

# HABIT TRACKER

MONTH			
JAN	FEB	MAR	APR
MAY	JUN	JUL	AUG
SEPT	OCT	NOV	DEC

DAY																																
HABIT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

“GOOD HABITS ARE WORTH BEING FANATICAL ABOUT.” - JOHN IRVING