

Thomas William Gretton
E-mail: thomas.gretton@bsu.edu

CURRENT POSITION

Assistant Teaching Professor of Counseling Psychology
August 2025 - Present
Ball State University
Supervisor: Sharon Bowman

ROLES & EDUCATION

Assistant Professor of Psychology
August 2023 – August 2025
University of Wisconsin – Green Bay
Focus: Sport, Exercise, and Performance Psychology & Counseling / Mental Health
Supervisor: Jason Cowell

Ph.D. in Educational Psychology, Sport Psychology May 2023
Florida State University, Tallahassee, FL
Dissertation: “Experiences of psychological safety in elite female referees”
Committee: Drs. David Eccles, Robert Eklund, Joshua Newman & Michael Giardina
Advisor: David W. Eccles, PhD

M.S. in Kinesiology, Sport and Exercise Psychology May 2019
Ball State University, Muncie, IN
Thesis: “An Exploration into the Cognitive Component of Elite High Jumpers’ Pre-
Performance Routines”
Published in: The Sport Psychologist
Committee: Dr. Lindsey Blom, Dr. Dorice Hankemeier & Dr. Lawrence Judge

M.A. in Clinical Mental Health Counseling May 2019
Ball State University, Muncie, IN
Internship: Jane Pauley Community Mental Health, Madison County Jail, Anderson, IN
Advisor: Stefanía Ægisdóttir, PhD, HSPP & Erin Davis, PhD, HSPP

B.A. in Sport, Exercise and Physical Activity July 2016
Durham University, United Kingdom
Undergraduate Dissertation: “An Investigation into the Effect of Manipulated Stress and
Variable Task Difficulty on Preparation Time and Subsequent Performance Success for a
Penalty Kick in Rugby Union”
Advisor: Dr. David W. Eccles

PROFESSIONAL LICENSES

Certified Mental Performance Consultant, Association for Applied Sport Psychology
Date Issued: September 2021 - Present

Licensed Mental Health Counselor Intern, Florida
Date Issued: August 2021 – Present

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Licensed Mental Health Counselor Associate, Indiana
Date Issued: Pending approval (NCE exam passed July 2025)

TEACHING EXPERIENCE

Ball State University

Courses: Theories & techniques of counseling the culturally diverse, fundamentals of counseling, teaching supervision
Role: Assistant teaching professor
Level of Student: Graduate and undergraduate
Modality: Online and in-person

University of Wisconsin, Green Bay

Courses: Counseling and psychotherapy, psychopathology, counseling microskills, multicultural psychology, theoretical orientations, practicum supervision
Role: Assistant professor / teacher
Level of Student: Graduate and undergraduate
Modality: Online and in-person

Florida State University

Applied Sport Psychology Supervision (Summer 2022, Fall 2022, Spring 2023)
Role: Teaching assistant delivering sport psychology supervision
Level of Student: Graduate

An Introduction to Sport and Exercise Psychology (Fall 2020, Spring 2021)
Role: Instructor of record
Level of Student: Undergraduate and Graduate

Ball State University

Physical Fitness and Wellness Class (Fall 2016 & 2017, Spring 2017 & 2018)
Role: Instructor of record
Level of Student: Undergraduate

INVITED TEACHING / LECTURING EXPERIENCE

Gretton, T. W. (March 2025). Individual and group consultation. A lecture presented to Ball State University graduate students. Invited by: Dr. Anna Farelo. Modality: In-person.

Gretton, T. W. (November 2024). Clinical, counseling, and sport psychology: Graduate school options. A lecture presentation delivered to UWGB Psi Chi.

Gretton, T. W. (October 2024). Case conceptualization presentation. A lecture presented to UWGB SEPP graduate students in applied practicum course. Invited by: Dr. Jo Morrissey. Modality: In-person.

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- Gretton, T. W. (September 2024). Psychological safety: Research understanding and applied implications. A lecture presented to Florida State University Sport Psychology graduate students. Invited by: Dr. David Eccles. Modality: Online.
- Gretton, T. W. (September 2024). Existential sport psychology practice. A lecture presented to Florida State University Sport Psychology graduate students. Invited by: Dr. Brian Foster. Modality: Online.
- Gretton, T. W. (September 2022). Team resilience and group dynamics: An article critique. A lecture presented to Florida State University Sport Psychology graduate students. Florida State University, Tallahassee, FL.
- Gretton, T. W. (September 2022). How to perform and produce in a dual role: Researching and consulting with elite officials. A lecture presented to Florida State University undergraduate students in performance psychology. Florida State University, Tallahassee, FL.
- Gretton, T. W. (April 2022). Qualitative research. A lecture presented to Florida State University, Social Work graduate students. Florida State University, Tallahassee, FL.
- Gretton, T. W. (November 2021). Working and researching elite referees. A lecture presented to Florida State University undergraduate students in performance psychology. Florida State University, Tallahassee, FL.
- Gretton, T. W. (November 2021). Terminating consultation. A lecture presented to Florida State University Sport Psychology graduate students. Florida State University, Tallahassee, FL.
- Gretton, T. W. (November 2021). Group and individual consultation. A lecture presented to Florida State University Sport Psychology graduate students. Florida State University, Tallahassee, FL.
- Gretton, T. W. (May 2021). An introduction to the joys of qualitative research. A lecture presented to Florida State University undergraduate students. Florida State University, Tallahassee, FL.
- Gretton, T. W. (June 2020). The long-distance mindset. A lecture presented to Florida long-distance coaches. Florida State University, Tallahassee, FL.
- Gretton, T. W. (October 2018). Imagery and goal setting. A lecture presented to an undergraduate Sport Psychology class taught by Dr. Lindsey Blom (Ball State University). Ball State University, Muncie, IN.
- Gretton, T. W. (March 2018). Pre-performance routines with elite performers. A lecture presented to an undergraduate Psychology class taught by Dr. Jean-Charles Lebeau (Ball State University). Ball State University, Muncie, IN.
- Gretton, T. W. (November 2016). The Psychology of reinforcement. A lecture presented to an undergraduate Physical Education class taught by Dr. Kimberly Hurley (University of Northern Iowa). Ball State University, Muncie, IN.

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SUPERVISION & MENTORING EXPERIENCE

Applied Practicum Supervisor (CMPC)

University of Wisconsin, Green Bay

Duties: Provide individual and group supervision services to SEPP masters students.

Date: August 2023 - Present

Certified Mental Performance Consultant Mentor

Association for Applied Sport Psychology (AASP)

Duties: Provide weekly individual supervision to consultants in-training

Date: August 2021 - Present

Supervision Teaching Assistant

Florida State University

Duties: Provide weekly group supervision and case management support to consultants-in training

Date: August 2022 – May 2023

Undergraduate Research Opportunity Program (UROP) Mentor

Florida State University

Duties: Support the research development and experience of undergraduate research students

Date: August 2021 – May 2022

REFEREED JOURNAL ARTICLES

Taylor, J., **Gretton, T. W.**, & Sweeney, L. (2024). Performance safety: Conceptualizing psychological safety when errors have consequences. *Journal of Applied Sport Psychology (Online)*. DOI:

<https://doi.org/10.1080/10413200.2025.2521261>

Gretton, T. W., & Farello, A. (2024). Emotionally demanding research: A wartime quest or a journey of connection. *The Qualitative Report*, 29(9), 2407-2429. DOI:

<https://doi.org/10.46743/2160-3715/2024.7646>

Gretton, T. W., Farello, A., Minkler, T. O., Caya, J., & Eccles, D. W. (2024). Impossible perfection: A storytelling reflection. *Qualitative Inquiry*, OnlineFirst. DOI:

<https://doi.org/10.1177/10778004231176763>

Lebeau, J.C., Myers, K., Kappelmann, K., Vann, S., Gabler, T., Wright, A., & **Gretton, T. W.** (2024). An investigation into the effects of acute exercise on activities of daily living and cognition in older adults. *Journal of Cognitive Enhancement*, 8, 65-75. DOI: <https://doi.org/10.1007/s41465-024-00287-0>

Eccles, D. W., **Gretton, T. W.**, Harris, N., & Wolf, S. (2023). “Switching the mind off completely”: Understanding the psychology of rest in coaches. *Psychology of Sport and Exercise*, 69, 102479. DOI: <https://doi.org/10.1016/j.psychsport.2023.102479>

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Gretton, T. W., Caviedes, G., Buning, M., Webster, K., & Eccles, D. W. (2022). The transition of an applied sport psychology training program at a US university from a face-to-face to a virtual mode: An autoethnographic case study. *Case Studies in Sport and Exercise Psychology*, 6(1), 45-53. DOI: <https://doi.org/10.1123/cssep.2021-0030>

Eccles, D. W., Caviedes, G., Balk, Y., Harris, N., & **Gretton, T. W.** (2021). How to help athletes get the mental rest needed to perform well and stay healthy. *Journal of Sport Psychology in Action*, 12(4), 259-270. DOI: <https://doi.org/10.1080/21520704.2021.1873208>

Gretton, T. W., Blom, L. C., Hankemeier, D. A., & Judge, L. W. (2020). The cognitive component of elite high jumpers' pre-performance routines. *The Sport Psychologist*, 34(2), 99-110. DOI: <http://dx.doi.org/10.1123/tsp.2019-0093>

Eccles, D. W., Balk, Y., **Gretton, T. W.**, & Harris, N. (2020). "The forgotten session": Advancing research and practice concerning the psychology of rest in athletes. *Journal of Applied Sport Psychology*, 34(1), 3-24. DOI: <https://doi.org/10.1080/10413200.2020.1756526>

Wallace, A. K., Blom, L. C., & **Gretton, T. W.** (2019). "Mental imagery & strength training: Student athletes' perceptions, desires, and the impact of psychoeducation". *Journal of Imagery Research in Sport and Physical Activity*, 14(1), 1-9. DOI: <https://doi.org/10.1515/jirspa-2019-0011>

Gretton, T. W. (2018). Coaching tips to assist an adolescent athlete's pre-performance preparation. *Strategies: A Journal for Physical Sport Educators*, 31(1), 48-50. DOI: <https://doi.org/10.1080/08924562.2018.1395668>

BOOK CHAPTERS & REVIEWS

Gretton, T. W. (2020). Think like a warrior: The five inner beliefs that make you unstoppable [Book review]. *Journal of Sport Psychology in Action*. DOI: <https://doi.org/10.1080/21520704.2020.1784333>

WEB BASED PUBLICATIONS

Batey, J., & **Gretton T. W.** (2021). Tokyo 2021: How COVID risks taking the fun out of the games. The Conversation.

Gretton T. W. (2019). The role of the coach in pre-performance routines. Association for Applied Sport Psychology Online.

Gretton, T. W., Hirsh, K., Anderson, D., & Johnson, C. (2019). The value of pre-performance routines in sport. Young Writer's Corner: Association for Applied Sport Psychology Online.

MANUSCRIPTS / CHAPTERS IN REVIEW

Gretton, T. W., Farello, A., & Minkler, T. O. (2024). *Pursuing passion*. A book chapter in Global Perspectives for Sport, Exercise, and Performance Psychology Professionals.

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Farello, A., **Gretton, T. W.**, & Barker, B. Understanding and Utilization of Self-Compassion in Emotionally Demanding Research: A Researcher Perspective. *Applied Psychology, Health, and Well-Being*.

MANUSCRIPTS IN PREPARATION

Eccles, D. W., & **Gretton, T. W.** Design and delivery of the post-mortem within high performing sport populations. Target journal TBD. Current phase: Writing.

Gretton, T. W., & Wilson-Doenges, G. Safe spaces & safe space signs on college campuses. Target journal: *TBD*. Current phase: Analysis.

Gretton, T. W., Eccles, D. W., Eklund, R., Newman, J., & Whyte, J. The psychological preparation of elite rugby union officials. Target journal: *Psychology of Sport & Exercise*.

Gretton, T. W., Newman, J., Giardina, M., & Eccles, D. W. Psychological safety in elite officials. Target journal: *Psychology of Sport & Exercise*.

ACTIVE STUDIES

Gretton, T. W., Minkler, T. O., Gray, T., DiVincenzo, G., & Farello, A. Person-centered intakes in sport, performance, and counseling psychology. Target journal: TBD. Current phase: IRB.

Martingano, A.J., Holschuh, G., Gauger, L., & **Gretton, T. W.** Empathic benefits of active and passive listening. Target journal: TBD. Current phase: Data collection.

Eccles, D. W., & **Gretton, T. W.** The meaning and obtainment of rest to professional athletes. Target journal TBD. Current phase: Data analysis.

GRANT FUNDING

World Rugby Consultation and Research

Role: Lead Consultant and Principal Investigator

Information: CMPC for World Rugby officials included agreement to conduct simultaneous research on psychological safety in elite women officials

EPLS Student Conference Travel Grant, Florida State University

“Supporting Psychological Preparation in Elite Officials”

Role: Principal Investigator

Association for Applied Sport Psychology (AASP) 36th Annual Conference

Total Award: \$250.00

ASPIRE Student Travel Award Grant, Ball State University

“An Exploration into the Cognitive Component of Elite High Jumpers’ Pre-Performance Routines”

Role: Principal Investigator

Association for Applied Sport Psychology (AASP) 33rd Annual Conference

Total Award: \$1000.00

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Association for Applied Sport Psychology (AASP) Seed Grant
“An Exploration into the Cognitive Component of Elite High Jumpers’ Pre-Performance Routines”
Role: Principal Investigator
Total Award: \$500.00

BSU Sport and Exercise Psychology Department Henschen Funding
“Coaching tips to assist adolescent athletes’ pre-performance preparation”
Role: Principal Investigator/Presenter
Association for Applied Sport Psychology (AASP) Regional Conference, Florida State University
Total Award: \$100.00

ASPIRE Travel Program, Ball State University
“Coaching tips to assist adolescent athletes’ pre-performance preparation”
Role: Principal Investigator/Presenter
Association for Applied Sport Psychology (AASP) Southeast Regional Conference, Florida State University
Total Award: \$100.00

RESEARCH COMMITTEES

Dissertation committee member
Student: Olivia Vasiloff
University: Springfield College
Study title: Understanding the meaning of running for runners who experienced trauma
Progress: Complete

CONFERENCES

Wilson-Doenges, G., & **Gretton, T. W.** (April 2025). Safe space signs: The paradox of inclusive and exclusive. Poster presentation at the 97th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Eccles, D. W., **Gretton, T. W.**, Harris, N., & Wolf, S. (October 2024). The psychology of rest in coaches: Implications for sport psychology practitioners. Poster presentation at AASP 39th Annual Conference, Las Vegas, NV.

Gretton, T. W., & Farello, A. (January 2024). Emotionally demanding research: A wartime quest or a journey of connection. Lecture presentation at the World Conference of Qualitative Research, Portugal/South Africa/Online.

Eccles, D. W., Caviedes, G., **Gretton, T. W.**, & Harris, N. (October 2022). A guide for practitioners about how athletes, coaches, and other performers can obtain the mental rest they need. Lecture presentation at AASP 37th Annual Conference 2022, Fort Worth, TX.

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Gretton, T. W., Farello, A., Minkler, T., Caya, J., & Eccles, D. W. (July 2022). Same data, different stories: Embracing the diverse potential of creative nonfiction. Workshop presentation at the 16th European Congress of Sport & Exercise Psychology (FEPSAC 2022), Padova, Italy.

Marks, L. R., Naar, S., & **Gretton, T. W.** (March 2022). Recruiting racially diverse emerging adults for clinical studies: Challenges and recommendations. Poster presentation at the 2022 Southeast Regional Clinical & Translational Science Alliance Conference, Georgia, USA.

Gretton, T. W., & Farello, A. (February 2022). Qualitative researchers' experiences in emotionally demanding research. Workshop presentation at the 2022 Qualitative Research Symposium (QRS), Bath, United Kingdom.

Gretton, T. W., Eccles, D. W., & Caviedes, G. (October 2021). Supporting psychological preparation in elite officials. Lecture presentation at the AASP 36th Annual Conference 2021, Las Vegas, NV.

Eccles, D. W., **Gretton, T. W.**, Caviedes, G., & Harris, N. (October 2021). "Something that just relaxes my mind and gets me away from ball": A study of mental rest in professional athletes and implications for best practice. Lecture presentation at the AASP 36th Annual Conference 2021, Las Vegas, NV.

Caviedes, G., **Gretton, T. W.**, & Eccles, D. (October 2021). A case study on operating a virtual, applied sport psychology program. Poster presentation at the AASP 36th Annual Conference 2021, Las Vegas, NV.

Gretton, T. W., Blom, L. C., Hankemeier, D. A., & Judge, L. W. (October 2020). An exploration into the cognitive component of elite high jumpers' pre-performance routines. Poster presentation at the AASP 35th Annual Conference 2020, Orlando, FL.

Eccles, D. W., **Gretton, T. W.**, Harris, N. (October 2020). "I was sleeping like, one hour a night": An empirical study of rest in college coaches. Lecture to be presented at AASP 35th Annual Conference 2020, Orlando, FL.

Lebeau, J. C., Vann, S., **Gretton, T. W.**, Gabler, T., & Fuller, A. (June 2020). Exploring the effects of acute exercise on activities of daily living among older adults. Poster presentation at the North American Society for the Psychology of Sport and Physical Activity Virtual Conference.

Gretton, T. W., Kanan, A. S., Farello, A., & Blom, L. C. (October 2019). Thinking outside the box: Unique qualitative methodologies & best practices. Poster presentation at the AASP 34th Annual Conference 2019, Portland, OR.

Gretton, T. W., Blake, A. S., Skutt, D. E., & Blom, L. C. (July 2019). NCAA Division I coaches' perceptions of sport psychology and mental health service provision. Lecture presentation at the European Congress of Sport & Exercise Psychology (FEPSAC 2019), Münster, Germany.

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Gretton, T. W., Blom, L. C., & Kanan, A. (October 2018). An exploration into the cognitive component of elite high jumpers' pre-performance routines: The coach's perspective. Lecture presentation at AASP 33rd Annual Conference, Toronto, Canada

Farello, A., Sullivan, M., Blom, L. C., & **Gretton, T. W.** (October 2018). The 5C's approach to redesigning a youth soccer academy and promoting positive development. Poster presentation at AASP 33rd Annual Conference 2018, Toronto, Canada

Gretton, T. W. (February 2018). Coaching tips to assist adolescent athletes' pre-performance preparation. Lecture presentation at the AASP Southeast Conference 2018, FSU, Tallahassee, FL

Kanan, A., **Gretton, T. W.**, Blom, L. C. (May 2017). Youth sport coaches and teachers as valuable stakeholders in building peace in conflict areas. Poster presentation at the National Coaching Conference (NCC), Marietta, GA

CLINICAL & CONSULTING EXPERIENCE

Certified Mental Performance Consultant August 2019 – Present
World Rugby Referees

Responsibilities: Provision of evidence-based individual, group, and system level psychological services with a focus on sport and performance as well as well-being; Deliver organizational consultation services to staff and management; Conduct research and needs assessment on refereeing group to identify target areas of intervention; Enhance organizational and group cohesion for female and male, elite officials.

Clinical Mental Health Counseling Internship May 2018 – May 2019
Jane Pauley Community Health - Madison County Jail, Anderson, IN
Supervisor: Dr. Erin Davis (HSPP) & Dr. Paul Spengler (HSPP)

Responsibilities: Provided individual and group therapy to inmates at the county jail as well as engage in community outreach work with Jane Pauley.
Presenting Concerns: Substance abuse; Suicidal risk; Grief & loss; PTSD

Clinical Mental Health Counseling Practicum August 2017 - May 2018
Ball State University Practicum Clinic, Muncie, IN
Supervisor: Dr. Joshua Rainey (Ph.D., HSPP) Dr. Lina Burkhart (LP., HSPP)

Responsibilities: Practiced individual therapy from a humanistic and existential perspective with clients presenting concerns such as identity loss, suicidal ideation, LGBTQ challenges and marital struggle. Received weekly supervision and developed case management skills

Clinical Mental Health Counseling Grief and Loss Group February 2018 - April 2018
New Castle Correctional Facility, Muncie, IN
Supervisors: Miranda Dean, M.S. & Hunter Sully, M.S. (Doctoral supervisors)

Responsibilities: Provided grief and loss group therapy to inmates at the New Castle correctional facility. Gathered group therapy experience and knowledge in applying therapeutic skills to a traumatized population

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Certified Mental Performance Consultant August 2022 – November 2022
World Rugby Referees, Women's Rugby World Cup

Responsibilities: Provision of evidence-based individual and group sport psychology services to referees during the pre – Rugby World Cup camp and during the Women's Rugby World Cup in New Zealand; Work with staff and management in developing schedules, preparing sessions, and building squad dynamics.

Certified Mental Performance Consultant March 2022 – December 2022
Musicians

Responsibilities: Provide individual services to professional music conductor in preparation for international performance for Royal Scottish National Orchestra.

Certified Mental Performance Consultant August 2021 - May 2022
Graduate Student Peer Mentor

Responsibilities: Provide mentoring support to graduate students in sport psychology

Certified Mental Performance Consultant May 2021 – January 2022
Jiu-Jitsu Performers

Responsibilities: Consult with elite jiu-jitsu performers; 1 on 1 consultation; areas of focus include pre-competition anxiety, relational issues, work-life balance.

Sport Psychology Consultant in Training September 2020 – May 2021
World Rugby Referees

Supervisor(s): Dr. John Coumbe-Lilley (CMPC), Dr. Megan Buning (CMPC), & Dr. Katy Turner (CMPC)

Responsibilities: Consult with expert referees within World Rugby; Engage in individual and group consultation; Stakeholder & referee trainer meetings

Sport Psychology Consultant in Training November 2020 – August 2021
Women's Premier League Rugby

Supervisor(s): Dr. John Coumbe-Lilley (CMPC)

Responsibilities: Group consultation with women's premier league Rugby team (USA) on psychological skills; Individual consultation with players on performance

Sport Psychology Consultant in Training June 2020
Florida Long Distance Coaches

Supervisor: Dr. Lindsey Blom (CMPC)

Responsibilities: Consult with Florida Long Distance/XC coaches; Coach meetings

Sport Psychology Consultant in Training August 2019 – May 2020
Florida State University, Tallahassee, FL

Supervisor: Dr. Graig Chow (CMPC)

Responsibilities: Consult with an NCAA Division I varsity team athletes; Engage in observation, session planning and session reviewing; Coach meetings

Sport Psychology Consultant in Training January 2017 – May 2019

Ball State University, Muncie, IN

Supervisor: Dr. Lindsey Blom (EdD, CMPC)

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Responsibilities: Provided mental performance information, presentations and psychological skills training to two NCAA Division I athletic teams

Presenting Concerns: Mental health risk; Coach-athlete relationship; Pre-performance routine implementation; Retirement transition, Leadership development, Mental Skills

SERVICE TO THE PROFESSION

International Journal of Sport and Exercise Psychology (2024 – present)

BMJ Open Sport & Exercise Medicine Journal Reviewer (2022 - present)

Research Quarterly in Exercise and Sport Journal Reviewer (2021 - present)

Qualitative Research in Sport & Exercise Conference Committee Member (2021)

Association for Applied Sport Psychology Delegate Chair: Science and Practice Initiative (2020)

AASP 35th Annual Conference Abstract Reviewer (2020)

Association for Applied Sport Psychology Student Delegate: Young Writer's Corner (2019)

Association for Applied Sport Psychology Student Delegate: Best Practices in Consulting (2019)

AASP 33rd Annual Conference Abstract Reviewer (2018)

Benjamin V. Cohen Peace Conference Abstract Reviewer (2018)

ADDITIONAL TRAINING

Sport Psychology Program Graduate Assistant (August 2021 – May 2022)

Florida State University

Duties: Organize and deliver program orientation and resolve faculty / student programmatic needs

Graduate Counseling Psychology Research Assistant (August 2021 – May 2022)

Florida State University

Duties: Contribute to project TIME preparation, recruitment, and data collection

Educational Psychology and Learning Systems Graduate Assistant (May 2021 – August 2021)

Florida State University

Duties: Organize and deliver department orientation and facilitate prospective student arrival

Qualitative Methods in Sport, Exercise, and Health: Innovative Approaches (November 2020)

University of Copenhagen Qualitative Training (Virtual Training)

Duties: Engage in seminars on qualitative methods in sport, exercise, and health research

Career Center Employer Relations Graduate Assistant (August 2018 – May 2019)

Ball State University

Thomas William Gretton
E-mail: thomas.gretton@bsu.edu

Duties: Design and deliver the university career fair and meet with students to support job searching

AFFILIATIONS/ MEMBERSHIPS

Member, International Society of Qualitative Research in Sport & Exercise
Qualitative Research in Sport & Exercise
April 2020 - Present

Member, Association for Applied Sport Psychology
January 2014 – Present

Member, American Psychological Association
January 2017 - Present

Thomas William Gretton
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REFERENCES

Dr. David W. Eccles (PhD)
Professor and Director of Sport Psychology at Florida State University
Department of Educational Psychology and Learning Systems,
College of Education,
Florida State University
1114 W. Call St, Tallahassee, FL 32306
Email: deccles@admin.fsu.edu
Phone: (850) 644-8791

Dr. Lindsey C. Blom (EdD, CMPC)
Professor and Coordinator of the Sport & Exercise Psychology Master's Program
School of Kinesiology
Health and Physical Activity Building, HP 326
Ball State University, Muncie, IN 47306
Email: lcbloom@bsu.edu
Phone: (765) 285-5130

Dr. Anna Farello (PhD)
Assistant Professor of Sport & Exercise Psychology
School of Kinesiology
Health and Physical Activity Building, HP 360
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Email: anna.farello@bsu.edu
Phone: (765) 285-5039

Dr. Sharon L. Bowman (PhD, HSPP, ABPP, LMHC)
Professor and Chair, CPSY
Board Certified in Counseling Psychology
Counseling Psychology, Social Psychology and Counseling
Ball State University, Muncie, IN 47306
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