

Pregnant and Postpartum
Online Emotion Support Group

## With you

This group provides education and support for women during this time of transition and offers tools for managing many of the changes that women experience such as sadness, worries, loneliness, and fear.

JOIN US FOR A 5-WEEK EXPERIENCE, WEDNESDAYS, 1-2PM 4/14-5/12/2021 REGISTER VIA

HTTPS://BSU.QUALTRICS.COM/JFE/FORM/SV\_1YSZ6DRYIMKARNG
OR BY SCANNING THE QR CODE

