

Sport and Exercise Psychology Faculty



Rob Bell
Ph.D., Sport Psychology
University of Tennessee
Research Areas: Applied Sport Psychology, "YIPS", Putting, and Athletic Identity



Lindsey Blom
Ed.D., Sport and Exercise Psychology
West Virginia University
Research Areas: Youth Sport and Exercise; Team Dynamics; and Athlete/Coach Relationships

Mission Statement

As a leader in professional preparation, scientific inquiry and applied technology, the School of Physical Education, Sport, and Exercise Science will provide high-quality educational experiences for our students, contribute to the scholarly advancement of our academic disciplines, and serve our professional societies and the community at-large.



Contact Information

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Sport and Exercise Psychology

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www.bsu.edu/physicaleducation/sportpsychology



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Sport and Exercise Psychology



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S P O R T, A N D E X E R C I S E S C I E N C E

Graduate

Program Overview

This area of specialization is designed for students interested in learning about the field and various components of Sport and Exercise Psychology. Sport and Exercise Psychology is an interdisciplinary field comprised of theoretical and applied aspects of psychology, sociology, and sport science.

This specialization is intended to provide students with a foundation of psychological and psycho-social aspects of sport and exercise performance, group dynamics, sociology of sport, and research methods.

Admission Procedures

The Graduate Programs in Physical Education are highly selective; **admission requires acceptance into the Graduate School and the Physical Education Sport and Exercise Psychology**.

Graduate School Requirements:

1. Hold a degree from an accredited institution in physical education, biology or another appropriate major.
2. Submit a Graduate School application form.
3. Submit two copies of all your official transcripts stating degree earned.
4. Have a G.P.A. of at least 2.75 (on a 4.0 scale).
5. Have GRE scores sent to the Graduate School.

Send these materials to:

Dean, Graduate School, Ball State University, Muncie, IN 47306

Requirements for Physical Education Sport and Exercise Psychology Graduate Program:

1. Submit a program application form.
2. Submit all official transcripts stating the degree earned.
3. Submit your curriculum vitae or résumé.
4. Submit three letters of recommendation.
5. Submit a statement of purpose (1000 word essay).
6. Submit GRE scores to the Sport and Exercise Psychology Graduate Program.

Send these materials to:

Administrative Coordinator, Ball State University, Physical Education Sport and Exercise Science Graduate Programs, HP 216, Muncie, IN 47306

Curriculum Requirements

Sport and Exercise Psychology, 33 hours (Counseling Minor, 15 hours **)

Fall — 10 HOURS

PEP 601 Found PE Res (3)
PEP 609 Sp & Ex Psy (3)
PEP 600 Internship (1)

Choose from One of the Following:

CPSY 600 Intro Sch Co (3)
or
CPSY 603 Com Mh Couns (3)
or
CPSY 605 Intro Rehab (3)

Spring — 10 HOURS

PEP 644 (Odd years) Psy Soc SPA (3)
PEP 660 (Even years) Psy Ex Hlth (3)
EDPSY 641 Statist Meth (3)
CPSY 621 Theo Tch Cou (3)
PEP 600 Internship (1)

Fall — 13 HOURS

CPSY 606 Pre-Practm (3)
CPSY 607 Apprais Meth (3)
PEP 690 Sp Sociology (3)
THES 698 Thesis(3)
PEP 600 Internship (1)

SPRING — 13 HOURS

AT 577 Psy Inj Rhb (3)
PEP 644 (Odd years) Psy Soc SPA (3)
PEP 660 (Even years) Psy Ex Hlth (3)
CPSY 644 Practm Couns (3)
THES 698 Thesis(3)
PEP 600 Internship (1)

*** Recommended Course of Study** - Changes can be made with advisor approval.

**** Counseling Minor is optional** but strongly recommended.

Internships

Applied practicum experience is encouraged during students tenure in the graduate program. All experience is supervised by an AASP (Association of Applied Sport Psychology) certified consultant. Assignments are intended for second year graduate students and addresses performance enhancement issues with both individuals and teams.

Additional Requirements

Students must have a minimum of 6 hours of prerequisites in physical education and psychology.

Students must be a member of one of the professional associations such as the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD); Association of Applied Sport Psychology (AASP); or an advisor-approved sport psychology-related organization (e.g., American College of Sports Medicine).

Students must attend a sport psychology-related conference while registered as a student in the sport and exercise psychology specialization.

Facilities

Ball State University has excellent physical education facilities in the Health and Physical Activity building, the Field Sports building, Irving Gymnasium, Ball Gymnasium, and Lewellen Aquatic Center. Along with several gymnasiums and teaching areas are dance studios, a gymnastics area, racquetball courts, weight rooms, and other resources for classes and personal recreation.