

THE RED ZONE



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- A **6-week time frame** in the beginning of the Fall semester which is marked by an especially high incidence of sexual assaults on college campuses across the country

6-Week Timeframe



Alcohol
Consumption



Sexual
Assaults

TIPS FOR STAYING SAFE

- **Go with your gut.** If you feel unsafe, or even uncomfortable, in any situation, trust your instincts and leave. Don't worry about what others may think.
- **Make people earn your trust.** Just because someone lives on your floor, is in your class, or knows your friends doesn't mean they'll look out for your best interests. Get to know people first and then decide trust level.
- **Be true to yourself.** If someone is pressuring you, it's better to lie and make up an excuse to leave than to stay and be uncomfortable, scared, or worse. Your safety comes before someone else's feelings or what they may think of you.

TIPS FOR STAYING SAFE

- **Be mysterious online.** Posting your whereabouts, even your class schedule, could allow someone to track your every move. If you wouldn't give that information to a stranger, then don't put it on Facebook.
- **If you see something, say something.** If a situation seems questionable, intervene. By taking action you can prevent a crime from being committed. Contact your RA, campus police (5-1111), or call 911.
- **Be a good friend.** Watch out for each other and stick together as much as possible. If, for whatever reason, you have to separate from your friends, let them know where you are going and who you are with.

A VICTIM OF SEXUAL
ASSAULT IS MOST LIKELY
TO REPORT TO A FRIEND
FIRST



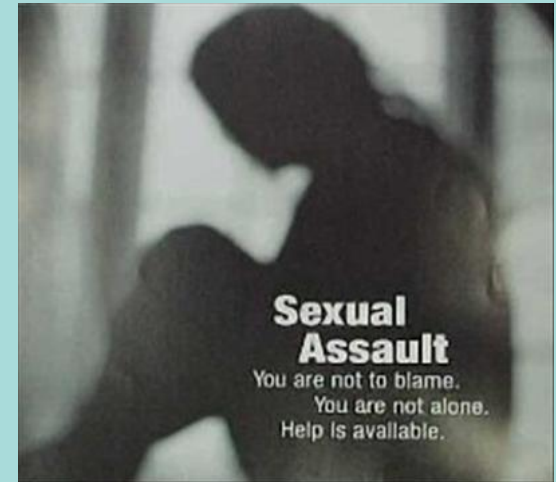
THINGS YOU SHOULD DO FOR A VICTIM OF SEXUAL ASSAULT

1. Believe them.
2. Listen. Don't be judgmental.
3. Let them know it was not their fault.
4. Support and empower the victim. Don't tell them what they should do or make decisions on their behalf. Present options and help them think through them.
5. Know your resources.
6. Do not to ask probing questions about the assault. Probing questions can cause re-victimization.



THINGS YOU SHOULD SAY TO A VICTIM OF SEXUAL ASSAULT:

1. I believe you.
2. Thank you for telling me.
3. I will be here for you.
4. It's not your fault.
5. What can I do for you?
6. I will support you in whatever decision you make.



COMMUNICATE CONSENT

- Consent is when one person agrees to or gives permission to another person to do something.
- Consent MUST be obtained prior to EACH act of sexual behavior!! From kissing all the way up to intercourse.



3 ELEMENTS OF CONSENT



VERBAL



SOBER



MUTUAL

**The absence of
“no” does not
mean “yes”!!!**

Consent can never be implied, assumed or coerced. Consent is a process, which must be asked for every step of the way; if you want to move to the next level of sexual intimacy, just ask.



“Yes” means “Yes”!



Sexual Violence Resources

- **BSU Police.....765-285-1111**
- **BSU Victim Advocate.....765-285-7844**
- **BSU Counseling Center.....765-285-1736**
- **BSU Title IX Coordinator.....765-285-1545**
- **Ball Memorial Hospital.....765-747-3111**
- **Muncie Victim Advocate765-747-4777**
- **A Better Way Crisis Hotline ..765-288-4357**

