



#### SPECIAL POINTS OF INTEREST:

- ♦ **Faculty and Student News and Awards**
- ♦ **Graduates**
- ♦ **APA Convention**
- ♦ **New Faculty and Student Interviews**



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# Fall 2017 Newsletter

OCTOBER 2017

## Letter from the Chair

Hello, and welcome to the 2017-2018 academic year, or the first year of the rest of your life! So, when I put it THAT way, does that change how you are thinking about your future planning?

We have had a couple of exciting changes in the department this year. We spent time this spring and early summer searching for a Practicum Clinic Director. I am pleased to report Dr. Lina Burkhart joined us on August 18<sup>th</sup>. She is still feeling her way around; we are a LOT to adjust to, after all. However, she has some great ideas for taking us to a new level as we inch ever closer to our integrated clinic in the new Health Professions Building. I can tell you that she is quite excited to have the chance to work with so many students; this is very different from her most recent position as Director of Behavioral Health at Madison County Community Health Center.

Our second addition is a boost to the social psychology program, and to the training of CPSY doctoral instructors. Dr. Mary Kite joins us from the Dept. of Psychological Science in North Quad, where she has worked since 1987. This move allows her to have more direct access to training doctoral students (PSYS does not have a doctoral program), especially in the skills of teaching psychology to undergraduates. Dr. Kite is a Fellow of APA via Division 2, Teaching of Psychology. You will read more about Drs. Burkhart and Kite in this issue and the spring newsletter.

In other news, CPSY was one of the sponsors for the Diversity Research Symposium, held on campus Sept. 22-23. Several CPSY students were presenters, and Dr. Angela Davis was the keynote. We are planning a workshop on disaster mental health fundamentals for the American Red Cross in October. With all the damage caused by Hurricanes Harvey, Irma, and Jose (at this writing, with more to come), there is a lot of interest in giving back to our communities, and volunteering with the Red Cross is one way to use our skills to help out. It is very likely that some of us will travel this academic year to work with one of the national disasters. Even if we don't get to go south before December, the reality of disaster is that there is always another opportunity to provide assistance to someone, somewhere.

September saw the official groundbreaking of the new Health Professions Building. Yes, they've been working on it since June, as evidenced by the giant hole in the ground at the corner of Riverside and Martin, but we are still excited to see the official celebration happening. We are going to be pretty impatient for the next two years!

As we head on into the academic year, search for your place on the continuum between "work hard" and "play hard." We can certainly keep you as busy as you want to be, as there is always something else to read, write, or review. However, there are also some great museums, parks and festivals in this area. If you can't find something that appeals to you, try harder!

Best regards,

Dr. Bowman

## News from the Doctoral Program

We are pleased to welcome nine new students to our APA-Approved Doctoral Program. They join 22 other on-campus doctoral students and 11 students beginning their doctoral internships. The nine first year students come to us from Illinois State, University of North Dakota, University of Dayton, Alabama A&M, and Ball State. Our doctoral interns are at a variety of university counseling centers (Grand Valley State, University of Florida, Butler, Notre Dame, Colorado State, NC State, and Southern Illinois) as well as hospitals/medical centers (Des Moines V.A., Oklahoma Health Sciences, University of Rochester) and one consortium in Logansport, IN. We once again had a 100% match rate in the APPIC national matching system. We are very proud of our students moving on to internship and eager to get to know our new students. The cycle of students coming and going continues.

This year begins our second full year in the new College of Health and this provides some new and unique opportunities for collaboration with other health-related professions. These new colleagues from the departments of nursing, kinesiology, nutrition/health science, speech pathology/audiology and social work provide widened exposure to health professions that we hope will result in increased knowledge and appreciation of other professions and better prepare our doctoral students for future positions where interprofessional collaboration is expected. We are excited to see this develop!

As always, stay in touch as we look forward to hearing from you and sharing in your professional success.

Dr. Nicholas





## News from the Clinical Mental Health Counseling Program

### Welcome CMHC!

A big welcome to our incoming CPSY Clinical Mental Health Counseling class and welcome back second year students! I hope your transition to school has been smooth and that you are enjoying your first few weeks on the BSU campus.

We had an exciting 2016-2017 year. Besides our regular schedule, the CPSY department hosted the Great Lakes regional conference in counseling psychology, which was a great success. We also offered two two-week long study abroad classes this summer: one to Amsterdam, lead by Dr. Lehmiller and one to Iceland led by Dr. Stef. STAY TUNED to notifications about upcoming study abroad trips within the department.

### Content Exam

The content exam is administered twice over the academic year. The next administration will be November 3rd. This is a reminder that all students in the Clinical Mental Health Counseling Program must pass the exam before graduation. You may take the exam once you have completed at least 30 semester hours of coursework. Please stop by the main office: Teachers College Room 605 to let us know if you plan to take the exam this semester.

### American Counseling Association

I encourage all CMHC students to become members of the American Counseling Association (ACA). It is important for future counselors to be involved in a professional organization. An added benefit to membership in ACA is that it includes malpractice insurance, which we require all students to carry once they begin their practicum and internship activities. You can enroll through their Website at <http://counseling.org/membership/aca-and-you/students>.

The American Mental Health Counseling Association (AMHCA) is also a professional organization worth joining as they focus solely on Clinical Mental Health Counselors <http://amhca.org>

### Graduates

We always enjoy hearing from our graduates. Please e-mail the department at [cpsy@bsu.edu](mailto:cpsy@bsu.edu) to let us know how you are doing in your careers and lives.

Thanks for keeping in touch and warm wishes,

Dr. Stef



## News from the Rehabilitation Counseling Program

Welcome to all new and returning students!

### CORE-CACREP Merger

Since 2002 the Ball State University Rehabilitation Counseling program has been accredited by the Council on Rehabilitation Education (CORE). This summer CORE and the Council for Accreditation of Counseling & Related Educational Programs (CACREP) officially merged.

*On July 1, 2017, CACREP assumed responsibility for carrying out the mission and vision of the Council on Rehabilitation Education (CORE). All graduate programs that were formerly accredited by CORE are now accredited by CACREP, and can be found in the CACREP Directory of Accredited Programs <http://www.cacrep.org/?ref=core>*

*On July 1, 2017, leaders from the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and the Council on Rehabilitation Education (CORE) completed their merger, bringing to a close the multi-year alignment process for the two counseling accrediting bodies. At their July 13-15 meeting, the CACREP Board of Directors adopted the newly revised Rehabilitation Counseling Standards as the eighth entry-level specialty in the 2016 CACREP Standards. <http://www.cacrep.org/news/rehabilitation-counseling-standards-adopted/>*

We thank CORE for their commitment to rehabilitation counselor education and the support for our program over the last 15 years. We look forward to this new chapter for our program as we begin working with CACREP.

### Internships

The second-year rehabilitation counseling students are serving persons with disabilities/chronic illnesses, their families, and communities at diverse internship sites. Thank you to all of the agencies and supervisors hosting our students during their training!



- Quality Correctional Care (Billy Hall)
- Roudebush VA Medical Center Vocational Rehabilitation (Megan Hawkins)
- Suzanne Gresham Center (Aryauana Herron)
- IU Ball Memorial Hospital Cancer Center (Whitney Lindsay)
- Oakland Family Services (Miyuki Pilger)



## News from the Rehabilitation Counseling Program

### Comprehensive Examination

Rehabilitation Counseling students have the option of completing the program-based comprehensive examination or the national Certified Rehabilitation Counselor Examination (CRCE) administered through the Commission on Rehabilitation Counselor Certification (CRCC). Please remember to review the options and contact me with your intentions. Note that the application deadline for the CRCE is approximately six months before the examination period. See [www.crc certification.com](http://www.crc certification.com) for examination information and deadlines.

### Professional Organizations

Professional counseling organizations provide many resources and participation in such organizations can be a valuable part of developing one's professional identity. Counseling and rehabilitation organizations to consider:

American Counseling Association (ACA) <https://www.counseling.org> and divisions, including the American Rehabilitation Counseling Association (ARCA) <http://www.arcaweb.org>

National Rehabilitation Association (NRA) and divisions, including the Rehabilitation Counselors and Educators Association (RCEA) <https://www.nationalrehab.org>

National Rehabilitation Counseling Association (NRCA) <http://www.nrca-net.org>

National Council on Rehabilitation Education (NCRE) <https://ncre.org>

### Upcoming Rehabilitation Conferences

National Council on Rehabilitation Education (NCRE) Fall Conference  
Alexandria, VA, October 26-28, 2017

Conference Theme: "Stepping Forward into the Journey of Growth"

The purpose of the National Council on Rehabilitation Education (NCRE) conference is to promote the improvement of rehabilitation services available to people with disabilities through quality education and research.

<https://ncre.org/fall-2017-conference-overview/>

23<sup>rd</sup> Annual Indiana Conference on Disability  
Governor's Council for People with Disabilities  
Indianapolis, IN, December 4-5, 2017

Conference Theme: "Achieving the Good Life with Choice and Support"

<http://www.in.gov/gpcpd/2452.htm>



### Rehabilitation Counseling Program Information Session

On November 10, 2017 from 12:30-2:00 pm, the rehabilitation counseling program will hold an information session for prospective graduate program applicants. The event will be held in collaboration with the BSU Graduate School.

Happy Fall Semester! ~Dr. Tschopp

## News from the Social Psychology Program

I am pleased to welcome all of this fall's incoming students to the Social Psychology Graduate Program. We are delighted to have you here and look forward to getting to know you. For those of you who are returning to the program, welcome back!

### Announcements and congratulations:

- Congratulations to Allison Cipriano and Kim Kirkeby! Allison and Kim—both currently in their second year of the Social Psychology General Track—each delivered oral presentations at the Midwestern Psychological Association conference earlier this year. Nice work!
- Dr. Lehmler, Director of the Social Psychology Program, taught a study abroad course on sexuality and culture in the Netherlands this past summer, which several of the current social students participated in. We had a fantastic time immersing ourselves in Dutch culture, including tours of the city by bike and by boat, visits to many major museums and historic sites (including the Anne Frank House), and a four-hour food tour where we tried all kinds of delicious international cuisine. We also learned a lot about human sexuality in cross-cultural perspective, with particular emphasis on differences in sex education and sex work. The course will be offered again next summer, so please consider enrolling. It is truly an amazing, once-in-a-lifetime learning experience!
- I would encourage you to become a student member of the Society for Personality and Social Psychology (SPSP) if you have not already joined. Membership includes free subscriptions to two prominent social psychology journals (*Personality and Social Psychology Bulletin* and *Personality and Social Psychology Review*), as well as access to many helpful resources, including forums and listservs that communicate information about job opportunities and resources for professional development. Find out more at <http://www.spsp.org/membership>
- The Social Psychology Club will be meeting monthly this year to discuss professional issues and socialize (we are the *Social* Psychology Program, after all!). Be on the lookout for information regarding the date and time of upcoming events.

Wishing everyone a happy, healthy, and successful semester,

Dr. Lehmler





## Congratulations, Graduates!

### Spring 2017:

#### MA in Counseling:

*Clinical Mental Health Counseling*

John Walsh

*Rehabilitation Counseling*

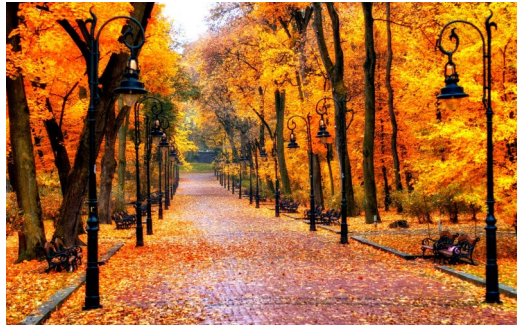
Alex Wallace

*Dual Clinical Mental Health Counseling and Social Psychology*

Fayelin Benzenbower and Ashley Hilliker

#### MA in Social Psychology:

Courtney Dress and Devan Vaughn



### Summer 2017:

#### PhD in Counseling Psychology

Clare Edwards, April Krowel, Claire Kubiesa, and Cady Williams

#### MA in Counseling:

*Clinical Mental Health Counseling*

Morgan Blevins, Joseph Deregnaucourt, Amber Holmes, Rebecca Hughes, Jenna Kennedy, Katie Landherr, Jamie Pereira, Chelsea Schumacher, Kassandra Shellabarger, and Kristina Stewart

*Rehabilitation Counseling*

Ericka Kelley, Sheryl Maupin, Victoria McFerran, and Selena McKibben

*Clinical Mental Health Counseling and Social Psychology Dual*

Jorge Ballesteros, Nile Brandt, and Lauren Dalicandro

#### MA in Social Psychology:

Joshua Smith and Sarah Wheat







## Summer Study Abroad Trips



### Iceland:

Dr. Stefania Aegisdottir led a study abroad trip to Iceland this past summer from June 23 to July 8. The following students were on the trip: Ashley Earle, Christopher Guion, Joseph Miller, Somer Muhs, Chelsea Schumacher, Kassie Shellabarger, Alex Smart, and Paulina Wojtach. They went snowmobiling on glaciers, horseback riding through lava fields, had readings done by a famous Icelandic fortune teller, met the President of Iceland, went on an elf tour, and lots of other fun things. They also met with a psychology professor from the University of Iceland, a counseling psychologist at the University of Iceland, and an Icelandic alumni of Ball State University, all who taught them about differences in counseling and psychology in Iceland compared to the U.S. The most rewarding of all was working with Icelandic children and adolescents at the work school in Hafnarfjörður. They did physical labor with them, such as clearing weeds in the town, and also sat in on peer groups, regarding LGBTQ+, self-esteem, and prejudice, led by adolescents.



### Amsterdam:

Dr. Justin Lehmler traveled to Amsterdam with 12 graduate students this summer for a two week study abroad course focused on sexuality and culture. The goal of this course was to enhance students' understanding of and appreciation for cross-cultural differences in sexual attitudes and behaviors. The main topics covered in the course were sex work, sex trafficking, sex education, and LGBTQ+ issues. Comparisons addressed the USA, Canada, and the Netherlands. There was a strong Dutch cultural immersion component to the course as well, which included visits to several major museums and historic sites, bike tours of the city and country, a sunset cruise along the canals, and an amazing 5-hour food tour, among other things. Overall, it was an incredible, impactful, and extremely memorable experience everyone will think back on fondly for years to come!







## Summer Study Abroad Trips



### Peru:

This summer, second-year master's students, Betsy Varner and Scott Barrera, spent two months in Huanchaco, Peru for a Spanish for mental health study abroad program called PASEO (Psychology And Spanish Elective Opportunity). During their undergraduate careers, Scott and Betsy both studied Spanish and were able to spend time abroad in Latin America. Finding an opportunity to go abroad again and learn and practice using Spanish in the mental health setting was an amazing opportunity to work towards the goal of providing services to Spanish-speaking clients within the United States. During their time in Peru, they took classes in Spanish, received supervision hours, assisted with research, and worked at local community organizations.

Scott completed his internship at Mundo de Niños, a home for boys who have experienced extreme abuse or neglect. While working at the home, Scott created and led multiple psychoeducation groups on emotion regulation. Scott also worked with the boys to develop individual treatment plans.



Betsy completed her internship at Tulio Herrera Leon, a school for children with disabilities. At the school she assisted students with daily needs, completed behavioral assessments and classroom observations, and provided trainings to parents and teachers.



If you would like to learn more about this amazing opportunity visit [www.paseoprogram.com](http://www.paseoprogram.com), or if you have any questions at all email Betsy Varner at [brvarner@bsu.edu](mailto:brvarner@bsu.edu) or Scott Barrera at [smbarrera@bsu.edu](mailto:smbarrera@bsu.edu).



## Faculty News and Awards

**Kristin Perrone-McGovern** won the Graduate School's inaugural Graduate Faculty Mentoring Award.

**Mary Kite** was the keynote speaker at the Oklahoma Network for the Teaching of Psychology (ONTOP), hosted by Cameron University in Lawton, Oklahoma. The conference is Friday, September 15th, 2017.

As the 2016-17 recipient of the Ball State University Outstanding Faculty Award, Professor **Lawrence Gerstein** was the featured commencement speaker at the 2017 BSU Summer Graduation Ceremony. His speech was entitled, "An unlikely outcome and lessons along the way." You can watch his talk at: <https://www.youtube.com/watch?v=zkSW22uSW9I>

**Dr. Yuichung "Jacob" Chan** has been part of a delegation of APA rehabilitation psychologists that are collaborating with Israeli rehabilitation psychologists in an exchange program. The Israelis were hosted at the August 2017 APA Conference in D.C.

Construction on our department's new home is underway! The groundbreaking was Thursday, September 21st!





## Student News and Awards

**Corie Hess** was the recipient of a scholarship from the American Association of University Women's Muncie branch.

**Julie Matsen** was awarded the Perham Scholarship by the College of Sciences and Humanities. The Perham Scholarship is awarded in memory of Dr. Bernadette H. Perham, Professor of Mathematical Sciences at Ball State University for 16 years and pioneer in breaking down the barriers to achievement for women and girls in all disciplines. The Perham Scholarship supports the pursuit of excellence by female students now and into the future.

**Merissa Milnickel** presented her Capstone research at the National Convention of Alpha Chi in April of 2017. She received a Best Presentation Award in the field of Psychology for "Stretched Thin: The Effects of Media Exposure on Body Shame, Internalization, and Emotional Disclosure." This year she will be pursuing publication with her previous advisor.



The COPE self-care program for counselors in training is again featured on CACREP's Facebook page and Twitter.



### In the Spotlight: Ball State University

Attention all masters and doctoral students, Ball State University is offering their online self-care group, COPE, for counselors in training. For more information please see full announcement.

COPE is a 10-week online program consisting of psychoeducation, interactive and experiential activities that let you practice self-care. The group will meet online on through video chat, email, and social media. All activities are self-paced and the group will web conference together 5-6 times.





## Alumni News and Awards

PhD graduate **Jui Shankar** has taken a new position as an assistant professor in Cyprus at the Middle Eastern Technical University - Northern Cyprus Campus.

PhD graduate **Katerina Psarropoulou** has accepted a temporary (for now) position with Doctors without Borders. She will be stationed at a refugee camp on the island of Samos, outside of Turkey.

**April Krowel** started her two-year neuropsychology postdoctoral fellowship at Brain Performance and Psychology Center in Indianapolis, IN.

**Sheryl Maupin** is officially a CRC now. Her credentials went through, and she is currently working on her LMHCA while she works as an Intake Clinician at Aspire Indiana in Madison County.





# Celebrations!



Corie Hess and her husband, Ryan, welcomed a new member to their family on May 24th at 9:12 pm, Alexander Allen Hess! He weighed 6 lb 5 oz and was 19 inches long at birth!



Mandy (Hale) Castanon got married on July 29, 2017 to her husband Charlie!



Josh Staples and his wife, Alicia, had a baby boy, Sawyer Everett Staples! Born March 10th at 10:22 am, he weighed 8 lbs 9 oz, and was 21.5 inches long.



Merissa Milnickel was married on August 6th, 2017 to her husband Austin Hauptstueck!



James Van Hoven and his wife Molly had a baby boy, James Declan Van Hoven, on Sunday, September 10th at 10:12am! He weighed 7lbs 11oz and measured 19.5 inches long.



Tiffany Harber-Kelly was married to her husband Austin Kelly on June 10th.





## 2017 APA Annual Convention



As usual, CPSY was well represented at the 2017 APA annual convention, held in Washington DC August 3-6. Unfortunately, we did not organize a CPSY-centric reception this year, but we will need to remedy that for future events. It was particularly exciting to catch up with some of our alumni – we LOVE getting the chance to see you “out in the wild!” We even got to see some old friend/former faculty or clinical colleagues, during this trip. Check out these photos!



**John McConnell (PhD) and Dustin Shepler (PhD)**



**Drs. Bowman, Michael O'Heron, Jane Roskowski, and John McConnell**



**Nick Lee (PhD), Eric Lester (PhD), Dr. Spengler, and Wendy Gonzalez- Canal**



**Dr. Yuichung “Jacob” Chan** with a delegation of Israeli rehabilitation psychologists in an exchange program. Both delegations are accompanied by the APA President.



**John McConnell (MA and PhD alum, now faculty at Wheaton near Chicago)**



**Drs. Bowman and Jane Roskowski**



**Georgiana Sofletea** presented:  
*First Victims of Conflict: Transforming Global Violence Against Women*







## Student Affiliates of Division Seventeen



During the 2017 APA Annual Convention, the Student Affiliates of Division Seventeen (SAS) offered three unique programs pertaining to: 1) multidisciplinary scholarship with peers and mentors, 2) linking research with advocacy for the LGBT community, and 3) finding work-life balance for graduate student parents. Additionally, SAS collaborated with early career psychologists in Div. 17 to host a social hour for students and ECPs. While SAS had a very busy schedule at this year's APA Convention, we certainly enjoyed meeting and connecting with members of the SAS and Div. 17 community!



We look forward to doing this again next year in San Francisco! For the current term, 2016-2019, Ball State University is the host institution for SAS. If you have questions or would like to learn more about SAS and how to get involved, please feel free to contact our co-chairs, Brandon Millspaugh and Sam Colbert, at [div17sas@gmail.com](mailto:div17sas@gmail.com). Wishing you all a great Fall 2017 semester!

**SAS Day 1** - (from left) Dr. Rachel Navarro, Sam Colbert (SAS co-chair), Julie Matsen (3rd-year doctoral student), Wendy Gonzalez-Canal (3rd-year doctoral student), and Elisabeth Nickels (3rd-year doctoral student) at the "Effective Engagement in Multidisciplinary Scholarship with Peers and Mentors" breakfast.



**SAS Day 2** - Panelists and participants during the "Linking Research with Advocacy for LGBT Communities" discussion hour.



**SAS Day 3** - (far left and far right) Wendy Gonzalez-Canal (3rd-year doctoral student) and Kevin Cannon (3rd-year doctoral student) during the "Grad Student Parents, Finding Work-Life Balance: Survival Tips and Tricks" breakfast discussion hour.



**SAS Social** - (from front) Rachael Collins (3rd-year doctoral student), Josh Staples (3rd-year doctoral student), and Nathan Walters (3rd-year doctoral student) enjoying the SAS and ECP social hour.





## Faculty Interview: Dr. Kite



**Where is your hometown?**

Clinton, Indiana

**Where did you obtain your bachelor's, master's, and doctoral degrees, and what were your majors?**

Purdue University. My undergraduate major was psychological science; my Master of Science and PhD are in social psychology.

**What first interested you in social psychology?**

My undergraduate social psychology course was taught by Saul Kassin. He was a fabulous instructor and, after taking his class, I knew I wanted to be a social psychologist.



**What brought you to Ball State?**

The university was a good fit for me as it combined a focus on teaching and research.

**Please describe your role within the department.**

Starting next semester, I will teach courses in the Social Psychology Master's programs. I will also be working with graduate instructors to help them develop their teaching skills.

**What are your research and teaching interests?**

My research focuses on how our beliefs about gender intersect with our beliefs about sexual orientation and aging. I also have two textbooks, *Psychology of Prejudice and Discrimination* and *Principles of Research in Behavioral Science* (both co-authored with Bernard Whitley). I also write about and conduct workshops on teaching diversity. My courses are related to my research interests, but I will also teach



## Faculty Interview: Dr. Kite



### Outside of academia, what are your favorite hobbies?

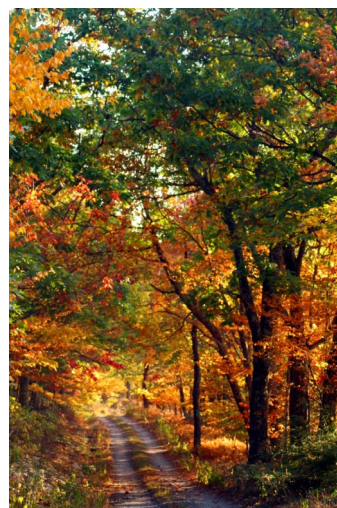
I read mysteries, play video games, and attend events on BSU campus, such as BSU theatre and Emens events. I take Pilates and Yin Yoga classes every week.

### Favorite artist/ band:

None

### Favorite color:

Blue



### What was the best thing you did over the summer?

I attended a conference in Berlin that honored my dissertation advisor, Alice Eagly. All of the talks were related to gender and I had the chance to meet some of her other former students. I stayed in Berlin for a week after the conference and also traveled to Ireland.

### If you could go anywhere, where would you go and why?

I have heard from many people that Prague is a wonderful city, so I would love to go there. I also hope to return to Paris sometime soon.







## Doctoral Student Interview: Rawan Atari



### Where is your hometown?

I was born and raised in Milwaukee, Wisconsin.

### Where did you obtain your bachelor's and master's degrees, and what were your majors?

I got my bachelor's degree in psychology and social welfare and justice from Marquette University in 2015, and then I received my M.S. in Clinical-Counseling Psychology from Illinois State University this summer.

### What first interested you in Counseling Psychology?

As an undergraduate student I really started to see how my passion for social justice and my interest in mental health could work well together if I decided to pursue a career in psychology. Being able to approach my interests from multiple venues, through clinical work, research, and teaching, was really appealing to me. I chose counseling psychology specifically because I appreciate how the field takes a holistic approach to training, and recognizes the importance of cultural diversity in our world and in our practice as clinicians.



### Why did you choose Ball State?

I chose Ball State because I noticed the commitment professors and students had to engaging the local and global community, and I appreciated the emphasis placed on providing outreach services to communities in need. Because of those reasons, I felt that Ball State would be a great place to develop both my identity as a counseling psychologist and a social justice advocate.

### What do you think of your experience at Ball State as a Doctoral student so far?

So far my experience at Ball State has been overwhelming, but in a wonderful kind of way. I've been reminded of why I am so passionate about this field and my decision to pursue a PhD has been reaffirmed repeatedly.





## Doctoral Student Interview: Rawan Atari



### What are your research interests?

My previous research focused on ethnic identity as a potential protective factor for Arab Americans when facing discrimination. I was particularly interested in whether a higher degree of ethnic identity would serve as a buffer for Arab Americans by minimizing the negative impact of discrimination and promoting psychological well-being. I hope to continue on this path and focus on ethnic identity development, and factors of coping and resilience among Arab and/or Muslim American adolescents and emerging adults.

### What are your future plans and career goals?

The plan right now is to practice as a counseling psychologist after graduation. I would like to work with immigrant and refugee populations in the U.S., and potentially do some traveling to provide mental health aid to communities abroad. Ultimately, I hope to end up in an academic setting, conducting research and teaching students with the goal of becoming a mentor for future graduate students interested in the mental health of the Arab and Muslim community.

### What are some of your favorite hobbies?

I enjoy spending my free time with friends and family, hiking, taking road trips, and practicing yoga.

### Favorite artist/band:

Jack Johnson

### Favorite color:

Yellow

### What was the best thing you did over the summer?

I took a trip down to Tennessee to visit a close friend of mine, and got to spend some time on the lake. While I was there I tried wake surfing for the first time!

### If you could go anywhere, where would you go and why?

I would like to visit my family's homeland, Palestine, at least once in my





## Master's Student Interview: Eric Stone



**Where is your hometown?**

Cincinnati, Ohio

**Where did you obtain your bachelor's degree, and what was your major?**

Anderson University, Psychology

**What first interested you in Clinical Mental Health Counseling and Social Psychology?**

I first became interested when I was looking up potential programs and saw the dual major here. I was intrigued by learning in a different area would benefit or enhance the other.

**Why did you choose Ball State?**

I chose Ball State because of the strength of the program. All of the other Anderson kids who had come to BSU only had great things to say about it. The emphasis on evidence based practices and cultural awareness were my two favorite parts of the program here.

**What do you think of your experience at Ball State as a Master's student so far?**

So far I have really enjoyed the experience. I love all of the different opportunities available to learn and engage within the field. I see my dependence on coffee and puns only increasing.





## Master's Student Interview: Eric Stone



### What are your research interests?

I am really interested in how cross-cultural travel changes intercultural sensitivity upon returning back from those trips. I would love to create an instrument or measure that would assess travel preparation in how it predicts cultural engagement for cross-cultural trips.

### What are your future plans and career goals?

Earn my doctorate in counseling psychology and go on at least one cross-cultural trip a year.

### What are some of your favorite hobbies?

Coffee, Thrift-Shopping, Travel

### Favorite artist/band:

Taylor Swift

### Favorite color:

Red

### What was the best thing you did over the summer?

Traveling to Uganda for two weeks and getting to go on a two day safari.

### If you could go anywhere, where would you go and why?

I would travel to Antarctica from Argentina via a flight over Drake's Passage. This would be the last continent I need to cross off of my list.





## Keep in touch!

We love to hear what is going on in your life!  
Keep us in the loop with:

**Facebook:** [www.facebook.com/CPSYatballstate](http://www.facebook.com/CPSYatballstate)

**Twitter:** @CPSY\_BSU

**LinkedIn:** Counseling Psychology, Social Psychology,  
and Counseling at Ball State

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## Content Exam Information:

The next administration of the Content Exam will be on November 3rd, 2017. There have been a few changes to the administration of the Content Exam this year. The exam will now be administered in Lucina Hall Testing Center electronically. There will be a new registration process and an increased fee. An email will be sent out in early October to elaborate on these changes.

## Practicum Clinic Outreach:

Welcome to all of our new members: Katie Allsop, Eric Stone, Lindsay Rye, Taylor White, Nicole Caugherty, Kat Smith, Bryan Shurigar, and Sarah Meyer! I would also like to welcome back our returning members: Scott Barrera, Paulina Wojtach, Joe Miller, Kailah Glock, Betsy Varner, and Corie Hess. This semester our team is continuing to provide ongoing presence in the community. We are also excited to be participating in the Delaware County Community Connect and the Boys and Girls Club Trunk or Treat along with several other projects during the Fall Semester. We look forward to continuing to promote expand our clinic's services in our community!

## Psi Chi:

Consider getting involved with Psi Chi. We are an International Honor Society in Psychology. Our mission is 'Recognizing and promoting excellence in the science and application of psychology.' Our chapter is working on organizing mentoring for freshman and sophomore undergrads starting their studies in Psychology, where they can ask seniors or graduate students questions about grad schools, study tips or anything else to help them find their footing. We also host *Psi Chi Dialogues*, a series where professors talk about how their studies and career path led them to where they are and what they do beyond the classroom. Contact Benji Langfield, Public Relations Chair (email: [bdlangfield@bsu.edu](mailto:bdlangfield@bsu.edu)) for more information about getting involved.



## Research Presentations

- Cipriano, A., & Lehmiller, J. J. (2017, April). Gender, masculinity, and interest in threesomes. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Kirkeby, K., & Lehmiller, J. J. (2017, April). The link between personality and interest in group sex. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Lehmiller, J. J. (2017, July). A practical guide to disseminating sex science through social media. Invited paper presented at the Student Pre-Conference Workshop at the Annual Meeting of the International Academy of Sex Research, Charleston, SC.
- Lehmiller, J. J., Cipriano, A., & Kirkeby, K. (2017, July). Risk vs. reward: Understanding gender differences in attitudes toward threesomes. Paper presented at the Annual Meeting of the International Academy of Sex Research, Charleston, SC.
- Sofletea, G. (2017, August). Gender -based violence and refugee women: An endless struggle post - resettlement in the United States. In Sofletea G. & Kalayjian, A. (Chairs). First Victims of Conflict: Transforming Global Violence Against Women. Symposium presented at the 125th American Psychological Association Convention in Washington, D.C.
- Sofletea G. & Kalayjian, A. (Chairs) (2017, August). First victims of conflict: Transforming global violence against women. Symposium presented at the 125th American Psychological Association Convention in Washington, D.C.
- Staples, J., Walters, N., Wojtach, P., Glock, K., & Adkison, M. (2017, August). Longitudinal exploration of counselor growth and wellness. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.
- Tschopp, M. K. (2017, June). Considerations for psychiatric rehabilitation workforce wellness and self-care. Presentation at the 40<sup>th</sup> Annual Psychiatric Rehabilitation Association Wellness and Recovery Summit, Atlanta, GA.
- Tschopp, M. K. (2017, June). The role of hope in psychiatric rehabilitation. Presentation at the 40<sup>th</sup> Annual Psychiatric Rehabilitation Association Wellness and Recovery Summit, Atlanta, GA.

## Publications

- Balzarini, R.N., Campbell, L., Holmes, B.M., Lehmiller, J.J., Harman, J.J., & Atkins, N. (2017). Perceptions of romantic partners in polyamorous relationships. *PLoS ONE*, 12(5): e0177841. doi:10.1371/journal.pone.0177841
- Lehmiller, J. J. (2017). Controversial issues in human sexuality research: The state of the science. *European Psychologist*, 22, 1-4. doi:10.1027/1016-9040/a000286