BSU

Department of Counseling Psychology, Social Psychology and Counseling

Exit Surveys 2021-2025

Clinical Mental Health Counseling

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Social Psychology and Clinical Mental Health Counseling

Completed January 2026

Stefanía Ægisdóttir, Ph.D., HSPP

Program Director

Clinical Mental Health Counseling

Year Graduate		Perception of Professional Competencies					
		Professional identity, function and ethics:	Evidence based theories of counseling, prevention, & psychotherapy:	Counseling and psychotherapy techniques:	Human growth and development:	Career counseling and development theories and techniques:	Appraisal, evaluation, and diagnostic procedures
2021	Mean	4.50	3.50	3.25	3.38	3.50	3.38
	N	8	8	8	8	8	8
	Std. Deviation	.756	.756	1.035	1.408	1.309	1.302
2022	Mean	4.57	4.29	4.29	4.00	4.14	4.14
	N	7	7	7	7	7	7
	Std. Deviation	.535	.488	.951	1.000	.690	.900
2023	Mean	4.60	3.80	3.80	3.40	3.80	4.20
	N	5	5	5	5	5	5
	Std. Deviation	.548	.837	.837	.894	.447	1.095
2024	Mean	4.56	4.28	4.50	4.17	4.11	4.22
	N	18	18	18	18	18	18
	Std. Deviation	.616	.895	.618	.857	.832	.732
2025	Mean	4.38	4.13	3.88	3.71	3.71	4.25
	N	24	24	24	24	24	24
	Std. Deviation	.711	.947	1.116	1.042	.999	.737

Note. Rating scale 1 – 5 (1= not well prepared, 3 = somewhat well prepared, 5 = very well prepared.

Year Graduate		Research methods and program evaluation:	Abnormal behavior, psychopathology, and biological basis of behavior:	Multicultural counseling, theories, and techniques and Sensitivity to social and cultural diversity:	Understanding and use of supervision:	Reflective Practice (are you reflective and intentional in your counseling practice):	Preparation for professional licensure (LMHCA, LMHC) or certification
2021	Mean	4.13	3.87	3.87	4.50	4.00	3.38
	N	8	8	8	8	8	8
	Std. Deviation	.835	1.126	1.553	.756	1.195	1.408
2022	Mean	4.14	4.43	4.71	4.57	4.57	3.86
	N	7	7	7	7	7	7
	Std. Deviation	.900	.787	.756	.535	.535	1.464
2023	Mean	3.60	3.80	2.60	4.80	4.60	3.60
	N	5	5	5	5	5	5
	Std. Deviation	.894	.837	1.517	.447	.548	.548
2024	Mean	4.22	4.39	4.50	4.56	4.83	4.11
	N	18	18	18	18	18	18
	Std. Deviation	.808	.608	.707	.705	.383	.832
2025	Mean	4.13	4.12	4.00	4.54	4.63	3.92
	N	24	24	24	24	24	24
	Std. Deviation	.850	.900	1.103	.658	.576	1.018

Note. Rating scale 1 – 5 (1= not well prepared, 3 = somewhat well prepared, 5 = very well prepared.

Year Graduate		Perception of Professional Competence	Summative Evaluation	
		The importance of self-care	Overall, how well has the academic training in CPSY provided you with the knowledge needed to practice as a mental health counselor?	Overall, how well has the academic training in CPSY has provided you with the skills needed to practice as a mental health counselor?
2021	Mean		3.75	3.63
	N		8	8
	Std. Deviation		.886	.916
2022	Mean		4.43	4.00
	N		7	7
	Std. Deviation		.787	.816
2023	Mean		3.80	3.80
	N		5	5
	Std. Deviation		.447	.447
2024	Mean		4.28	4.33
	N		18	18
	Std. Deviation		.895	.767
2025	Mean	4.11	4.00	4.00
	N	9	24	24
	Std. Deviation	1.054	.885	.978

Note. Rating scale 1 – 5 (1= not well prepared, 3 = somewhat well prepared, 5 = very well prepared.

Dual Social Psychology & Clinical Mental Health

Year Graduate		Perception of Professional Competence					
		Professional identity, function and ethics:	Evidence based theories of counseling, prevention, & psychotherapy:	Counseling and psychotherapy techniques:	Human growth and development:	Career counseling and development theories and techniques:	Appraisal, evaluation, and diagnostic procedures
2021	Mean	3.00	3.00	3.00	2.67	2.67	2.67
	N	3	3	3	3	3	3
	Std. Deviation	1.732	1.732	1.732	1.528	1.528	1.528
2022	Mean	5.00	3.00	3.00	4.00	4.00	4.00
	N	1	1	1	1	1	1
	Std. Deviation	.	.	.	.	.	.
2023	Mean	3.75	3.25	3.75	3.50	3.50	3.00
	N	4	4	4	4	4	4
	Std. Deviation	1.258	.957	.500	.577	.577	.816
2024	Mean	4.83	4.50	4.50	4.33	3.67	4.17
	N	6	6	6	6	6	6
	Std. Deviation	.408	.548	.548	.516	1.033	.753
2025	Mean	4.67	3.67	3.67	4.00	3.67	3.33
	N	3	3	3	3	3	3
	Std. Deviation	.577	1.155	1.155	.000	.577	.577

Note. Rating scale 1 – 5 (1= not well prepared, 3 = somewhat well prepared, 5 = very well prepared.

		Perception of Professional Competence					
Year Graduate		Research methods and program evaluation:	Abnormal behavior, psychopathology, and biological basis of behavior:	Multicultural counseling, theories, and techniques and Sensitivity to social and cultural diversity:	Understanding and use of supervision:	Reflective Practice (are you reflective and intentional in your counseling practice):	Preparation for professional licensure (LMHCA, LMHC) or certification
2021	Mean	3.00	2.67	3.00	3.00	3.00	3.00
	N	3	3	3	3	3	3
	Std. Deviation	1.732	1.528	1.732	1.732	1.732	1.732
2022	Mean	4.00	4.00	5.00	4.00	5.00	4.00
	N	1	1	1	1	1	1
	Std. Deviation	.	.	.	.	.	.
2023	Mean	3.00	3.00	4.25	4.50	4.50	2.25
	N	4	4	4	4	4	4
	Std. Deviation	1.414	1.414	.500	.577	.577	.957
2024	Mean	4.50	4.67	4.83	4.83	4.33	3.83
	N	6	6	6	6	6	6
	Std. Deviation	.837	.516	.408	.408	.516	.408
2025	Mean	4.00	4.33	4.00	4.67	4.00	4.33
	N	3	3	3	3	3	3
	Std. Deviation	.000	.577	1.000	.577	1.000	.577

Note. Rating scale 1 – 5 (1= not well prepared, 3 = somewhat well prepared, 5 = very well prepared.

Year Graduate		Perception of Professional Competence	Summative Evaluation	
		The importance of self-care	Overall, how well has the academic training in CPSY provided you with the knowledge needed to practice as a mental health counselor?	Overall, how well has the academic training in CPSY has provided you with the skills needed to practice as a mental health counselor?
2021	Mean		3.00	3.00
	N		3	3
	Std. Deviation		1.732	1.732
2022	Mean		4.00	4.00
	N		1	1
	Std. Deviation		.	.
2023	Mean		3.50	3.75
	N		4	4
	Std. Deviation		.577	.500
2024	Mean		4.33	4.33
	N		6	6
	Std. Deviation		.516	.516
2025	Mean	3.00	4.00	4.00
	N	1	3	3
	Std. Deviation	.	.000	1.000

Note. Rating scale 1 – 5 (1= not well prepared, 3 = somewhat well prepared, 5 = very well prepared.