



# A Letter from the Department Chair

by *Dr. Robert R. Pinger, Chair*  
*Department of Physiology and Health Science*

I hope this winter issue finds you surviving the winter doldrums. To help us survive (and thrive), we have invited Dr. Paul Coates, Director of the Office of Dietary Supplements, National Institutes of Health, to present our 2003 McGovern Lecture, on Monday, March 3, at 7 p.m. in the Alumni Center. Dr. Coates's presentation, "Dietary Supplements: What do you know? What do you need to know?" is open to the public. For more information about Dr. Coates's presentation, please see the article below.

As many of you know, the Department is home for three associate degree programs in allied health –

nuclear medicine, radiation therapy and radiography.

By August, we anticipate housing a fourth program, as Ball State joins a consortium of universities that will offer curriculum leading to a bachelor's degree in respiratory therapy. Successful students will enter a very strong job market, as the demand for respiratory therapists is projected to grow as the population ages. Please see the article on page 2.

In this issue we also feature an article on Dr. Bill Bock, the Department's most senior faculty member. Many of you had Bill for at least one class during your undergraduate days at Ball State. Bill was one of the three founding fathers of *Eta Sigma Gamma*. Speaking of *ESG*, Alpha Chapter's 2002-2003 officers and inductees are listed and shown on page 4.

## 2003 McGovern Award Recipient, Lecturer to Speak about Dietary Supplements

Each year, the Department of Physiology and Health Science proudly chooses a distinguished member of the scientific and public health community to honor with the McGovern Award and Lectureship. Dr. Paul Coates, Director of the Office of Dietary Supplements at the National Institutes of Health, has been chosen as the 2003 McGovern Award Recipient and Lecturer.



**Paul Coates, Ph.D.**

Dr. Coates will present his lecture, "Dietary Supplements: What do you know? What do you need to know?" on Monday, March 3, at 7 p.m., in Assembly Hall at the Alumni Center on Ball State's campus. All alumni, students, faculty, staff, and members of the

Muncie community are invited to attend. A reception will follow Dr. Coates' presentation.

Dr. Coates has been Director of the Office of Dietary Supplements at the National Institutes of Health since 1999. In this role, he oversees efforts to enhance and stimulate research and training in fields relevant to dietary supplements.

**McGovern Lecture continued on page 2**

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An enhanced version of this newsletter is available online at <http://www.bsu.edu/physiology/newsletter>.

Read more about the BSU Department of Physiology & Health Science at <http://www.bsu.edu/physiology>.

### BSU Student Awarded Gamman of the Year

Physiology and Health Science graduate student, Carrie Stephen was selected as Gamman of the Year by national health education honorary *Eta Sigma Gamma* at its Annual Business Meeting. Carrie is a member of the Alpha Chapter of *Eta Sigma Gamma*. She received her bachelor's degree in Health Science at Ball State in 2001 and is currently working toward the completion of a master of science in health science at Ball State.

### Ball State's Career Center Offers Assistance for Alumni Seeking Jobs

The Ball State Career Center's Web site includes a wide range of information for job seekers, including pages specifically for alumni. Check out the Career Center's Web site at <http://www.bsu.edu/careers>.

### Alumni, What are you Doing Now?

The Department and your peers are interested in knowing how you have progressed since your graduation. Did you go on to graduate school? Did you get a great job? Tell us about yourself at <http://web.bsu.edu/physiology/alumni.asp>. We will post the information you send us on our Web site for other grads, faculty, and prospective students to read.

## Dept. to Offer Respiratory Therapy Bachelor's Degree

*Information provided by University Communications*

The Department of Physiology and Health Science has recently joined a consortium to address the growing need for respiratory therapists. The Department will join Indiana University, Purdue University, and the University of Indianapolis in offering a bachelor's degree program to prepare students for careers in respiratory therapy. The U.S. Department of Labor projects that 43 percent more respiratory therapists will be needed in the next six years.

The Indiana Commission for Higher Education and Ball State's Board of Trustees have approved the new bachelor's degree program, which will begin in fall 2003. The degree will be offered as part of a joint program with Indianapolis-based Clarian Health Partners in much the same way that the Department's associate's degree programs in nuclear medicine, radiation therapy, and radiography are currently offered.

Students who choose to pursue a bachelor's degree in respiratory therapy from Ball State will complete the first two years of the program on Ball State's campus and will finish their degrees at Clarian facilities in Indianapolis.

For more information about the new respiratory therapy program, contact the Department of Physiology and Health Science at [physlhlthsci@bsu.edu](mailto:physlhlthsci@bsu.edu) or (765) 285-5961.

## McGovern Lecture *continued from page 1*

The Office of Dietary Supplements' activities currently include: Dietary Supplement Research Centers; research projects and conferences sponsored in conjunction with NIH and other federal agencies; databases devoted to current literature and federally funded research in dietary supplements; evidence-based program of efficacy and safety; analytical methods and reference materials; surveys of use; and fact sheets for consumers.

Prior to his appointment, Dr. Coates served in a number of roles at the National Institutes of Health, primarily related to diabetes and nutrition. On behalf of the National Institutes of Health, and in collaboration with colleagues at the U.S. Department of Agriculture, he co-organized the National Nutrition Summit in 2000.

Dr. Coates received a bachelor of science in 1974 from McGill University in Montreal and a Ph.D. from Queen's University in Kingston, Ontario in 1972.

For more information about Dr. Coates and the Office of Dietary Supplements, visit <http://dietary-supplements.info.nih.gov>.

The McGovern Lecture Series is made possible through the generosity of Dr. John P. McGovern, an internationally regarded pediatric allergist and founder of the McGovern Allergy Clinic of Houston. The Department of Physiology and Health Science is honored to add Dr. Coates' name to the list of distinguished award recipients that includes Dr. Henry Heimlich, Surgeon General C. Everett Koop, Robert Bazell of NBC News, Sandra Worthen, Kelly Alley, Terry W. Marsh, M.D., and John Seffrin, CEO of the American Cancer Society.

For more information about the McGovern Award and Lectureship, visit the Department's Web site at <http://web.bsu.edu/physiology-health/> or call the Department at (765) 285-5961.

# Focus on Faculty: Dr. William Bock

The 2002-03 academic year marks Dr. William Bock's 38<sup>th</sup> year at Ball State University; he is currently the Department's most senior member. Bill came to BSU in 1965 as an assistant professor and was promoted to associate professor in 1970. During those years, Bill was active in the American Cancer Society, received a Creative Teaching Grant and had numerous articles published including one in the *Journal of Medical Education*. He was also one of three co-founders (with Warren E. Schaller and Robert Synovitz) of *Eta Sigma Gamma*.

In the ensuing years, Bill served as advisor for the graduate Department Major in Health Science—emphasis in Family Practice Education and advised both undergraduate and graduate students. Bill developed a reputation in those years for giving public lectures about drugs, as many as twenty-five of these lectures per year. Bill was promoted to the rank of professor in 1975.

During his career, Bill has taught more than a dozen

different courses; most of these courses were taught at both the undergraduate and graduate levels. Bill's willingness and ability to teach a variety of courses, and teach them well, make him an invaluable faculty member to any department chair faced with the task of staffing classes. A motto for his teaching has always been, he said, "Good, better, best, never let it rest, until the good is better,

and the better is best." Bill is also responsible for four of the Department's six independent study courses. He has taught courses in Ball State's Correctional Facilities Program for more than twenty-five years and has taught for Ball State, in Germany, and in Greece. It is probably safe to say that more of our alumni have had Bill Bock as a teacher than any of our other current faculty members.



**Dr. Bock**

## BSU Foundation Fund Accounts for Physiology and Health Science

**#6901 General Fund:** Use of the funds in this account is unrestricted. It is sometimes used to enable guests to attend the awards banquet.

**#6903 McGovern Lecture Series:** This endowed account funds the annual McGovern lecture.

**#6904 Public Health Entomology Lab:** This fund supports Public Health Entomology Laboratory research.

**#6916 Physiology/Health Science Research:** This fund supports the purchase of lab equipment for students.

**#6917 Henzlik Physiology/Anatomy Research:** Supports the research project of a physiology masters degree student.

**#6950 Physiology/Health Science General Scholarship:** This is an unrestricted scholarship fund.

**#6951 Siverly Memorial Scholarship:** Supports/rewards student research in public health entomology.

**#6952 HSC Faculty Scholarships:** Scholarship for Health and Safety teaching major/minor or HSC major/minor.

**#6953 Neilson Scholarship:** This fund supports a graduate student specializing in the promotion of comprehensive health information through education.

**#6954 Paschall Scholarship:** This fund rewards an anatomy and physiology G.A. for excellence in teaching.

**#6955 Carroll Health Education Scholarship:** This fund provides a scholarship for a health science graduate student.

**#6956 Jones Health Education Scholarship:** This fund provides a scholarship for a sophomore or junior health science major.

**#6957 Wilma Bartels Henzlik Scholarship:** This fund provides assistance to students in physiology.

**#6958 McKenzie-Walkup Book Scholarship:** This scholarship provides textbook money for one or more Health and Safety or HSC majors (junior or senior).

**#6959 Zeberl Family Scholarship:** This fund provides at least one scholarship for students in community health science; it can also provide administrative support for the internship program.

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Department of Physiology and Health Science  
Ball State University  
2000 University Ave. CL 325  
Muncie, IN 47306-0510

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## *Eta Sigma Gamma* Alpha Chapter Inducts 22 Members

The 2002-2003 Induction Ceremony for the Alpha Chapter of *Eta Sigma Gamma* was held on Thursday, November 14, 2002 in the Student Center at Ball State University. This ceremony recognizes the health science students who have successfully completed all honorary membership requirements. Catherine Lawhorne, President, Stacie Bechinski, Vice-President, Erin Brown, Secretary, Beth Muhlenkamp, Treasurer, and Dr. Jerome Kotecki, Faculty Advisor, presided over the ceremony which included 22 inductees.

The inductees included: Andrea Bailey, Milissa Brandenburg, Heather Brumbaugh, Julie Butler, Peggy Chute, Sherry Cockrum, Gina DeSantis, Josh Gibson, Danielle Griffin, Katie Hadley, Denise Hurt, Jameesha Pollard, Corrina Prather, Melissa Rockwell, Laura Sloffer, Lisa Smith, Blaine Stuckey, Erica Thornburg, Fileesha Vermillion, Gina Whobrey, Amanda Womack, and Mandi Womack. A social was held following the ceremony.

Membership for students in *Eta Sigma Gamma* can only be achieved by affiliating through a local collegiate chapter.



The Department of Physiology and Health Science at Ball State University is home to the Alpha Chapter. The purpose of this National Professional Health Education Honorary is to elevate the standards, ideals, competence, and ethics of professionally trained men and women in and for the health education discipline by providing majors and minors with pre-professional experiences.