Ph.D. with a Major in Counseling Psychology

Program Description and Application Information

*Fully Accredited by the American Psychological Association since 1982*

*Recognized as the 2005 Department of the Year by the American Psychological Association of Graduate Students*

Department of Counseling Psychology, Social Psychology and Counseling
College of Health
Teachers College 605
Ball State University
Muncie, Indiana 47306-0585
Phone (765) 285-8040; Fax (765) 285-2067
http://bsu.edu/counselingpsychology
cpsydoc@bsu.edu
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Note: This publication is not intended to replace but rather to supplement the Ball State University Graduate Catalog and the Guidelines for Doctoral Degree Programs of College of Health.

Inquiries about the accreditation status of our Doctoral Program can be made to:
American Psychological Association
Office of Program Consultation & Accreditation
750 First Street NE
Washington, D.C. 20002-4242
Phone: (202) 336-5979; Fax: (202) 336-5978
Email: apaaccred@apa.org
Website: http://www.apa.org/ed/accreditation

Information contained in this publication was revised on May 1, 2019 but may be changed without notice.
Department of Counseling Psychology, Social Psychology and Counseling

Our department’s mission is to make a significant contribution to the fields of psychology and counseling through research, practice, service, and/or teaching, grounded in social justice and diversity paradigms tied to developmental, systems, holistic, and strength-based theories and strategies.

Philosophy of Training. We train students to become highly competent scientist-professionals in counseling, counseling psychology, and/or social psychology to conceptualize and assist persons in the context of their relationships, educational and organizational settings, communities, environments, and the larger world. Students are taught to address and advocate for the psychological, social, spiritual, vocational, educational, and physical well-being of individuals, families, groups, and organizations.

College of Health and Health Professions Building

Recognizing the evolving nature of our profession—as a health care profession training Health Service Psychologists—in 2016 our department joined Ball State’s newly launched College of Health (CoH). The mission of the CoH is to embrace an innovative, collaborative, and interprofessional environment for learning, discovery, and engagement. The learning environment is shaped by core content that enhances understanding of health and well-being throughout the life span. Discovery occurs across the health-related disciplines that comprise the college and readily engages students and faculty in a collaborative manner. Our commitment to interprofessional development and community engagement unites our faculty and students while strengthening our educational programs and serving the needs of the region, state, and nation. The CoH consists of the School of Nursing, School of Kinesiology, Department of Speech Pathology and Audiology, Department of Social Work, Department of Nutrition and Health Science, and Military Science. In Fall, 2019 a new Health Professions Building will be completed and our department and training clinic will move to this new building, equipped with state of the art training facilities.

Ranking of Department and University

The Department of Counseling Psychology, Social Psychology and Counseling (CPSY) was ranked 11th for scholarly productivity in four esteemed psychology journals, according to a study published in The Counseling Psychologist in 2005, and 8th in publications in The Counseling Psychologist in a study conducted in 2010. The American Psychological Association of Graduate Students recognized our Department as the 2005 Department of the Year. Three of our students were honored with the prestigious Ball State University Distinguished Doctoral Dissertation of the Year Award and one student has received an APA Minority Fellowship.

Ball State University was ranked as the nation's top wireless campus in a 2005 survey conducted by Intel Corporation and published in U.S. News & World Report. Additionally, in 2007, at its Annual National Role Models Conference, Minority Access recognized Ball State as a university committed to diversity. Additionally, Ball State was recently identified by College Magazine as the number one best college for students with physical disabilities. In 2006 and 2007, The Princeton Review named Ball State as one of the best universities in the Midwest. Muncie consistently ranks as one of the nation's most affordable college towns.

The Specialty of Counseling Psychology

As a recognized specialty within health service psychology, counseling psychology is a general practice and health service provider specialty in professional psychology. It focuses on how people function both personally and in their relationships at all ages. Counseling psychology addresses the emotional, social, work, school and physical health concerns people may have at different stages in their lives, focusing on typical life stresses and more severe issues with which people may struggle as individuals and as a part of families, groups and organizations. Counseling psychologists help people with physical, emotional and mental health issues improve their sense of well-being, alleviate feelings of distress and resolve crises.
They also provide assessment, diagnosis, and treatment of more severe psychological symptoms (CRSPPP, 2018)

Counseling psychologists focus on the following specialized knowledge, across all stages of development:

- Healthy aspects and strengths of clients (whether being seen as individuals, couples, families, groups or organizations).
- Environmental/situational influences (how cultural, gender and lifestyle issues shape people’s experiences and concerns).
- Issues of diversity and social justice (e.g., advocacy).
- The role of career and work in peoples’ lives. (CRSPPP, 2018)

**Ph.D. with a Major in Counseling Psychology**

**Program Aims and Competencies**

The Ball State University PhD program in counseling psychology aims to prepare students to acquire (a) the core knowledge of psychology and counseling psychology, (b) profession-wide competencies of the health service psychologist, and (c) the attitudes, values, and special competencies of counseling psychologists committed to multiculturally respectful and valid, social justice approaches.

The program prepares students to (a) create and disseminate scholarly research, (b) acquire knowledge and skills for competent assessment, prevention, intervention, supervision, consultation/interprofessional collaboration, and teaching, (c) use evidence-based practice, (d) and consider diversity and other contextual influences in all aspects of their work with special knowledge and experience in social justice.

Ball State graduates are prepared to function as health service providers, researchers, faculty, and private practitioners.

**All doctoral students will achieve competence in the following 16 competencies:**

1. Professional Identify
2. Individual & Cultural Diversity
3. Ethics and Legal Standards and Policy
4. Professional Values & Attitudes
5. Reflective Practice/Self-Assessment/Self-Care
6. Scientific Knowledge & Methods
7. Research and Evaluation
8. Relationships
9. Interprofessional/Interdisciplinary Systems
10. Consultation/Interprofessional Collaboration
11. Intervention and Prevention
12. Assessment
13. Teaching
14. Supervision
15. Social Justice
16. Management & Leadership (optional)
Faculty 2019-20: Research and Teaching Interests

Sharon Bowman, Ph.D., HSPP, ABPP, LMHC (Southern Illinois University, 1989)
Research interests: diversity, including race/ethnicity, women, and LGBT; mentoring and supervision.
Teaching interests: supervision; multicultural counseling; and practicum. Bowman is the Department Chairperson and is a Fellow of the American Psychological Association.

Lina L. Burkhart, Ph.D., HSPP (University of Virginia, 2003)
Clinical interests: intervention and assessment services with children, adolescents, and families; parent-child relationships; parenting; emotional and behavioral disorders in children; integrated behavioral health. Burkhart is the director of the Counseling Practicum Clinic.

Jacob Yuichung Chan, Ph.D., HSPP, CRC (University of Wisconsin – Madison, 2009)
Research interests: vocational and psychosocial aspects of disability; positive psychology; therapist training; intersectionality; aggression & trauma. Teaching interests: research methods; practicum and internship supervision; psychosocial aspects of disability. Dr. Chan is the director of the masters program in rehabilitation counseling.

Lawrence H. Gerstein, Ph.D. (University of Georgia, 1983)
Research interests: cross-cultural psychology; nonviolence; emotion recognition and regulation; sports for youth development; applications of social psychology. Teaching interests: research; social justice; cross-cultural and multicultural counseling. Dr. Gerstein is director of the Center for Peace and Conflict Studies, a George and Frances Ball Distinguished Professor, and Fellow of the American Psychological Association.

Ashley Hutchison, Ph.D. (Ball State University, 2013)
Research interests: international and multicultural issues, emotion expression, sexual violence prevention, and vocational psychology. Teaching interests: multicultural counseling, group counseling, supervision, research methods, theories, professional training issues. Dr. Hutchison is the Doctoral Training Director.

Mary E. Kite, Ph.D. (Purdue University, 1987)
Research Interests: Gender-based prejudice, ageism, anti-gay prejudice, scholarship of teaching and learning. Teaching interests: Psychology of prejudice and discrimination; social cognition; research methods; training for new course instructors. Kite is a Fellow of the American Psychological Association and the Association for Psychological Science

Donald Nicholas, Ph.D., HSPP, ABPP (University of Southern Mississippi, 1983)
Research interests: health psychology and behavioral medicine; psychosocial oncology; men and cancer.
Teaching interests: practicum training; psychopathology; behavioral medicine, psychopharmacology.

Kristin Perrone-McGovern, Ph.D., HSPP, LMHC (Virginia Commonwealth University, 1998)
Research interests: social, cognitive, and affective neuroscience; EEG/Event Related Potentials; attachment relationships; emotion; giftedness/intelligence. Teaching interests: counseling skills and theories; research methods; group therapy. McGovern is a Fellow of the American Psychological Association.

Paul Spengler, Ph.D., HSPP (State University of New York at Albany, 1991)
Research interests: clinical judgment and decision-making; stereotyping and prejudice; psychotherapy processes; and emotionally focused couples therapy. Teaching interests: assessment; psychotherapy theory and research; family therapy; emotionally focused couples therapy; research methods; practicum
training. Spengler is a Fellow of the American Psychological Association and director of the master’s internship program.

**Kelsey Thiem, Ph.D.** (University of Iowa, 2016)
Research interests: stereotypes, intersectionality, diversity and inclusion in STEM, attitudes and persuasion. Teaching interests: social psychology, the psychology of stereotypes, prejudice and discrimination, social cognition, attitudes and persuasion.

**Molly Tschopp, Ph.D., HSPP, CRC** (University of Wisconsin – Madison, 2002)
Research interests: implications of chronic illness; attitudinal barriers to rehabilitation and recovery; empowerment and advocacy issues; mental health service provision. Teaching interests: rehabilitation counseling; medical and psychosocial aspects of disability; psychopathology.

**Stefania Ægisdóttir, Ph.D., HSPP** (Ball State University, 2000)
Research interests: psychological help-seeking; coping; test development; cross-cultural/international psychology; generalization of psychological concept across nations; psycho-education; community outreach; prevention; application of social psychology constructs to counseling. Teaching interests: research methodology; assessment; program development and evaluation, multicultural counseling; career issues/theories. Ægisdóttir is the director of the master’s program in Clinical Mental Health Counseling and a Fellow of the American Psychological Association.

**University Facilities, Services, and Support**

**Facilities of Department of Counseling Psychology, Social Psychology and Counseling**

**NOTE:** The CPSY Department, Counseling Practicum Clinic, and the majority of the College of Health departments will move to the newly constructed Health Professions Building (HPB) in the Fall, 2019

The CPSY departmental offices are located on the 4th floor of the HPB. The department operates an in-house community counseling clinic, the Ball State University Counseling Practicum Clinic, which is located on the 1st floor of the HPB. The clinic has been established as a clinical training and research facility for graduate students in the CPSY department and allows for significant opportunities for the provision of intervention and prevention services, instruction, modeling, and supervision. Individuals from the Muncie and surrounding communities can receive low-cost counseling and psychological services for a variety of presenting concerns. The clinic serves children, adolescents and adults through individual, group, couples, and family counseling modalities. The clients are counseled by the CPSY graduate students under the supervision of, and in consultation with, the faculty.

The clinic has a full-time director who is responsible for the overall administration and operation of the clinic and ensuring that the provision of services is consistent with professional ethical guidelines and standards, and state law. The clinic also has a full-time Clinic Coordinator, whose major responsibility is to manage the daily operation of the clinic. Lastly, there is a Clinic Training Advisory Committee (CTAC), which consists of the Clinic Director, Department Chair, Clinic Coordinator, Clinic Assistants, and faculty/professors who teach practicum courses. This committee assists the Clinic Director in the overall administration and operation of the clinic and oversees training activities.

The Counseling Practicum Clinic has 20 counseling rooms, including a sand tray therapy room, play therapy rooms, family therapy rooms, and group therapy spaces. All counseling rooms are equipped with a state-of-the-art video recording system, which allows not only for recording but live observation. There is a large Interprofessional Work/Charting Room located on the 1st floor of the HPB, that is equipped with computers where students are able to complete clinical documentation in the electronic health-record system. This work area also consists of 12 private rooms which can be used for reviewing video-recordings of counseling sessions, engaging in supervision meetings, or working together with other
students in small groups. The HPB has many other work areas for College of Health students, which includes a library and a large area specifically reserved for students with graduate assistantships. As stated earlier, the university was ranked as the nation’s top wireless campus in a 2005 survey conducted by Intel Corporation and published in *U.S. News & World Report.*

**University Student Services**

Approximately 21,000 undergraduate and graduate students are enrolled at Ball State. Several university offices offer various kinds of support to help students who may need a variety of support. The Office of Scholarships and Financial Aid, (765-285-5600), has information about and applications for student loans. Admittance to the doctoral program includes a required doctoral assistantship described in detail later in this document.

The Student Health Center includes an outpatient clinic and infirmary providing care for acute illness and injuries. It offers health insurance coverage for singles and families. The Housing and Residence Life Office, (765-285-8000), has information about graduate residence halls, family housing, and off-campus housing. The Office of Disability Services is available to assist students with special needs. The campus is designed so students with physical disabilities can easily be accommodated. Ball State has won national recognition for its programs and services for students with disabilities. In 1987 and 1991, the American Association of State Colleges and Universities/National Organization on Disability honored the university with the Disability Recognition Award for Creative Funding and Programming and the Recognition Award for Program Excellence. The Office of Multicultural Affairs administers programs for minority students, and the Center for International Programs offers activities and support for international students.

The Counseling Center (APA-accredited internship site) is available for free testing, study-skills assistance, and personal counseling. The Center offers practicum opportunities for graduate students to provide counseling and outreach services to clients served by the Center.

Recreational activities such as a symphony orchestra, concert and artist series, and fitness/sports facilities on campus are offered free or at reduced rates for students.

**Estimated 2018-19 Academic Year Costs for Graduate Students** *(from Ball State Graduate School website)*

*Please note that these fees are approximate and may differ at time of payment. Even with tuition waiver, students are responsible for covering Student Services Fee each semester of enrollment. See the below “Doctoral Assistantship and Residency” section for information about available funding for students.*

<table>
<thead>
<tr>
<th></th>
<th>Indiana Residents</th>
<th>Out-of-State Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition (9 credit hours per semester)</td>
<td>$7,380*</td>
<td>$20,322**</td>
</tr>
<tr>
<td>Student services fee</td>
<td>$1,344</td>
<td>$1,344</td>
</tr>
<tr>
<td>TOTAL FIXED COSTS</td>
<td>$8,724</td>
<td>$21,666</td>
</tr>
</tbody>
</table>

* $410 per credit hour  
** $1,129 per credit hour

Additional expenses (estimated): Books/supplies, $1,330; personal expenses/transportation, $3,200 to $3,800.
Living in Muncie
The university is located in Muncie, Indiana, a city of approximately 70,000 residents. Muncie is in east central Indiana, about 60 miles northeast of the state capital, Indianapolis. Other nearby cities include Fort Wayne (80 miles away), Cincinnati (120 miles away), and Chicago (200 miles away).

Diversity Committee
Ball State is committed to increasing the recruitment, enrollment, and retention of students from diverse cultural and ethnic backgrounds. The CPSY Department shares this commitment; a more diverse student body provides a better learning environment for all students. In 1988, the Department established a Multicultural Programming Committee (MPC), now called the Diversity Committee, to assist in recruitment and retention of diverse students. The Diversity Committee includes a mix of faculty and graduate students. One of the committee’s goals is to increase the number of applicants from cultural groups underrepresented in the profession, and to ensure that all applicants receive fair consideration. The Diversity Committee’s second goal is to encourage a multicultural perspective in the coursework and training experiences of all students, regardless of cultural background.

Admission Requirements and Evaluation
Applicants must apply online through the Graduate School application. Within the online application, applicants will select the “Counseling Psychology PhD” program and be provided with program-specific questions. The Graduate School must make the final admissions decisions following the department’s recommendations of applicants for admission.

Interested persons may telephone the Departmental office toll free at (877) 486-7608 (ext. 58040), write to the director of training, Dr. Ashley Hutchison, at the Departmental address, send an e-mail to anhutchison@bsu.edu or cpsydoc@bsu.edu, or visit our website, http://bsu.edu/counselingpsychology for more information. To find out more information about the Graduate School application process, please see their website: (http://www.bsu.edu/gradschool).

General Background of Candidates Selected
The Department prefers candidates who have strong backgrounds in psychology and work experience related to counseling psychology. Candidates may hold a bachelor's or master's degree. In terms of bachelor's-level applicants, we prefer individuals who majored in psychology, but this is not required. Master’s-level applicants must have majored in counseling, counseling and guidance, psychology, educational or school psychology, clinical psychology, social work, or a related field. Successful applicants demonstrate a fit for the program and faculty in both research and clinical interest areas. Candidates admitted with only a bachelor's degree will first pursue a master's degree in counseling in our program and will be officially admitted into the doctoral program upon successful completion of their master's degree. Until this time, they will be conditionally admitted into the doctoral program.

Application Dates
All application materials must be submitted by December 1st.
Tentative Timetable:
Initial Screening Mid- to Late December
Notification of admission status Late December to Early January
Interviews Late January or Early February

Candidates begin the program and assistantships in August.

Background Required
Bachelor's candidates:
1. Bachelor’s degree from an accredited institution and have an overall bachelor’s GPA of at least 3.2 on a 4.0 scale.
2. Completed at least 15 semester or 24 quarter hours in undergraduate psychology classes with a GPA of 3.2 in such courses. Psychology majors are preferred, but this is not required.

Master's candidates
1. Master’s degree from an accredited institution and have an overall master’s GPA of at least 3.2 on a 4.0 scale.
2. Completed four graduate courses in counseling or counseling psychology, including Theories, Techniques, and Practicum. If Theories and Techniques are taken as one class, then Practicum and two other classes in counseling or counseling psychology are required in addition to the Theories/Techniques class. The Practicum experience must include direct counseling/therapy service provision.

Materials To Be Submitted for Application

International candidates: Applicants from other countries and applicants who live in the United States but are not American citizens must first be reviewed and cleared by the Rinker Center for International Programs, then admitted by the Graduate School, before they are eligible for admission to the department. International students must meet all of the university’s admission requirements for foreign students. Contact the Rinker Center for International Programs for the application process. Applicants must complete all application materials required by both the department and the center. Applicants should allow sufficient time (minimum 2 months) for the Rinker Center for International Programs to process the application and determine eligibility for admission before the departmental deadline of December 1. Contact the Rinker Center for International Programs at (765) 285-5422, or see their website at http://www.bsu.edu/international for instructions.

Materials required by the Graduate School before December 1st deadline:

1. **Online Graduate School Application:** Application found on the Graduate School Website: http://cms.bsu.edu/academics/collegesanddepartments/gradschool/admissions/application-process. Within the graduate school application, choose the “Counseling Psychology PhD” program. You will be prompted to answer program specific questions and upload the following additional materials: curriculum vitae (CV) and a brief autobiography (prompt provided in the online system).
2. **Three (3) Letters of Recommendation:** Applicants must submit three letters of reference directly to the Graduate School online application. Letters should be provided by persons familiar with your academic and professional performance.
3. **An Unofficial Transcript from Every Institution of Study.** This includes transcripts from institutions granting degrees and institutions at which courses were taken outside a degree program or for transfer credit. Upon acceptance to the program, students will be requested to provide official transcripts from these institutions. (If you are a student or graduate of Ball State, the Graduate School will obtain your transcripts that are already on file).
4. **Graduate Record Examination Scores – General Test** (verbal, quantitative, and analytical scores). Scores more than five years old are not accepted. The Graduate School will forward scores to the Department. Use the code 1051 when having scores sent to Ball State University.

**GRE Scores:** Applicants must register to take the Graduate Record Examination (GRE) approximately **four to six weeks before the testing date.** A computerized version of the exam is given weekly. Please note that it takes approximately six weeks for the scores to be sent to the Graduate School at Ball State.
University, so we recommend taking the GRE no later than early October. Information regarding the GRE (including registration application and list of test sites) can be obtained from many college testing centers, by calling the Graduate Record Examination Service at (609) 771-7670, or by visiting their website: http://www.ets.org/gre.

Applicant Evaluation by the Department
The application review is a three-step process. Credentials submitted by applicants are reviewed by the Department at each step. Successful candidates will be those who reach Step 3.

Step 1.
1. Received by date of entry a bachelor's degree or master’s degree from an accredited graduate institution.
2. An overall undergraduate (bachelor’s-level applicants) or graduate (master’s-level applicants) grade-point average of at least 3.2 on a 4.0 scale.
3. For applicants with a bachelor's degree, taken at least 15 semester or 24 quarter hours in undergraduate psychology classes with a GPA of 3.2 in such courses. Psychology majors are preferred, but this is not required. For applicants with a master's degree, taken four or more graduate courses in counseling or counseling psychology, including Theories, Techniques, and Practicum. Consideration will be given to a master's degree applicant only if the person is currently enrolled in or has completed a beginning practicum or its equivalent. If the applicant is presently enrolled in such a practicum, acceptance to the doctoral program will be contingent upon its successful completion (with a grade of B or better).
4. Submitted all required application materials by the deadline.

Step 2. If conditions of Step 1 are met, the following criteria as a whole are considered:
1. Quality of Transcripts. Preference will be given to applicants with broad training in psychology. The Graduate School minimum GPA is 3.2 on a 4.0 scale, but successful applicants to the program generally have undergraduate or graduate GPAs higher than 3.5.
2. Types of Experience. Applicants who have experience in counseling psychology or closely related subjects are preferred.
3. Test Scores. Faculty review GRE scores and their respective percentiles, and include this information in their evaluation alongside these other criteria.
4. Professional/Scholarly Activity. Preference will be given to applicants who have completed a thesis, published professional articles, or have presented research, conducted workshops, or presented other material to professional societies, or assisted with research. Applications are also evaluated based on demonstrated fit for the program and respective faculty members.
5. Letters of Reference. Consideration will be given to the qualification ratings circled on the three recommendation forms as well as to the written comments.
6. Applicant’s Autobiography, Professional Goals, Philosophy of Human Behavior and Counseling, Vita, Multicultural and Social Justice Experiences and Interests, and Matching Interest Form. Preference will be given to applicants whose professional goals match the purposes of counseling psychology, the goals, philosophy, and values of the program, and fit with faculty. The autobiography will also serve as an example of the applicant’s writing skills.

Step 3. Faculty review each applicant’s file according to the listed criteria and rate each person individually. Composite ratings are then computed and ranked. Using these rankings, two groups of applicants are designated:

Invited for interview. Approximately 30 applicants are invited for a one-day, on-campus interview. Applicants meet with faculty and students, and are introduced to the Ball State campus. If an on-campus interview is not possible, alternate procedures will be arranged.
Not invited for interview. These persons are denied admission for the coming year.

Once interviews are completed, faculty’s final ratings are compiled and offers are made based on these ratings and overall fit with the program and faculty members. Applicants who receive an offer have until April 15 to decide whether to accept the invitation to join the program.

Applicant Pool
80+ applications have been considered annually in recent years. Ten students are admitted annually into the counseling psychology program. Typically, however, 2 students are already admitted prior to the interview day. These 2 students had been conditionally admitted earlier into the PhD program with a bachelor’s degree.

Attrition Rate
We accept only students who we believe will complete the program.

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<tbody>
<tr>
<td>Students for whom this is the year of first enrollment (i.e. new students)</td>
<td>10 -</td>
<td>10 -</td>
<td>10 -</td>
<td>10 -</td>
<td>10 -</td>
<td>10 -</td>
<td>10 -</td>
<td>9 -</td>
<td>10 -</td>
<td>9 -</td>
</tr>
<tr>
<td>Students whose doctoral degrees were conferred on their transcripts</td>
<td>10</td>
<td>100</td>
<td>10</td>
<td>100</td>
<td>8</td>
<td>80</td>
<td>9</td>
<td>90</td>
<td>6</td>
<td>60</td>
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<tr>
<td>Students still enrolled in program</td>
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<td>0</td>
<td>0</td>
<td>0</td>
<td>3</td>
<td>30</td>
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<tr>
<td>Students no longer enrolled for any reason other than conferral of doctoral degree</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>20</td>
<td>1</td>
<td>10</td>
<td>1</td>
<td>10</td>
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</table>

Acceptance of Offer for Admission to the Program
The Department supports the following statement adopted by the Council of Graduate Schools in the United States:

Resolution for Graduate Scholars, Fellows, Trainees, and Assistants
Acceptance of an offer of financial support (e.g., graduate scholarship, fellowship, traineeship, or assistantship) for the next academic year by a prospective or enrolled graduate student completes an agreement that both student and graduate school expect to honor. In that context, the conditions affecting such offers and their acceptance must be defined carefully and understood by all parties. Students are under no obligation to respond to offers of financial support prior to April 15; earlier deadlines for acceptance of such offers violate the intent of this Resolution. In instances where a student accepts an
offer before April 15, and subsequently desires to withdraw that acceptance, s/he may submit in writing a resignation of the appointment at any time through April 15. However, an acceptance given or left in force after April 15 commits the student not to accept another offer without first obtaining a written release from the institution to which a commitment has been made. Similarly, an offer by an institution after April 15 is conditional on presentation by the student of the written release from any previously accepted offer. It is further agreed by the institutions and organizations subscribing to the above Resolution that a copy of this Resolution should accompany every scholarship, fellowship, traineeship, and assistantship offer.

Demographics of Current Students

<table>
<thead>
<tr>
<th>Gender</th>
<th>Race/Ethnicity</th>
<th>Men</th>
<th>Women</th>
<th>International Students</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>16 (33%)</td>
<td>33 (67%)</td>
<td>7 (14%)</td>
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<tr>
<td></td>
<td>Caucasian</td>
<td>37 (75%)</td>
<td>2 (4%)</td>
<td>1 (2%)</td>
</tr>
<tr>
<td></td>
<td>Latino/a</td>
<td>3 (6%)</td>
<td>3 (6%)</td>
<td>3 (6%)</td>
</tr>
<tr>
<td></td>
<td>African American</td>
<td>37 (75%)</td>
<td>2 (4%)</td>
<td>3 (6%)</td>
</tr>
<tr>
<td></td>
<td>Asian</td>
<td>3 (6%)</td>
<td>3 (6%)</td>
<td>3 (6%)</td>
</tr>
<tr>
<td></td>
<td>Multi-racial</td>
<td>1 (2%)</td>
<td>3 (6%)</td>
<td>3 (6%)</td>
</tr>
<tr>
<td></td>
<td>Not Reported</td>
<td>3 (6%)</td>
<td>3 (6%)</td>
<td>3 (6%)</td>
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</table>

Curriculum Requirements

Basic Requirements
Please note the following curriculum reflects the required coursework and experiences in our doctoral program. Applicants with only a bachelor's degree must also complete coursework and experiences required in one of our Department's master's programs in counseling. These programs include clinical mental health counseling, rehabilitation counseling, or a double major in social psychology and clinical mental health counseling.

Total hours. 105 (minimum) to 111 semester hours of graduate work beyond a bachelor’s degree are required for graduation.

Minimum Time On-Campus. Two full-time academic years after the master’s degree are the minimum time required. Most students are full-time, on campus for three years. In their fourth year, most students complete a full-time internship.

Major. The major must consist of a minimum of 73 semester hours of graduate work. Depending on the student’s background, students will have a 73-hour major with two 15-hour cognates (a total of 103 semester hours) or a 73-hour major with one 24-hour cognate (a total of 97 semester hours).

Transfer Course Work. Courses successfully completed during the student’s master’s program may be used to meet some course requirements, subject to approval of the course’s instructor, advisor, and director of the doctoral program. Students must complete at least 48 hours in the doctoral program at the Ball State campus.

Doctoral Assistantship and Residency. All students are required to complete at least 2 academic years in residence as full-time students in the program, after a master’s degree has been obtained. Although only 2 years are required, students are strongly encouraged to complete a third year on campus, during which the dissertation is proposed and completed, before beginning an internship. Bachelor’s-level students admitted to the doctoral program will be offered assistantships in the Department. The typical
assignment for such persons will be work in the Practicum Clinic or CPSY Office. All first-year doctoral students entering with a master’s degree are required to accept the assistantship. However, one first-year student each year may decline the assistantship, with the permission of the Department. The request must be made in writing when the offer of admission is accepted; approval will be determined once the doctoral class is complete. Students may decline the assistantship after the first year. Summer monies are usually available. During the assistantship period, a full-time commitment to the program is required. The assistantship carries a stipend. For the 2017/18 Fall and Spring Semesters, our doctoral students will earn approximately $10,834.

For students on assistantship, tuition is waived for the entire calendar year; however, student fees and a small portion of the remaining tuition are paid by the student. On average, this is roughly $1500 each Fall and Spring semester, and $1100 each Summer semester. The assistantship training assignments constitute an integral part of the doctoral training program. Students must complete four training assignments during the course of their program whether or not the assistantship is accepted. These include teaching undergraduate courses, staffing the Department’s Practicum Clinic, serving as a research assistant, and supervising master’s-level trainees. Most master’s-level students are able to graduate from the program in four to five years, including the internship year. Most bachelor’s-level students are able to graduate from the program in six years, including the internship year.

**Dissertation.** DISS 799, Doctor’s Dissertation, must be taken for a minimum of 10 hours. The dissertation must be psychological and scientific in content, method, and analyses.

**Program of Study**
During the doctoral program, each student must complete the following course work:

A. **Psychological Foundations**
   1. Biological aspects of behavior
      One of the following courses is required:
      - PSYS 668 Physiological Psychology (3)
      - EDPS 652 Neuropsychological Assessment (3)
   2. Cognitive aspects of behavior
      One of the following courses is required:
      - PSYS 616 Perception & Cognition (3)
      - EDPS 765 Theories of Learning (3)
   3. Affective aspects of behavior
      The following courses are required:
      - CPSY 636 Psychopathology
      - CPSY 678 Theories and Techniques of Counseling the Culturally Diverse (3)
      - PSYS 613 Developmental Psychology (3)
      - CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
      - CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
      - CPSY 720 Advanced Theories of Counseling (3)
      - CPSY 722 Theories and Techniques of Supervision (2)
      - CPSY 740 Practicum in Counselor Supervision (1)
      - CPSY 688 Process and Techniques of Group Counseling (3)
      - CPSY 749 Individual Supervision Experience in Counseling Psychology (1-6)
CPSY 799 Internship in Counseling Psychology (0)

4. Social aspects of behavior
   The following course is required:
   SOPS 610 Social Psychology (3)

   One of the following courses is required:
   SOPS 615 Social Cognition (3)
   SOPS 620 Group Dynamics (3)
   SOPS 640 Social Psychology of Attitudes (3)
   SOPS 655 Counseling Applications of Social Psych (3)
   SOPS 660 Contemporary Social Psychology (3)

5. Individual differences in behavior
   The following courses are required:
   EDPS 650 Individual Testing (Wechsler Scales) (3)
   CPSY 636 Psychopathology (3)
   CPSY 678 Theories and Techniques of Counseling the Culturally Diverse (3)
   PSYS 613 Developmental Psychology (3)

   One of the following courses is required:
   CPSY 652 Projective Personality Appraisal (3)
   CPSY 657 Objective Personality Appraisal (3)

6. History and systems of psychology
   The following course is required:
   PSYS 691 Systems of Psychology (3)

7. Psychological Measurement
   The following course is required:
   EDPS 746 Theories of Measurement (3)

8. Human Development
   The following course is required:
   PSYS 613 Developmental Psychology (3)

9. Dysfunctional behavior or psychopathology
   The following courses are required:
   CPSY 636 Psychopathology (3)
   CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
   CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
   CPSY 749 Individual Supervised Experience in Counseling Psychology (1-6)
   CPSY 720 Advanced Theories of Counseling (3)
   CPSY 799 Internship in Counseling Psychology (0)
B. Counseling Psychology Foundations

1. Professional orientation and ethics
   The following courses are required:
   - CPSY 797 Doctoral Seminar in Counseling Psychology (3)
   - CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
   - CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
   - CPSY 799 Internship in Counseling Psychology (0)

2. Theories & methods of assessment & diagnosis
   The following courses are required:
   - CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
   - CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
   - CPSY 799 Internship in Counseling Psychology (0)
   - EDPS 650 Individual Testing (Wechsler Scales) (3)
   One of the following courses is required:
   - CPSY 652 Projective Personality Appraisal (3)
   - CPSY 657 Objective Personality Appraisal (3)

3. Theories & methods of effective interventions
   The following courses are required:
   - CPSY 688 Process and Techniques of Group Counseling (3)
   - CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
   - CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
   - CPSY 749 Individual Supervised Experience in Counseling Psychology (1-6)
   - CPSY 720 Advanced Theories of Counseling (3)
   - CPSY 722 Theories and Techniques of Supervision (2)
   - CPSY 740 Practicum in Counselor Supervision (1)
   - CPSY 799 Internship in Counseling Psychology (0)

4. Theories & methods of consultation
   The following courses are required:
   - CPSY 722 Theories and Techniques of Supervision (2)
   - CPSY 740 Practicum in Counselor Supervision (1)
   - CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
   - CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
   - CPSY 799 Internship in Counseling Psychology (0)

5. Theories & methods of supervision
   The following courses are required:
   - CPSY 688 Process and Techniques of Group Counseling (3)
   - CPSY 720 Advanced Theories of Counseling (3)
6. Theories & methods of evaluating the efficacy of interventions
The following courses are required:
CPSY 688 Process and Techniques of Group Counseling (3)
CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
CPSY 749 Individual Supervised Experience in Counseling Psychology (1-6)
CPSY 720 Advanced Theories of Counseling (3)
CPSY 722 Theories and Techniques of Supervision (2)
CPSY 740 Practicum in Counselor Supervision (1)
CPSY 799 Internship in Counseling Psychology (0)

7. Cultural & individual diversity
The following courses are required:
CPSY 678 Theories and Techniques of Counseling the Culturally Diverse (3)
CPSY 799 Internship in Counseling Psychology (0)

8. Lifelong learning
The following courses are required:
CPSY 610 Career Theories and Realities (3)
CPSY 797 Doctoral Seminar in Counseling Psychology (3)
CPSY 688 Process and Techniques of Group Counseling (3)
CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
CPSY 749 Individual Supervised Experience in Counseling Psychology (1-6)
CPSY 722 Theories and Techniques of Supervision (2)
CPSY 740 Practicum in Counselor Supervision (1)
CPSY 799 Internship in Counseling Psychology (0)
DISS 799 Doctoral Dissertation (10)

9. Practicum courses
The following courses are required after admission to the doctoral program even if they or equivalent courses were taken before admission:
CPSY 746 Integrated Scientist-Professional Practicum 1 in Counseling Psychology (3)
CPSY 747 Integrated Scientist-Professional Practicum 2 in Counseling Psychology (3)
CPSY 722 Theories and Techniques of Supervision (2)
CPSY 740 Practicum in Counselor Supervision (1)
A minimum of 400 hours of practicum is required, of which at least 150 hours are in direct service experience and at least 75 hours are in formally scheduled supervision. Prior to internship, students must be enrolled in CPSY 749, Individual Supervised Experience in Counseling Psychology (1-6), every semester seeing clients through the Department Clinic and/or community.

C. Research (Design, Methodology, and Statistics)

1. Before beginning the dissertation, students will have received training in the conduct and design of research through participation in research assistantship assignments and the following courses:
   CPSY 753 Advanced Research Methods in Counseling Psychology (3)
   ID 705 Research Colloquium (3)
   EDPS 642 Intermediate Statistics (3) (minimum grade of B)

2. Students are expected to complete the following:
   i. Write a research dissertation
   ii. Be involved with faculty members in continuing research during residency
   iii. Demonstrate writing skills associated with and appropriate to research in counseling psychology.

3. Students are expected to demonstrate proficiency in the following areas:
   i. Statistical methods as demonstrated by a grade of A or B in one of the following courses:
      EDPS 741 Applied Regression Analysis for the Social Sciences (3)
      EDPS 742 Multivariate Statistical Techniques (3)
      EDPS 743 Introduction to Factor Analysis (3)
   ii. Research techniques as demonstrated by a grade of A or B in the following courses:
      CPSY 753 Advanced Research Methods in Counseling Psychology (3)
      ID 705 Research Colloquium (2)

4. After successful completion of comprehensive exams, committee approval of a dissertation prospectus, and admission to candidacy to the doctor’s degree, students may enroll in DISS 799, Doctoral Dissertation. A minimum of ten hours of DISS 799 is required. Further, post-internship, students must enroll in 3 hours of DISS 799 each Fall and Spring Semester until they graduate.
D. Cognates

A cognate at Ball State offers you the opportunity to develop special knowledge and skills in areas of interest. A cognate consists of either one, 24 or two, 15 credit hours of coursework and/or practicum. Consistent with APA’s CRSPPP Taxonomy (APA, 2012), the PhD in counseling psychology offers cognates that allow for either a major area of study or an emphasis in

- Rehabilitation Psychology
- Clinical Health Psychology
- Clinical Neuropsychology
- Family Psychology
- School Psychology

Cognates also allow for a focus in

- Anthropology
- Consultation
- Diversity
- Educational Psychology
- Assessment
- Research
- School Counseling
- Social Psychology
- Social Justice
- Vocational Psychology
- Other degree-granting graduate programs consistent with students professional goals and approved by their doctoral committee

## Time to Completion

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Year in which Degrees were Conferred</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number of students with doctoral degree conferred on transcript</td>
<td>8</td>
<td>5</td>
</tr>
<tr>
<td>Mean number of years to complete the program</td>
<td>5.25</td>
<td>5.2</td>
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<tr>
<td>Median number of years to complete the program</td>
<td>5</td>
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<th>Time to Degree Ranges</th>
<th>N</th>
<th>%</th>
<th>N</th>
<th>%</th>
<th>N</th>
<th>%</th>
<th>N</th>
<th>%</th>
<th>N</th>
<th>%</th>
<th>N</th>
<th>%</th>
<th>N</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students in less than 5 years</td>
<td>3</td>
<td>38</td>
<td>2</td>
<td>40</td>
<td>2</td>
<td>20</td>
<td>8</td>
<td>57</td>
<td>3</td>
<td>38</td>
<td>6</td>
<td>50</td>
<td>8</td>
<td>73</td>
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<tr>
<td>Students in 5 years</td>
<td>2</td>
<td>25</td>
<td>1</td>
<td>20</td>
<td>1</td>
<td>10</td>
<td>4</td>
<td>29</td>
<td>2</td>
<td>25</td>
<td>2</td>
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<td>18</td>
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<td>Students in 6 years</td>
<td>2</td>
<td>25</td>
<td>1</td>
<td>20</td>
<td>4</td>
<td>40</td>
<td>2</td>
<td>14</td>
<td>2</td>
<td>25</td>
<td>2</td>
<td>17</td>
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<td>Students in 7 years</td>
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<td>0</td>
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<td>20</td>
<td>1</td>
<td>10</td>
<td>0</td>
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<td>1</td>
<td>13</td>
<td>0</td>
<td>0</td>
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<td>9</td>
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<tr>
<td>Students in more than 7 years</td>
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<td>13</td>
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<td>0</td>
<td>2</td>
<td>20</td>
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<td>0</td>
<td>0</td>
<td>2</td>
<td>17</td>
<td>0</td>
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</tr>
</tbody>
</table>

## Doctoral Committee Formation

Upon admission, students are assigned a faculty member as their Chair. During the Fall semester of the first year, students work with their Chair in selecting their committee. Students’ doctoral committee will consist of two faculty from the Department of Counseling Psychology, Social Psychology and Counseling (one of whom serves as the chairperson), one or two cognate representatives, and an at-large university member who is chosen by the student or appointed by the Graduate School. Committee selection is based on mutual agreement between the student and the faculty members selected. In general, each faculty member in the Counseling Psychology Department is limited to chairing three committees over a two-year period and serving as a member of two committees for each entering class.

## Examinations

All doctoral students, including graduates of our master's program, must complete an APA ethics examination prior to seeing clients. A score of 80% on this examination is considered a pass. A practitioner’s skills examination, also required of all students, will normally be completed during the student’s second year and must be passed prior to applying for internship. Students complete comprehensive preliminary examinations (written and oral, see Graduate Catalog), normally after completing two years on campus in the program. Students must pass the examinations prior to applying for internship. Students must successfully defend their dissertation proposal by February 1 of the year in which they submit rankings for internship.

## Internship

CPSY 799, Internship in Counseling Psychology (0 credit hours), must be taken for an academic year, full-time, or its equivalent over two years, for a minimum time of 1,500 hours. The recommendation is that students take a calendar year internship, or its equivalent over two years, for a minimum time of...
2,000 hours in an APA-approved site. Sites not approved by APA must adhere to the department’s internship policy.

In general, our students have done extremely well in securing an excellent internship placement. Most have been placed in one of their top three ranked internship sites.

### Pre-doctoral Internship Placements 2009 to 2018/19

<table>
<thead>
<tr>
<th>Type of Placement</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counseling Center</td>
<td>50</td>
</tr>
<tr>
<td>Mental Health Center</td>
<td>15</td>
</tr>
<tr>
<td>Hospital</td>
<td>8</td>
</tr>
<tr>
<td>School</td>
<td>0</td>
</tr>
<tr>
<td>Veteran’s Administration</td>
<td>16</td>
</tr>
<tr>
<td>Corrections</td>
<td>1</td>
</tr>
<tr>
<td>Air Force</td>
<td>5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Status of Internship Placement</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>APA Approved Site</td>
<td>154</td>
</tr>
<tr>
<td>Non-APA Approved Site</td>
<td>11</td>
</tr>
</tbody>
</table>

### Performance Requirements

#### Comprehensive Review of Practitioner Skills

A major objective of the program is that our students function as capable practitioners upon graduation. Our system for ensuring competence involves two evaluation procedures. The first consists of a series of faculty evaluations of practitioner skills. All doctoral students are required to see clients throughout their time on campus. Their activity with their clients is supervised and evaluated by the faculty through either group or individual supervision. Almost all regular faculty members are licensed psychologists with state certification or are license-eligible. Deficiencies in practice are determined and necessary corrections effected. Practitioner skills are developed through a variety of courses, each requiring direct client contact and formal supervision. During assistantship rotation, students are assigned to the Practicum Clinic office, where they have further client contact. In all of these activities, the student’s committee monitors the student’s development as a counseling psychologist.

The Comprehensive Review of Practitioner Skills or Portfolio Exam is an evaluation procedure modeled after the ABPP examinations. In this evaluation, students submit samples of their best work to a panel of the faculty for evaluation. It should be noted that any work appropriate to the role of a Counseling Psychologist (e.g., counseling, career development, workshop planning, teaching, research, psychoeducation, consultation, social action) is acceptable. The description of this procedure follows.

### Graduation

Formal application for graduation must be made through the Graduate School according to the deadlines established by that office. One of the several forms required by the Graduate School is an updated course-check sheet, which must be approved by the director of training. The Department requires two hardbound copies of the completed dissertation: one for the Department and one for the student’s chairperson. Over the years, our graduates have secured excellent positions in a host of settings.

### Positions Held by Counseling Psychology Doctoral Graduates (2008 to 2018) from Available Information

<table>
<thead>
<tr>
<th>Position</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Faculty member</td>
<td>19</td>
</tr>
<tr>
<td>Psychologist at university or college</td>
<td>22</td>
</tr>
<tr>
<td>Psychologist in private practice</td>
<td>9</td>
</tr>
<tr>
<td>Psychologist in VA</td>
<td>6</td>
</tr>
<tr>
<td>Employment</td>
<td>Count</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>-------</td>
</tr>
<tr>
<td>Psychologist in hospital</td>
<td>12</td>
</tr>
<tr>
<td>Psychologist in community agency</td>
<td>4</td>
</tr>
<tr>
<td>Psychologist in military</td>
<td>2</td>
</tr>
<tr>
<td>Psychologist in correctional facility</td>
<td>2</td>
</tr>
<tr>
<td>Other employment</td>
<td>4</td>
</tr>
</tbody>
</table>

### Licensure of Doctoral Graduates 2008 to 2018

<table>
<thead>
<tr>
<th>Outcome</th>
<th>2008-2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>The total number of program graduates (doctoral degrees conferred on transcript) between 2 and 10 years ago</td>
<td>81</td>
</tr>
<tr>
<td>The number of these graduates (between 2 and 10 years ago) who became licensed psychologists in the past 10 years</td>
<td>73</td>
</tr>
<tr>
<td>Licensure percentage</td>
<td>90%</td>
</tr>
</tbody>
</table>

**Note.** Of the 81 graduates, 3 live in countries where licensure is not required. If these graduates are not included in the calculation above, the licensure percentage increases to 93.8%.