

## VITA

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## EDUCATION

- 8/95 – 7/00 Ph.D., Ball State University, Muncie Indiana.**  
Major: Counseling Psychology, Cognate: Research Methodology, APA accredited.  
Dissertation: Icelanders' and Americans' Expectations About Counseling: Do Expectations vary by Nationality, Sex, and Holland's Typology?  
Advisor/Chair: Lawrence H. Gerstein, Ph.D.
- 8/93 – 7/95 M.A., Ball-State University, Muncie, Indiana.**  
Major: Community Counseling, CACREP accredited.  
Research Project: Icelandic and American Students' Expectations About Counseling.  
Advisor: Lawrence H. Gerstein, Ph.D.
- 9/91 - 6/92 Teaching Studies/Teacher Credentials, University of Iceland.**  
Teacher Credentials/Licensed to teach Psychology and Social Sciences in Iceland.
- 9/85 - 10/90 B.A., University of Iceland.**  
Major: Psychology.  
Thesis: Cultural Adaptation and Standardization of Spielberger's Test Anxiety Inventory.  
Advisor/Chair: Erlendur Haraldsson, Ph.D.
- 1/80 - 5/83 University Entrance Exams, Flensborgarskólinn Hafnarfirði, Iceland.**  
Major: Natural Sciences.

## RESEARCH

### **Publications**

#### **Refereed Articles:**

1. Indovina, T. P. O., Ægisdóttir, S., & Lee, N. A. (2025). Couples' Willingness to Seek Therapy: An Application of the Theory of Planned Behavior and the Prototype Willingness Model. *Journal of Couple & Relationship Therapy*, 1–24. <https://doi.org/10.1080/15332691.2025.2500945>
2. Deogracias-Schleich, A., Blom, L. C., Myers, K. E., Aegisdottir, S., Coker-Cranny, A., Blake, A., Ausmus, J. C., & Walker, M. (2022). Female Adolescent Athletes' Experiences of Body Dissatisfaction Across Individual and Team Sports. *Journal of Athlete Development and Experience*, 4(3). DOI: <https://doi.org/10.25035/jade.04.03.04>

3. Ægisdóttir, S., Leach, M. M., Romano, J. L., & Cinarbas, D. C. (2019). Major Contribution: Socio-Political, Cultural, and Historical Events that Impact Counseling Psychology and Service Delivery in Four Countries. *The Counseling Psychologist*, 47, 578-607.
4. Ballesteros, J., Bloom, L. C., Capielo, C., Bolin, J., Ægisdóttir, S. (2019). High school athletes' race personality, expectations, and attitudes regarding sport psychology consulting. *Journal of Sport Behavior*, 42.
5. Niegocki, K. L., & Ægisdóttir, S. (2019). College students' coping and psychological help-seeking attitudes and intentions. *Journal of Mental Health Counseling*, 41, 144-157.
6. Hurley, E., Gerstein, L. H., Ægisdóttir, S., & Chan, Y. (2017). Asian international students' beliefs about psychologists' international competencies and services. *Revista De Cercetare Si Interventie Sociala [Review of Social Research and Intervention]*, 58, 5-33.
7. Hermannsdóttir, B. S., & Ægisdóttir, S. (2016). Spirituality, Connectedness, and Beliefs About Psychological Services Among Filipino Immigrants in Iceland. *The Counseling Psychologist*, 44, 546-572.
8. Spengler, E. S., & Ægisdóttir, S. (2015). Psychological help-seeking attitudes and intentions of lesbian, gay and bisexual individuals: The role of sexual minority identity and perceived counselor sexual prejudice. *Psychology of Sexual Orientation and Gender Diversity*, 2, 482-491.
9. Adams, D. F., & Ægisdóttir, S. (2015). The relationship between gender role conflict and psychological help-seeking: The role of maladaptive coping. *The Practitioner Scholar: Journal of Counseling and Professional Psychology*, 4, 61-80.
10. Hurley, E., Gerstein, L.H., & Ægisdóttir, S. (2013). Examining Internationalization in U.S. Counseling Psychology Training Programs. *The Counseling Psychologist*, 41, 724-729.
11. Ægisdóttir, S., & Einarsdóttir, S. (2012). Cross-cultural Adaptation of the Beliefs About Psychological Services scale (I-BAPS) for Iceland. *International Perspectives in Psychology: Research, Practice, Consultation*, 1, 236-251.
12. Hermannsdóttir, B. S., Ægisdóttir, S., & Gerstein, L. H. (2012). Multicultural Psychology in Iceland: Meeting the Needs of a Changing Society. *International Perspectives in Psychology: Research, Practice, Consultation*, 1, 127-139.
13. Ægisdóttir, S., O'Heron, M., Hartong, J., Haynes, S.A., & Linville, S. (2011). Enhancing Attitudes and Reducing Fears about Mental Health Counseling: An Analogue Study. *Journal of Mental Health Counseling*, 33, 327-346.
14. Çinarbas, C.D. & Ægisdóttir, S. (2010). Somatic, affective and behavioral stress reactions across cultures. *International Journal for the Advancement of Counseling*, 32, 129-143.
15. Ægisdóttir, S. & Gerstein, L.H. (2009). Beliefs About Psychological Services (BAPS): Development & psychometric properties. *Counselling Psychology Quarterly*, 22, 197-219.
16. Spengler, P.M., White, M.J., Ægisdóttir, S. Maugherman, A.S., Anderson, L.A., Cook, R.S. et al.

- (2009). The meta-analysis of clinical judgment project: Effects of experience on judgment accuracy. *The Counseling Psychologist*, 37, 350-399.
17. Spengler, P.M., White, M.J., Ægisdóttir, S. & Maugherman, A.S. (2009). Time keeps on ticking: The experience of clinical judgment. *The Counseling Psychologist*, 37, 416-423.
  18. Ægisdóttir, S., Gerstein, L. H., Cinarbas, C. D. (2008). Methodological Issues in Cross-Cultural Counseling Research: Equivalence, Bias and Translations. *The Counseling Psychologist*, 36, 188-219.
  19. Gerstein, L. H., & Ægisdóttir, S. (2007). Training international social change agents: Transcending a U.S. cultural paradigm. *Counselor Education and Supervision*, 47, 123-139.
  20. Perrone, K., Ægisdóttir, S., Blalock, R.H., & Webb, L.K. (2006). Work-family interface: Commitment, conflict, coping, and satisfaction. *Journal of Career Development*, 20, 1-15.
  21. Ægisdóttir, S., White, M.J., Spengler, P.M., Maugherman, A.S., Anderson, L.A., Cook, R.S. et al. (2006). The meta-analysis of clinical judgment project: Fifty-six years of accumulated research on clinical versus statistical prediction. *The Counseling Psychologist*, 34, 341-382.
  22. Ægisdóttir, S., Spengler, P. M., & White, M. J. (2006). Should I pack my umbrella? Clinical versus Statistical predictions of mental health decisions. A Major Contribution. *The Counseling Psychologist*, 34, 410-419.
  23. Kruczek, T. & Ægisdóttir, S. (2005). Adaptive coping in adolescent abuse survivors: An initial study of the solution Focused Recovery Scale. *Traumatology*. 11, 41-55.
  24. Gerstein, L.H., & Ægisdóttir, S. (2005). A Trip Around the World: A Counseling Travelogue! *Journal of Mental Health Counseling*, 27, 95-103.
  25. Ægisdóttir, S. & Gerstein, L.H. (2005). Reaching out: Mental health delivery outside the box. *Journal of Mental Health Counseling*, 27, 221-224.
  26. Ægisdóttir, S. & Gerstein, L.H. (2004). Icelanders' and U.S. nationals' expectations about counseling: The role of nationality, sex, and Holland's Typology. *Journal of Cross Cultural Psychology*, 35, 734-748.
  27. Einarsdóttir, S., Rounds, J., Ægisdóttir, S., & Gerstein, L.H. (2002). The Structure of Vocational Interests in Iceland: Examining Holland's and Gati's RIASEC models. *The European Journal of Psychological Assessment*, 18(1), 85-95.
  28. Whitley, B.E., Jr. & Ægisdóttir, S. (2001). The gender belief system, authoritarianism, social dominance orientation, and heterosexuals' attitudes toward lesbians and gay men. *Sex Roles*, 42, 947-967.
  29. Ægisdóttir, S. & Gerstein, L.H. (2000). Icelandic and American Students' Expectations About Counseling. *Journal of Counseling and Development*, 78, 44-53.

30. Ægisdóttir, S. Gerstein, L.H., & Gridley, B.J. (2000). The factorial structure of the Expectations About Counseling questionnaire: Some serious questions. *Measurement and Evaluation in Counseling and Development*, 33, 3-20.
31. Ægisdóttir, S. & Kristinsdóttir, H. (1991). Íslensk stödlun prófkvíðakvarða Spielbergers: Samband prófkvíða og námsvenja [Icelandic Standardization of Spielberger's Test Anxiety Inventory: Relationship Between Study Habits and Test Anxiety]. *Ársrit Sálfræðinema*, 1, 32-40.

### Manuscripts in Review

1. Lee, N., Spengler, E., Spengler, P., Ægisdóttir, S., & Hall, S. (In Review). Relationship Interventions to Improve Chronic Pain Outcomes: An Argument for the Use of Emotionally Focused Couple Therapy. *Journal of Marital and Family Therapy*.

### Books, Book Chapters, and Research Monographs:

1. Gerstein, L.H., Heppner, P.P., Ægisdóttir, S., Leung, S-M. A., & Norsworthy, K.L. (2012). *Essentials of cross-cultural counseling*. Thousand Oaks, CA: Sage.
2. Gerstein, L.H., Heppner, P.P., Ægisdóttir, S. Leung, S-M. A., & Norsworthy, K.L. (2012). A global vision for the future of cross-cultural counseling: Theory, collaboration, research, and training. In L.H. Gerstein, P.P Heppner, S. Ægisdóttir et al. (Eds.), *Essentials of cross-cultural counseling*, (pp. 227-249). Thousand Oaks, CA: Sage.
3. Gerstein, L.H., & Ægisdóttir, S. (2011). Internationalization of Counseling Psychology: Status and Implications for Research. In J.C. Hansen & E. Altmeier (Eds.), *Handbook of Counseling Psychology*, (pp. 873-913). New York, NY: Oxford University Press.
4. Gerstein, L.H., & Ægisdóttir, S. (2010). When is research cross-cultural? [Review of the book Cross-cultural research, by J. Delva, P. Allen-Meares, & S. L. Momper]. *PsycCRITIQUES*, 55 (50). doi: 10.1037/a0021851
5. Alexander, C.M., Ægisdóttir, S., Gerstein, L.H., Snyder, E., Kirkpatrick, D., O'Heron, Michael (et al.). (2010). Responding to hate on a college campus: The Stop Hate campaign and a multicultural climate assessment. In J.G. Ponterotto, Casas, J.M., Suzuki, L.A., & Alexander, C.M. (Eds.), *Handbook of multicultural counseling* (pp. 577-590). Thousand Oaks: Sage.
6. Ægisdóttir, S., & Gerstein, L.H. (2010). International counseling competencies: A new frontier in multicultural training. In J.G. Ponterotto, Casas, J.M., Suzuki, L.A., & Alexander, C.M (Eds.), *Handbook of multicultural counseling* (pp. 175-188). Thousand Oaks: Sage.
7. Gerstein, L.H., Heppner, P.P., Ægisdóttir, S., Leung, S-M. A., & Norsworthy, K.L. (2009). *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide*. Thousand Oaks, CA: Sage.
8. Gerstein, L.H., Heppner, P.P., Ægisdóttir, S., Leung, S-M. A., & Norsworthy, K.L. (2009). Cross-cultural counseling: History, challenges and rationale. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, A. S-M. Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 3-32). Thousand Oaks, CA: Sage.

9. Heppner, P.P., Ægisdóttir, S., Leung, S-M. A., Changming, D., Helms, J.E., Gerstein, L.H., & Pedersen, P.B. (2009). The intersection of multicultural and cross-national movements in the United States: A complementary role to promote culturally sensitive research, training, and practice. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, A. S-M. Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 33-52). Thousand Oaks, CA: Sage
10. Gerstein, L.H., Heppner, P. P., Stockton, R., Leong, F.T. L., & Ægisdóttir, S. (2009). The counseling profession in- and outside the United States. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, A. S-M. Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 53-67). Thousand Oaks, CA: Sage.
11. Norsworthy, K.L., Heppner, P.P., Ægisdóttir, S., Gerstein, L.H., & Pedersen, P.B. (2009). Exportation of U.S.-based models of counseling and counseling psychology: A critical analysis. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, A. S-M. Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 69-88). Thousand Oaks, CA: Sage.
12. Ægisdóttir, S., Gerstein, L.H., Leung, S-M.A, Kwan, K-L. K. & Lonner, W.J. (2009). Theoretical and methodological issues when studying culture. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, A. S-M. Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 89-109). Thousand Oaks, CA: Sage.
13. Ægisdóttir, S. & Einarisdóttir, S. (2009). In the crossing currents of United States and Scandinavia: Counseling and psychology in Iceland. In L. H. Gerstein, P. P. Heppner, S. Ægisdóttir, S-M. A. Leung, & K. L. Norsworthy (Eds.), *International Handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 311-319). Thousand Oaks, CA: Sage.
14. Gerstein, L.H., Heppner, P. P., Ægisdóttir, S., Leung, S-M. A. & Norsworthy, K.L. (2009). A global vision for the future of cross-cultural counseling: Theory, collaboration, research, and training. In L.H. Gerstein, P.P. Heppner, S. Ægisdóttir, A. S-M. Leung, & K.L. Norsworthy (Eds.), *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide* (pp. 503-522). Thousand Oaks, CA: Sage.
15. Ægisdóttir, S., Gerstein, L. H., & Bartee, J. (2008). Translation and Adaptation of Psychological Tests. In F. Leong et al., *Encyclopedia of Counseling, Volume One: Changes and Challenges for Counseling in the 21<sup>st</sup> Century*. Thousand Oaks, CA: Sage.
16. Nicholas, D.R., Ægisdóttir, S., Kruczek, T. (2007). Cultural and family issues. In M. J. Fisch & A. W. Burton (Eds.), *Cancer Pain Management* (pp. 163-175). NY, NY: McGraw-Hill.
17. Ægisdóttir, S. (2001). Icelanders' and Americans' expectations about counseling: Do expectations vary by nationality, sex, and Holland's Typology? (Doctoral dissertation, Ball State University, 2000). *Dissertation Abstracts International*, 61, 5547.
18. Steingrímisdóttir, L., Thorgeirsdóttir, H., & Ægisdóttir, S. (1994). *Hvad bordar íslensk æska? Könnun á mataræði ungs skólafólks 1992 – 1993* [What do Icelandic Children Eat: A survey of Dietary Habits of Icelandic School Children 1992-1993]. Reykjavík: Manneldisráð Íslands.

19. Steingrimsdóttir, L., Thorgeirsdóttir, H., & Ægisdóttir, S. (1992). *Könnun á mataræði Íslendinga: 2. Mataræði og mannlíf* [Dietary Habits of Icelanders: 2. Diets and Social Behaviors]. Reykjavík: Manneldisráð Íslands.
20. Ægisdóttir, S. & Einarisdóttir, S. (1992). *Hvernig framkvæma á rannsóknir í sálfræði* [How to perform Psychological Research: A Teaching Package]. Hafnarfjörður: Höfundar.
21. Kristinsdóttir, H., Ægisdóttir, S., & Haraldsson, E. (1991). *Prófkvíðakvardi Spielbergers (vidhorft til prófa): Handbók* [Spielberger's Test Anxiety Inventory (Attitudes Toward Tests): A test manual]. Reykjavík: Höfundar.
22. Steingrimsdóttir, L., Thorgeirsdóttir, H., & Ægisdóttir, S. (1991). *Könnun á mataræði Íslendinga: 1. Helstu niðurstöður* [Dietary Habits of Icelanders: 1. Main Results]. Reykjavík: Manneldisráð Íslands.

### Invited Professional Newsletter Articles

1. Ægisdóttir, S. (2007). Collaborate: Research on Icelanders' psychological help-seeking patterns. *Psychology International*, 18(5), 1-3.
2. Ægisdóttir, S. (2006). Psychology and Psychological Services in Iceland. *Newsletter: Division of Counseling Psychology of the International Association of Applied Psychology*, 3(3), 9-13.

### Other Areas of Scholarly Activity

1. Gerstein, L.H., & Ægisdóttir, S. (2005a). Guest Editors of Special Issue, Counseling around the world. *Journal of Mental Health Counseling*, 27, 95-184.
2. Gerstein, L.H., & Ægisdóttir, S. (2005b). Guest Editors of Special Section, Counseling Outside of the United States: Looking in and reaching out! *Journal of Mental Health Counseling*, 27, 221-281.

### Presentations

1. Ægisdóttir, S., Zhang, G., Hamilton, S., & Archilla, P., Yocum, L. (2024). Immersion to increase Cultural competence: An example from three courses. A symposium chaired at the Great Lakes Regional Conference in Counseling Psychology. Muncie Indiana.
2. Ægisdóttir, S., Zhang, G., Hamilton, S., & Archilla, P. (2023). *In the Land of Fire and Ice: A Cultural Immersion Course in Iceland*. A poster presented at the 2023 Annual Convention of the American Psychological Association. Washington DC.
3. Ægisdóttir, S. (2022). *International Immersion Program to Enhance Cultural Competence: Results from three trips*. A poster presented at the 2022 Annual Convention of the American Psychological Association. Poster presented virtually.
4. Ægisdóttir, S. (2022). *APA Division of International Psychology Fellows Talk*. A Symposium Chaired at the Virtual Annual Convention of the American Psychological Association.

5. Ægisdóttir, S. (2021). *APA Division of International Psychology Fellows Talk*. A Symposium Chaired at the Virtual Annual Convention of the American Psychological Association.
6. Ægisdóttir, S., Gerstein, L. H., Wada, K. (2020). *Decolonization and Indigenization in an International Context: Research in Counseling Psychology*. A Symposium presented at the Virtual Annual Convention of the American Psychological Association.
7. Ægisdóttir, S., Gosman, D., Wojtach, P., Hughes, R., & Stone, E. (2019). *Chinese BAPS: Cross Cultural Validation of the Beliefs About Psychological Services Scale in China*. A poster presentation at the Annual Convention of the American Psychological Association, Chicago, IL.
8. Ægisdóttir, S., Bellare, Y., Riswan, M., Hughes, R., Stone, E., Wojtach, P., & Gosman, D. (2019). *Indigenous or Professional: Health beliefs and help seeking in India and Pakistan*. A poster presentation at the Annual Convention of the American Psychological Association, Chicago, IL.
9. Wojtach, P., Glock, K. E., & Ægisdóttir, S. (2019). *Study abroad: Increasing multicultural competence*. A roundtable discussion at the National Multicultural Conference and Summit. Denver CO.
10. Ægisdóttir, S. (2019). *Cross-cultural competence: immersion course in Iceland*. A paper presentation at the Annual Conference of the Society of Cross Cultural Research. Jacksonville, FL.
11. Cannon, K., & Ægisdóttir, S. (2017). *Help-Seeking Beliefs, Illness Perceptions, and Empowerment among Psychiatric Inpatients*. A poster presented at the Annual Convention of the American Psychological Association, Washington, DC.
12. Ægisdóttir, S. (2017). *Enhancing Cross-Cultural Competence Through Immersion: A Trip to Iceland*. A Symposium chaired at the Great Great Lakes Regional Conferene in Counseling Psychology. Muncie, Indiana.
13. Ægisdóttir, S. (2017). *Why a Cultural Immersion Course? Theoretical, Empirical, and Pedagogical Foundation*. A symposium presentation at the Great Lakes Regional Conferene in Counseling Psychology. Muncie, Indiana.
14. Ægisdóttir, S. (2017). *Pakistani and Indian Adults' Mental Health Beliefs and Psychological Help Seeking*. A Symposium chaired at the Great Great Lakes Regional Conferene in Counseling Psychology. Muncie, Indiana.
15. Ægisdóttir, S., & Rizvan, M. (2017). *Psychological Help Seeking in Pakistan*. A presentation at the Great Great Lakes Regional Conferene in Counseling Psychology. Muncie, Indiana.
16. Bellare, Y., Wilson, H., Ægisdóttir, S., Kwon, H. (2017). *Healing the Healers: Addressing the Need for Self-Care among Counselors in Training*. Roundtable discussion at the Great Lakes Regional Conferene in Counseling Psychology. Muncie, Indiana.
17. Barnum, E. L., & Ægisdóttir, S. (2016). *The Effect of Gender Role Adherence and Attachment on Psychological Help-Seeking*. A Poster presented at the Annual Convention of the American Psychological Association, Denver, Colorado.

18. Cannon, K., & Ægisdóttir, S. (2016). *Help-Seeking Beliefs, Illness Perceptions, and Empowerment among Psychiatric Inpatients*. A poster presented at the Great Regional Conference on Counseling Psychology, Bloomington, Indiana.
19. Spengler, E. S., & Ægisdóttir, S. (2015). *Psychological help seeking attitudes of GL individuals: The role of sexual identity and perceived heterosexist attitudes in counseling*. A poster presented at the Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
20. Ægisdóttir, S. (2015). *Psychological help-seeking attitudes and intentions: A look from different angles*. A symposium chaired at the Great Lakes Regional Conference on Counseling Psychology, Muncie, Indiana.
21. Ægisdóttir, S., Walls, K., Mastroianni, E., & Choi, Y. (2014). *Intimate partner violence in Lesbian, Gay, Bisexual and Transgendered workshop: A program evaluation*. A symposium chaired at the Annual Convention of the American Psychological Association, Washington DC.
22. Ægisdóttir, S., & Choi, Y. (2014). *International students' experience of clinical supervision in the US*. A poster presented at the Annual Convention of the American Psychological Association, Washington DC.
23. Park, J., Ægisdóttir, S., & Young, S.S. (2014). *Korean men's psychological help seeking: A comparison between seekers and non-seekers*. A poster presented at the Annual Convention of the American Psychological Association, Washington DC.
24. Nigocki, K., & Ægisdóttir, S. (2014). *College women's experiences with sexual coercion*. A poster presented at the Annual Convention of the American Psychological Association, Washington DC.
25. Ægisdóttir, S., & Ciftci, A. (2014). *International students pursuing academic careers in the U.S*. A roundtable discussion facilitated at the American Psychological Association, Washington DC.
26. Ægisdóttir, S., & Ciftci, A. (2014). *Working beyond borders: Becoming a counseling psychologist with an international focus*. A roundtable discussion facilitated at the American Psychological Association, Washington DC.
27. Ægisdóttir, S. (2014). *Methodological Issues in Cross-Cultural Research*. A presentation in the symposium chaired by Ashley Hutchinson: From the Ivory Tower to Real World Practices at the Atlanta 2014 Counseling Psychology Conference, March 2014, Atlanta Georgia.
28. Ægisdóttir, S. (2014). *Community Outreach as a Social Justice Training Activity*. A discussant at a symposium Chaired by Alicia Harlow, Kathleen Nigocki, and Akaterini Psaroulou at the Atlanta 2014 Counseling Psychology Conference, March 2014, Atlanta Georgia.
29. O'Heron, M., & Ægisdóttir, S. (2014). *GLBT Counseling Self Efficacy*. A poster presented at the Atlanta 2014 Counseling Psychology Conference, March 2014, Atlanta Georgia.
30. Hurley, E. J., Gerstein, L. H., Ægisdóttir, S., & Holland, K. (2013). *Looking Inward: International Competencies, Psychological Services, and Asian International Students*. A poster presented at the Annual Convention of the American Psychological Association, 2013, Honolulu, Hawaii.



31. Ægisdóttir, S. & Niegocki, K. (2013). *International Students' Coping and Help Seeking*. A poster presented at the 38th Annual Conference of The Association for Women in Psychology. Salt Lake City, Utah.
32. Ægisdóttir, S. (2012). *Finding Cross-Cultural Competence Under the Midnight Sun: Immersion in Iceland*. A symposium chaired at the Annual Convention of the American Psychological Association, 2012, Orlando, FL.
33. Ægisdóttir, S. (2012). *A New Method to Explore Cross-Cultural Validity of Instruments*. A discussant in a symposium chaired by Lawrence H. Gerstein at the Annual Convention of the American Psychological Association, 2012, Orlando, FL.
34. Walker, L.R., Chan, J.Y., Fung, L.C., Gerstein, L.H., & Ægisdóttir, S. (2012). *Psychometric Properties of the Beliefs About Psychological Services Scale in Hong Kong*. A poster presentation at the Annual Convention of the American Psychological Association, 2012, Orlando, FL.
35. Walker, L.R., & Ægisdóttir, S. (2012). *Psychometric Properties of the Beliefs About Psychological Services Scale*. A poster presentation at the Annual Convention of the American Psychological Association, 2012, Orlando, FL.
36. Ægisdóttir, S. (2012). *Globalization Counseling Psychology: Special Task Group Report from 23 Countries*. A participant in a symposium co-chaired by Wang, L.F., & Nilsson, J. discussing psychology in Iceland at the Annual Convention of the American Psychological Association, 2012, Orlando, FL.
37. Ægisdóttir, S. (2012). *Mentoring and Supervising International Students: An Insider Perspective*. A presentation at the symposium: Mentoring International Students chaired by L. Gerstein and A. Hutchinson at the 2012 Regional Great Lakes Conference on Counseling Psychology, West Lafayette, IN.
38. Ægisdóttir, S. (2011). *Indigenous healing: Examples from Native American, Tibetan, and Indian Cultures*. A symposium chaired at the Annual Convention of the American Psychological Association, 2011, Washington, DC.
39. Ægisdóttir, S. (2011). *International Counseling Competencies*. A presentation in the symposium: Promoting international psychology education: *Training and cross-cultural competencies*, at the Annual Convention of the American Psychological Association, 2011, Washington, DC.
40. Hermannsdóttir, B. S., Ægisdóttir, S., & Gerstein, L. (2011). *Multicultural Competence and Motivation: Where Do Icelandic Psychologists Stand?* A poster presentation at the Annual Convention of the American Psychological Association, 2011, Washington, DC.
41. Kim, T.S., Gerstein, L.H., & Ægisdóttir, S. (2011). *Cross-Cultural Validity of Career Calling in Korea: Preliminary Research*. A poster presentation at the Annual Convention of the American Psychological Association, 2011, Washington, DC.

42. Ægisdóttir, S., Niegocki, K., & Adams, D. (2011). *Coping with the COPE: A tale of three studies on coping and psychological help-seeking*. A symposium (chair and presenter) at the 2011 Regional Great Lakes Conference on Counseling Psychology, Bloomington, IN.
43. O'Heron, M. P., & Ægisdóttir, S. (2011). *Preliminary analysis of predictors of lesbian, gay, and bisexual (GLB) counseling self-efficacy beliefs*. A poster presented at the 2011 Regional Great Lakes Conference on Counseling Psychology, Bloomington, IN.
44. Hutchinson, A., Claugher, K., Ægisdóttir, S., & Gerstein, L. H. (2011). *Culture and psychopathology: Issues in research methodology*. A discussant at a symposium at the 2011 Regional Great Lakes Conference on Counseling Psychology, Bloomington, IN.
45. Hurley, E., Turner-Essel, L., Gerstein, L.H., & Ægisdóttir, S. (2011). International training in counseling psychology programs: Past, present, and future directions. A discussant at a symposium at the 2011 Regional Great Lakes Conference on Counseling Psychology, Bloomington, IN.
46. Hutchinson, A., Gerstein, L.H., & Ægisdóttir, S. (2010). *Emotions, Gefühl, and Emición: Translating emotion around the world*. A poster presented at the Annual Convention of the American Psychological Association, San Diego, CA.
47. Ægisdóttir, S., & Gerstein, L.H. (2010). *Multiple languages and writing styles: Counseling professionals attempting communication worldwide*. A presentation in the symposium: Global activist scholarship: Opportunities and challenges of collaboration, at the Annual Convention of the American Psychological Association, San Diego, CA.
48. Gerstein, L.H., Ægisdóttir, S., Kim, J.H., & Chan, J. (2010). *Indigenization juxtaposed with globalisation: Status in Hong Kong, Iceland, and Korea*. A symposium presented at the 2010 Regional Great Lakes Conference on Counseling Psychology, Akron, OH.
49. Hutchinson, A., Gerstein, L.H., Ægisdóttir, S., Hermannsdóttir, B.S., Hurley, E., Kim, T.S. (2010). *Internationalizing counseling psychology: Challenges and solutions in three contexts*. A symposium Discussant at the 2010 Regional Great Lakes Conference on Counseling Psychology, Akron, OH.
50. Ægisdóttir, S. (2009). *Væntingar og viðhorf Íslendinga til sálfræðinga og sálfræðipjónustu [Icelanders' expectancies about and attitudes toward psychologists and psychological services]*. An invited presentation sponsored by the Department of Psychology at the University of Iceland, Reykjavik, Iceland.
51. Ægisdóttir, S. (2009). *Væntingar til sálfræðinga og sálfræðimeðferðar [Expectations about counseling and help seeking patterns of Icelandic and U.S. college students]*. An invited presentation for career counseling students at the University of Iceland, Reykjavik, Iceland.
52. Ægisdóttir, S. (2009). *Viðhorf Íslendinga til sálfræðinga og sálfræðimeðferðar [Psychological help seeking patterns of Icelanders: Attitudes, help seeking history, mental health, and intentions to seek psychological services]*. An invited presentation of the Annual Fall Meeting of the Icelandic Psychological Association, Reykjavik, Iceland.
53. Ægisdóttir, S. (2009). *Psychological help-seeking of Icelanders*. A symposium presentation at the Annual Great Lakes Conference on Counseling Psychology. Muncie, IN.

54. Ægisdóttir, S. (2009). *Culture in research: The insider, the outsider, or the go-between*. An invited presentation at the Annual Great Lakes Conference on Counseling Psychology, Muncie, IN.
55. Ægisdóttir, S., & Ghosheh, M. (2009). *An international perspective on counseling attitudes and expectations*. A poster presentation at the Annual Meeting of the American Psychological Association, Toronto, Canada.
56. Ægisdóttir, S., Einarsdóttir, S., & Hermannsdóttir, B.S. (2008). *Psychological Help-Seeking Patterns of Icelanders*. A poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
57. Ægisdóttir, S. (2008). *To Be or Not to Be? Counseling Psychology in Europe*. A presentation in the symposium: Counseling Outside the USA – What’s happening and What’s the Benefit, at the Annual Convention of the American Psychological Association, Boston, MA.
58. Chen, H.Y. & Ægisdóttir, S. (2008). *Chinese College Students’ Self-Construal, Social Beliefs, and Coping*. A poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
59. Ægisdóttir, S. & Einarsdóttir, S. (2008). *Crossing the Atlantic: Iceland – US Collaboration*. A presentation in the symposium: Building International Research Teams: Issues, Opportunities, and Challenges, at the 2008 International Counseling Psychology Conference, Chicago, IL.
60. Chen, H.Y. & Ægisdóttir, S. (2008). *Psychometric Properties of the Chinese Version of the Beliefs About Psychological Services scale (BAPS)*. A poster presented at the 2008 International Counseling Psychology Conference, Chicago, IL.
61. Choi, S.I. & Ægisdóttir, S. (2008). *Korean College Students Attitudes and Beliefs About Psychological Services*. A poster presented at the 2008 International Counseling Psychology Conference, Chicago, IL.
62. Ægisdóttir, S. (2008). *Counseling (and) Psychology in Europe: Examples from Iceland, Sweden, and Greece*. A symposium chaired at the 2008 International Counseling Psychology Conference, Chicago, IL.
63. Ægisdóttir, S. & Einarsdóttir, S. (2008). *Counseling and Counseling Psychology in Iceland*. A presentation in the symposium: Counseling (and) Psychology in Europe: Examples from Iceland, Sweden and Greece, at the 2008 International Counseling Psychology Conference, Chicago, IL.
64. Ægisdóttir, S. (2008). *Globalization and Indigenization of Counseling Psychology Around the World*. A roundtable discussion on Europe at the 2008 International Counseling Psychology Conference, Chicago, IL.
65. Ægisdóttir, S., Gerstein, L. H., Leung, S.M.A. & Lonner, W. (2008). *Methodological Issues in Cross-Cultural Research*. A presentation in the symposium: The Internationalization of Counseling: Assumptions, Challenges and Opportunities, at the 2008 International Counseling Psychology Conference, Chicago, IL.

66. Choi, S.I., & Ægisdóttir, S. (2007). *Korean College Students' Attitudes and Beliefs About Psychological Services*. A poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
67. Einarsson, S. & Ægisdóttir, S. (2007). *Icelandic Version of the Beliefs About Psychological Services Scale*. A poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
68. Spengler, P.M., White, M.J., & Ægisdóttir, S. (2007). *Experience and Clinical Judgment Accuracy: A Final Meta-Analysis*. A poster presented at the Annual Convention of the American Psychological Association, San Francisco, CA.
69. Ægisdóttir, S. & Einarsson, S. (2007). *A Collaboration Across the Atlantic: USA and Iceland*. A Symposium presentation (Collaboration in a Flat World) at the Annual Convention of the American Psychological Association, San Francisco, CA.
70. Ægisdóttir, S., & Gerstein, L.H. (2007). *Methodological Considerations in Cross-Cultural Research*. Symposium presentation (Challenges and Opportunities of Cross-Cultural Research and Practice) at the Annual Convention of the American Psychological Association, San Francisco, CA.
71. Ægisdóttir, S., & Chen, H.Y. (2007). *International Students' Coping Strategies, Adjustment, and Help Seeking Attitudes*. A Poster presented at the Annual Great Lakes Regional Conference of Counseling Psychology, Akron, OH.
72. Ægisdóttir, S., O'Heron, M., Haynes, S.A., Winstead, M. (2007). *Manipulation of Attitudes and Fears About Counseling*. A Poster presented at the Annual Great Lakes Regional Conference of Counseling Psychology, Akron, OH.
73. Gerstein, L. H., Kwan, K. L. K., & Ægisdóttir, S., (2006). *Extending the International Circle: A Call to Action and Collaboration*. Symposium presentation at the 23<sup>rd</sup> Annual Teachers College Winter Roundtable on Cultural Psychology and Education. New York, N.Y.
74. Gerstein, L. H., Chen, P. H., & Ægisdóttir, S. (2006). *Counseling Around the World (Co-Chair)*. Symposium presented at the Annual Convention of the American Psychological Association, New Orleans, LA.
75. Gerstein, L. H., & Ægisdóttir, S. (2006). *We're Going Global! Counseling Psychology's Contribution*. A roundtable discussion at the Annual Great Lakes Regional Conference of Counseling Psychology, West Lafayette, IN.
76. Ægisdóttir, S., Monteiro, I. M. S., Seyger, T. V., & Solberg, V. S. H. (2006). *Challenges for Counseling Psychology in Portugal, Iceland, and Italy*. Presenter in a symposium on Counseling Around the World at the Annual Convention of the American Psychological Association, New Orleans, LA.
77. Ægisdóttir, S., Brown, T. D., Olenick, S., Lightcap, S., Cleveland, A., Link, C., et al. (2006). *Attitudes Toward Mental Health Counseling using the BAPS*. A poster presentation at the Annual Convention of the American Psychological Association, New Orleans, LA.

78. Ægisdóttir, S., Chen, H. Y., & Cinarbas, D. C. (2006). *International Students' Coping Strategies, Adjustment, and Help-Seeking Attitudes*. A poster presentation at the Annual Convention of the American Psychological Association, New Orleans, LA.
79. Ægisdóttir, S., Canel, D., Raney, S., Dhanbhoora, K., Shankar, J., Alexander, C. (2005). *International and U.S. Students' Counseling Self-Efficacy and Career Goals*. A poster presentation at the Annual Convention of the American Psychological Association. Washington, DC.
80. Gerstein, L. H., Ægisdóttir, S., & Choi, S. I. (2005). A cross-cultural analysis of attitudes and expectations about counseling. Symposium presented at the 22nd Annual Teachers College Winter Roundtable on Cultural Psychology and Education. New York, N.Y.
81. Kruczek, T., Wright, D., Duffy, K., & Ægisdóttir, S. (April 2005). Efficacy of children's creative art therapy group. Paper presented at the Annual Great Lakes Conference, Bloomington, IN.
82. Choi, S., Ægisdóttir, S., & Gerstein, L.H. (2004). *An International Perspective on Attitudes and Expectations about Counseling*. A symposium presented at the Annual Great Lakes Regional Conference, Accountability in Graduate Training: Everything I Need to Know, Muncie, Indiana.
83. Gerstein, L.H., & Ægisdóttir, S. (2004). *Training International Change Agents: Transcending the North American Box!* A symposium presented at the 21. Annual Teachers College Winter Roundtable on Cultural Psychology and Education: Strategies for building cultural competence in psychology and education, Columbia University, New York, New York.
84. Ægisdóttir, S., Alexander, C., Canel, D., Raney, S., Dhanbhoora, K., & Shankar, J., (2004). *International and U.S. Students' Counseling Self-Efficacy and Career Goals*. A poster presentation at the Annual Great Lakes Conference, Muncie, IN.
85. Kruczek, T., Ægisdóttir, S. & Vitanza, S. (2003). *Childhood Adaptation to Sexual Trauma: Factor Analysis of a new Parent Rating Form*. A Paper presented as the 8<sup>th</sup> International Family Violence Research Conference, Portsmouth: New Hampshire.
86. Ægisdóttir, S. & Gerstein, L. (2003). *Beliefs About Psychological Services (BAPS): A Scale Development*. A poster presentation accepted at the Annual Convention of the American Psychological Association: Division 17 (Counseling Psychology), Toronto, Ontario, Canada.
87. Ægisdóttir, S. (2003). *A Trip Around the World: A Counseling Psychology Travelogue!* Discussant at a symposia presented at the Annual Regional Great Lakes Conference of Counseling Psychology, Kalamazoo: Michigan.
88. Ægisdóttir, S. (2003). *Do Counseling Expectations Vary by Nationality, Sex, and Holland's Typology?* A poster presentation accepted at the Annual Convention of the American Psychological Association: Division 17 (Counseling Psychology), Toronto, Ontario, Canada.
89. Ægisdóttir, S., Spengler, P.M., & White, M. (August, 2003). *The Meta-Analysis of Clinical Judgment Project (MACJ): Fifty-Six Years of Research on Clinical versus Mechanical Prediction*. A symposium accepted at the Annual Convention of the American Psychological Association: Division 17 (Counseling Psychology), Toronto, Ontario, Canada.

90. Spengler, P.M., White, M.J., Maugherman, A., Ægisdóttir, S., Anderson, L., Rush, J., et al. (2002). *Race Bias in Clinical Judgment: A meta-Analysis*. Poster presented at the meeting of the American Psychological Association, Chicago, IL.
91. Spengler, P.M., White, M.J., Maugherman, A., Ægisdóttir, S., Anderson, L., Rush, J., & Lampropoulos, G. K. (2000). *Mental health clinical judgment meta-analytic project: Summary 1970-1996*. Paper presented at the meeting of the American Psychological Association, Washington, DC.
92. Ægisdóttir, S. & Gerstein, L.H. (1999). *Beliefs About Psychological Services: A new Measure*. Poster session presented at the 107<sup>th</sup> Annual Convention of the American Psychological Association, Boston, Massachusetts.
93. Ægisdóttir, S. (1999). Clinical Judgment Research is Finally Analyzed by Meta Analysis: Clinical versus Statistical Prediction. In G. J. Meyer (Chair), *Clinical Judgment: Results from Two Independent Meta-Analyses*. An invited presentation at a symposium at the Annual Scientific Exchange and Workshops of the Society of Personality Assessment (SPA), New Orleans, LA.
94. Spengler, P.M., White, M.J., Ægisdóttir, S., Maugherman, A., Anderson, L., Rachal, K.C., et al. (1999). *The Mental Health Clinical Judgment Meta-Analytic Project*. Paper presented at the annual meeting of the Great Lakes Regional Conference, Columbus Ohio.
95. Ægisdóttir, S. & Gerstein, L.H. (1998). *The Factorial Structure of the Expectations About Counseling Questionnaire: Some Serious Questions*. Poster session presented at the 106<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, California.
96. Ægisdóttir, S. & Maugherman, A. (1998). *Clinical versus Statistical Prediction: Discussion of an Old Paradigm in a New Light*. In P. M. Spengler (Chair), *Clinical Judgment is Finally Analyzed by Meta-Analysis*. A symposium presented at The 106<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, California.
97. Valtinson, G., Ægisdóttir, S., Humeidan, M., & Medler, B. (1997). *Reducing Prejudice Towards Bisexuals*. Poster Presented at the 105<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, Illinois.
98. Altareb, B., Ægisdóttir, S., Fraser-Mills, K., Humeidan, M., Kagee, A., Koffman, S., Medler, B., Pfaller, J., & Zhang, N. (1996). *Diversity Within Our Midst: How Who We Are Shapes Counseling*. Symposium conducted at the ninth annual Great Lakes Conference of the American Psychological Association, Ball State University, Muncie, Indiana.
99. Nichols, C., Walker, B., Cook, R., & Ægisdóttir, S. (1996). *Twenty-Three Years of Clinical Judgment Biases: A Meta-Analytic Project*. Poster session presented at the 104<sup>th</sup> annual convention of the American Psychological Association, Toronto, Ontario, Canada.
100. Ægisdóttir, S. (1996). *Attitudes Toward Seeking Psychological Help: A Scale Development*. Poster session presented at the ninth annual Great Lakes Conference of the American Psychological Association, Ball State University, Muncie, Indiana.
101. Spengler, P.M., White, M., & Ægisdóttir, S. (1995). *Meta-analysis of counselor experience and judgment accuracy*. 20 years of research. In P.M. Spengler (Chair), *Experience, expertness and*

clinical judgment accuracy: 20 years of debate. Symposium presented at the meeting of the American Psychological Association, New York, NY.

102. White, M., & Ægisdóttir, S. (1995). *Meta-Analysis of Counselor Experience and Judgment*. A paper presented at the American Psychological Association, New York.
103. Ægisdóttir, S. & Kristinsdóttir, H. (1990). *Íslensk stödlun prófkvíðakvarda Spielbergers og samband prófkvíða og námsvenja* [The Translation and Standardization of the Test Anxiety Inventory and its Relationship with Study Habits]. An invited poster presentation at the University of Iceland's Honorary Presentation at the 1990's celebration of the Icelandic Liberation Day, Reykjavik Iceland.

### **Grants, Honors and Awards**

- |                         |  |
|-------------------------|--|
| <b>8/2015</b>           | <b>Henry Davis International Psychology Mentoring Award (Division 52, International Psychology).</b>   |
| <b>8/2015</b>           | <b>Fellow American Psychological Association (Division 17, Society of Counseling Psychology)</b>   |
| <b>8/2013</b>           | <b>Fellow American Psychological Association (Division 52, International Psychology).</b>  |
| <b>4/18 2012</b>        | <b>Ball State University, Department of Counseling Psychology's 2012 Research Award.</b><br>For research conducted since hired at Ball State University.   |
| <b>3/11 2010</b>        | <b>Ursula Gielen Global Psychology Book Award.</b><br>Received for: Gerstein, L.H., Heppner, P.P., Ægisdóttir, S., Leung, S-M. A., & Norsworthy, K.L. (2009). <i>International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide</i> . Thousand Oaks, CA: Sage, which was considered the most significant and fundamental contribution to psychology as a global discipline in 2010. |
| <b>10/05 - 12/08</b>    | <b>External Research Grant from RANNIS (The Icelandic Research Fund).</b><br>A 3-year research grant for 4.000.000,00 IKR (~\$50,000 – 70,000) to investigate psychological help-seeking patterns of Icelanders. Co-author: Sif Einarsdóttir, Ph.D. University of Iceland.   |
| <b>9/05</b>             | <b>Ball State University: International Faculty Development Fund.</b><br>Received \$1,000 to travel to Iceland and collect information about the Icelandic Youth Work-School Program.  |
| <b>5/03</b>             | <b>Ball State University: Office of Academic Research and Sponsored Programs.</b><br>New faculty research grant of \$1,293 to continue examining the validity and reliability of the Beliefs About Psychological Services Scale (BAPS).  |
| <b>4/01</b>             | <b>Ball State Alumni Association.</b><br>Distinguished Dissertation Award. Awarded the author of best dissertation from Ball State University for the year of 2000.  |
| <b>12/00 &amp; 7/95</b> | <b>Ball State University, Graduate School.</b>   |

Dean's Citation for Academic Excellence in Pursuit of a Doctor of Philosophy in Counseling Psychology, and Masters of Art in Community Counseling.

- 3/00 & 3/99 Dean of Graduate School, Ball State University.**  
Listed as one of the "recognizable" graduate students at Ball State University during the 1999-2000, 1998-1999 academic years.
- 3/99 Ball State University, Office of Academic Research and Sponsored Programs.**  
Travel grant to help finance travel to SPA's annual convention in New Orleans for an invited presentation of results of the meta-analysis: Clinical versus Mechanical Prediction.
- 3/99 Ball State University, Teachers College.**  
Travel grant to help finance travel to SPA's annual convention in New Orleans for an invited presentation of results of the meta-analysis: Clinical versus Mechanical Prediction.
- 7/93 – 9/98 Fulbright Scholarship, Icelandic Fulbright Commission.**  
A travel grant, J-Visa, and medical coverage while pursuing graduate studies at Ball State University.
- 6/98 – 8/98 Ball State University, Teachers College.**  
Lyell-Bussel summer research fellowship, awarded to pursue research on the meta-analysis of clinical versus statistical judgment research.
- 6/97 – 8/97 Ball State University, Teachers College.**  
Lyell-Bussel travel grant, awarded to help finance travel to APA's annual convention in San Francisco to present research results of the factorial structure of the EAC-B.
- 6/97 – 8/97 Ball State University, Teachers College.**  
Lyell-Bussel summer research fellowship, awarded to pursue research of the factorial structure of the EAC-B.
- 4/94 Ball State University, Office of Academic Research and Sponsored Programs.**  
A research grant awarded to pursue cross-cultural research on Icelandic and American students' expectations about counseling.

### Other Research

- 9/98 – 6/99 Ball State University: Dean of Teachers College: Research Assistance and Consultation.**  
Program evaluation and research program development for evaluating education programs at Ball State University.
- 1/94 – 8/95 Ball State University: Office of Academic Assessment and Institutional Research: Assistant research analyst.**  
Administered tests and surveys, prepared data for statistical analysis, and conducted statistical analysis of data.
- 9/89 – 12/95 The Icelandic Ministry of Health & the Icelandic Nutrition Council: Research Analyst.**



The sole data analyst of two major federally funded research projects of the dietary habits of Icelanders and the dietary habits of Icelandic school children.

**8/90 – 7/93 "Freelance" Research Analyst and Consultant in various Icelandic research projects:**

- (1) *Bullying among 4th - 10th Grade Elementary Students in the Reykjavík Schools.* For the Educational Agency in Reykjavík Iceland and the School Psychology Agency in Reykjavík, Iceland.
- (2) *The Relation Between Dietary Habits and Osteoporosis Among Women in Menopause.* For Dr. Med. Gunnar Sigurdsson head physician at the City Hospital in Iceland (Borgarspítalinn í Reykjavík).
- (3) *Dietary Habits of Icelandic Athletes.* For Mr. Jón Gíslason the Director of the Environmental and Food agency of Iceland.
- (4) *Government Bonds Subscribers' Attitudes Toward the Subscribing System and Service.* For the National Debt Management Agency of Iceland.

**TEACHING**

**8/13 – Pres. Ball State University: Professor**

***Courses:***

Appraisal Methods in Counseling (MA)  
Advanced Research Methods in Counseling Psychology (Ph.D.)  
Introduction to Clinical Mental Health Counseling (MA)  
Program Development and Evaluation (MA & Ph.D.)  
Practicum in Counseling (MA)

**8/08 – 6/13 Ball State University: Associate Professor**

***Courses:***

Appraisal Methods in Counseling (MA)  
Research Methods in Counseling and Guidance (MA)  
Advanced Research Methods in Counseling Psychology (Ph.D.)  
Introduction to Clinical Mental Health Counseling (MA)  
Program Evaluation (MA & Ph.D.)  
Practicum in Counseling (MA)

**5/02 – 8/08 Ball State University: Assistant Professor**

***Courses:***

Appraisal Methods in Counseling (MA)  
Theories and Techniques in Group Counseling (MA)  
Career Theories and Realities (MA & Ph.D.)  
Objective Personality Appraisal (Ph.D.)  
Research Methods in Counseling and Guidance (MA)  
Introduction to Community and Mental Health Counseling (MA)  
Program Evaluation (MA & Ph.D.)  
Field Internship in Counseling (MA)

***Doctoral Dissertations Chaired***

1. Bo Yang (Current)
2. Luke Slater (Current)
3. Aiden Brillhart (Current)
4. Katie Krupica (Current)
5. Luke Montgomery (Current)
6. Lauren Yocum (Current)
7. Liza Cohen (Current)
8. Chelsey Parker (2024)
9. Anthony Pacifico (Current)
10. Guolin Zhang (Current)
11. Flor Valdes (2025)
12. Allison Blake (2025)
13. Bryan Shurigar (2024)
14. Paulina Wojtach (2022)
15. Derek Gosman (2021)
16. Rebecca Hughes (2021)
17. Kevin Cannon (2019)
18. Rachael Collins (2019)
19. Tacianna Indovina (2018)
20. Lauren Pucci (2017).
21. Gunnar O. Ingolfsson (2017).
22. Bjorg S. Hermannsdottir (2014).
23. Kathleen Niegocki (2014).
24. Mona Ghosheh (2012).
25. Joel Hartong (2011)
26. Michael O'Heron (2011)
27. Scott Olenick (2011)
28. Terry D. Brown (2011)
29. Hong Ying Chen (2009)
30. Deniz Canel-Cinarbas (2007)

***Doctoral Dissertations Cognate Representative***

1. Quianhan Xiong (Research Methods, Current)
2. Cali Willaman (Assessment, Current)
3. Huda Algahtani (Counseling, 2025 [Ed. Psy])
4. Brandon Miller (Research Methods, Current)
5. Eric Collins (Counseling, 2023 [Ed. Psy])
6. Mengquin Shang (Diversity, 2025)
7. Kailah Glock (Assessment, 2022)
8. Miranda Dean (Assessment, 2019)
9. Yuye Zhang (Diversity, 2021)
10. Lindsey Rye (Counseling, current [Ed. Psy])
11. Pia Nathani (Diversity, 2019)
12. Nathan Walters (Assessment, 2019)
13. Aaron Esche (Assessment, 2016)
14. Yamini Bellare (Diversity, 2018)
15. Emily Mastroianni (Social Justice, 2016)
16. Yuri Choi (Diversity, 2016)
17. Emily Barnum (Diversity, 2016)

18. Matthew Jackson (Assessment, 2015)
19. TaeSun Kim (Social Justice, 2015)
20. Juno Park (Diversity, withdrew)
21. Erica Hurley (Diversity, 2014)
22. Ashley Hutchinson (Diversity, 2013)
23. Yueh Ching (Couples and Family, 2012)
24. Heather Wood (Assessment, 2012)
25. Kirk Stage (Counseling, 2011)
26. Elizabeth Sellers (Diversity, 2011)
27. Jane Roskowski (Assessment, 2010)
28. N. Vance Jackson (Social Psychology, 2009)
29. Kimberly Ward (Counseling, 2009)
30. Jamie Anderson (Counseling, withdrew)

***Doctoral Dissertations Floor Representative***

1. Imani Linton (Current)
2. Madison Pavone (Current)
3. Mia Tabberson (2023)
4. Shae Philyaw (Current)
5. Claire Dugan (2025)
6. Michaela Holloway (2025)
7. Lexi Elsner (2024)
8. Aashna Banerjee (2025)
9. Charles Hunt (2022)
10. Emily Boshwell-Strain (2025)
11. Marlenne Devia (Withdrew)
12. Ajasha Long (2021)
13. Hunter Sully (2020)
14. Chad Sims (2020)
15. Frank Carr (2020)
16. Rebecca Kinsey (2018)
17. Laura Walker (2014)
18. John McConnell (2012)
19. Chris Modica (2012)
20. Dustin Shepler (2012)
21. Nazar Seyala (2010)
22. Seong-In Choi (2008)
23. Shonali Raney (2007)
24. Alicia Ordonez (2003)

***Doctoral Dissertations BSU Outside Representative***

1. Alison Winiarski (School Psychology, Current)
2. Kassie Shellaberger (School Psychology, 2024)
1. Charles Reader (Music, 2013)

***Masters Theses Chaired***

1. Taylor Walrath (2012)
2. Kathleen Niegocki (2010)
3. Laura Walker (2010)

4. Sarah Lightcap (2006)
5. Jennifer A Norman (2004)

### ***Masters Theses Member***

1. Grace DiVincenzo (Sports and CMHC dual, current)
2. Allyson Meehan (Sports and CMHC dual, current)
3. Liza Cohen (Clinical Psychology, 2023)
4. Alicia Derogracias (Sport Psychology, 2019)
5. Jorge Ballesteros (Sport Psychology, 2016)
6. April Krowel (2012)
7. Joshua Terhune (2012)
8. Emily Barnum (2012)
9. Jennifer Lape (Sport Psychology, 2012)
10. Matthew Jackson (2011)
11. Jennifer Laudin (Landscape Architecture, 2011)
12. David Adams (2010)
13. Jenny G. Olson (Social Psychology, 2009)

### **Outside Reviewer (Opponent) of Dissertation Defenses at Universities**

- 01/25- Pres. Stellenbosch University, S Africa.** Abdelrahman Elmahadi Gasim Badri (Current). *Exploring Local Idioms of Distress Among Sudanese Youth Who Witnessed the Sit-In Massacre: Developing the Khartoum Distress Scale*. Chair: Kagee A.
- 04/24- Pres. Michican School of Psychology.** Ethan Reischling (Current). *Promoting Men's Psychological Help-Seeking Attitudes Using Male-Sensitive Messages*. Chair: D. Shepler
- 05/24-25 Stellenbosch University, S Africa.** McGowant, T. C. (2024). *Task-shifting to increase well-being among first-year university students: effect of a self-directed digital MBSR intervention*. Chair: Kagee A.
- 10/22 University of Akureyri, Iceland.** Thorvaldsdottir, K. B. (2022). *Understanding and Measuring Barriers to Help-Seeking after Trauma: Survivor-Centered Mixed Methods Validation Study*. Committee Members: S. Halldórsdóttir, D. M. Saint-Arnault, & S. Sigurðardóttir.

### **Clinical Supervision**

- 8/02 – Pres. Ball State Practicum Clinic: Clinical Supervision**  
Provide clinical supervision to 1 – 5 doctoral student residents providing individual, couples, and family counseling to clients at the Ball State Counseling Practicum Clinic, Muncie, IN.
- 8/15 – Pres. Supervision of Clients' Psychological Assessment**  
Provide mentoring and supervision of doctoral students performing integrated psychological assessment of their clients through the BSU Counseling Practicum Clinic, Muncie IN. This involves working with students selecting instruments, guiding administration, and report writing. I do this on a needs basis.

- 8/14 – 7/15 Ball State Counseling Practicum Clinic: Group Supervision**  
Provide clinical supervision of students providing psycho-educational programs to Veteran prisoners at Indianapolis Reentry Education Facility (IREF).
- 8/14 – 6/15 Ball State Counseling Practicum Clinic: Group Supervision**  
Supervise program development and implementation of a psycho-educational program on spousal abuse and codependency among women residents and the Muncie YWCA.
- 8/02 – 8/11 Ball State University: Teaching Supervision**  
Provide supervision to 2 doctoral students instructing Introduction to multicultural counseling (undergraduate) offered through the Department of Counseling Psychology, Ball State University.
- 1/00 – 5/00 Ball State University: Contract Instructor**  
Research in Counseling and Guidance (MA).
- 1/97 – 5/98 Ball State University: Assistant Teacher.**  
Research in Counseling and Guidance (MA).  
Supervisor: Lawrence H. Gerstein, Ph.D.
- 8/96 – 5/98 Ball State University: Instructor.**  
Introduction to Multicultural Counseling (Undergraduate).
- 8/95 – 5/96 Ball State University: Instructor.**  
Human Relationship Development (Undergraduate).
- 1/91 - 5/91 Menntaskólinn vid Hamrahlíd, Iceland: Instructor.**  
**& 1/93 - 5/93** Introduction to Social Psychology (Junior College).
- 9/90 – 12/90 University of Iceland: Assistant Teacher.**  
Work Skills in Psychology (Undergraduate).  
Facilitated a group of 20 students, developed and graded assignments relevant to reporting research results and writing research articles following APA style.

## **SERVICE**

### **Counseling Service**

- 1/15 – Pres. The Briarwood Clinic, Muncie, Indiana: Psychologist.**  
Provide psychological services and psychological evaluations for adolescents, adults, couples and families. Provide fitness for duty evaluation for law enforcement upon request and psychological assessment for the courts as requested.
- 7/00 – 5/02 Youth Opportunity Center, Delaware County Juvenile Services Center: Post-Doctoral Intern.**  
Provided individual, group, and family counseling for detainees at the Delaware County Detention Center. Assessed counseling needs and designed treatment plans. Performed mental status evaluations of detainees for the courts as well as formal diagnostic/

psychological testing. Developed and implemented counseling / psychoeducational programs for post-adjudicated juveniles. Lead groups for detainees, both support groups and specific psychoeducational topic groups.  
Supervisors Lynn Mucha, Ph.D. HSPP & Susan Spencer, Ph.D., HSPP

- 6/99 – 6/00 Youth Opportunity Center, Delaware County Juvenile Services Center: Pre Doctoral Intern (APPIC approved internship).**  
Same as above.  
Supervisors: Lynn Mucha, Ph.D., HSPP, & Barbara Below, Ph.D.
- 8/98 – 5/99 Ball State University Counseling & Psychological Services Center: Counselor.**  
Provided Counseling to Ball State University college students and served on an outreach team focusing on relationships. Completed psychosocial histories, diagnosis, and treatment plans.  
Supervisor: Joseph Abhold, Ph.D., HSPP.
- 8/95 – 7/98 Ball State University Practicum Clinic: Supervisor & Counselor.**  
Provided supervision to Master's level counselors. Provided counseling services for individuals, couples, and families residing in Muncie Indiana and surrounding communities. Completed psychosocial histories, diagnosis, and treatment plans. Received individual supervision by a faculty member one hour a week.  
Supervisors: Sharon Bowman, Ph.D., HSPP & David Dixon, Ph.D., HSPP.
- 5/96 – 8/97 Ball Memorial Hospital, Muncie Indiana, Radiation Oncology: Counselor.**  
performed psychosocial screening interviews for patients receiving radiation treatment. Received group supervision for one-and-one-half-hour weekly.  
Supervisor: Don Nicholas, Ph.D., HSPP.
- 1/96 – 5/96 Ball State University Practicum Clinic: Counselor & Staff member.**  
A member of the clinic staff, which included administration, screening telephone calls from prospective clients and making referrals if necessary, doing intake evaluations, and writing assessment reports.  
Supervisor: Don Nicholas, Ph.D., HSPP.
- 1/95 – 8/95 Comprehensive Mental Health Services, Muncie Indiana: Counseling Intern (MA).**  
Provided outpatient therapy for individuals, couples, families, and groups in the Muncie community. Received individual supervision at the site by Barbara Sells ACSW (1/95 – 7/95) for one hour a week and group supervision with other interns as well as from faculty at Ball State University one-and-one-half-hour weekly.  
Supervisors: Paul Spengler, Ph.D., HSPP (1/95 – 5/95) and Bob Hayes, Ph.D. (5/95 – 7/95).
- 1/94 – 7/94 Ball State University Practicum Clinic: Counselor.**  
Provided individual, marital, and family counseling to individuals in Muncie Indiana and surrounding communities. Participated in weekly staffing, performed case presentations, completed psychosocial histories, diagnosis, and treatment planning. Received one-hour supervision weekly by a doctoral student in counseling psychology as well as supervision by faculty members and one-and-one-half-hour group supervision weekly:

Supervisors: Don Nicholas, Ph.D., HSPP (1/94 – 5/94) and Roger Hutchinson, Ed.D. (5/94-7/94).

### Professional Service

#### Ball State University:

##### *Department*

- 8/12 – Pres. Program Director: BSU CPSY Clinical Mental Health Counseling MA program.**
- 1/25 – Pres. Program Director: BSU CPSY Social Psychology & Clinical Mental Health Counseling MA program.**
- 8/11 – 8/12 Interim Program Director: BSU CPSY Clinical Mental Health Counseling MA Program.**
- 8/17 – Pres. Personnel Committee: Member.**
- 8/14 – 5/16** Involved in the selection of department faculty job candidates and the interview process.
- 8/02 – 5/11**
- 8/12 – 5/13**
- 8/13 – Pres. Clinic Training Advisory Committee.**
- 8/11 – Pres. Graduate Studies Committee.**
- 8/11 – Pres. Masters Advisory Training Committee: Chair.**  
Review and screened files of MA applicants, select candidates for admission into the Clinical Mental Health Counseling Program, and take part in programmatic training decision.
- 8/15 – Pres. Portfolio Committee**  
Review and evaluate Doctoral students' practice and professional development portfolio.
- 8/16 – Pres. Promotion and Tenure Committee: Member and Chair (2010-2011 & 2015-2018).**
- 8/02 – 8/03** Reviewed notebooks and involved in making promotion and tenure decision for
- 8/08 – 8/12** departmental tenure track faculty as well as annual review and changes to the department P&T document. As a chair, ran P&T meetings and completed documentation/letters required of the committee chair.
- 8/02 – 2012. Computer Competency Committee: Member and Chair**  
Selected and graded computer competency exams (use of statistical packages to test hypotheses and examine empirical research questions) administered to doctoral students to assess their computer competency.
- 8/02 – 8/08 Multicultural Programming Committee: Chair (8/03 – 8/08).**  
Directed and took part in multicultural committee functions, including coordinating student poster presentation day, annual luncheon on multicultural day, and programmatic issues relevant to departmental multicultural climate issues.
- 8/02 – 8/11 Doctoral Training Committee: Member.**

**2014-2015** Review and screened files of doctoral applicants, participated in selecting candidates to be invited for an interview with faculty, and take part in programmatic training decision.

***University***

**8/24 – Pres. Fullbright Award Selection Committee. Ball State University.**

**8/24-10/24 Strategic Planning: Scholarship and Societal Impact Working Group Member**

**8/16 – 5/18. College of Health P&T Committee.**

**8/16 – Pres. College of Health Graduate Curriculum Committee.**

**8/16 – 5/18. College of Health P&T Appeals Committee.**

**11/12 – 4/17. Ball State University Senate: CPSY department representative.**

**11/12 – 4/17. Ball State University Faculty Council: CPSY department representative.**

**8/11 – 5/14 Joseph W. and Marcella S. Hollis Fund: Review board member.**  
Reviewed and participated in decisions regarding student and junior faculty request for research funding.

**8/08 – 8/11 Ball State University's Institutional Review Board (IRB): Member**  
Reviewed and participated in decisions regarding ethical compliance of research performed by BSU students and faculty.

**7/07 – 1/08 Multicultural Climate Assessment of the BSU Athletics Department.**  
Commissioned by BSU President Dr. Jo Ann Gora to co-direct an assessment of the multicultural climate in the BSU Department of Intercollegiate Athletics. Performed design of assessment procedures, data collection, data analysis, and report writing.

**8/05 – 7/06 Ball State University Cohen Peace Studies Grant: Proposal Reviewer.**

**8/03 – 8/05 Ball State University Teachers College Technological Committee: Member.**

**9/96 – 9/99 Ball State University Diversity Institute: Student Representative.**

**Regional, National and International**

**1/25 – Pres. Chair, Henry David International Mentoring Award.**

**1/20 – 1/24. Chair: APA Division 52 Fellows Committee**

**8/16 – 12/19. Vice President for Communications and Publications, APA (American Psychological Association) Division 52 executive board (International Psychology). Elected Position.**



- 8/18 – 2021. International Committee Member, ACA (American Counseling Association). ACA President Appointed.**
- 8/18 – 1/20. APA Division 52 Fellows Committee.**
- 1/15 – 8/16. Chair Mentoring Committee, APA International Psychology Division (Div. 52). DIV. 52 President Appointed.**
- 8/23 – 4/24 Steering Committee and Chair of Program Committee: 2015 Great Lakes Regional  
8/14 – 4/15 Conference in Counseling Psychology: Ball State University.**
- 8/11 – 2014. Workshop development, liaison, and supervision of MA and Ph.D. students delivering psychoeducational workshops to clients and staff at the Eastern Indiana WorkOne ([www.work-one.org](http://www.work-one.org)).**
- 8/11 – 8/14. Co-Chairing Membership Committee of the International Section of the Society of Counseling Psychology (Div. 17) of the American Psychological Association. An elected position.**
- 8/11 – 8/12. Special Task Force Member: Society of Counseling Psychology (Division 17, American Psychological Association). Investigating how provision of counseling psychology is influenced by culture and political system around the world.**
- 12/10 Program Committee Member: International Psychology (Division 52, American Psychological Association). Reviewed submitted proposals for the APA Annual Convention.**
- 9/95 – 4/96 Planning and Program Committee for the Ninth Annual Great Lakes Regional Conference of the Society of Counseling Psychology of the American Psychological Association, held at Ball State University, Muncie Indiana: Student Member.**
- 1/08 – 12/10 Editorial Board member: *The Counseling Psychologist*.**
- 1/02 – 8/09 Editorial Board member: *Journal of Mental Health Counseling*.**
- 8/06 – 8/09 Editorial Board member: *Journal of Counseling and Development*.**
- 10/07 – 10/08 Special Task Force Member: Society of Counseling Psychology (Division 17, American Psychological Association). Investigated the feasibility of translating journal abstracts of *The Counseling Psychologists* into foreign languages.**
- 9/99 – Pres. Ad Hoc reviewer (on a request basis):**  
*BMC Public Health*  
*Discover Mental Health*  
*American Psychologist*  
*Journal of Counseling Psychology*  
*Journal of Counseling and Development*.  
*The Counseling Psychologist*.  
*International Perspectives in Psychology: Research, Practice, Consultation*.

*Psychological Test Adaptation and Development.*  
*Uppeldi og Menntun* (an Icelandic journal).  
*Journal of Cross-Cultural Psychology.*  
*Counseling Psychology Quarterly.*  
*Journal of Forensic Psychology Practice.*  
*Psychological Reports & Behavior and Motor Skills.*  
*Measurement and Evaluation in Counseling and Development.*  
*Journal of Homosexuality.*  
*Journal of Mental Health Counseling.*  
*Háskólaútgáfan* (University of Iceland Press).

- 12/08 – 12/10 Program Committee Member: International Psychology** (Division 52, American Psychological Association). Reviewed submitted proposals for the APA Annual Convention.
- 8/04 – 8/08 Program Committee Member: Society of Counseling Psychology** (Division 17, American Psychological Association). Reviewed submitted proposals for the APA Annual Convention.
- 8/05 – 8/06 Task Force Member: Society of Counseling Psychology** (Division 17, American Psychological Association). International Task Force.
- 12/05 Reviewer: Midwestern Association of Graduate Schools (MAGS)** 2005 Distinguished Master's Thesis Award Committee.
- 1/04 – 4/05 Co-Guest Editor (w/Dr. L.H. Gerstein): Special Issue: *Journal of Mental Health Counseling*.**
- 1/04 – 7/05 Co-Guest Editor (w/Dr. L.H. Gerstein): Special Section: *Journal of Mental Health Counseling*.**

### Professional Membership

- 9/93 – Pres.** American Psychological Association (APA)  
 • Society of Counseling Psychologists, Division 17 APA; Fellow  
 • International Psychology, Division 52 APA;
- 09/17 – Pres.** American Counseling Association
- 1/25 – Pres.** Indiana Psychological Association
- 1/02 – 12/11** International Association of Cross-Cultural Psychology (IACCP)
- 1/99 – 1/09** American Mental Health Counselor Association (AMHCA)
- 1/02 – 1/09** International Association of Applied Psychology (IAAP)
- 8/06– Pres** Licensed Psychologist in Indiana (# 20042122A).
- 11/2011-Pres.** HSPP (Health Service Provider in Psychology) endorsement in Indiana.

### Recent Workshops and Additional Training Attended

Gottman Method Couples Therapy, Levels I & II  
 CAMS – Care, Suicide assessment and focused care training: *Certified*

## The Cortina Method for working with trauma. 3 hour CE workshop

Revised Jan 2026