

# Burden of Smoking Among Adults in Indiana

An estimated 1 million adults in Indiana report being a current smoker.

On average, 9,700 deaths per year in Indiana are attributable to smoking.

Smoking costs
Indiana nearly \$5
billion per year in
productivity loss
and healthcare
costs.

Indiana is the 10<sup>th</sup> worst state in terms of percentage of the population who currently smoke.



#### THE BURDEN OF SMOKING IN INDIANA

- 21.2% of the adult population of Indiana, or about 1.0 million, report being a current smoker.
- The number of adults who report being a current smoker decreases as either income or education levels increase.
- On average, over 9,700 deaths per year in Indiana are attributable to smoking (CDC, 2010).
- o In Indiana, over \$2.6 billion in productivity loss and approximately \$2.2 billion in healthcare costs are attributable to smoking (CDC, 2010).
- Smoking causes cancer, heart disease, stroke, and lung disease (CDC, 2010).
- Indiana ranks 10<sup>th</sup> worst in terms of percentage of population who currently smoke among the 50 states and the District of Columbia.
- Cigarette smoking is the leading cause of preventable death in United States, accounting for 1 in 5 deaths, or approximately 443,000, each year (CDC, 2010).
- Tobacco kills half of its users. Approximately one person dies every six seconds due to tobacco (WHO, 2011).

## SOME ADULTS ARE MORE LIKELY TO SMOKE<sup>1</sup>

Sex 23.3% of males report being a current smoker compared to 19.3% of

females, of which 58.2% and 61.3%, respectively, have tried to quit

smoking.

Age 21.2% of adults 18-24 years old, 26.1% of adults 25-44 years old,

22.6% of adults 45-64 years old, and 8.0% of adults 65+ years old

report being a current smoker.

Race/Ethnicity 16.8% of Hispanic adults, 20.6% of white, non-Hispanic adults, 30.1%

of black, non-Hispanic adults, and 25.0% of other/multiracial, non-

Hispanic adults report being a current smoker.

**Income** 39.4% of adults with household incomes of less than \$15,000, 30.9%

of adults with household incomes of \$15,000-\$24,999, 24.2% of adults with household incomes of \$25,000-\$49,999, 16.6% of adults with household incomes of \$50,000-\$74,999, and 11.1% of adults with household incomes of \$75,000+ report being a current smoker.

**Education** 35.1% of adults with less than a high school education, 25.3% of

adults with a high school education, 24.8% of adults with some college education, and 8.9% of adults with a college education

report being a current smoker.



# Burden of Smoking Among Adults in Indiana

The percentage of current smokers in Indiana and the United States has decreased over the past 20 years; however, Indiana is well above the national average.

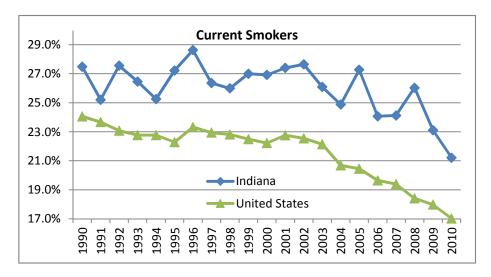
The percentage of former smokers has remained relatively consistent in the long-term.

The percentage of adult smokers who have attempted to quit at least once has increased over the past 20 years.



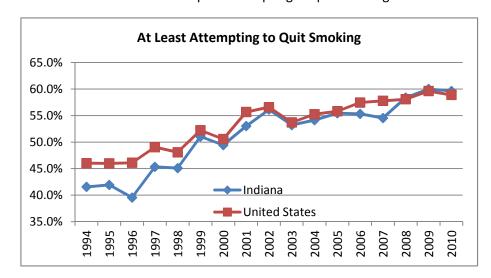
#### TREND OF SMOKING

The following figure displays the trend in the percentage of adults in Indiana and the United States who report being current smokers.



## TREND OF QUITTING SMOKING

The following figure displays the trend in the percentage of adults in Indiana and the United States who report attempting to quit smoking at least once.



### **FOOTNOTE**

<sup>1</sup> Statistically significant differences at 5% significance level: SEX: males & females; AGE: all pairwise except 18-24 & 25-44 and 18-24 & 45-64; RACE/ETHNICITY: white, non-Hispanic & black, non-Hispanic and black, non-Hispanic & Hispanic; INCOME: all pairwise; EDUCATION: all pairwise except graduated h.s. & some college

## **BIBLIOGRAPHY**

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