

Fall Student Newsletter

OCTOBER 2021

Letter from the Chair

This year feels so different than Fall 2020. For most of the last year, campus resembled perpetual summer school; our new building echoed with the empty hallways, while the campus presence was sparse. In contrast, there are people everywhere this fall, and numerous IN-PERSON social functions. The seating areas throughout our building are again being used on a regular basis. All of the faculty have been in the building this semester, which is an almost-new experience for many of them (we were kicked out of the building so quickly at the beginning of Covid that we barely had time to get used to our space). I even saw some of our students playing in the freshly laid dirt between our building and the new Foundational Science building just south of HB last month. Admittedly, it is hard to recognize people in real life, all masked up, when I am used to seeing them onscreen and mask-less. Even so, it is wonderful to be working on a “real” campus again.



Covid remains a real, and dangerous, presence in our community. BSU continues to require masks on campus, including in the classroom, and we are social distancing as best we can. The Practicum Clinic continues to offer telehealth sessions ONLY this semester; I don't yet know about spring 2022. Many of us who never thought we would provide virtual clinical services now swear by it. I have no doubt this treatment modality is here to stay. Similarly, learning to understand an instructor and/or students behind a covid mask, or learning how to effectively run in-person research labs, or even how to navigate social interactions with new peers, will continue to be part of our reality. Like most of you, I am tired of wearing masks all the time, but I am also tired of staring into zoom meetings. Yet, here we are. Be safe, be patient, and be compassionate.



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Letter from the Chair

Last year we created a Wellness Committee to help us find new ways to be social in a Covid-isolated atmosphere (e.g., we had to cancel our department picnic for the second year in a row), but our professional interactions continue to suffer. Conferences, conventions, and business meetings are also being rendered virtual in response to the pandemic. Here in CPSY, we have a long history of faculty and student attendance at conferences. The virtual conference experience makes it harder to decide to “go”; on the other hand, a virtual conference is much less expensive. It is also harder to make social and professional connections in a virtual platform; I can’t easily introduce myself to a stranger online and express my admiration of their work. I strongly encourage you to attend a conference or convention or workshop, even if it is “only” online. There is so much to learn outside of the classroom walls, and your own research and/or clinical ideas can be stimulated by the discussion. Many of the conferences I’ve attended in the last 18 months have allowed time for questions. I’ve even led small group social hour discussions for a couple of organizations. Don’t skip an opportunity to “meet” some of the people whose work you’ve read, or who are doing the kind of work you hope to do after graduation.

We just finished fall break; after NOT having one last year, we learned the importance of having that mid-semester rest stop. Wherever you are, whether you had a break or not, I hope you are ready to move forward and finish up 2021 with good humor and good health.

Chirp, chirp, Cardinals!

Dr. Bowman



News from the Doc Program

Greetings from the Ball State Doctoral program! I write this Fall newsletter to you all from the comfort of my on-campus office for the first time since March 2020. While we continue to grapple with the impact of the pandemic, it feels good to be “back in the office” so to speak and seeing your all’s faces in a non-electronic platform. Turns out all of you are more than floating heads on a background.

The start of Fall 2021 continues to be in a bit of a flux, and transition in many regards. That being said, times of transition can often be a source of anxiety and uncertainty for folks, especially for you “newbs” who are learning to navigate new systems – whether that be your first year in the doctoral program, new to Muncie, new to external practicum, or new to your internship year. As such, I’m here to start the new academic year with a few supportive resources and reminders that may be helpful in finding your footing as you transition to all this “newness.”

Support Systems: I’m not going to write anything ground breaking here, but reach out to your natural support systems, *especially those outside academia. Graduate school / academic life is, I think it’s fair to say, different from the “outside world” – we run on a different calendar, different life stages, and a different relationship to email. Stay in touch with your people, whoever they might be, as they’re going to give you energy and support you need to adapt.*

Professional Organizations: If you aren’t already, consider getting involved in a host of professional organizations available to you – some logical choices are APA and its associated divisions (Hello, Division 17, Counseling Psychology) or the Association of Psychological Science (APS). But don’t forget the importance of smaller, more localized professional organizations at the state, regional, national, or international level that might speak more directly to your own professional needs. For myself for example, I found a different kind of professional home in the Association for Women in Psychology. For graduate students especially, APAGS is a great resource for you. For other, look into the numerous professional “homes” that might be a good fit for you. Here is a vast list of these options I found:

<https://alfredadler.edu/services/career-development/career-planning-links>

<https://www.apa.org/about/apa/organizations>

News from the Doc Program

Therapy: Go to therapy. Wait....psychologists-in-training go to therapy?!?! Yes, yes we do! And if you're experiencing any internalized stigma along the lines of "But I'm a mental health professional, I shouldn't *need* to go to therapy", then that's the exact reason you should seek therapy! As psychologists-in-training, you deal with A LOT – not just your own stress and life, but that of others as well. Don't wait until you're so burnt out that counseling is your last option – start now. Some resources on campus for graduate students include Lucina's Counseling Services if you are not a current practicum student, as well as a host of practices in the Muncie area. If you're looking to connect with a prospective therapist but not sure where to start, or have trouble accessing services, don't forget there are 9 licensed faculty, all of who are engaged in practice – we can help! Just ask, or ask a friend to ask for you if you're not comfortable doing so.

In sum – find your people that support your thriving, and keep them close. I wish all of you a wonderful beginning to whatever new start you're having this Fall!

Dr. H



News from the Social Psychology Program

Greetings from Colorado! As most of you know, I am on sabbatical and am spending the semester in Fort Collins. My sabbatical project centers on providing diversity training for high school teachers, which I hope to do here in person as well as online. I am sorry I cannot be in Muncie, but sabbatical opportunities for faculty come only occasionally and this is a great chance for me to take advantage of living in a new place and collaborating with new colleagues. Keep in mind, however, that as the Director of the Social Psychology Program (and as Co-Director with Dr. Stef of the Dual program) I am available for any questions and concerns you might have.

This semester, we can be grateful that we can once again meet in person, albeit with masks on. Covid-19 continues to be a very real concern and certainly impacts our lives in ways large and small, but I hope (as I am sure you all do) that we can continue to be in our beautiful building and attend classes and research meetings together.

Dr. Thiem and I are also delighted to welcome the first-year students in our Master's in Social Psychology Program: Anju Kr, Caelie McRobert, Megan Stricker, and Carl Werner. Rylan Deer, a Master's student in Psychological Science, is also completing our Social MA degree. Our "dual" students (Master's of Social Psychology and Clinical Mental Health Program) are Reilly Beaman, Sydney Majka, Kiara Nieto, Mireya Smith, Ronnie Watson, Alexandra Whitman and Ragan Williams. Second year students in the Social Psychology Program are Gabe Beratio, Rachel Campbell, Vanessa Desai, Rachel Kubicki, Imara Peralta, and Leslie Remache. Second year "dual" students are Samantha Fletcher, Brandon Miller, Hannah Ray, Adrianna Sowards, and Teagan Wilson. The second-year students are now in the mentoring role for the new students and are busy thinking ahead to their future. As they can attest, it goes fast!

Many of you are part of a lab and are developing your research skills. This is a strength of our program. Several of our students had papers accepted at conferences this year. Those acceptances are listed elsewhere in the newsletter. Many of these conferences were virtual due to Covid-19 and we are learning together how to share our research findings in this format. Several of you also have already had submissions accepted for the coming year or have plans for submitting to a research conference. We are very proud of our students' work – both prior to coming to Ball State and while a graduate student in our program.



News from the Social Psychology Program

All of the CPSY faculty hope that you are healthy and stay safe but also hope that you are able to develop relationships with your peers inside and outside of class. To facilitate that, Dr. Thiem and I hold a bi-weekly meeting for the students in both programs on alternate Wednesdays. It is important that both our first- and second-year students attend these sessions as we discuss strategies for success within our program and after graduation; the topics we address will not be covered in your courses but are essential to making the transition from undergraduate to graduate education. (We do understand, however, that some of you have assistantship duties that conflict with this time. If you have a professional issue you'd like to discuss this semester, please email me at mkite@bsu.edu or Dr. Thiem (kthiem@bsu.edu).

For Spring semester, we will offer Social Psychology of Attitudes (SOPS 640) and Social Psychology of Prejudice and Discrimination (SOPS 630). Many of you will also take Research Methods in Counseling and Social Psychology (CPSY 653). At this time, we expect to offer these classes in person. You will receive an email about registration. Course offerings are listed in Banner, the university's course-related information system: <https://banner.bsu.edu/ssomanager/c/SSB>. Note that SOPS 640 is offered every other year; keep this in mind as you plan your course for your degree. Be sure to consult the Plan of Study you prepared with Barb Irvin this summer. Again, please let me know if you have any questions about courses or other aspects of your program.

Wishing everyone a happy, healthy, and successful semester.
Mary E. Kite, Social Psychology Program Director



News from the Rehabilitation Counseling Program



It has been more than 1.5 years since Covid started to affect us at Ball State and in our great state of Indiana. As many in our country have lost family members and friends or seen their loved ones being hospitalized, many more will be enduring the long-term impact of Covid for years to come. While there are numerous challenges, I am encouraged to see many people choosing to do the right things by getting vaccinated, wearing a mask, and keeping the appropriate social distance.

Because of Covid, we had most, if not all, of our rehabilitation counseling (RC) program online in the last academic year (20-21). We are grateful for the various online platforms that are available for faculty and students. Starting this new academic year (21-22), we are back to “normal” in terms of our courses.

As for our program, I am happy to share that there is an increase in recruitment and admission of RC students. Moreover, I recently attended a recruitment event at a local university and witnessed the potential career interests in being healthcare professionals. I believe our program can offer a unique opportunity for those who are interested in these fields.

Our RC program is a CACREP-accredited program. Please let me know if you want to know more about our program. If there are people you know who are interested in getting a degree that enables them to effectively work with people with disabilities, please spread the word and let them know about our program. Please feel free to contact me and/or Dr. Tschopp with any rehabilitation counseling related questions.

Internships

Thank you to the agency and the on-site supervisors hosting our RC students during their internship year!

- Taylor University Counseling Center



News from the Rehabilitation Counseling Program

Comprehensive Exam

Rehabilitation Counseling students have the option of completing the program-based comprehensive examination or the national Certified Rehabilitation Counselor Examination (CRCE) administered through the Commission on Rehabilitation Counselor Certification (CRCC). Please remember to review the options and contact me with your intentions. See www.crccertification.com for examination information and deadlines.

Professional Organizations

Professional counseling organizations provide many resources and participation in such organizations can be a valuable part of developing one's professional identity. Counseling and rehabilitation organizations to consider:

American Counseling Association (ACA) <https://www.counseling.org>

American Rehabilitation Counseling Association (ARCA) <http://www.arcaweb.org>

National Rehabilitation Association (NRA) <https://www.nationalrehab.org>

National Rehabilitation Counseling Association (NRCA) <http://www.nrca-net.org>

RC Program Director

Dr. Chan



News from the Clinical Mental Health Counseling Program

Welcome CMHC!

A big welcome to our incoming CPSY Clinical Mental Health Counseling class and welcome back second year students! I hope you are all enjoying taking classes on BSU campus. This year we will start implementing a yearly evaluation of each of our CMHC and Dual SP & CMHC student, so please make sure you stay in contact with your assigned faculty mentor for support and questions about the program. Feel free to also contact Barb Irvin and I about program and career related questions.



Content Exam

The content exam is administered twice over the academic year. The next administration will be November 5th. This is a reminder that all students in the Clinical Mental Health Counseling Program must pass the exam before graduation. You may take the exam once you have completed at least 30 semester hours of coursework. Please contact the main office at CPSY@bsu.edu and let us know if you plan to take the exam this semester.

American Counseling Association

I encourage all CMHC students to become members of the American Counseling Association (ACA). It is important for future counselors to be involved in a professional organization. An added benefit to membership in ACA is that it includes malpractice insurance, which we require all students to carry once they begin their practicum and internship activities. You can enroll through their Website at <http://counseling.org/membership/aca-and-you/students>.

The American Mental Health Counseling Association (AMHCA) is also a professional organization worth joining as they focus solely on Clinical Mental Health Counselors <https://www.amhca.org/joinamhca>. I encourage you to also check out the Indiana Counseling Association: <https://www.indianacounseling.org/> and consider being a member. This organization has great resources for counselors as well.

Warm wishes and stay healthy and safe,

Dr. Stef

Faculty Spotlight

Dr. Lawrence Gerstein is the president of APA Division 52 (International Psychology) and has been on faculty in the department at BSU for 30+ years. For information on Division 52, visit www.div52.net.

What first interested you in international psychology?

I grew up in a very diverse neighborhood in Brooklyn in terms of nationality, ethnicity, race, and religion. Also, my family members were in jobs that resulted in them interacting with people from different parts of the world that had immigrated to New York. International psychology, however, was not part of my career until the late 80s when I had a master's student from St. Vincent Island in the Caribbean. She invited me to come down to do some work with the Ministry of Education, and that was the first international trip I took related to work. It gave me a taste of international psychology, and I began collaborating with other international students such as Dr. Stef who is on faculty here now. Collaborating with students led me down the path of wanting to do more international work.

How did you end up as president of the Division?

I was the cofounder and president of the international section of Division 17 (Society of Counseling Psychology) and through that role one of the leaders of Division 52 approached me to get involved. I had won the Division 52 mentoring award for mentoring international folks and became the chair of the mentoring award committee, but I was hesitant to take on a leadership position because I was worried it would detract from my scholarship and work with my students. However, the leaders of Division 52 continued to approach me, and a few years ago I thought, okay I am at the point in my career where I can devote time to a leadership position, so I ran for president. My platform had a focus on cross-cultural methodology and science. I never expected to get elected., but I did!

Faculty Spotlight

What are some of your responsibilities as leader of the Division?

In my role as president, it is my responsibility to lead meetings with board members and other leaders (e.g., Committee Chairs; Journal Editor) in the organization, and to be “the face” of the Division. In my meetings with the Division leadership, I facilitate discussions about current and new initiatives, the division’s publications, students and Early Career Psychologists expanded involvement in the Division, strategies to further globalize psychology in ways that respect and promote indigenous theories, methods, and practices, opportunities to collaborate with other APA Divisions and psychology organizations worldwide, and salient societal issues. For example, this past year the Division issued a statement in response to the Black Lives Matter movement, created a global COVID 19 task force, and developed plans to publish a special issue on the effects of COVID 19 worldwide. I also helped to secure full voting rights for students in the Division, and I established a forum for all the presidents of APA’s Divisions to discuss international issues. Additionally, as president, I have used my conflict prevention and resolution skills to address interpersonal challenges that have emerged both within the Division and in APA. Finally, I try my best to support people while also focusing on the vision and strategic plan of the Division.



Do you have any recommendations for alumni who might want to become more involved in international psychology?

I think people interested in international psychology should think critically about their curiosities and what is driving them to get involved in this type of work. A great first step is to get connected with individuals not born in your home country, and also different groups internationally. Over time if you become “true partners” with individuals not from your own country, it will become apparent if there are ways you can collaborate together. The people in your networks, and the skillsets you possess are important when doing international psychology work. However, you must be very careful to not export your knowledge and skills even if your international partners want you to function this way. We must be extremely mindful and intentional to not colonize psychology in other countries, and by so doing contribute to destroying indigenous knowledge, methods, and practices. More and more psychologists are approaching international work as a full partnership where researchers, educators, and practitioners share and grow with each other. This work should always be collaborative, so it is important to be humble and to not present yourself as “the expert.”

Faculty Spotlight

How do you connect with and maintain your relationships with your international colleagues?

Before the pandemic, I would travel outside of the U.S. frequently. Every year, I averaged about 3-4 trips abroad sometimes living in another country for months at time. For instance, in 2019, I lived in Hong Kong and China for 6 months. Now, I zoom with my colleagues, and also communicate by email, WhatsApp, WeChat, and Facebook.

How have you learned to navigate your positionality in you work?

I enter my international relationships as an active learner and an observer. I let people educate me, and I don't make assumptions. There is a strong U.S. and Eurocentric bias in psychology and to overcome that we need more people from outside the United States around the table so they can provide their perspectives and question our perspectives. Often times, people in the U.S. export their work without considering the implications, and people outside of the U.S. want to import our work as many still view our work as the gold standard. To confront this reality, I will acknowledge that my international colleagues know a lot more about their cultures and disciplines than I do. Further, if they are willing, I will strive to help them to confront and be critical about what they have learned in psychology, how they have implemented what they have learned, and help them to explore the relevance and validity of what they learned and do as psychologists in relation to their own cultures and countries.



News Story



It is with a heavy heart that we write about the passing of CPSY Alumnus Father André Sylvestre, on September 8, 2021. A native of Haiti, Father André was the parish priest of Robillard at the time of his death in Cap Haitien. He founded the St. Vincent de Paul school in St. Michael. He moved to Muncie to pursue graduate school and served the Muncie Catholic Community as Priest in Residence at St. Mary's Parish. Father André graduated from the Clinical Mental Health Counseling master's program in 2009 and returned to Haiti in January 2010, just after the devastating earthquake near the capital of Port-au-Prince. Father André quickly went to work to organize counseling and support services in the community, even contacting his former classmates and faculty to guide him from afar. Eventually he was able to pursue his dream to help "abandoned children," founding Our Lady of Perpetual Help Orphanage where children "have the privilege to feel love, have access to education and health care, hear the good news of the Gospel, and learn how to shape their destiny". In the ensuing years, he worked with faculty and students from the BSU Architecture program to develop the orphanage and add new buildings. I also understand that several of our alumni visited the orphanage, at times with their own students. It is my understanding that the orphanage had 35 or so children in residence as the time of his passing. Father André was a proud BSU grad, and was the perfect example of someone doing what he could, where he was, to make the world a better place.

Meet Your Peers

IDIL UGURLUOGLU—1st year doctoral student

Where is your hometown?

I am from Istanbul, Turkey.

Where did you obtain your bachelor's and master's degrees, and what were your major(s)?

I completed my Bachelor's and Master's degrees at Middle East Technical University in psychology, and clinical psychology respectively.

What first interested you in counseling psychology?

I took psychopathology and clinical psychology courses in undergrad given by a professor named Deniz Canel who is an alum from the BSU counseling psychology program. The courses brought up the topic of multicultural counseling and depathologizing people. I started considering the contextual stressors related to identity and how minorities populations often experience extra stressors that impact how we treat clients.

Why did you choose Ball State?

Deniz Canel was my master's thesis supervisor and I was inspired by my mentor to apply to Ball State.

What do you think of your experience at Ball State as a Doctoral student so far?

I am a 1st year doctoral student so I am still adjusting. I just moved here from Turkey and it has been a bit of a culture shock, but I am adjusting to life in Indiana. It is an intense program and I am working hard, but I am excited for the privilege of the education.

What are your research interests?

I am interested in researching LGBTQIA+ community mental health. I completed my master's thesis on bisexual individuals, and I think there is a need to talk more about this population and other underrepresented groups in this population especially asexual individuals, bisexual individuals, and others. It is important to consider how to bring more components for them into psychotherapy.



Meet Your Peers

What are your future plans and career goals?

I want to be a faculty member in a counseling psychology department, and have the opportunity to conduct more research.

What is one lesson you have learned as a graduate student?

I have learned not to procrastinate haha. I have also learned to use meditation and to remember that I am not just a graduate student, I am also a person. I have so many other functions and pieces of my identity than being a graduate student.

What are a few of your favorite hobbies?

Music! I enjoy editing, mixing, and performing music as a DJ. I love being active in the LGBTQIA+ community and cuddling with my dog.

If you could travel anywhere in the world where would it be and why?

Jamaica because I like to mix reggae music while I am DJing.

What is your favorite show to binge watch?

Sex Education and Friends

How do you practice self-care?

Through meditation, stretching every morning, and meeting with friends.



Meet Your Peers

NAWAR ALBARAK—1st year masters student

Nawar is a first year BA to PhD student in the Clinical Mental Health Counseling program

Where is your hometown?

Kuwait City, Kuwait.

Where did you obtain your bachelor's degrees, and what were your major(s)?

My Bachelor's was from Northeastern University in Boston Massachusetts, USA. My degree was a bachelors in psychology with a concentration in sociology. I got a Master's of Science in Education in Human Development from The University of Pennsylvania in Philadelphia Pennsylvania, USA.

What first interested you in counseling psychology?

I became interested in counseling psychology when I started working with victims of domestic and sexual violence in Kuwait through a nonprofit organization I was managing. Through that I became a crisis manager and learned about the effects of one on one counseling. I decided to pursue counseling psychology so I could have a bigger and better impact on individuals in my community.

Why did you choose Ball State?

I chose Ball State because of the research that is being done in the department. More specifically, research being done by Dr. Hutchison and Dr. Gerstein. Out of all of the other programs, this department was the most inclusive and did not just preach social justice they actually practiced it. The training here is 50/ 50 research to clinical work, and a lot of the other programs were mostly research. I wanted the training to be an effective practitioner.

What are your research interests?

My research interests include evidence based and trauma informed therapeutic methods that are culturally competent and sensitive in the Arab world specifically for victims of gender-based violence.



Meet Your Peers

What are your future plans and career goals?

I hope to continue with my social activism and advocacy work, but using counseling techniques and theories. I hope to practice as a therapist and I also want to work on research in Kuwait.

What is one lesson you have learned as a graduate student?

I've learned how to be more critical and inquisitive when reading articles. It is important not to believe everything you read just because someone else said it. Reading critically helps me explore my own values, challenges myself, and helps me challenge other researchers in the field.

What are a few of your favorite hobbies?

I really enjoy weight lifting, spinning, and working out. I enjoy hanging out with my friends and having a nice meal. I also enjoy painting.

If you could travel anywhere in the world where would it be and why?

I have had the privilege of being able to travel a lot, so I would say my next destination would probably be Brazil because I have not been to South America yet

What is your favorite show to binge watch?

The Office

How do you practice self-care?

I take intentional breaks depending on my schedule - whether it is for ten minutes or ten days. I also do things that have nothing to do with my to do list.



Catch up with an Alumni

Dr. Craig Deken - Doctoral Program Alumni (2019)

What is your hometown?

I am from St. Charles Missouri.

When did you graduate with your masters and what program did you graduate from?

I graduated from the counseling psychology doctoral program in July of 2019.

What first got you interested in counseling?

I grew up in a family that really valued community service, so I engaged in it as an extracurricular activity in high school and college. I wanted to help others, so while I was in college, I studied psychology. I wanted to be a counselor, but didn't really know what that meant so I joined a community service residence life program where we worked with students on social development. After college I took two years off and worked in a variety of helping positions including a year in an adolescent residential substance abuse program and then a year in community support services. I recognized the importance of treating the whole person, and I wanted the skillset to go beyond case management so I pursued counseling psychology in graduate school.

Why did you choose to study at Ball State?

I did my masters at Mizzou and was encouraged to do a doctoral program. I ended up at Ball State because of the program's emphasis on health psychology. Counseling psychology as a profession values prevention, early intervention, and strengths which fits well with health psychology.

Catching up with an Alumni

Can you talk to me about your current position?

I work in primary care mental health integration at the Veterans Affairs (VA) in Indianapolis. Our emphasis is on early intervention and population health. I work with folks as hand offs from primary care providers and triage to either help them with short term treatment in health care or to help manage chronic health conditions or health related problems.



Do you have any advice for current counseling students?

My best advice is to stick with what you're passionate about and be curious about other areas because you don't know where you are going to end up. You need the passion in order to keep going because graduate degrees are difficult, and if you get too focused on one thing you may miss something else that you might really love.

How do you engage in self-care?

I try to do self-care in a lot of ways. Regular exercise is really important to me. I enjoy spending time with friends and family members, and reading for both professional development and pleasure. Also, in the last year I have been watching Bob Ross reruns and painting.

What is your favorite show to binge watch on Netflix?

I don't do well with binge watching, but I like to have Veep on in the background.

If you could travel anywhere in the world, where would it be?

Japan because of the combination of history, culture, and technology.

Awards and Celebrations



Doc student Danielle Schwartz got married this July! She also got leadership positions, in D17 on the Health Section Executive Board and D38 (Health Psychology) on the Student Council.

Emily Boswell-Strain, 2nd year doctoral student, has been selected as the winner of the 2020-2021 Graduate Student Inclusive Excellence Award.

Dr. Perrone was the 2021 recipient of the Lifetime Achievement in Mentoring Award from the Society of Counseling Psychology.

Doctoral grad Dr. Rosalyn Davis was elected to the Midwestern Psych Association's Council: <http://midwesternpsych.org/about-mpa/officers-and-committees/>

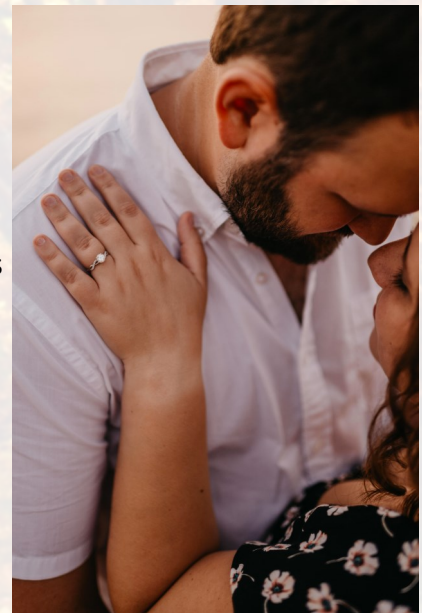
Dr. Burkhart and Dr. Corie Hess made the front page of the Muncie Star Press for the Muncie Maternal Health Organization event Climb Out of Darkness.

Dr. Kodee Walls, Ph.D. alumni is Chair-elect for the Division 17 Section on Training and Supervision.

Aylin Montes, 1st year CMH, has been nominated as the College of Health student representative to the Graduate Education Committee for the Graduate School.

Ariana Gleckman, 2nd year CMH student, received the Indianapolis Parents, Families, and Friends of Lesbians and Gays (PFLAG) Betty Salwak Scholarship. This \$1000 scholarship is in memory of Betty Salwak, a straight ally, who served as Indy's PFLAG Secretary.

Doctoral student Katie Helou got engaged!



Publications and Presentations

Doctoral student Allison Blake published [View of Learning from the Experiences of Collegiate Athletes Living through a Season- or Career-Ending Injury \(ku.edu\)](#)

Taylor Thomas (Class of 2020) published a poem "You have underestimated me." in The Indianapolis Review and a personal essay "The Battle" was published in New Voices literary magazine.

Dr Perrone and Colleagues published several articles:

Simon-Dack, S.L., Perrone, K.M., Marmarosh, C.L., & Matsen, J. (2021). The Role of Attachment Security in Error Self-Monitoring: Is a Social Component Necessary? *Personality and Individual Differences*, 168, <https://doi.org/10.1016/j.paid.2020.110320>.

Perrone-McGovern, K. & Schoener, A. (2021). Neuropsychologically Driven Evidence-Based Interventions in Counseling Psychology. In Rik Carl D'Amato, Andrew Davis, Elizabeth Powers, and Eleazar Cruz Eusebio (Eds). *Understanding Our Biological Basis of Behavior: Developing Evidence- Based Interventions for Clinical, Counseling and School Psychologists*. New York: Springer Publishing.

Matsen, J., Perrone-McGovern, K.M., & Marmarosh, C.L. (2020). Using Event-Related Potentials to Explore Processes of Change in Counseling Psychology. *Journal of Counseling Psychology*, 67, 500-508. <https://doi-org.proxy.bsu.edu/10.1037/cou0000410>

And presented their work at the APA convention:

Schoener, A.E., Barrera, M.A., Shurigar, B., & Perrone, K.M. (2021). Testing the effect of a virtual reality mindfulness intervention on attentional control: An ERP study. American Psychological Association Annual Convention. Virtual.

Finally, Dr. Tatum and BA/PhD student Tyler Niedermeyer published two articles:

Niedermeyer, T., Beaver, J., & Tatum, A. K. (2021, August). Bonded: A content analysis of sexual and gender minority representation in the kink literature. In F. Dispenza & N. Nakamura (Chairs), *Emerging directions: Going beyond the revised Psychology Guidelines with Sexual Minority Persons [Symposium]*. American Psychological Association annual meeting, online.

Tatum, A. K., & Niedermeyer, T. (in press). Shining a light in the dungeon: A content analysis of sexual and gender minority representation in the kink literature. *Psychology of Sexual Orientation and Gender Diversity*.

Important Dates

November 2nd: Deadline to submit to the Midwestern Psychological Association Conference

November 5th: Content Exam

November 24th - November 28th: Thanksgiving Break

December 13th: Last meeting day for classes

December 14th - December 17th: Final exams

December 18th: Fall commencement



Keep in touch!

We love to hear what is going on in your life! Keep us in the loop with:

Facebook: [www.facebook.com/ CPSYatballstate](https://www.facebook.com/CPSYatballstate)

Twitter: @CPSY_BSU

LinkedIn: Counseling Psychology, Social Psychology, and Counseling at Ball State

Ball State University

*Department of Counseling Psychology,
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Content Exam Information:

The fall content exam has been scheduled for November 5th, 2021. The next opportunity to take the exam will be on March 8th, 2022. All students must have 30 hours completed before taking the content exam.

