

Thomas G. Weidner, PhD, ATC, FNATA
Summary Profile

Higher Education Employment:

Ball State University

- George and Frances Ball Distinguished Professor of Athletic Training, 2014 (one of four in history of College)
- Professor, 1998 (received tenure and promotion to full professor in 7 years)
- Associate Professor, 1994
- Assistant Professor, 1991

California State University – Northridge

- Associate Professor, 1991
- Assistant Professor, 1985

Higher Education Positions:

Ball State University

- Chair, School of Kinesiology (since May, 2010,
- Director, Athletic Training Education Program (1998-2010)

California State University – Northridge

- Director, Athletic Training Education Program (1985-91)

Teaching Profile:

- Established national center of excellence with BSU Athletic Training Education Program. Routinely conducted educational research with outcomes implemented into the BSU program. Same research was published in an applied textbook for clinical education-clinical teaching. First and only textbook regarding this subject matter in the field.
- Student ratings over the years consistently in the 4.2-4.8 range.
- Ball State University, Outstanding Faculty Member, August 2011.

Education Awards/Honors:

- Ball State University, Outstanding Faculty Member, August, 2011 (first to receive this award in history of College; delivered summer commencement address).
- School of Physical Education, Ball State University, Teacher of the Year Award, May, 2009, 2004, 1998.
- Ball State University, Sigma Phi Epsilon Fraternity Professor of the Year, 2007.

- National Athletic Trainers' Association, Sayers "Bud" Miller Distinguished Educator Award, June, 2003. (national)
- Great Lakes Athletic Trainers' Association (NATA, District 4), Distinguished Educator Award, March, 2003. (regional)
- California State University system, Meritorious Performance Award-- Teaching Excellence, (\$2,500 prize), March, 1989.

Research Profile:

- 53 refereed publications—all in top-tier journals in the field
- 128 refereed presentations
- 44 key note/invited presentations
- 23 external/internal grant proposals regarding upper respiratory illness and exercise (including National Institutes of Health) totaling \$400,299.00.
- 21 external/ internal grant proposals regarding athletic training clinical education totaling \$75,910.00.

Impact/Noteworthy Contributions of Research to the Field

My upper respiratory illness and exercise is considered benchmark research on the topic and still stands as the only research of its type in the world. The research was remarkably complex and involved a world-class team of researchers who could be mobilized on a moment's notice. The team consisted of a virologist (University of Wisconsin, Madison—foremost world expert on the transmission of the common cold), an exercise immunologist (world-class), exercise physiologists, biomechanists, sports medicine physicians, athletic trainers, and biomedical lab technicians.

Professional and Public Interviews:

- Interviews published in popular fitness magazines (*Runners World, Running Times, Women's Health & Fitness, Women's Running Magazine, and Muscle Fitness*) concerning upper respiratory illness and exercise research, February, 1997-current.
- Interviews regarding common cold and exercise published in numerous popular magazines and newsletters, (e.g., MSNBC.com, *shape, Allure, Self, McCall's, American Health, Woman's Day, Outside Magazine, Wall Street Journal*), September, 2002-current.
- Washington Associated Press releases concerning common cold and exercise research, August, 2002; May, 1997.
- Interviews regarding common cold and exercise published in numerous city newspapers (e.g., *London Times, USA Today, Indianapolis Star, Wall Street Journal, Washington Post, Boston Globe, Globe and Mail*), September, 2002.
- Interviews regarding common cold and exercise published in numerous professional newsletters (e.g., Health news, New England Journal of Medicine newsletter; Berkeley wellness newsletter), Summer, 1997.

- Interviews regarding common cold and exercise broadcast on several public radio programs (e.g., Sound Medicine (Indianapolis), Northeast National Public Radio, Western Canada Public Radio), June, 2002 - February, 1996.
- Profile of research on NBC Dateline News (February, 1999); interviewed or contacted by numerous other national and local television news programs regarding common cold and exercise (e.g., CBS This Morning, Dateline NBC News, Boston television station), May/June, 1997.
- Numerous campus and local media interviews (Alumnus, Muncie Star, Campus Update, Daily News, WBST radio) concerning upper respiratory illness and exercise research.

My research regarding clinical education-clinical teaching was synthesized into an applied textbook (Thomas Weidner (2009), *The Athletic Trainer's Guide to Clinical Teaching*, Thorofare, NJ, SLACK Publishing. 208 pages). This is the first and only textbook regarding this subject matter in the field. It is the central resource for training Approved Clinical Instructors at over 350 accredited programs/institutions. My clinical education research also weighs heavy in the accreditation standards (Commission on the Accreditation of Athletic Training Education).

Research Awards/Honors:

- National Athletic Trainers' Association Foundation, Medal for Distinguished Athletic Training Research, June, 2010; included a scholar exchange with the American College of Sports Medicine, American Medical Society for Sports Medicine, and American Orthopedic Society for Sports Medicine; presented lectures at the 2011 national meetings; first person to receive this award from a non-R1 research-intensive institution; first educational researcher to earn this honor (national)
- Fellow, National Athletic Trainers' Association (FNATA), inducted April, 2008; selected into inaugural class (national)
- Athletic Training Research and Education Society, Athletic Training Researcher and Educator of the Year Award, June, 1996 (national)
- International Society for Exercise and Immunology, Research Recognition (2nd place). The influence of exercise training on the severity and duration of an upper respiratory illness. Brussels, Belgium, November, 1995.
- California State University system, Meritorious Performance Award-- Research, Publications, and Professional Service, California State University system (\$2,500 prize), December, 1989.

Service Profile:

- Leadership regarding professional education of the athletic trainer (sports medicine profession) at BSU, state, regional, and national levels. Through my own research, established national training models in clinical education which resulted in required Clinical Instructor Educator seminars (all 350+ accredited educational programs/institutions).

- Established District 4 (Great Lakes Athletic Trainers' Association) Research Assistance Program; have chaired it for 22 years now.

Service Awards/Honors:

- Great Lakes Athletic Trainers' Association, Golden Pinnacle Award (highest award in the Association), March 2019.
- Great Lakes Athletic Trainers' Association, President's Excellence Award, March 2017. National Athletic Trainers' Association, Hall of Fame, inducted June 2015. (national)
- Great Lakes Athletic Trainers' Association, Distinguished Service Award, March 2012.
- Great Lakes Athletic Trainers' Association, Distinguished Service Award, March 2012. (regional)
- Indiana Athletic Trainers' Association, Hall of Fame, inducted November, 2009
- Ball State University, Cardinal Sports Medicine Ring of Honor, inducted June, 2009
- Great Lakes Athletic Trainers' Association (NATA, District 4), Research Assistance Grant named in my honor ("Thomas Weidner Research Assistance Grant"), January, 2008 (regional)
- National Athletic Trainers' Association, Most Distinguished Athletic Trainer Award, June, 2007 (national)
- Great Lakes Athletic Trainers' Association (NATA, District 4), President's Award – "Captain of the Great Lakes" – for distinguished leadership and service as chair of the District 4 Research Assistance Committee, November, 2003 (regional)