DECEMBER newsletter

REMINDERS:

• As the weather starts to get colder, watch for winter weather advisories.

• Be sure to check out our YouTube page or ask your exercise leader for guidance while we are closed for the holidays.
HOURS:

- **Friday Dec 15 is the last day of extended hours**
- **Winter Break Hours Dec 18-20 (Monday-Wednesday 5:30-8:45 AM, 11:30 AM-1:15 PM, 3:30-7:00 PM)**
- **Thursday Dec 21 we will close at 1:15 PM**
- **We will be closed Dec 22- Jan 2**
- **Normal hours Jan 3-8**

**Happy Holidays** we are so grateful for each of you!