Obtaining Childcare

- Indiana Child Care & Development Fund (CCDF)
  - The CCDF is a federal program that helps low-income families obtain childcare so that they may work, attend training or continue their education. The purpose of CCDF is to increase the availability, affordability and quality of childcare.
  - 1-800-299-1627
  - [http://www.in.gov/fssa/carefinder/3900.htm](http://www.in.gov/fssa/carefinder/3900.htm)

- Open Door Health Services – Pediatric Care
  - 765-285-7000
  - 215 S. Hutchison Ave. Muncie, IN 47303
  - [http://www.opendoorhs.org/services/medical](http://www.opendoorhs.org/services/medical)

Educational Materials for Kids on COVID-19

National Children’s Traumatic Stress Network Material:

CDC Resource for Children:

Brain Pop for Younger Children:

NPR Cartoon for Older Children:
Education at Home: Making it Work for the Whole Family

Resources for educating at home can be found at: https://schoolchoiceweek.com/parent-resources-during-coronavirus/. Share ideas with friends and family members who are going through the same thing.

• You are NOT restricted to school hours. Do whatever is best for you and your family.
• Add in ample breaks and snack times, as it is difficult for kids to sustain attention.
• Incorporate talking, reading, singing, and role playing to make learning fun.
• Incorporate chore time into the schedule. Measurements, ratios, and other mathematical concepts can be learned right in the kitchen.
• Use discipline as an opportunity to teach, since impulsive and forgetful behavior is inevitable.

• Do reach out to the teachers about their proposed schedule for your child, as they are professionals and know what your child’s age group can and cannot handle.
• Utilize the resources that your child’s school has provided and do not get overwhelmed with the wealth of resources online. Let your children’s teacher guide you regarding what may be helpful.

• If your child is taking medication for ADHD or other psychiatric conditions, this is not the time for a medication holiday. Continue medications as prescribed. If you have questions or concerns about the medication, call the prescriber.

Make sure to take care of yourself as well!

“If we value our children, we must cherish their parents.” ~John Bowlby

Website: https://www.bsu.edu/academics/centersandinstitutes/practicum/ivytechstudents