

Anna Farello, Ph.D.

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Education

Loughborough University London, London, UK PhD in Sport Business, Sport for Development and Peace	September 2019–October 2022
Ball State University, Muncie, IN Master of Science, Sport and Exercise Psychology; Minor: Mental Health Counseling	August 2017–May 2019 GPA: 4.00
University of Portland, Portland, OR Bachelor of Arts, Majors: Psychology and Spanish; Minor: Biology	August 2013–May 2017 GPA: 3.98
IES Abroad, Santiago, Chile Intern at La Municipalidad de Recoleta	June–July 2014

Relevant Professional Experience

Assistant Professor of Sport and Exercise Psychology (Ball State University)	August 2024–present
<ul style="list-style-type: none">• Teaching undergraduate classes related to sport and exercise psychology• Leading research related to sport for development & peace, and sport & exercise psychology, including managing two Graduate Assistants• Supervising Master's students' theses	
Senior Research Associate (Loughborough University London)	October 2023–present
<ul style="list-style-type: none">• Collaborating with Fight for Peace International to investigate the role of sport for youth crime and violence prevention• Co-leading funded research at the nexus of sport, forced displacement, and climate action in Bangladesh, the Sahel, and Oceania• Co-leading funded research to develop the London Sport Intervention Model (LSIM) through research on sport for youth crime and violence prevention	
Post-Doctoral Researcher (Oregon State University)	October 2022–October 2023
<ul style="list-style-type: none">• Led research related to improving the quality of recess in elementary schools, including data collection, creating and disseminating reports for schools, and writing up findings for academic outputs.• Led research related to the sport experiences and mental health of female athletes.• Guest lecturer in Dr. William Massey's classes related to sport for development topics (e.g., sport and crime prevention, mental health and sport)• Co-led a psychosocial physical activity program for homeless youth once per week; this involved appropriately planning a trauma-informed session based on Positive Youth Development	
Member of the Olympic Refugee Foundation Think Tank	March 2023–present
<ul style="list-style-type: none">• Advocate for, and plan, projects to include and benefit those with experience of forced displacement.	

- Collect data via interviews for research projects to help the Olympic Refuge Foundation achieve its mission and vision

Junior Visiting Fellow at University of New South Wales, Sydney, Australia September 2022–October 2022

- Under the tutelage of Dr. Simon Rosenbaum, assisted UNSW faculty and students with research related to community physical activity programming for refugees
- Wrote portions of scholarly manuscripts and co-developed a model to re-conceptualize refugee mental health

Fare Network INSPIRES Developer September 2021–December 2022

- Researched, identified, and collated information on 5 best practices used by coaches and civil society organisations to include refugee women and girls in sport
- Presented practices in a global webinar to lay and sport for development audiences

Fundraising Officer for SkatePal (London, UK) June 2020–December 2022

- Created and submitted over 30 grant and funding applications for SkatePal projects around gender equity, water sanitation, and improving sport experiences for young people in Palestine.
- Built connections with foundations and funding entities to secure over £30,000 in funding

Publications

Under Peer-Review / In Progress

1. Massey, W.V., Veliz, P., **Farello, A.**, Zdroik, J., Zarrett, N. (under review). The relationship between girls' mental health and sport participation. *Journal of Adolescent Health*.
2. Tobias, S., **Farello, A.**, & Massey, W. V. (under review). Parental investment in youth sport: Differences as a function of children's gender. *Journal of Applied Sport Psychology*.
3. Massey, W.V., Stellino, M.B., **Farello, A.**, Belcher, D. Arnold, J., & Ozkoca, N. (in progress). Fun for who? An examination of changes in positive and negative affect on the playground across the school year. Data collection and analysis complete.
4. Massey, W.V., Stellino, M.B., **Farello, A.**, Belcher, D. Arnold, J., & Ozkoca, N. (in progress). Perceptions of belonging and victimization on the playground: An equity analysis of growth over time for children with a Playwork's recess coach. Data collection and analysis complete.
5. Stellino, M.B., Belcher, D., **Farello, A.**, & Massey, W.V., (in progress). President for the day: An examination of children's perceptions on what happens and should happen at recess. Data collection complete.
6. Massey, W.V., **Farello, A.**, Belcher, D., & Stellino., M.B. (in progress). School principal's perspectives on school and program level factors needed for successful recess intervention. Data collection complete.
7. Collison-Randall, H., Smith, A.C.T., Pippard, J., & **Farello, A.** (in progress). Sport for crime and violence prevention: A grounded theory study. *Social Forces*.

Peer-Reviewed

8. Gretton, T.W., & **Farello, A.** (in press). Emotionally demanding research: A wartime quest or a journey of connection? *The Qualitative Report*.
9. **Farello, A.**, Trajkovski, M., & Massey, W. V. (in press). 'Journey to the top: The non-linear path of identity foreclosure and exploration and its implications for mental health in female professional athletes. *Journal of Applied Sport Psychology*.
10. London, R., Alvarez, G., **Farello, A.**, & Massey, W.V. (in press). Creating lasting conditions for meaningful recess reform: A five-school exploration. *Journal of School Health*.
11. Arnold, J.P., Farello, A., Özkoca, N., Ozenbaugh, I., Braxling, C., & Massey, W.V. (2024). Improving recess through collaboration: Exploring the facilitators and barriers to sustaining positive playground behavior. *Journal of School Health*, 94(10), 985-993. <https://doi.org/10.1111/josh.13461>.
12. McKeon, G., Curtis, J., Rostami, R., Sroba, M., **Farello, A.**, ...Rosenbaum, S. (2024). Co-designing a physical activity service for refugees and asylum seekers using an experience-based co-design framework. *Journal of Immigrant and Minority Health*, 26(4), 674-688.
13. Gretton, T. W., **Farello, A.**, Minkler, T. O., Caya, J., & Eccles, D. W. (2023). Impossible perfection: A storytelling reflection. *Qualitative Inquiry*. <https://doi.org/10.1177/10778004231176763>
14. **Farello, A.**, & Collison-Randall, H. (2023). A contemporary perspective on the traditional gap between 'clean minds' and 'dirty hands' in the sport and refugee movement. *Journal of Sport for Development*, 11(2), 4-20.
15. The Olympic Refugee Foundation Think Tank. (April 2022). Realising the cross-cutting potential of sport in displacement contexts: A roadmap from the Olympic Refugee Foundation. *BMJ Global Health*. Doi: doi:10.1136/ bmjgh-2022-008717
16. Moore, M., Blom, L. C., Califano, K., Hussey, K. **Farello, A.**, Vasiloff, O., ... & Sullivan, M. (2021). Redesigning a youth soccer program: Holistic development of athletes. *Child and Adolescent Social Work Journal*. <https://doi.org/10.1007/s10560-021-00770-z>.
17. Gerstein, L. H., Blom, L. C., Banerjee, A., **Farello, A.**, & Crabb, L. (2021). Sport for social change: An action-oriented peace education curriculum. *Peace and Conflict: Journal of Peace Psychology*, 27(2), 160-169. <https://doi.org/10.1037/pac0000518>
18. Al-Khalifa, H. K., & **Farello, A.** (2020). The soft power of Arab women's football: Changing perceptions and building legitimacy through social media. *International Journal of Sport Policy and Politics*, 1-17. DOI: 10.1080/19406940.2020.1854327
19. Blom, L. C., Bronk, K. C., Sullivan, M., McConchie, J., Ballesteros, J., & **Farello, A.** (2020). Peace and development indicators in Liberia youth through Sport for Development. *Peace and Conflict: Journal of Peace Psychology*, 27(2), 284-296. <https://doi.org/10.1037/pac0000463>
20. **Farello, A.**, Blom, L. C., Mulvihill, T. M., & Erickson, J. E. (2019). Understanding female youth refugees' experiences in sport and physical education through the self-determination theory. *Journal of Sport for Development*, 7(13), 55-72.

Invited Book Chapters

21. Gretton, T.W, Farello, A., & Minkler, T.O. (2024). Pursuing passion. In A. Friesen, L. S. Tashman & S. Brueckner (Eds.), *Becoming a sport, exercise, and performance psychology professional: A global perspective*. Routledge.
22. Collison-Randall, H., **Farello, A.**, Dimitropoulou, G., Smith, A.C.T., & Pippard, J. (2024). SC:ORE, an international initiative promoting the use of sport interventions to prevent crime and youth violence: A case study of sport to positively disrupt knife crime in London.
23. Collison-Randall, H., Smith, A.C.T., **Farello, A.**, & Pippard, J. (2024). Tackling knife crime and contemporary youth violence through sport: An exploration of hyper-local sport interventions.
24. **Farello, A.** (2023). Global issues for action sports: The case of SkatePal. In (H. Collison-Randall, Ed.) *Handbook for Sport for International Development*.
25. **Farello, A.**, Kuzmina, K., & Windsor, S. (2022). A discussion on the emergence of new creative methodologies in the field of sport studies. In (H. Collison-Randall, Ed.) *Routledge Encyclopedia of Sport Studies*.

Non-Refereed Publications

26. Collison-Randall, H., Farello, A., Pippard, J., Jones, J.P., & Smith, A.C.T. (2024). *Exploring the benefits of combining sport + personal development activities, and barriers to sport participation*. Fight for Peace International.
27. Collison-Randall, H., **Farello, A.**, & Dimitripoulou, G. (2024). *Preventing youth crime and violence through sports - A policy guide*. United Office of Drugs and Crime.
28. Massey, W.V., Veliz, P, Zarrett, N., & **Farello, A.** (2024). *Thriving through sport: The transformative impact on girls' mental health*. Women's Sport Foundation. https://www.womenssportsfoundation.org/articles_and_report/thriving-through-sport/
29. **Farello, A.** (17 November 2022). Embracing messiness. *Sportanddev.org*. <https://www.sportanddev.org/en/article/news/embracing-messiness>
30. **Farello, A.**, & Collison-Randall, H. (13 July 2022). The 'dark horse' in refugee contexts: Sport as the missing piece. Blog for *British Journal of Sports Medicine*. <https://blogs.bmj.com/bjism/2022/07/13/the-dark-horse-in-refugee-contexts-sport-as-the-missing-piece/>
31. **Farello, A.** & Al-Khalifa, H. (November 2021). The importance of building solidarity. *Sportanddev.org*. <https://www.sportanddev.org/en/article/news/importance-building-solidarity>

Grants and Contracts

Good Sports: Play for All

December 2023—present

Massey, William (PI)

Investigating the Utility of Sports Equipment Provision on Marginalized Populations

- Providing consultant services for Good Sports: Play for All and the research team for this multi-year contract that investigates the utility of sports equipment provision on marginalized populations.

London Violence Reduction Unit

February 2024 - present

Collison-Randall, Holly (PI)

Validating and Evaluating the London Sport Intervention Model: Countering vulnerability to violence using hyper-local sport intervention programmes

- Working with 10 sports programmes across London and using multiple methods to explore the role of sport for crime prevention.

Fight for Peace

October 2023—August 2024

Collison-Randall, Holly (PI)

An exploration of systemic inequalities as barriers to participation in a combat sport for violence prevention programme

- Will virtually collect data via interviews with coaches around systemic inequalities and additional barriers to participation for youth participants

Greater London Authority

October 2023—March 2024

Collison-Randall, Holly (PI)

Early Years Crime Prevention

- Generated a report for the Greater London Authority based on survey and interview data around the role of programs targeting crime prevention for young children

Playworks

July 2023—October 2023

Farello, Anna (PI)

Recess Reboot Case Study Follow-Up: Lessons from School Principals

- Collected, analyzed, and created reports/presentations from interviews with school principals about their experiences hiring and integrating Playworks programming at their school.

Women's Sport Foundation

October 2022—April 2024

Massey, William (PI)

Exploring the necessary conditions to maximize the potential for sport to facilitate girls' mental well-being

- Collected and analyzed data from focus groups with girls aged 11-17 on the role of sport in their mental health

- Collaborated with WSF personnel to gather literature and write a literature review related to youth sport and mental health

London Mayor's Office of Policing and Crime (MOPAC)

April 2020–April 2021

Collison-Randall, Holly (PI)

How Sport Can Attenuate Knife Crime in London

- Multi-phase and multi-year project beginning with virtual data collection during the pandemic from different London-based sport programs focusing on (knife) crime prevention
- Current phase involves expanding the scope and creating a more nuanced framework for how sport programs can work to reduce knife crime in London.

Olympic Refuge Foundation

December 2022–present

Collison-Randall, Holly (PI)

Going Beyond Cultural Context: Framing cultural sensitivity, adaptation, translation and capital in the sport and refugee sector

- Collected, analyzed, and created reports/presentations from phase 1 data (open-ended surveys from sport practitioners working with refugee youth)
- Commenced phase 2, where I will guide a refugee-youth-led research team to collect interview data from other youth in their sport programmes

Olympic Refuge Foundation

August 2022–present

Collison-Randall, Holly (PI)

Climate Action through Sport in the Context of Refugees and Displacement

- In collaboration with Loughborough University, the International Olympic Committee, and the Olympic Refuge Foundation, this project uses digital storytelling to explore how extant programs integrate climate action and sport activities, and the extent to which this merging is impactful to individuals and their communities.

United Nations Office of Drugs and Crime

August 2022–August 2024

Collison-Randall, Holly (PI)

Youth Crime and Violence Prevention through Sport: UNODC Policy Guide & Intervention Model

- The UNODC enlisted my and Holly Collison-Randall's expertise to create (1) a policy guide, and (2) an intervention model to help policymakers and practitioners around the world learn about and implement effective sport programs for youth crime and violence prevention.

United Nations Office of Drugs and Crime

August 2021–December 2021

Collison-Randall, Holly (PI)

Preventing Violent Extremism through Sport in Kampala, Uganda

- Collaborated to design a three-day workshop for coaches in Kampala, Uganda, around how to use sport as a tool to prevent violent extremism

United Nations Office of Drugs and Crime

August 2021–September 2022

Collison-Randall, Holly (PI)

Teaching Fair Play, Tolerance, and Respect to Prevent Violence and Promote Integrity in and through Sport

- Collaborated to create a practical toolkit for Physical Education teachers in Greece

Public Affairs Section of the U.S. Embassy in New Delhi, India

August 2018–August 2019

Blom, Lindsey (PI)

Leadership through Sports for Jammu & Kashmir

- Collaborated with the Embassy and Consulates to create a week-long, in-person workshop for coaches from Jammu, Kashmir and Leh/Ladakh
- Coordinated logistics for workshop presentations and the 6-month virtual mentoring program after the workshop
- Collected and analyzed data from coaches' action reports, pre- and post-workshop surveys, and virtual mentoring qualitative content

Post-Graduate Committee Member

* Denotes committee chair (primary supervisor)

Student	Degree	Program	Years
Khushbu Patel	PhD	Counseling Psychology; Ball State University	2024-2027
Olivia New	PsyD	Counseling Psychology; Springfield College	2021-2025
Sara Tobias	Master of Science	Kinesiology; Oregon State University	2022-2024
*Kshitij Gupta	Master of Science	Institute for Sport Business; Loughborough University (UK)	2022-2023
*Yuheng Jiang	Master of Science	Institute for Sport Business; Loughborough University (UK)	2022-2023
*Zhuang Xiong	Master of Science	Institute for Sport Business; Loughborough University (UK)	2022-2023

Conference Presentations

Gretton, T.W., & Farello, A. (2024, Jan). *Emotionally demanding research: A wartime quest or a journey of connection?* Presented at the World Conference on Qualitative Research, Azores, Portugal & Johannesburg, South Africa (virtual).

Farello, A., & Collison-Randall, H. (2022, Jul). *Re-thinking the dichotomy of a “clean minds, dirty hands” approach to sport for development.* Presented at the Qualitative Research in Sport and Exercise Conference, Durham University, UK.

Gretton, T. W., & Farello, A. (2022, Feb). *Qualitative researchers' experiences in emotionally demanding research.* Presented at the Researcher Vulnerability Conference, University of Bath, UK (virtual).

- Gretton, T. W., Kanan, A. S., & **Farello, A.** (2019, Oct). *Thinking outside the box: Unique qualitative methodologies & best practices*. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- Moore, M., Blom, L. C., **Farello, A.**, Sullivan, M., & Vasiloff, O. (2019, Oct). *Redesigning a youth sport program: Holistic development to reduce dropout rates*. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- Blom, L. C., Whitley, M., Forber-Pratt, A., Gerstein, L. H., Judge, L., & **Farello, A.** (2019, Oct). *Leadership through sport in Jammu and Kashmir, India: Conflict prevention and sport inclusion coach training*. Presented at the Association for Applied Sport Psychology conference, Portland, OR.
- Farello, A.**, Blom, L.C., Mulvihill, T. M., & Erickson, J. L. (2019, Jul). *Female Youth Refugees' Experiences in Sport, Physical Activity, and Exercise: A Phenomenological Study*. Presented at the European Congress of Sport & Exercise Psychology, Münster, Germany.
- Farello, A.**, Blom, L.C., Mulvihill, T. M., & Erickson, J. L. (2019, Mar). *Female Youth Refugees' Experiences in Sport, Physical Activity, and Exercise: A Phenomenological Study*. Presented at the Three Minute Thesis Competition, Muncie, IN.
- Farello, A.**, Blom, L. C. , Mulvihill, T. M., & Erickson, J. L. (2019, Feb). *Female Youth Refugees' Experiences in Sport, Physical Activity, and Exercise: A Phenomenological Study*. Presented at the Midwest Sport & Exercise Psychology Symposium, Lexington, KY.
- Blom, L. C., **Farello, A.**, Sullivan, M., & Ballesteros, J. (2018, Oct). *Positive Peace Indicators in Liberia Youth: Effects of Sport for Development*. Presented at the Applied Association for Sport Psychology, Toronto, Canada.
- Farello, A.**, Sullivan, M., Califano, K., Gretton, T. W., Kanan, A. S., Moore, M., & Blom, L. C. (2018, Oct). *The 5 C's to Re-Designing a Youth Soccer Academy and Promoting Positive Youth Development*. Presented at the Applied Association for Sport Psychology, Toronto, Canada.
- Sullivan, M., & **Farello, A.** (2018, Feb). *The Other Side of Positive Youth Development: Creating Modules to Develop Cultural Competence in Coaches Working with Youth of Low Socioeconomic Status*. Presented at the Midwest Sport & Exercise Psychology Symposium, Miami, OH.

Service to the Profession

Manuscript Reviewer

Whenever asked, I review manuscripts for peer-reviewed journals. I have reviewed for the following journals:

- *Journal of Applied Sport Psychology*
- *Mental Health and Physical Activity (MENPA)*

- *Journal of Athlete Development and Experience*
- *Social Inclusion*
- *Journal of Sport for Development*
- Conference abstract reviewer: *Association for Applied Sport Psychology (AASP)*;
Qualitative Research in Sport and Exercise (QRSE)

Olympic Refuge Foundation Think Tank member

Ball State Center for Peace and Conflict Studies advisory board member