



Freshman Advising Center PACE Self-Assessment Worksheet

Please take time to answer the questions below. This is not a survey and no “data” will be collected or evaluated. This worksheet will be discussed with your academic advisor and will be used in developing your personalized academic success plan.

Name: _____ ID number: _____

Academic Advisor: _____ Today’s Date: _____

CHALLENGES – What factors contributed to your academic difficulties during the last semester? _____

STRENGTHS – What academic successes and/or personal successes did you have during the last semester? _____

ISSUES – What may have contributed to your academic difficulties last semester? (Check all that apply.)

Academic Issues

- Took too heavy of a course load
- Missed/skipped classes
- Had difficulty managing time
- Was unable to understand course material
- Was unsure how to study
- Was unprepared for college academics
- Forgot what was read/studied
- Experienced test anxiety

Personal Issues

- Have/may have a learning disability
- Abused alcohol or other substance
- Experienced stress/tension/anxiety
- Concerned about finances
- Had medical/health problems
- Concerned about COVID-19

Major/Career-Related Issues

- Was undecided about major
- Was unsure of interests, skills and abilities
- Chosen major may have been too difficult
- Had no clear academic/career goals

Family/Social Issues

- Had home/family problems
- Dealt with roommate/housing issues
- Had problems with a relationship
- Had a hard time making friends
- Felt lonely/disconnected
- Adjustment to BSU was difficult
- Allowed social life to interfere with academics
- Was over-involved in campus activities
- Spent too much time with media (social, gaming, streaming, etc.)

EMPLOYMENT – Were you employed during the previous semester? Please check all that apply.

- Yes, I worked on campus. How many hours per week? _____
- Yes, I worked off campus. How many hours per week? _____
- No, I did not work during the academic semester.

FINANCIAL AID – Do you have scholarships, loans, grants, or other financial aid sources for the academic year?

- Yes.
- No.

If yes, is your financial aid dependent on credit hours earned and/or GPA? Check all that apply.

- Yes. I must earn a specific number of credits.
- Yes. I must earn a designated GPA.
- Yes. I must earn a specific number of credits and a designated GPA.
- No.
- I don't know.

PERSONAL EVALUATION – When you consider the previous semester and the issues that contributed to your academic probation status, sort out the items that were out of your control and those things that you could have done differently.

Outside Of My Control

Could Have Done Differently

What ideas do you have for improving your academic performance? Include any changes already made. _____

CAMPUS RESOURCES – In which areas below do you think you may need assistance? (Check all that apply.)

- | | |
|--|--|
| <input type="checkbox"/> Study strategies/skills | <input type="checkbox"/> Test anxiety |
| <input type="checkbox"/> Test-taking skills | <input type="checkbox"/> Major selection |
| <input type="checkbox"/> Subject tutoring | <input type="checkbox"/> Counseling |
| <input type="checkbox"/> Time management | <input type="checkbox"/> Career coaching |
| <input type="checkbox"/> Writing skills | <input type="checkbox"/> Accommodations (students with disabilities) |
| <input type="checkbox"/> Stress management | <input type="checkbox"/> Other: _____ |