



A Letter from the Department Chair

by *Diana Godish, Chair*
Department of Physiology and Health Science

It is with great pleasure that I invite you to visit with department faculty, staff, friends, and fellow alumni at the department's Homecoming Breakfast and Open House. Under Dr. Pinger's leadership as chair, all our classrooms and laboratories underwent a major facelift. If you have not visited recently, you are in for a pleasant surprise. Please come, share an informal breakfast, renew friendships, and see these changes for yourself. We hope you will join us. More details can be found below and on page 2.

A few months ago the department was privileged to celebrate the important milestone anniversaries of two people whom many of you have come to know: Billie Kennedy, Administrative Coordinator, and Ruth Ann Duncan, Secretary. These individuals keep our office

running smoothly and provide valuable support to faculty and department activities. We are fortunate to have them as part of our team. Along with Dr. Pinger and other faculty members, they have made my transition to the position of chair a smooth one. Read more about Mrs. Kennedy and Mrs. Duncan on page 4.

As I take on the responsibilities of chairing our department, I am very mindful of the significance of our alumni; in a small way we share in your achievements and successes, which we would like to hear more about. We also appreciate your input and suggestions that enable us to provide current students with the best possible preparation for future careers.

Please feel free to contact me at any time ("snail mail" to Diana Godish, CL 325, Physiology and Health Science, Ball State University, Muncie, IN 47306, or e-mail to dgodish@bsu.edu). I look forward to hearing from you.

Department welcomes Alumni to Homecoming Open House, breakfast

Homecoming is the perfect excuse to revisit your college days with a trip to Ball State and the Department of Physiology and Health Science.

On October 9, the department will open up the third floor of the Cooper Life Science Building from 8:30 a.m. to 10 a.m. so that alumni can socialize with each other, see the recently remodeled facilities, and enjoy a complimentary continental breakfast including bagels, spreads, and fresh fruit.

Faculty members will be on hand to chat and show you around. You may even become the recipient of one of several door prizes.

After attending the department's open house, make your Homecoming Day experience complete with the Homecoming Parade, the Alumni Association's pre-game events at the Alumni Center, and Ball State football as the Cardinals take on Eastern Michigan. (See more on page 2.)

To help us plan for breakfast, registration for the Open House is required. You may register by phone (765) 285-5961, fax (765) 285-3210, email to physlhltsci@bsu.edu, or online at www.bsu.edu/physiology-health/alumni. The registration deadline is September 24.

In This Issue...

- (2) Make Homecoming a day-long event with football, parade
- (2) Registration keeps you informed
- (2) Share your good news with us
- (3) Alumnus Richard Eberst receives national award
- (3) Your contribution to the department can make a difference
- (4) Billie Kennedy and Ruth Ann Duncan celebrate 25 and 15 years of service to BSU

An enhanced version of this newsletter is available online at www.bsu.edu/physiology-health/newsletter.

Make Homecoming a day-long event with football, parade, more

Start your day off in the Cooper Science Building at 8:30 a.m. with the department's breakfast and open house, then take a stroll down Riverside Avenue or through the quad to see the Homecoming Parade as it passes along McKinley Avenue around 10 a.m.

After the parade, head over to the Alumni Center and enjoy a pre-game buffet luncheon at 11:30 a.m. before going to the stadium to see the Ball State Cardinals face off against the Eastern Michigan Eagles at 2 p.m.

The Homecoming festivities don't end when the game does, though; join fellow alumni at the post-game celebration in the Alumni Center following the game.

A ticket package including the pre-game buffet, a parking pass, your game ticket, and post-game celebration refreshments can be purchased from the Alumni Association for \$24 per person. Pre-game buffet tickets may be purchased separately for \$12 per person; children 8 and under are free. Ticket packages and pre-game buffet tickets are available from the Alumni Association by phone at (765) 285-1080, by fax at (765) 285-1414, or email to alumni1@bsu.edu. Pre-registration is required.

Game tickets may be purchased individually from the football office for \$12 each for reserved seating and \$7 each for general admission. For ticket information call (765) 285-1474 or toll free, 1-888-BSU-TICKET.

For more information about Homecoming events, consult the July issue of *Alumnus* magazine, visit the department website at www.bsu.edu/physiology-health, or contact the Alumni Association at (765) 285-1080 or alumni1@bsu.edu.

To register for Alumni Association events:

Contact the Alumni Association by phone: (765) 285-1080, fax: (765) 285-1414, or email: alumni1@bsu.edu.

To register for the Physiology and Health Science Open House:

Contact the department by phone: (765) 285-5961, fax: (765) 285-3210, e-mail: physlhltsci@bsu.edu, or online: www.bsu.edu/physiology-health/alumni. *Registration deadline is September 24.*

Homecoming Schedule of Events

October 9, 2004

Department of Physiology and Health Science

Alumni Breakfast Open House

8:30 a.m. - 10 a.m. CL 325

Homecoming Parade

9:30 a.m. Downtown Muncie to Campus

Alumni Pre-Game Buffet Luncheon

11:30 a.m. Alumni Center/Tents

BSU Football vs. Eastern Michigan Eagles

2 p.m. Stadium

Post-Game Celebration

After the game Alumni Center

Registration keeps you informed

Keeping your contact information up-to-date with the Alumni Association helps to ensure that you receive important email and mail from the Department of Physiology and Health Science and Ball State's Alumni Association. Don't miss the chance to keep receiving this newsletter and announcements about upcoming events like the Homecoming Open House on October 9.

You can register or update your contact information online at www.bsu.edu/alumni or by emailing alumni1@bsu.edu. You may also update by phone at (765) 285-1080 or fax to (765) 285-1414.

Share your good news with us

Have you received an award or been promoted? Share your good news with the department and your peers.

Members of the department love to hear graduates' success stories, and news of your accomplishments helps current students recognize their own potential for success.

Send your stories to the Department of Physiology and Health Science, CL 325, Ball State University, Muncie, IN 47306, phone: (765) 285-8241, fax: (765) 285-3210, or email: physlhltsci@bsu.edu. Your good news may be published in this newsletter and on the department's website.

Alumnus Richard Eberst receives national award

Richard Eberst, Ph.D., CHES, FASHA, who graduated from Ball State University in 1970 with an M.S. in Health Science, was recently named the 2004 winner of the Ernest A. Lynton Award for Faculty Professional Service and Academic Outreach by the New England Resource Center for Higher Education.

This award is given to only one faculty member in the United States each year and Dr. Eberst was selected from more than 50 nominees. To be selected for the award, a faculty member must “demonstrate a sustained effort in academic outreach and professional service; utilize innovative and imaginative approaches; have an internal institutional impact through teaching, campus program development, faculty, and student participation; and show evidence of external success through scholarly output, community impact, and/or student learning.”

Dr. Eberst is currently the Director of Community Partnerships at The California State University at San Bernadino and a professor in the Department of Health Science and Human Ecology at The CSUSB.

The Department of Physiology and Health Science at Ball State University chose Dr. Eberst as its Outstanding

Alumnus for 1998. He has served in several leadership roles including serving as the first nationally elected President of Eta Sigma Gamma, the national health education honorary, from 1989 to 1993. Dr. Eberst was awarded Eta Sigma Gamma’s Distinguished Service Award in 1994.

In a letter dated April 12, to Ed Shipley, Executive Director of the Alumni Association, Dr. Eberst notes that his involvement at Ball State put him on track for receiving the Lynton Award.

“I firmly believe that the level of my community engagement started during my graduate experiences at Ball State University through the leadership of Dr. Warren Schaller,” Dr. Eberst writes. “The university provided me the values, philosophy, work ethic, and tools which led me to devote my career to community engagement.”



Dr. Richard Eberst

Department thanks Mrs. Kennedy and Mrs. Duncan for their dedication (continued from page 4)

“They are more than an administrative coordinator and secretary,” Dr. McKenzie said. “Besides all the official duties attached to their job descriptions, they are counselors, advisors, goodwill ambassadors, ‘surrogate mothers,’ and great listeners.”

Former Department Chairs Dr. Dale Hahn and Dr. Robert Pinger agree.

“Billie and Ruth Ann not only deliver invaluable office management services,” said Dr. Hahn, “they also provide free mental health counseling for all students, faculty, and staff!”

“Billie has served five chairs and one acting chair and is indispensable to the department,” said Dr. Pinger. “She is the glue that connects all the people who have been associated with the department over the past 25 years.”

“Ruth Ann is a superb department secretary because she truly cares about our department,” Dr. Pinger said. “She is totally dedicated and committed to the department. She makes sure that the chair’s tasks get done on time and done well.”

The entire department thanks Mrs. Kennedy and Mrs. Duncan for their years of service and dedication.

Your contribution to the department can make a difference

Even the smallest contribution can increase the amount the department has to give in student scholarships and research support. If you would like to make a contribution to one of the Ball State University Foundation Fund Accounts that supports the Department of Physiology and Health Science, please contact the department at (765) 285-5961 or visit our website at www.bsu.edu/physiology-health/giving.

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Billie Kennedy and Ruth Ann Duncan celebrate 25 and 15 years of service to BSU

Two of the department's most prominent members recently celebrated milestone anniversaries of their dedication to Ball State University. Billie Kennedy, administrative coordinator, celebrated 25 years at Ball State and Ruth Ann Duncan, secretary, celebrated 15 years at Ball State. Both were honored at the university's 39th annual Staff Recognition and Retirement Award Program in April.

"They are the one constant despite all the change that takes place in the department," said former Department Chair Jim McKenzie, Ph.D.

Mrs. Kennedy and Mrs. Duncan are the primary first contact for students, faculty, parents, and visitors to the department. They do much more than serve as receptionists, though. They handle scheduling, payroll, and ordering supplies, as well as answering numerous questions.

"Department thanks Mrs. Kennedy and Mrs. Duncan for their dedication" continued on page 3.



Ruth Ann Duncan (left) and Billie Kennedy (right) in the Department of Physiology and Health Science main office where they help many faculty, staff, and students daily.