



# MAY NEWSLETTER

## **Important Dates and Closures**

- Closed - May 8th - May 12th
- Closed - May 29th, 30th, as well as June 1st and 19th
- Closed - July 4th
- Closed - July 24th - July 28th
- Week of July 31st - August 11th: Only open Monday, Wednesday, and Friday
- We will be closed on Saturdays during the summer  
There are handouts with these dates located at the front desk

## **SUMMER HOURS**

Monday - Friday

6:00 - 8:30am

11:30am - 1:15pm

3:30 - 6:00pm

## **Participant of the Month**

Congratulations to Eddie W!! Your hard work and dedication is noticed by all. Keep up the great work!

# MENTAL HEALTH AWARENESS MONTH

May is Mental Health Awareness Month. Taking care of your mental health is just as important as your physical health in maintaining a healthy lifestyle! The bulletin board has some tips on how you can take better care of your mental health.

**NATIONAL  
MENTAL HEALTH  
AWARENESS  
MONTH**



## May Birthdays

Jake L.

John B.

Allen T.

Tammie B.

Doug R.

Tim K.

June K.

Raquel L.

Steve M.