Rehabilitation Counseling Track

The rehabilitation counseling concentration will prepare you for a career in the rapidly growing field of rehabilitation counseling. This program is designed to prepare you for certification as a rehabilitation counselor.

In the program, you will learn ways to enhance psychosocial functioning, foster independent living skills, and improve employment opportunities for people with a wide range of disabilities and chronic health conditions. You will also take part in a required internship in a rehabilitation setting under the supervision of a certified rehabilitation counselor.

The program requires you to earn a minimum of 48 credits from courses in counseling and educational psychology. If you complete the 48-credit program, you will be eligible for certification as a rehabilitation counselor. Students may choose to complete additional courses to be eligible for licensing as a mental health counselor in the state of Indiana.

Total Credits

48

ACCREDITATION
Our rehabilitation counseling concentration is fully accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP). Learn more.

Courses

CPSY 603 - Introduction to Rehabilitation Counseling
Introduction to and overview of the profession of rehabilitation counseling including history, philosophy, role, function, preparation, practice, and ethics of the rehabilitation counselor. Includes legislation, societal trends, and organizational structure affecting rehabilitation counseling.

CPSY 606 - Pre-Practicum Interviewing Skills
Experimental laboratory designed to build basic counseling and interviewing skills. Practice in
applying skills will take place through simulations, role playing, and audio and videotapes.

CPSY 607 - Appraisal Methods in Counseling
Overview of measurement principles and major approaches to appraisal of individuals, groups, and environments. Comprehensive appraisal methods, specific techniques for selected problem areas, and standardized vocational and personality tests will be examined relative to the appraisal process in counseling.

CPSY 608 - Psychosocial Aspects of Rehabilitation
Designed to build experience in counseling persons with disabilities and/or chronic health conditions. Emphasizes an understanding of both the psychological and sociological implications of disability.

CPSY 610 - Career Theories and Realities
Career development theories; relationship among career choice, life-style, and life-span development; psychosocial and reality considerations in life career development; and applications of theories and reality conditions to self and others.

CPSY 621 - Theories and Techniques of Counseling
Investigation of major theories and techniques of counseling and psychotherapy. Examination of behavioral, psychoanalytic, person-centered, existential, and relationship-oriented counseling theories. Therapeutic attitudes, ethics, and techniques and their relationship to theoretical principles and concepts will be addressed. Prerequisite: CPSY 600 or 603 or 605.

CPSY 635 - Medical Aspects of Disability in Rehabilitation Counseling
Overview of the various systems of the human body that are involved in disabilities. Acquaintance with terminology, medical specialties that treat physical systems, various therapeutic approaches, and resources for restoring mental and physical functioning. Prerequisite: CPSY 603.

CPSY 636 - Psychopathology
Symptoms and dynamics of psychological disorders with primary emphasis on their development, etiology, prevention, and supporting research evidence.

CPSY 644 - Practicum in Counseling
Supervised experience in counseling. Emphasizes working with individual clients. Prerequisite: CPSY 606, 600 or 603 or 605; permission of the department chairperson. Prerequisite or parallel: CPSY 621. A total of 6 hours of credit may be earned, but no more than 3 in any one semester or term.

CPSY 653 - Research in Counseling Psychology and Guidance
Students will investigate, summarize, and interpret research in counseling psychology and guidance. Each student will write and submit a research report to fulfill course requirements.

CPSY 678 - Theories and Techniques of Counseling the Culturally Diverse
Designed to build expertise in counseling people of black, Hispanic, Asian, and Native American
heritage. Emphasizes understanding the social and political bases of counseling and therapy. Activities may include student case presentation of a client from a different cultural background. Prerequisite: CPSY 621 or permission of the department chairperson.

CPSY 688 - Process and Techniques of Group Counseling
Major approaches to group counseling, including theoretical assumptions and basic principles and techniques. Participation experience provides practice in using various approaches and focuses on dynamics and processes of interaction(s) in group counseling. Prerequisite: CPSY 600 or 603 or 605.

CPSY 689 - Case Management in Rehabilitation Counseling
Includes case management techniques; planning for the provision of rehabilitation services; use of community resources and services; referral; and use of technology in caseload management. Integration of information from program coursework with a focus on delivery of services by the rehabilitation counselor. Prerequisite: CPSY 603, 635, 644; SPCED 566; permission of the department chairperson. Open only to departmental majors.

CPSY 695 - Field Internship in Counseling
Intensive supervised experience in application of basic psychotherapeutic procedures and evaluation techniques in an approved and appropriate setting. Experience will be gained in one or several approved agencies under joint supervision of a university faculty member and an agency representative designated for this responsibility. Prerequisite: CPSY 644, 646. A total of 12 hours of credit may be earned.

EDPS 603 - Psychology of Human Development
Advanced lifespan human development. Covers biological, cognitive, and social development from conception to death, emphasizing theories, research, and applications to educational and psychological practice. Prerequisite: EDPSY 250 or equivalent.