Science*. <https://doi.org/10.1080/10888691.2025.2563053>
- Davis, C. M., **Blom, L. C.**, Struewing, G., Smith, A., Patel, K., Rutter, E. R., & Bowman, S. (2025). Utilizing the Perspective of Coaches to Design Culturally Supportive Environments for Black Female Student-Athletes. *International Sport Coaching Journal*. Advance online publication. <https://doi.org/10.1123/iscj.2025-0019>.
- Bronk, K., **Blom, L.C.**, Fryatt, S., Maiwo, F.M., Appleton, Y. (2024). Appreciative Inquiry: Guiding Principles for Majority and Minority World Teams Conducting Research in Majority World Countries. *Journal of Youth Development*, 19(4), Article 1. <https://open.clemson.edu/jyd/vol19/iss4/1>
- Pasquini, E., **Blom, L.C.**, Johnson, J., Smith, A., and Judge, L.W. (2024). Managing Coach-Athlete Dynamics: Immediacy and Meta-Perception in Intercollegiate Sports. *Journal of Applied Sport Management*, 16(3), 4
- Davis, C., Patel, K., Hussey, K., **Blom, L.C.**, Mohn, C., Myers, K., Braxling, C., & Smith, G. (2024). Applying the Continuum of Trauma Responsiveness to a Sport-Based Youth Development Program. *Peace and Conflict: Journal of Peace Psychology*.
- Niemiec, R. M., **Blom, L. C.**, Bronk, K.C., Cheung-Blunden, V., Gerstein, L., Handwerker, S., Nelson, L., & Sherwood, N.R. (2024). International Peace & Character Strengths (Chapter 7). In R. M. Niemiec (Ed.), *Character Strengths and Peace Psychology*. Switzerland: Springer.
- Hansell, A., Voelker, D., **Blom, L. C.** (2024). Short-Term International Sport for Development and Peace Programs: A Retrospective Analysis and Critique Informed by Stakeholders' Perspectives in a Two-Year Follow-Up. *Journal of Sport for Development*, 12(1), 28-43.
- **Blom, L.C.**, Visek, A. J., & Harris, B. S. (2024). Children and adolescents. In S. Razon & M. L. Sachs (Eds.), *Applied exercise psychology: The challenging journey from motivation to adherence*. New York, NY: Routledge.
- Hussey, K., **Blom, L. C.**, Huysmans, Z., Volker, D., Moore, M. A. (2023). Trauma-Informed youth sport: Identifying program characteristics and challenges to advance practice. *Journal of Youth Development*, 18(3).
- Kroot, A., **Blom, L. C.**, Patel, K., Davis, C., Moore, M. A., Mulvihill, T. M. (2023). Basketball experience: Exploring Nigerian youth coaches' perspectives of grassroots sport for development programming as a tool to enhance well-being. *International Journal of Sport Science & Coaching*, 1-11.
- **Blom, L. C.**, Hilliard, R. C., Gerstein, L. H., Judge, L. W., Vasiloff, O., Ballesteros, J., & Johnson, J. E. (2022). Tajik coaches' experiences in a sport for development program using systems theory: A longitudinal investigation. *Managing Sport and Leisure*, 27.
- Kanan, A. S., **Blom, L. C.**, Gerstein, L. H., Hankemeier, D., Shurigar, B., Ciosek, S. J., & Kroot, A. (2022). A follow-up qualitative study: The lived experiences & perceptions of SDP trained youth sport coaches and teachers from Jordan and

Tajikistan with using sports to foster a culture for peace. *Journal of Sport for Development*, 10(1), 40 – 54.

- Harvey, S., Gano-Overway, L., Baghurst, T., **Blom, L. C.**, & Eisenmann, J. (2022). 50 Million Strong™: The Contribution of Sports Coaching. *Research Quarterly in Exercise & Sport*.
- Gerstein, L. H., **Blom, L. C.**, Banerjee, A., Farello, A., & Crabb, L. (2021). Sport for social change: An action-oriented peace education curriculum. *Peace and Conflict: Journal of Peace Psychology*, 27(2), 160–169.
- Moore, M. A., **Blom, L. C.**, Califano, Hussey, Farello, Vasiloff, & Gabler. (2021). Redesigning a youth soccer program: Holistic development of athletes. *Child and Adolescent Social Work Journal*, 38, 409–421.
- **Blom, L. C.**, Bronk, K. C., Sullivan, M., McConchie, J., Ballesteros, J. & Farello, A. (2020). Peace and development indicators in Liberia youth through Sport for Development. *Peace and Conflict: Journal of Peace Psychology*.
- Sullivan, M., Moore, M., **Blom, L. C.**, & Slater, G. (2020). Relationship between social support and depressive symptoms in collegiate student athletes. *Journal for the Study of Sports and Athletes in Education*, 14(3), 192-209.
- Farello, A., Blom, L. C., Mulvihill, T., & Erickson, J. (2019). Understanding female youth refugees' experiences in sport and physical education through the self-determination theory. *Journal of Sport for Development*, 7(13), 55- 72.
- **Blom, L.C.**, Magat, P., & Dichter, H. L. (2019). Grassroots diplomacy through coach education: Americans, Jordanians and Tajiks. *Soccer & Society*.
- Darnell, S. C., Whitley, M. A., Camiré, M., Massey, W. V., **Blom, L.C.**, et al. (2019). Systematic review of sport for development literature: Managerial and policy implications. *Journal of Global Sport Management*.
- Hilliard, R., **Blom, L. C.**, Sullivan, M. (2019). Positive youth development and citizenship behaviors in young athletes: U.S. and Canadian coaches' perspectives. *The Physical Educator*, 76, 1135-1156. doi.org/10.18666/TPE-2019-V76-I5-8008
- Whitley, M., Massey, W., Camiré, M., **Blom, L.C.**, et al. (2018). A systematic review of sport for development interventions across six global cities. *Sport Management Review*, 22(2), 181-193.
- Massey, W., Whitley, M., Blom, L. C., & Gerstein, L. (2016). Sport for development and peace: A systems theory perspective on promoting sustainable change. *International Journal of Sport Management and Marketing*, 16, 18 -35.
- **Blom, L.C.**, Judge, L., Whitley, M. A., Gerstein, L., Huffman, A., & Hillyer, S. (2015). Sport for development and peace: Experiences conducting domestic and international programs. *Journal of Sport Psychology in Action*, 6(1), 1-16.
- **Blom, L. C.**, Gerstein, L., Stedman, K., Judge, L. W., Sink, A., & Pierce, D. (2015). Soccer for peace: Evaluation of in-country workshops with Jordanian coaches. *Journal of Sport for Development*, 3(4), 1- 12.

FUNDED GRANT WORK

Coach Beyond- Indiana (June 2024- current)

- Funder: Ohio State University LiFe Sports/Susan Crown Foundation
- Funded Amount: \$90,000

- PI: Jerry Reynolds
- Co-PI: Lindsey Blom, Larry Judge, Nick Elam

Muncie Community Schools Conflict Prevention and Resolution Skills Training Program for Support Staff (May 2023 - May 2024)

- Funder-Muncie Community School Corporation
- Funded Amount: \$22,262
- PI: Lawrence Gerstein
- Co-PI: Lindsey Blom, Lauren Shaffer, Kiesha Warren-Gordan

Positive Youth Development and Character Formation in the Liberian Context (May 2021- June 2023)

- Agency: L.A.C.E.S. (The World Charity Foundation)
- Funded Amount: \$39,087
- PI: Lindsey Blom

Redefining a Youth Soccer Club: A Positive Youth Development Program (April 2019 - Dec. 2021)

- Agency: U.S. Soccer Foundation: Subaward Zionsville Youth Soccer Association
- Funded Amount: \$35,321
- PI: Lindsey C. Blom

Leadership through Sports Program for Jammu and Kashmir (Sept. 2018 - July 2019)

- Agency: Department of State, U.S. Embassy Delhi
- Funded Amount: \$70,000
- PI: Lindsey C. Blom

Youth-focused Sport for Development Interventions with non-sport youth development interventions in the United States (May 2017 - Nov 2017)

- Agency: Laureus Sport for Good Foundation and the Commonwealth Secretariat
- Funded Amount: \$30,000
- PI: Meredith Whitley
- Co-PI: Lindsey C. Blom

Sport for Social Change: Tajikistan (Sept. 2013- Dec. 2015)

- Agency: Department of State Bureau of Educational and Cultural Affairs; SportsUnited
- Funded Amount: \$222,637
- PI: Lindsey C. Blom
- Co-PI: Lawrence Gerstein, Larry Judge, James Johnson

SELECT REFERRED PRESENTATIONS

- Hansell, A., Voelker, D., **Blom, L. C.**, España-Pérez, S., Watson, J., Luzynski, C., Dieffenbach, O., Pattson, A., (October 2023).“Short-Term International Sport for Development and Peace Programs: A Retrospective Analysis and Critique Informed

by Stakeholders' Perspectives in a Two-Year Follow-Up”, Association for Applied Sport Psychology conference.

- Bronk, K. C., **Blom, L.**, Fryatt, S., Miawo, M., & Moore, J. (Apr. 2023). “Positive Liberian youth development: An empirically-derived model”. Poster presentation at the Society for Research on Adolescence (SRA) annual meeting. San Diego, CA.
- Bronk, K. C., **Blom, L.**, Fryatt, S., Miawo, M. & Moore, J. (Mar. 2023). Applying an Appreciative Inquiry to conduct youth development research in majority world countries: Research in Liberia as a case example. Paper symposium for the Society for Research on Child Development (SRCD) biennial meeting. Salt Lake City, UT.
- Huffman, O., Patel, K., Martin, K., **Blom, L. C.**, Lebeau, J.-C., Judge, L. W. (August 4, 2023). “Female Student-Athletes College Transitions: Evolution of Identities and Coping Resources Used”, American Psychological Association, Virtual.
- Mohn, C., Myers, K. E., Huffman, O. R., & **Blom, L. C.** (2022, April). “Futsal for Positive Youth Development: A Guide for Implementation”. Oral presentation at the Social Justice through Sport and Exercise Psychology Virtual Conference.
- Vasiloff, O., **Blom, L. C.**, Walker, K., Judge, L. W., Sadler, E. L. (October 2021). “Examining the Importance and Reasoning Behind Baseball Batters' Pre-bat Routines.” Association for Applied Sport Psychology conference.
- Bronk, K. C., **Blom, L. C.**, & McConchie, J. (Mar. 2019). “Fostering peace, purpose, and positive development among youth in Liberia.” Paper presentation for the Biennial Meeting of the Society for Child Development. Baltimore, MD.
- **Blom, L. C.** (April 2021). “Sport for Development and Peace Programs in Jordan and Tajikistan: Connecting with the UN Sustainable Development Goals”, Cohen Peace Conference, Center for Peace and Conflict Studies, Invited, Virtual.
- Gerstein, L. H., & **Blom, L.** (November 10, 2019). “Sport for Social Change: An Action Oriented Peacebuilding Curriculum, Building Sustainable Peace: Ideas, Evidence, Strategies”. Presented at the University of Notre Dame, Kroc Institute for International Peace Studies, South Bend, Indiana.
- Massey, W., **Blom, L. C.**, Fishers, L., Lee, S., Sappington, R., Carter, L. (October 2019). “Navigating Sport Psychology Research Agendas Centered on Equity, Inclusion, and Social Justice”. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- **Blom, L. C.**, Hilliard, R., Gerstein, L., Judge, L., Ballesteros, J., & Johnson, J. (July 2019). “A Longitudinal Mixed-Methods Investigation of Tajik Coaches' Experiences in a Sport for Development Exchange Training Program”. Presented at the European Congress of Sport & Exercise Psychology, Münster, Germany.
- Darnell, S. C., Whitley, M. A., Camiré, M., Massey, W. V., **Blom, L. C.**, Chawansky, M., & Forde, S. (2017, November). “A Systematic Review of Sport for Development and Peace: Social and Policy Implications”. Presented at the North American Society for the Sociology of Sport, Windsor, Ontario.
- Giannoulakis, C., Schulenkorf, N., & **Blom, L.C.** (June 2017). “The role of the change agent event context for sport for development projects”. Paper presented at the North American Society for Sport Management, Denver, CO.